3. Individual judges will be bound by the terms of the individual contract agreed upon for that particular meet.
4. Judges are responsible, according to all appropriate laws and jurisdiction, for all financial reporting and identification of payment/reimbursements received to the appropriate agencies (i.e. IRS).
5. Each individual judge shall sign and return the contract to the Meet Director and the contracting official.
6. Judges are not allowed to accept gifts in addition to the USA Gymnastics Judges’ Compensation Package fees/expenses unless the gift does not exceed a retail value of $20.00.
7. Judges are not allowed to act in a dual capacity (i.e., Coach/judge, parent/judge, Meet Director/judge).
8. Must act in a professional manner.
   a. Must not leave their seat during competition without permission of Meet Referee or Chief Judge.
   b. Must remain at his/her event station until the entire competition has been completed.
   c. Must avoid conversations with coaches regarding the evaluation of the exercises.
   d. Must be willing to compromise when the two counting scores are out of range.
   e. **Must refrain from using electronic devices (such as cell phones, tablets, etc.) for purposes other than gymnastics judging or reference on the Field of Play.**
9. Must wear the correct uniform (navy blue pants/skirt and white blouse/shirt), or as designated in the contract. **For theme competitions, the judge may wear either the official uniform or dress in the theme of the meet.**
10. Chief and panel judges are responsible for flashing their own Start Value at all Level 6-10 meets (or write it on the competitor’s score card).

   a. Must provide her/his own SV flashing unit, unless provided by the host club.

**B. MEET REFEREE** (who may also act as a Chief Judge)

1. A Meet Referee, or acting Meet Referee, must be designated at all Jr. Olympic sanctioned competitions.
2. If an acting judge also serves as the Meet Referee (for State Championships and above), she/he will receive a Chief Judge’s fee or a Meet Referee’s fee, but not both. No dual compensation is allowed.
3. Meet Referee Duties and Responsibilities
   a. If requested, assists in conducting the draw prior to or at the coaches’ meeting (depending on the organization of the meet) at Regional or National competitions, in conjunction with:
      1) Appropriate USA Gymnastics Officer, and/or
      2) Meet Director
   b. Serves as liaison between coaches and judges. Must attend the coaches meeting (or designate a proxy) at State, Regional and National competitions.
   c. Conducts the judges’ meeting prior to the competition.
      1) Presents the USA Gymnastics Base Score DVD for analysis at State and above meets.
      • The Base Score DVD can be obtained from the State/Regional USA Gymnastics Administrative Committee Chairman or the State/Regional NAWGJ Director.
      2) Reviews the following procedures with the judges:
         a) Logistics of the meet/scoring system, meet mechanics, etc.
         b) Rule changes
         c) Equipment issues
         d) Information from the Meet Director
         e) Professional protocol reminders
   d. Assigns the Chief and Panel Judges to their respective events, as requested by the State or Regional Administrative Committee for State and Regional meets. It is strongly recommended that the State or Regional Administrative Committee assign the duty of event assignments to the designated Meet Referee.

Revised October 2016
1) Criteria for assignment must be followed.
2) If the Meet Referee is also a Chief Judge, the assigning official may make the event assignments.
3) At local, pre-sectional and sectional meets, the assigning official may make the event assignments.

   e. May observe and/or give opinion during conferences.
   f. Is available for counsel, upon request of the Chief Judge.
   g. May counsel the Chief Judge when, in her/his opinion, the average score and/or the score of the Chief Judge seems out of line with the scoring in the competition.
   h. May recommend, but never force, a change of any score.
   i. Corrects and signs the official score sheets after any change of score.
   j. Gives any technical or judging information pertinent to the competition to the Meet Director or Organizing Committee for distribution.
   k. Acts as the final authority in all technical matters involving judges, timers, line judges, flashers, individual event and AA tabulators, as well as equipment.
   l. Notates a warning given by the Chief Judge concerning incorrect attire or signaling. She/he will then notify the Chief Judges on the other events that a warning has been given so that appropriate deductions may be applied.
   m. Upon notification from the Chief Judge, issues a warning to the coach for unsportsmanlike conduct. Follow USA Gymnastics’ Coaches Behavior Policy in the Rules and Policies. This would also be applied for excessive cheers and/or behavior of teammates, or the coach who is disruptive to the competition.
   n. Will be available for a minimum of 5 minutes following the last competitors’ exercises to deal with questions or concerns with the technical decisions and/or judges’ scores.
   o. Serves as President of the Jury of Appeals.
   p. May be an affiliated judge.
   q. Indicates any violations of Rules and Policies on the sanction report form or notifies USA Gymnastics Member Services directly in writing by mail, FAX or e-mail.
   r. Is responsible for compiling and checking the information regarding judges’ fees and expenses for the Meet Director.
   s. Checks with the scoring personnel to verify that the scores for all gymnasts are entered and all inquiries have been resolved.
   t. Issues a warning to the coach and notifies the Meet Director if she/he observes more than one gymnast on the uneven bars at the same time during any warm-up (timed or 30-second touch).
   u. Monitors the judging panels to ensure the appropriate use of electronic tablets for judging and reference purposes.
   v. **Determines with the Meet Director the designated time for judging panels to return to the field of play after a break between sessions, preferably at least five minutes prior to the end of the timed warm-ups.**

