

FLOOR EXERCISE ~ Chapter 2 – General Information

IV. MUSIC REGULATIONS

- A. Musical accompaniment must be recorded with orchestra, piano or other instruments (without singing / voice). Human sounds are allowed, provided there are no words spoken or sung.
1. Deduct 1.00 for absence of music or music with words / song, Chief Judge deducts from Average Score.
 2. No deduction for music with whistles / animal sounds.
 3. Questions about music containing words should be sent to Regional Technical Committee Chairman, who will forward the music to National Technical Committee Chairman, JO Program Director and JO Technical Director. The NJOPD will send final decision on the official Music Approval Form (with a copy to RTCC, NTCC and NJOTD).
 - a) Coach should carry Music Approval Form to competitions.
 - b) Verification that music has been approved and should not receive a deduction.
- B. Procedures for music failure due to technical failure:
1. Gymnast may continue routine.
 - a) Upon completion of the routine, Gymnast and Coach must decide whether to repeat or accept score given.
 - b) Judges will post no score until decision is made.
 - c) No deduction would be taken for absence of music.
 2. Gymnast may stop her performance immediately:
 - a) Request permission from Chief Judge to repeat routine or to continue from the point of interruption.
 - b) Once permission is given, Gymnast would perform again (either from the point of interruption or the entire exercise) after a reasonable amount of rest time.
 - c) No score would be given for the partial routine.
 3. Floor Exercise music must be recorded digitally.
 - a) Meet Directors of all sanctioned events must provide options to play only digital copies of music (MP3 players, computers, tablets, etc.)
 - b) No longer required to provide compact disc players.
 - c) Floor music must be downloaded onto a mobile device for competitions to avoid interruptions/failure to play/errors. Accessing music via cellular or internet connections at competitions is not allowed.

V. LINE VIOLATIONS (OUT OF BOUNDS)

- A. Gymnast touches any part of body outside of prescribed area, deduct 0.10 each time.
1. Floor area with two different colors, any part of body that touches the outside color, considered out of bounds.
 - Permissible to place small pieces of tape (same color as floor area carpet) at the inside corners of the boundary to assist Gymnast's awareness of actual boundary.
 2. Gymnast steps on (but not over) the line; Gymnast is not out of bounds.
- B. Chief Judge deducts 0.10 for line violation from Average Score.
- C. Gymnast falls, while out of bounds,
1. Each Judge must deduct 0.50 for the fall.
 2. Chief Judge deducts 0.10 for line violation from Average Score.
- D. Elements or Connections completed out of bounds are recognized.
1. Take-off for element performed while inside boundary line; VP credit awarded.
 2. Take-off for element performed while outside boundary line; No VP credit awarded, No SR awarded.
- E. Auxiliary Line Judges:
1. Seated at opposite corners on the diagonal
 2. View of two (2) lines each.
- F. If No Auxiliary Line Judges, Chief Judge and Panel Judge(s):
1. Must watch for line violations, and
 2. Indicate violations by raising a hand.
- G. Line Violations should be indicated in writing:
1. By Line Judge (or Panel Judge) and submitted to Chief Judge.
 2. Deduction must be communicated to the Coach (verbally / visually).

EXECUTION and ARTISTRY FAULTS

Composition Deductions are not applied in Xcel Program.

1. Execution Deductions may not exceed 4.00, including Falls, but does not include Artistry or Spotting Deductions.
2. Courtesy Score of 4.00 may be awarded for an extremely Short Routine, due to Injury or Unusual Circumstances.
No routine will be awarded less than 4.00.
Common sense should prevail.

SMALL FAULTS

each time <u>0.05</u>	Flexed / Sickled Feet during Skills / VP
up to 0.10	Slight Hop or Small Adjustment of Feet on landing of elements
each <u>0.10</u>	Extra Steps on landing (maximum 4)
up to 0.10	Deviation from Straight Direction on landing
up to 0.10	Extra Arm Swings on landing
each up to 0.10	Incorrect Body Posture / Alignment during Dance Skills / VP
up to 0.10	Legs Crossed during Saltos with Twist

MEDIUM FAULTS

each up to 0.20	Leg or Knee Separations
up to 0.20	Insufficient Height on Leaps / Jumps / Hops
up to 0.20	Insufficient Height of Aerials / Acro Flight elements (with hand support)
up to 0.20 Award lesser VP	Insufficient Split position (deviation from Required Split Degree for the Division) <ul style="list-style-type: none"> • 1° – 20° missing • 21° or more missing
each up to 0.20	Legs <u>not</u> even in Split or Straddle Pike Leap / Jump
each up to 0.20	Insufficient Exactness of Tuck or Pike position in Skill / VP
(each time) up to 0.20 (each time) up to 0.20	Insufficient Exactness of Stretched position <ul style="list-style-type: none"> • Arch • Hips Angle (136° – 179°)
0.05 – 0.10 0.15 – 0.20 Award lesser VP	<u>Dance</u> : Incomplete Turn – Group 1 and 2 elements with 360° or more Turn, and 180° Turns on one (1) foot. <ul style="list-style-type: none"> • 1° – 44° missing • 45° – 89° missing • 90° or more missing
0.05 – 0.10 0.15 – 0.20 Award lesser VP	<u>Acrobatics</u> : Incomplete twist <ul style="list-style-type: none"> • 1° – 44° missing • 45° – 89° missing • 90° or more missing
up to 0.20	Insufficient Variation in Rhythm and Tempo throughout the exercise
up to 0.20	Incorrect Body Posture on landing of Skills / VP
up to 0.20	Insufficient Dynamics – Consider: <ul style="list-style-type: none"> • Energy Maintained throughout exercise • Makes Difficult look effortless
<u>0.20</u>	Large Step / Jump on landing (approximately 3 feet or more) <u>Clarification on Landing Acro elements</u> : <ul style="list-style-type: none"> • Small step after landing continuing in the direction of the skill, to finish in lunge or on one (1) knee is acceptable. • Do <u>not</u> deduct, unless landing appears to be out of control.
up to 0.20	Additional Trunk Movements to maintain balance / control upon landing of an Acro element