



2016 JUNIOR OLYMPIC NATIONAL CHAMPIONSHIPS

SCHEDULE OF EVENTS
 SITE: FORT WORTH CONVENTION CENTER (FWCC), FORT WORTH, TX.
 CONTACT: BRYAN STREETER
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 Hotel Reservations:
 TBA



Thursday, May 05, 2016			
4:00 PM	7:00 PM	GK Elite Apparel Distribution and NCAA Coach Check-In	FWCC
4:00 PM	7:00 PM	Coaches' Sign-In and Meet Info Packet Pick Up	FWCC
Friday, May 06, 2016			
8:00 AM	5:00 PM	GK Elite Apparel Distribution All Day	FWCC
8:00 AM	10:30 AM	Region 5 & 6 Training	Competition Gym
10:30 AM	1:00 PM	Region 7 & 8 Training	Competition Gym
1:00 PM	3:30 PM	Region 1 & 2 Training	Competition Gym
3:30 PM	6:00 PM	Region 3 & 4 Training	Competition Gym
7:00 PM	9:30 PM	Welcome Party	TBA
Saturday, May 07, 2016			
SESSION I - JUNIOR A & SENIOR A			
7:45 AM	8:00 AM	Group pictures for Flight 2 Athletes	TBA
8:00 AM	8:25 AM	Open Stretch and Coaches Meeting	Competition Gym
8:30 AM	8:45 AM	March-In	Competition Gym
8:45 AM	9:00 AM	Warm-up First event for Flight 1 Athletes	Competition Gym
9:00 AM	Noon	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
Noon	1:00 PM	Awards	Awards Area
1:00 PM	1:15 PM	JO National Team Qualifiers Meeting (Jr. A & Sr. A)	Awards Area
SESSION II - JUNIOR B & SENIOR B			
11:45 AM	Noon	Group pictures for Flight 2 Athletes	TBA
Noon	12:30 PM	Open Stretch and Coaches Meeting	Competition Gym
12:30 PM	12:45 PM	March-In	Competition Gym
12:45 PM	1:00 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
1:00 PM	4:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
4:00 PM	5:00 PM	Awards	Awards Area
5:00 PM	5:15 PM	JO National Team Qualifiers Meeting (Jr. B & Sr. B)	Awards Area
SESSION III - JUNIOR C & SENIOR C			
4:45 PM	5:00 PM	Group pictures for Flight 2 Athletes	TBA
5:00 PM	5:30 PM	Open Stretch and Coaches Meeting	Competition Gym
5:30 PM	5:45 PM	March-In	Competition Gym
5:45 PM	6:00 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
6:00 PM	9:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
9:00 PM	10:00 PM	Awards	Awards Area
10:00 PM	10:15 PM	JO National Team Qualifiers Meeting (Jr. C & Sr. C)	Awards Area
Sunday, May 08, 2016			
SESSION IV - JUNIOR D & SENIOR D			
7:45 AM	8:00 AM	Group pictures for Flight 2 Athletes	TBA
8:00 AM	8:25 AM	Open Stretch and Coaches Meeting	Competition Gym
8:30 AM	8:45 AM	March-In	Competition Gym
8:45 AM	9:00 AM	Warm-up First event for Flight 1 Athletes	Competition Gym
9:00 AM	Noon	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
Noon	1:00 PM	Awards	Awards Area
1:00 PM	1:15 PM	JO National Team Qualifiers Meeting (Jr. D & Sr. D)	Awards Area

SESSION V - JUNIOR E & SENIOR E			
11:45 AM	Noon	Group pictures for Flight 2 Athletes	TBA
Noon	12:30 PM	Open Stretch and Coaches Meeting	Competition Gym
12:30 PM	12:45 PM	March-In	Competition Gym
12:45 PM	1:00 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
1:00 PM	4:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
4:00 PM	5:00 PM	Awards	Awards Area
5:00 PM	5:15 PM	JO National Team Qualifiers Meeting (Jr. E & Sr. E)	Awards Area
SESSION VI - JUNIOR F & SENIOR F			
4:45 PM	5:00 PM	Group pictures for Flight 2 Athletes	TBA
5:00 PM	5:30 PM	Open Stretch and Coaches Meeting	Competition Gym
5:30 PM	5:45 PM	March-In	Competition Gym
5:45 PM	6:00 PM	Warm-up First event for Flight 1 Athletes	Competition Gym
6:00 PM	9:00 PM	Competition	Competition Gym
		Group pictures for Flight 1 Athletes immediately following the conclusion of the last event.	
9:00 PM	10:00 PM	Awards	Awards Area
10:00 PM	10:15 PM	JO National Team Qualifiers Meeting (Jr. F & Sr. F)	Awards Area