

## Caitlin Trainor

Hometown:	Glenview, Ill.
Residence:	Glenview, Ill.
Date/Place of Birth:	June 11, 1987/Evanston, Ill.
Club:	Illinois Rhythmic Gymnastics Center
Coach:	Natasha Klimouk/Irina Vdovets/Dani Takova
School:	Lincoln-Nebraska Independent Study High School
Year in School:	10 <sup>th</sup> (Fall '02)
Began Gymnastics:	1996
Favorite Apparatus/Event:	Rope
Years on National Team:	3 (2000-01, 2001-02, 2002-03)



### Personal Info

Trainor and her twin sister Erin are the daughters of Michaelene George and Kevin Trainor. Her favorite subject in school is English. Trainor enjoys listening to alternative rock, Latin, and dance music. Her favorite actors are Julia Roberts, Matt Damon, and George Clooney. Her gymnastics goal is to do the best she can and have fun doing it. Trainor says that her role model is her friend and fellow rhythmic gymnast Marissa Pierce. She views Pierce as a smart, strong, and beautiful person who helps her through tough times. Trainor is very interested in cooking and took an observation cooking class in New Orleans, Louisiana after the 2002 Rhythmic Easterns.

### International Competition

- 2001 Koop Cup, Toronto, Canada; 3<sup>rd</sup>-AA
- 2001 Coupe de Opale, Calais, France; 5<sup>th</sup>-AA
- 2001 San Francisco Invitational, San Francisco, Calif.; 1<sup>st</sup>-AA, 1<sup>st</sup>-ribbon
- 2000 Millennium Cup, Vancouver, Canada; 1<sup>st</sup>-AA, 1<sup>st</sup>-hoop, 1<sup>st</sup>-ball, 1<sup>st</sup>-clubs, 1<sup>st</sup>-rope
- 2000 Junior Pan American Championships, San Felipe, Venezuela; 2<sup>nd</sup>-AA group
- 2000 Sunshine Invitational, Atlanta, Ga.; 2<sup>nd</sup>-AA
- 2000 L.A. Lights, Los Angeles, Calif.; 10<sup>th</sup>-AA
- 2000 San Francisco International Invitational, San Francisco, Calif.
- 1999 Four Continents Championships, Jacksonville, Fla.; 4<sup>th</sup>-AA – Junior Group

### National Competition

- 2002 U.S. Gymnastics Championships, Cleveland, Ohio; 6<sup>th</sup>-AA, 5<sup>th</sup>-rope, 6<sup>th</sup>-hoop
- 2002 Rhythmic Western, Portland, Ore.; 7<sup>th</sup>-AA
- 2002 Rhythmic Eastern, New Orleans, La.; 6<sup>th</sup>-AA
- 2001 U.S. Gymnastics Championships, Philadelphia, Pa.; 5<sup>th</sup>-AA, 6<sup>th</sup>-hoop, 4<sup>th</sup>-ball
- 2001 Eastern Competition, New Britain, Conn.; 5<sup>th</sup>-AA, 3<sup>rd</sup>-hoop, 4<sup>th</sup>-ribbon
- 2001 Western Competition, San Rafael, Calif.; 3<sup>rd</sup>-AA, 5<sup>th</sup>-hoop, 5<sup>th</sup>-ball, 4<sup>th</sup>-club, 3<sup>rd</sup>-ribbon
- 2001 Rhythmic Challenge, Colorado Springs, Colo.; 2<sup>nd</sup>-AA, 1<sup>st</sup>-hoop, 4<sup>th</sup>-ball, 1<sup>st</sup>-clubs, 3<sup>rd</sup>-ribbon
- 2000 U.S. Rhythmic National Championships, St. Louis, Mo.; 6<sup>th</sup>-AA, 6<sup>th</sup>, rope, 3<sup>rd</sup>-clubs
- 2000 Rhythmic Eastern, Brooklyn, NY; 9<sup>th</sup>-AA

USA GYMNASTICS  
*Rhythmic* **National Team**

- 2000 Rhythmic Western, West Bloomfield Hills, Mich.; 10<sup>th</sup>-AA