C. CHIEF JUDGE

1. Prepares the judges for the correct evaluation of the exercises at the judges’ meeting prior to the competition.
2. Checks that the apparatus and mats correspond to the USA Gymnastics regulations and that all materials necessary are available and functioning properly. This could include:
   a. Light or time signals
   b. Stopwatches
3. Instructs judging assistants to assure their knowledge of the:
   a. Correct use of the signal to indicate line violations.
   b. Correct use of the stopwatch and timing device to indicate time limitations.

Revised July 2017
c. Proper reporting procedures for the following violations:
   1) Exceeding the time allowed
   2) Stepping out of the floor exercise area

d. Correct method of scoring being used.
e. Correct procedures for flashing of start values, individual scores and/or the average score.

4. Is responsible for the correct work of her/his panel and assistant judges.
5. Uses a green flag or hand signal to acknowledge the presentation of the gymnast.
6. Must evaluate the exercises accurately without bias and must first write (or enter into the electronic scoring system) her/his own score before reviewing scores from other judges.
7. Must determine and record the score and Start Value, as well as record deductions for execution/amplitude, artistry, compositional errors and neutral deductions.
8. Verifies that the scores fall within the proper range.
9. Verifies that the score of the Chief Judge, panel judge(s), average score and time/line deductions are properly recorded during the competition.

   • It is not necessary to sign the official score sheet.

10. Confirms when a gymnast may repeat an exercise (or portion of the exercise) due to technical failure and determines when the repetition (or continuation) will occur.
    a. A flash from a camera is not a valid reason to allow a gymnast to repeat the exercise.
    b. These decisions must be made in consultation with the Meet Referee prior to the score being flashed.

11. Is responsible for calling a conference if an impossible Start Value has been awarded and/or for other reasons to assist the judges in arriving at a common basis for scoring during competition. During the conference:
    a. The Start Value differences will be clarified.
    b. The Meet Referee may be notified of and/or be included in the discussion.
    c. The judges may change their scores, but are not obliged to do so; however, if the scores are out of the allowable range, adjustments must be made. It is the professional responsibility of the judges to come to an agreement if their scores are initially out of range.
    d. If the judges are unable to compromise, the Chief Judge may mandate that the scores be brought into the allowable range.

12. Takes the deduction from the average score for the following infractions. The deduction must be indicated to the coach either verbally or by visual means at the conclusion of the exercise.
    a. Overtime 0.10
    b. Coach standing between the bars or next to beam throughout the entire exercise 0.10
    c. Any part of the body touching outside of the Floor Exercise border marking each time 0.10
    d. Failure to present before and after exercise (before to Chief Judge; after - presenting to a judge is no longer required) each time 0.10
    e. Failure to mark the boundary line on additional matting which covers the boundary line. 0.10
    f. Gymnast fails to begin exercise within 30 sec. after the Chief Judge signals to begin 0.20
    g. Unsportsmanlike conduct of gymnast (after warning) 0.20
    h. Incorrect padding (Gymnast wearing heel/hip pads on bars) 0.20

* If the Chief Judge notices the heel pads prior to the gymnast’s mount, a warning must be given. However, if the gymnast wears the heel pads during her exercise (whether or not the Chief Judge warned her previously), the deduction must be taken.

