

**JUNIOR OLYMPIC LEVEL 9 & 10**

*Effective August 1, 2018 – July 31, 2022*

*Revised Sept 2021*

Conn. Val.	0.1	0.2	SR	☐	Connection Value	0.1	0.2	SR	☐	Connection Value	0.1	0.2	SR	☐	Content
<b>Level 10</b> *Turn/flight C+C *For a connection of 2 elements from Gr.3/6/7 - turn/flight is NOT req'd (elements must be different) C (no turn/ C+D D+D flight req.) <b>Level 9</b> (If no turn/ C+C flight – must be different) Turn/flight C+C	<b>Level 10</b> Min. of 1 C-Flight 2 <sup>nd</sup> diff. flight,min.B Min. of C element w/ LA turn (not in mt/dmt) Dmt - Min. of C <b>Level 9</b> 2 Bar Changes Min. of 1 B-Flight 2 <sup>nd</sup> diff. flight-min. C <b>OR</b> min. B element w/ LA turn (not in mt/dmt) Salto Dmt – Min. B	Acro Flight B+D, B+E (2 elements, excluding dmt) C+C, C/D+D B + C* * (excluding mt/dmt- C must be salto at L10 At Lev 9- C must be salto or aerial) Acro flight B+ B +C B+C+C (3+ elements) B+B+D Add*1+0.1 for min. 1 C salto/aerial or 1 D/E flight with/without hand support, excl. dmt 2 Dance/Mix A+D B+D (excluding dmt) B+C C+C C+D Turns A+C (or reverse) All acro elements used for CV must have flight	<b>Level 10</b> Acro Series- 2 flight elements, min. of 1 C; also E (flight) +A (non-flight) Leap or jump requiring 180° cross / side split 360° Turn on one foot Aerial/Salto Dmt - Min. C or Min. B w/ C conn. <b>Level 9</b> Acro Series- 2 flight elements Leap or jump requiring 180° cross / side split 360° Turn on one foot Aerial/Salto Dmt –Min. B	Acro Indirect A/B+ A/B +C C+D A/B + A/B +D C+C A/B+D Acro Direct B+B B+C A +C A/B+D A+A+C A+A+D C+C 2 *Dance/Mix B+D C+C C+D D-salto + A-jump (This order only) *No CV for a turn followed by a jump	<b>Level 10</b> 1 Acro Pass w/ 2 saltos <b>OR</b> 2 directly connected saltos (same or diff.) 3 Diff. Saltos (No acerials) Dance Pass w/ 2 diff. Gr. 1 elements (direct or indirect connection) - one w/ 180° split Min. C salto-Isolated or in Last Acro conn. <b>Level 9</b> Same as L10 except Min. B salto-Isolate or in Last Acro conn.	A 10 9 3 3 B 3 4 C 2 1 SV 9.5 9.7 L10: Extra+0.10 Bonus (not in SV) if exercise has 10SV+min.of0.6 total Bonus+an E (BB/FX-E Acro) L9: allowable DE's =C Restricted elements = no VP credit -0.50 off SV No CV/DV w/ fall or spot Missing SR - -0.50 off SV									

													A	CV	VP
													B	D/E	SR
													C	SV	
													D		FIN
													E		
													A	CV	VP
													B	D/E	SR
													C	SV	
													D		FIN
													E		