



ARCH	HANDSTAND	SPLITS
BALANCE	LEAP	STRADDLE
BRIDGE	PIKE	STRETCH
CARTWHEEL	POSTURE	STRONG
DISH	ROLL	TUCK
FLEXIBLE	RUN	
GYMNASTICS	SKIP	

# GYMNASTICS WORD SEARCH

X U Q F Z Z C V E G P D U E I  
 O X U P K U W L Y B O E E G D  
 K E N D H P D M A C S P S D D  
 A B F T N D N L U G T A A I V  
 M I O V A A A R N W U E D R D  
 L P L R S N T O O S R L N B X  
 J C T T C Q R S K L E W A C J  
 R S I E N T Z I D I L D T G T  
 H C N P S P P J U N R B S K P  
 S P J L E E H W T R A C D J O  
 P X F L E X I B L E K H A M A  
 H C T E R T S T H C B J E P V  
 P D M M O S V R U C T B H I Z  
 S P L I T S S T G A R C O K E  
 R U N Y S K Y H S I D A Y E W

# MY FAVORITE



## THINGS ABOUT GYMNASTICS

1.

**Favorite skill**

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What I like about it:

2.

**Favorite thing about practice**

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What I like about it:

3.

**Favorite competition**

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What I like about it:

4.

**Favorite national team athlete**

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What I like about them:

# GYMNASTICS



## TEAMWORK

When you are training and competing, you are never alone!  
Below, list ways your teammates, coaches, friends & family members  
support you in your gymnastics!