Revised October 2016
i. Incorrect attire (includes unacceptable jewelry) (after a warning) 0.20

* Unacceptable jewelry is not allowed to be worn during warm-ups or competition. Once the warning has been issued by the Meet Referee or Chief Judge, the deduction will be applied to the first event competed after the warning. Once the deduction has been applied, the MR must inform the CJ at any subsequent events so that no further penalty will be taken. The deduction is taken one time only.

1) **Acceptable attire is a one piece leotard with or without sleeves and no bare midriff. Unitards with long legs, with or without sleeves are acceptable.**
2) The leg cut of the leotard must be below the pelvis/hip bone.
3) Backless leotards are not acceptable.
4) Underwear (including sports bras) should not be visible. If underwear is visible due to the cut of the leotard, warn the athlete’s coach. If the gymnast does not correct it, take a deduction on her subsequent event. Underwear, including sports bras, should not be intentionally visible throughout the entire routine. However, if briefs or bra straps show due to activity, do not take a deduction. Common sense should prevail.
5) One pair of stud earrings are allowed; one earring per ear in any part of the ear. All other piercings must be removed and not just covered with tape or a bandage.
6) Necklaces and bracelets are not allowed. Exception: Medical bracelets.
7) Spaghetti straps are considered inappropriate attire. Straps must be a minimum of 2 cm (7/8”) wide.
8) Elastic waistbands traditionally worn as training aids are incorrect attire. (This does not include medically necessary bandages).
9) Failure to wear a competitor number when required.
10) Hair should be secured away from the face so as not to obscure her vision of the apparatus.
11) Tennis shoes are NOT considered appropriate gymnastics footwear.

j. Failure to observe specified warm-up time (after a warning) 0.20

Deduction is taken from the event score or may be taken from the team score on that event at Jr. Olympic Nationals or team competitions. Note: This deduction applies only to the practice of an element(s). If a gymnast is preparing for a skill or dismount when time is called, she may continue to finish the skill(s) and/or dismount without penalty. There is no deduction for jumping on the board and/or briefly touching the apparatus immediately prior to competition on UB or BB. Refer to VT and FX Sections for specific allowable procedures. If the gymnast fails to leave the apparatus after “Time” has been called, the Timer must warn the gymnast by announcing “Time exceeded”. If the gymnast remains on the apparatus, the Timer reports the infraction to the Chief Judge, who then deducts 0.20 from the average score.

k. Technical verbal cues by coach or teammate(s) to own gymnast (applied after one warning has been given) 0.20

Examples of technical cues: “hollow”, “pull”, “breathe” etc..

Exception: If the gymnast is competing on the apparatus and the coach instructs her by giving specific information on what to do during the routine (for example – what comes next in the routine or to repeat a missed requirement), a deduction of 0.20 is taken from the average without warning. This deduction is taken only once, regardless of the number of cues given.

l. Excessive use of magnesia (chalk) or incorrect use of tape 0.20

1) Small chalk markings may be placed on the beam (tape markings are not allowed).
2) Spreading of magnesia on the FX mat is not allowed; only small marks are allowed.
   a) A single-line arc drawn in the corner of the floor is acceptable.
   b) No velcro or tape markings are allowed within the Floor Ex area.
3) Tape markings are allowed at the corners of the floor exercise mat to indicate the boundary line in the case of the floor carpet that uses two colors rather than a boundary line.

Revised July 2017
4) Use of tape or excessive chalk is not permitted on the vault table.
5) Athletic tape, Velcro strips or small chalk marks may be placed on the Vault runway, provided that such markings are removed no later than the end of the rotation. Maximum width of Velcro strip or athletic tape is 5 cm (2”); maximum length is 3 feet. The judge must issue a warning before taking a deduction if the measurement is exceeded or if markings are not removed.

