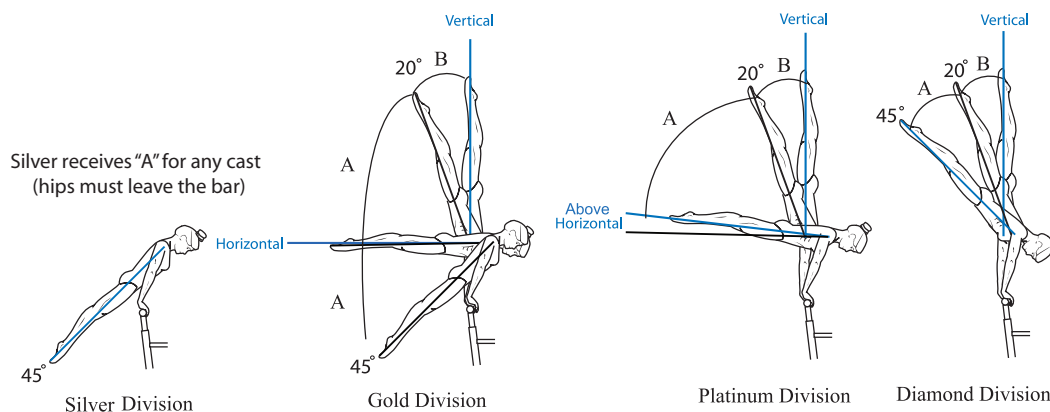


UNEVEN BARS ~ Chapter 3 ~ Execution Deductions

IV. Amplitude of Casts



J.O. cast angle deductions will NOT be used in any Division.

- A. Bronze Division: No angle requirement No Amplitude Deduction
- B. Silver Division: Minimum of 45° below horizontal requirement No Amplitude Deduction
No other casts performed in the routine will have a cast angle requirement and would be subject only to execution deductions.
- C. Gold Division: Horizontal requirement No Amplitude Deduction

0° - 20° from vertical	No amplitude deduction	Award "B" VP/SR
21° - 90° from Vertical	No amplitude deduction	Award "A" VP/SR
1° - 45° BELOW Horizontal	No amplitude deduction	Award "A" VP, do NOT award SR
More than 45° below horizontal	No amplitude deduction	Do NOT award VP/SR

No other casts performed in the routine will have a cast angle requirement and would be subject only to execution deductions.

- D. Platinum Division: Above Horizontal requirement

0°-20° from vertical	No amplitude deduction	Award "B" VP/SR
21° - 89° from Vertical	No amplitude deduction	Award "A" VP/SR
Horizontal and below	No amplitude deduction	Do NOT award VP/SR

- E. Diamond Division: 45° from vertical or above requirement

0°-20° from vertical	No amplitude deduction	Award "B" VP/SR,
21° - 45° from vertical	No amplitude deduction	Award "A" VP/SR
More than 45° from vertical	No amplitude deduction	Do not award VP/SR

V. Amplitude of Flights to Handstand on Low Bar

0° - 10° from vertical	No deduction	Award higher VP
11° - 20° from vertical	<u>0.05</u>	Award higher VP
21° or more from vertical		Award lower VP

VI. Amplitude of Circling Elements

- A. All Circling elements EXCEPT the Clear Hip circle:
- B. The following deductions for Insufficient Amplitude apply:

0° - 10° from vertical	No deduction	Award higher VP
11° - 20° from vertical	<u>0.05</u>	Award higher VP
No angle deduction in Platinum Division, when higher VP is a "C", because they can only receive credit for "B" VP Circles. Deduct 0.50 for an "unallowable" element. Exception: Clear Hip to Handstand.		
21° - 45° from vertical	No deduction	Award lower VP
More than 45° from vertical	Up to 0.20	Award lower VP