The USA Gymnastics Fitness Program has two goals: helping today’s youth get more physically fit and raising money to help kids who are fighting illness at Children’s Miracle Network Hospitals around the country. One hundred percent of the money raised goes to each club’s local Children’s Miracle Network Hospital. Raising money for Children’s Miracle Network Hospitals benefits children of all ages nationwide and is a great way to end your summer schedule and/or kick start your fall season!

National Gymnastics Day
September 22, 2012

Clubs can approach raising funds to benefit Children’s Miracle Network Hospitals in two ways: voluntary participation in fundraising activities or by hosting an event with proceeds that benefit CNN. As part of its National Gymnastics Day celebration, National Gymnastics Day is Saturday, Sept. 22.

Using the handstand training plan that is included as part of the USA Gymnastics Fitness Program is a fun and engaging way to demonstrate the physical strength and conditioning each participant gains through the program and provide a fundraising opportunity to help the gymnastics community continue to support Children’s Miracle Network Hospitals. Since 2001, gymnastics clubs across the country have raised more than $1.5 million for Children’s Miracle Network Hospitals.

Ways to raise money for Children’s Miracle Network Hospitals
- Children participating in the handstand world-record attempt can ask for flat donations before-hand.
- Gym clubs can hold a demonstration or fundraising open house in celebration of National Gymnastics Day and donate admission fees to Children’s Miracle Network Hospitals.

Online giving
The Children’s Miracle Network Hospitals has developed a simple online giving program that provides an easy way for you and your club members to collect and track donations. This cuts down on the paperwork for club coordinators and allows children to raise money using familiar technology. Participants can email friends and family throughout the world and ask for donations through a secure website.

Visit www.helpmakemiracles.org/event/usagym/ to create a club account. Remember that your members cannot fundraise online if your club doesn’t have an account! Children can personalize their pages by uploading their favorite picture. Your members can also raise money with-out participating in the online giving.

What is Children’s Miracle Network Hospitals?
The Children’s Miracle Network Hospitals is an international, nonprofit organization that raises funds for more than 170 children’s hospitals. Countless individuals, 90 organizations and 400 media partners unite with Children’s Miracle Network Hospitals to help sick and injured kids in local communities. Donations to Children’s Miracle Network Hospitals create miracles by funding medical care, research and education that saves and improves the lives of 17 million children each year. The funds raised benefit the CMN Hospital in that area or community. To learn more go to www.ChildrensMiracleNetworkHospitals.org.

Prizes
USA Gymnastics offers great prizes for the clubs and individuals who raise the most money for Children’s Miracle Network Hospitals. USA Gymnastics appreciates your involvement in National Gymnastics Day and your efforts toward improving the fitness and health of our nation’s youth. By participating in this program, you are teaching kids the importance of giving back and having a healthy and active life.

The top three clubs and top three individuals who raise the most money for Children’s Miracle Network Hospitals through their participation in either event or a National Gymnastics Day celebration will receive prizes, pending fulfillment of administrative requirements.

CLUB PRIZES*

The three clubs that raise the most money for Children’s Miracle Network Hospitals will receive the following prizes.

1st place
AAI gift certificate for $1,500
Member Services gift certificate for $200 (educational courses, sanctions or memberships)

2nd place
AAI gift certificate for $1,000
Member Services gift certificate for $200 (educational courses, sanctions or memberships)

3rd place
AAI gift certificate for $750
Member Services gift certificate for $200 (educational courses, sanctions or memberships)

Individual Prizes*
The top three individuals who raise the most money for Children’s Miracle Network Hospitals will receive the following prizes:
- Roundtrip airfare for two to the 2013 AT&T American Cup
- Two tickets to the 2013 AT&T American Cup
- Two pre-event VIP hospitality passes
- One night stay in the USA Gymnastics host hotel

In addition to the prizes listed above, the individual who raises the most money for Children’s Miracle Network Hospitals will be featured in USA Gymnastics promotional materials in 2012 for National Gymnastics Day and the USA Gymnastics Fitness Program.

- Requirements: All monies must be sent to Children’s Miracle Network Hospitals by Nov. 9, 2012 to qualify for prizes. Clubs must raise a minimum of $3,500 for prize qualification.

Children’s Miracle Network Hospitals

* Check with your local Children’s Miracle Network Hospital for specific details.