m. Use of unauthorized or additional mats, springboard on unauthorized surface, or the use of the hand placement mat for traditional approach vaults 0.30
n. Failure to remove the board after the mount 0.30
o. Failure to remove board or authorized spotting device after a release element 0.30
p. Using incorrect apparatus specifications, including incorrect spring configurations 0.30
q. Starting the exercise before the signal is given 0.50
   (deduct from the score of the repeated performance)
   If the gymnast starts the exercise before the signal is given, she should be asked to stop and repeat the performance immediately. (See Vault chapter for specifics on vault.)
r. Coach on the floor exercise mat inside the border marking (applied at Level 6 and above) 0.50
   • No deduction if coach is on the Floor mat to remove an object fallen from gymnast (i.e., metal hair clip, eyeglasses, etc.) or to adjust the placement of skill cushion.
s. Absence of music or music with words or song/speech 1.00
   • Refer to Section V Floor Exercise, Chapter 1, III. for specifics
t. The performance of a one-arm vault: if at least half of the vault panel saw that only one hand touched the vault table 1.00
u. Short exercises (applies to completed or incomplete routines) 2.00
   Uneven Bar routine with less than 5 Value Parts
   Balance Beam and Floor Exercise routines - less than 30 seconds
   * Refer to Level 6 Beam exception: Beam Chapter-Timing Regulations

13. Terminates an exercise if after a fall, the gymnast exceeds the allotted fall time:
   Vault (1 minute - after judgment is completed), Uneven Bars (45 seconds) and Beam (30 seconds).
   • A bleeding wound (or any other injury due to a fall) does not give the athlete the right to repeat her exercise or resume from where she left off. If the 30 or 45 second fall time (BB or UB respectively) is exceeded before the wound can be covered, then the routine is terminated.

14. Reports to the Meet Referee or Jury of Appeals if:
   a. The gymnast’s attire is incorrect.
   b. There is unsportsmanlike conduct of the coach (after warning).
   c. There are excessive cheers or behavior disruptive to competition by teammates or coach.
      Example: Gymnasts standing around the FX area, blocking the view of the judges and/or spectators.
   d. Failure to observe specified warm-up time by the team (after a warning). The deduction would be applied to the team event score where infraction occurred.
   e. Coach or teammates were warned about technical verbal cues.

15. Is responsible for responding, in conjunction with the panel judge(s), to an inquiry in a professional manner.

16. May not be affiliated at any sanctioned qualifying meets. (Exception: Affiliated judges may be assigned as Chief Judges at non-qualifying Invitational meets, provided that the judging panels are listed with their affiliation on the pre-meet information.)

D. PANEL JUDGES
1. Must evaluate the exercises quickly and accurately, without bias.
2. Must record the Value Parts, Bonus, Special Requirements and Start Value, as well as record deductions for execution/amplitude, artistry, and compositional errors.
3. Must include on score slip to send to the Chief Judge (if electronic score input is not available for each judge):
   a. Judge’s initials and assigned number
   b. Competitor Number, Start Value and Score
   c. Notification that a deduction was taken for the coach spotting the gymnast
   d. Notification that the gymnast exceeded the border marking on Floor Exercise, if no Line Judges are present. Also, attempt to signal any such violation by raising a hand.
   e. Must write the European ✶

4. When changing a score, the judge must cross out the first score, initial the change, and write in new score. Do not erase.

5. May be affiliated; however, there may not be more than one judge per panel with the same affiliation.

E. JUDGING ASSISTANTS

1. Do not evaluate or score the exercise.
2. Signal and record specific faults and penalties to assist the Chief Judge.
3. Types of Judging Assistants and their responsibilities:
   a. Line judges for Floor Exercise:
      1) Must be a rated official.
      2) Signal by raising a hand or flag when gymnast steps (or touches some part of body) beyond the boundary line.
      3) Inform the Chief Judge in writing of such violation.
   b. Timers
      1) Vault Fall Timer
         a) The Chief Judge must monitor the Vault Fall time. The watch:
            Starts when the evaluation of the first vault is completed.
            Stops when gymnast leaves the landing area.
         b) After 40 seconds have passed, announces “20 seconds remaining”. After 50 seconds have passed, announces “10 seconds remaining.” At 60 seconds, announces “time”.
         A second vault is not allowed after “time” is announced.
      2) Uneven Bars Timer
         a) Is responsible for the correct timing of falls. The watch:
            Starts when gymnast lands on the mat after a fall.
            Stops when gymnast leaves the floor to re-mount.
         b) After 25 seconds have passed, announces “20 seconds remaining”. After 35 seconds have passed, announces “10 seconds remaining.” At 45 seconds, announces “time”.
      3) Balance Beam Routine Timer
         a) Is responsible for the correct timing of the exercise. The watch:
            Starts when the gymnast leaves the floor.
            Stops when gymnast lands on the mat after a fall.
            Re-starts with first movement to continue routine.
            Stops when the gymnast arrives on the mat on the dismount.
         b) Signals with an acoustical instrument (or verbally), indicating a warning of 10 seconds remaining and a second signal indicating final time.
         c) Informs the Chief Judge, verbally or in writing, of any time violation.
      4) Balance Beam Fall Timer
         a) Is responsible for the correct timing of falls. The watch:
            Starts when gymnast lands on the mat after a fall.
            Stops when gymnast leaves the floor to re-mount.
         b) After 10 seconds have passed, announces “20 seconds remaining”. After 20 seconds have passed, announces “10 seconds remaining.” At 30 seconds, announces “time”.
      5) Floor Exercise Timer
         a) Is responsible for the correct timing of the exercise. The watch:
            Starts with the first movement of the gymnast.
            Stops with the final movement of the gymnast.
         b) Informs the Chief Judge of the time violation in writing, indicating the actual time.

