The USA Gymnastics Locker Rooms/Changing Area Policy exists for the privacy and safety of athletes at places such as Member Clubs and competitions. The following policy applies to all Member Clubs and facilities under the jurisdiction of USA Gymnastics.

1. Interactions must remain observable and interruptible at all times
2. Semi-private or private changing areas for Minor Athletes must be made available at all facilities under the jurisdiction of USA Gymnastics
3. Monitoring must occur for all locker rooms and changing areas
4. The photographic or recording capabilities of any device (cell phones, cameras, tablets) cannot be used by any Participant in locker rooms or changing areas
5. Adult Participants MUST NOT change clothes or behave in a way that intentionally exposes their breast, buttocks, groin, or genitals to a Minor Athlete
6. Adult Participants CANNOT shower with a Minor Athlete unless a Close-in-Age exception exists (no more than a four-year difference) and the Adult Participant has no authority over Minor Athletes in the locker room or shower areas.

Semi-Private and Private Changing Areas Facts

1. A Semi-Private Area is an area that is not separate from where other individuals are changing but offers the Minor Athlete some privacy. An area created by a partition or drapery would meet the standard for a semi-private changing area.
2. A Private Area is an area separated completely from anyone else changing. A bathroom stall with a door that locks meets the standard for a private changing area.