

Amanda Lentz

1996, 1997, 1999, 2000 Tumbling National Champion
1996, 1998 World Championships Tumbling Silver Medallist

Hometown: Seminole, Texas
Residence: New Orleans, La.
Birth Date/Place: July 6, 1978/Odessa, Texas
Club: Elmwood
Coach: Jon Beck
School: Texas Tech University
Year in School: Junior (Fall 2001)
Years on Jr. National Team: 5 (1997-2002)
Favorite Event: Tumbling

USA Gymnastics Photograph © Debbie Poe



Personal Info

Amanda is one of two children to Gary (Real Estate Agent) and Dixie (Real Estate Agent) Lentz...hobbies are reading and shopping...loves being in the gym to train, coach, and motivate other kids...feels her sacrifices to train have all been worth it.

International Competition

- 2000 World Cup Final, Dessau, Germany; 1st-Tumbling
- 1999 World Championships, Sun City, South Africa; 4th-Tumbling, 4th-Team Tumbling
- 1999 World Cup, Germany; 2nd-Tumbling
- 1998 World Championships, Sydney, Australia; 2nd-Tumbling, 3rd-Team Tumbling
- 1998 World Cup Final, Portugal; 1st-Tumbling
- 1997 World Cup, Minneapolis, Minn.; 3rd-Tumbling
- 1997 World Cup, France; 2nd-Tumbling
- 1997 World Cup, Belgium; 2nd-Tumbling
- 1997 World Cup, Frankfurt, Germany; 2nd-Tumbling
- 1996 World Championships, Vancouver, Canada; 2nd-Tumbling
- 1996 World Cup, Poland; 2nd-Tumbling

National Competition

- 2000 National Championships, St. Louis, Mo.; 1st-Tumbling
- 1999 National Championships, Anaheim, Calif.; 1st-Tumbling
- 1998 National Championships, St. Paul, Minn.; 2nd-Tumbling
- 1997 National Championships, Orlando, Fla.; 1st-Tumbling
- 1996 National Championships, Phoenix, Ariz.; 1st-Tumbling
- 1992 National Championships, Dallas, Texas; 3rd-Tumbling

USA GYMNASTICS
*Trampoline
& Tumbling* **National Team**