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II. SPECIAL REQUIREMENTS
A. Each event has Special Requirements worth 0.50 each.
   • All levels have 4 Special Requirements per event.
B. Elements performed at Level 6, 7, 8 or 9 that are not allowed due to difficulty restrictions may not be used to fulfill Special Requirements.
C. If an element is not awarded Value-Part credit, it may NOT be used to fulfill a Special Requirement.
D. One element MAY fulfill more than one Special Requirement, unless otherwise specified.

III. COMPOSITION
A. Considerations in the construction of the exercise:
   1. Distribution of elements
   2. Diversified, creative and artistic composition through:
      a. Various Connections
      b. Value Parts from different groups and different elements within those groups
   3. Use of the entire apparatus (spatially and directionally)
B. Characteristics of good composition:
   1. Changes in direction of movement
   2. Changes in tempo and rhythm
   3. Changes in body position in relation to the apparatus
   4. High points (peaks) which are achieved through:
      a. The virtuous performance of Value Parts required at the specific level. No additional consideration should be given for exceeding the difficulty (Value Parts) required at the level.
      Example: A Level 8 gymnast performs a back layout with double twist on floor (C-value), but is awarded a “B”. It should be regarded as a “B”, not a “C” for compositional consideration.
      b. Movement contrasts
      c. Distribution of the elements
C. Specific apparatus requirements for composition are itemized in the individual apparatus chapters.
D. Composition is not evaluated at Level 6 or 7. The emphasis at these levels is on the gymnast’s performance; that is, execution, amplitude, rhythm, dynamics, and artistic quality.

IV. EXECUTION (TECHNIQUE/AMPLITUDE/POSTURE) & ARTISTRY
A. Characteristics of excellent execution/amplitude would include:
   1. Maximum amplitude or range of movement of the body:
      a. Externally - the relationship of the body to the apparatus or ground.
      b. Internally – focuses upon the range of motion within the joints of the body. It refers to range through which one or more of the individual body segments move relative to each other.
   2. Turns (breadth axis, longitudinal axis, or combination turns) in saltos completed at the highest point of the flight trajectory.
   3. Optimal body lines, extension and posture.
B. Characteristics of excellent artistry include:
   1. Originality/creativity of choreography in elements and connections
   2. Quality of gymnast’s movement to reflect her personal style
   3. Quality of expression (i.e., projections, focus)

Revised July 2015
C. General deductions for faults in technique, execution, amplitude, and artistry on Uneven Bars, Balance Beam and Floor Exercise.

1. SLIGHT/SMALL FAULTS  
   a. Flexed/sickled feet during Value Part elements each time 0.05  
   b. Lands with feet hip-width apart or closer but never joins the feet 0.05  
   c. Slight hop, or small adjustment on landing of elements or landing with feet staggered on UB/BB dismounts Up to 0.10  
      • FX acro elements: a small step after landing to finish in a lunge is allowed with no deduction.  
   d. Deviation from straight direction on landing Up to 0.10  
   e. Extra arm swings on landing Up to 0.10  
   f. Legs crossed during Value Part elements with twist Up to 0.10  
   g. Brush/touch of foot/feet on apparatus or mat Up to 0.10  
   h. Extra steps on landing (per step - maximum of 4) each 0.10  
   i. Landing Bars/Beam dismount with feet further than hip-width apart 0.10

