

USA GYMNASTICS WOMEN'S DEVELOPMENT PROGRAM VAULT VALUES FOR LEVEL 9

(Effective 8/1/22 – 7/31/26)

GROUP I HANDSPRING/ YAMASHITA	GROUP II HANDSPRING with or without 1/1 TURN → SALTO FORWARD /BACKWARD	GROUP III TSUKAHARA or ½ on → SALTO FORWARD /BACKWARD with or without TURN	GROUP IV Round-off, Flic-flac → SALTO FORWARD /BACKWARD with or without LA TURN	GROUP V Round-off, Flic-flac (½ or 1/1) → HANDSPRING or SALTO FWD/BWD with or without LA TURN		
1.101 Handspring 8.5		All Group 3 vaults allow 90° to 180° LA turn in the first flight		Group 5 vaults described as a flic-flac with a 1/1 (360°) turn on: allow a ¾ (270°) to 1/1 (360°) LA turn in the first flight		
1.102 Hsp → ½ 8.6						
1.103 Yamashita 8.5						
1.104 Yami → ½ 8.6					4.101 RO, FF → Repulsion 7.0	
1.105 ½ → ½ 8.6					4.102 RO, FF → Repulsion ½ 7.7	
OR					4.201 RO, FF → 1/1 twist 9.1	
¼ → ¾					4.202 RO, FF → 1½ twist 9.3	
1.106 ¼-½ → Repulsion 7.0			3.201 Tsukahara Tuck 9.6		(Allen)	5.101 RO, FF ½ → Hsp 8.9
					4.203 RO, FF → Back Tuck 9.6	5.102 RO, FF ½ → Hsp ½ off 9.1
						5.107 RO, FF 1/1 → Hsp ½ off 9.2
1.201 Hsp → 1/1 9.0				5.201 RO, FF ½ → 1/1 twist 9.2		
1.202 Hsp → 1½ 9.4				5.202 RO, FF ½ → 1½ twist 9.4		
1.203 Yami → 1/1 9.0				5.207 RO, FF 1/1 → 1/1 twist 9.3		
1.205 ½ → 1½ 9.3						
or ¼ → 1¼						
1.206 ½ → 1/1 8.9						
or ¼ → 1¼						
1.207 1/1 → H/Y 9.0						
1.208 1/1 → ½ 9.3						
1.209 F. Hsp onto board, Hsp. → 1/1 9.1						
1.301 Hsp → 2/1 10.0	2.301 Hsp → Front Tuck 10.0	3.302 Tsuk Tuck 1/1 10.0	4.301 RO, FF → 2/1 twist 9.8	5.301 RO, FF ½ → Front Tuck 10.0		
1.306 ½ → 2/1 9.8	2.302 Hsp → Front Tuck ½ 10.0	3.303 Tsuk Pike 9.7	(Allen)	5.312 RO, FF ½ → 2/1 twist off 10.0		
or ¼ → 2¼	2.304 Hsp → Front Pike 10.0	3.304 Tsuk Layout 10.0	4.303 RO, FF → B. Tuck 1/1 10.0			
1.307 1/1 → 1/1 9.8	2.310 Fr. Hsp onto board, Hsp. → Fr. Tuck (Ilg) 10.0	3.305 Fr. Hsp onto board, ¼ to ½ → B. Pike (Zuhlke) 9.8	4.304 RO, FF → B. Pike 9.7			
	2.311 Fr. Hsp onto board, Hsp. → Fr. Pike (Garbarino) 10.0	3.306 ½ → ½, Fr. Tuck or ¼ → ¼, Fr. Tuck (land facing out) or Tsuk Tuck ½ 10.0	4.305 RO, FF → B. Layout 10.0			
		3.308 ½ → ½, Fr. Tuck ½ (Shible) or ¼ → ¾, Fr. Tuck ½ 10.0	4.307 RO, FF → ½ off, Fr. Tuck or RO, FF → B. Tuck ½ 10.0			
			4.407 RO, FF → ½ turn, Fr. Tuck ½ (Beckman) 10.0			