2. MEDIUM FAULTS  
   a. Leg or knee separations Up to 0.20  
   b. Insufficient exactness of Body Positions  
      • Insufficient tuck position Up to 0.20  
      (Ideal = minimum of 90° bend in both hips and knees)  
      • Insufficient pike position Up to 0.20  
      (Ideal = minimum of 90° bend in the hips, 91° - 135° = insufficient pike)  
      • Insufficient stretched position Up to 0.20  
      (Ideal= straight 180° position, but greater than 135° is considered stretched body position)  
         • arch Up to 0.20  
         • hip angle = 136° - 179° Up to 0.20  
   c. Failure to maintain stretched body position (Pikes down) Up to 0.20  
   d. Incorrect body posture on landing Up to 0.20  
   e. Insufficient split when required (dance/non-flight acro elements) Up to 0.20  
   f. Incomplete turn/twist Up to 0.20  
   g. Additional trunk movements to maintain balance/control upon landing of UB/BB Dismounts and Floor acro elements Up to 0.20  
      • Applies to “stuck” landings but uses trunk movements to avoid steps.)  
   h. Large step or jump on landing (approx. 3 feet or more) 0.20 (max 0.40)

3. LARGE FAULTS  
   a. Bent arms in support or bent knees (90° or more) Up to 0.30  
      • Any one element may receive no more than 0.30 for bent leg(s) and no more than 0.30 for bent arm(s).  
   b. Additional movements to maintain balance/control on the beam Up to 0.30  
   c. Squat on landing (hips even with or lower than the knees) Up to 0.30  
   d. Brushes/touches the mat with one or both hands (no support) Up to 0.30  
   e. Insufficient extension (open) of body prior to landing Up to 0.30  
      • Applies to UB/BB dismounts & BB/FX acro in tuck/pike position  
   f. Insufficient height of salto dismount (UB/BB) Up to 0.30

4. VERY LARGE FAULTS  
   a. Support on mat with 1 or 2 hands 0.50  
   b. Fall on mat to knee(s) or hips 0.50  
   c. Fall on or against apparatus 0.50  
   d. Fall/Failure to land on the bottom of the feet first 0.50  
      • No Value Part/No Special Requirement/No Bonus credit  
   e. Spotting assistance upon landing of dismount element 0.50  
      • Award Value Part & Special Requirement-No Bonus possible  
   f. Spotting assistance during an element 0.50  
      • No Value Part/No Special Requirement/No Bonus credit

Revised July 2017
I. INCOMPLETE EXERCISE (OPTIONAL LEVELS 6, 7, 8, 9 & 10)
If a gymnast is unable to complete her exercise, the score will be determined in the usual way, by determining the Start Value and deducting any appropriate execution/amplitude, composition and specific apparatus deductions. A deduction of 2.00 is taken from the final average score by the Chief judge if:
A. The Uneven Bar exercise contains less than 5 Value Parts.
   • Note: a completed bar routine that contains less than five (5) Value Parts will also receive a 2.00 deduction.
B. The Balance Beam or Floor Exercise routine is less than 30 seconds.
   • The 2.00 deduction is taken when a gymnast performs a completed or an incomplete exercise that is less than 30 seconds.

II. EQUIPMENT FAILURE/REPETITION OF AN EXERCISE
In situations where there is an equipment failure (including broken or completely torn handgrips) occurring through no fault of the gymnast or coach, the gymnast may choose to:
A. Stop immediately and request permission from the Chief Judge to either repeat her routine or to continue from the point of interruption. In questionable cases, this request should be made to the Jury of Appeals. Once permission is given, the gymnast would perform again after a reasonable amount of rest time. No score would be given for the partial routine.
B. Continue to complete the routine. At the completion of the routine, she and her coach must decide whether to repeat the routine or accept the score given. The judges will not post the score until that decision is made. In the case of Floor Exercise, no deduction would be taken for the music failure if the decision is to accept the score.
   Note: Equipment failure does not include: the unfastening of bandages or handgrips, loss or partial loss of footwear, incorrect bar setting, or failure to tighten cables/T-handles on Bars and Beam.
C. Any decisions regarding the repetition of an exercise must be made by the Chief Judge, in consultation with the Meet Referee.
   • A flash from a camera is not a valid reason to allow a gymnast to repeat the exercise.

III. INQUIRIES
A. The coach is entitled to see the four (or two) scores of his/her individual gymnast.
B. If the coach has a question regarding an exercise during the competition, the judge (or Meet Referee) should advise the coach to submit an Inquiry Form to officially receive information. There should be no casual conversation during the competition between the coach and the judge regarding the evaluation of an exercise.
C. Inquiries are limited to questions regarding:
   1. Compulsory Routines
      a. Text
      b. Evaluation of major elements
      c. Neutral deductions
      d. Falls
      e. Unusual occurrences

Revised 9/1/13
2. Optional Routines
   a. Start Value
   b. Neutral deductions
   c. Falls
   d. Unusual occurrences
   e. Specific flat (not “up to”) compositional deductions.

D. Inquiries must be legibly written on the official inquiry form by the coach and submitted within 5 minutes of the completion of that event rotation to the Meet Director or Meet Referee. The Meet Director will then forward it to the Meet Referee, who gives it to the Chief Judge of the apparatus in question.
   1. No fee may be charged to submit an inquiry.
   2. Coaches need to be aware that an inquiry allows for a second evaluation which may result in:
      a. no change in score.
      b. the score being raised.
      c. the score being lowered.
   3. The Chief Judge and the panel judge(s) will respond, providing only the information requested. After the Chief Judge has completed the response to the inquiry, the Meet Referee or Meet Director will return the form to the coach, either by hand or by a pre-defined inquiry return procedure.
      • The coach may not approach the judge regarding the inquiry during the competition.

E. No video review is allowed at any Jr. Olympic competition during the processing of an inquiry unless the following criteria are met:
   1. If the above administrative procedures are not properly followed on a submitted inquiry, the coach may petition the Jury of Appeals for a review within five (5) minutes of the end of the rotation/competition or the return of the inquiry form, whichever occurs later.
      • A video review, if available, may be considered by the Jury of Appeals.
      • Jury decision should occur within 15 minutes after the conclusion of the meet and before the awards are presented.
   2. At State meets and above, a coach can request video review by the Meet Referee and the highest rated unaffiliated judge (if video is available) in the event that the inquiry involves the possibility that the judging panel missed an element that would affect the Start Value.
      Examples:
      a. All judges did not record a full turn on Beam.
      b. One or more judges recorded a 2/1 twist instead of 3/1 twist.
      c. Verification that the gymnast grasped or touched the bar with one or two hands before falling on a release element on Bars.
      d. **If there is a question whether the gymnast lands on the feet first on vault, video review will be allowed if available and decisive. At invitationals, the score will be averaged, regardless of range.**
   3. The video review process may NOT be used to appeal a judgement of degree assessment, i.e., degree of casts, handstands, incomplete turns, direct connection of elements or leg separation in leaps as well as other like skills.
   4. If the Meet Referee or highest rated judge is affiliated with the athlete in question, the video review will be conducted by the two highest rated unaffiliated judges, or the highest rated unaffiliated judge and a USA Gymnastics officer.
   5. The Meet Referee must inform the judging panel that a video review will be initiated as well as the final decision.

F. Score Review at Sectional/State Qualifying Meets and State Championships
   If, after the completion of the last event, an athlete’s All-Around score is 0.10 or less than the qualifying score to State (or Regional Championships), the coach may submit an inquiry for the gymnast’s lowest scoring event (regardless of the order in which that event was performed) in order that the athlete be considered for qualification purposes.
   Any change of score is official and would be included in the official results. This process does NOT apply:
   1. for mobility purposes.
   2. if qualification to State/Regional meet is by percentage or designated number per age division.

Revised July 2017
SECTION II
OPTIONAL VAULT

I. APPARATUS SPECIFICATIONS/RULINGS

A. Refer to the current USA Gymnastics Women’s Rules and Policies book. Requirements are subject to change every competitive year, beginning August 1.

B. The Meet Director is required to include the thickness of the vault runway in the pre-meet information.

C. Use of tape or excessive chalk is not permitted on the vault table.

D. A hand placement mat may be placed on the runway (but not on the vaulting board) ONLY for round-off entry or front handspring onto the board entry vaults at Level 8, 9 or 10. The mat must be manufactured by a gymnastics equipment company and placed on the runway according to manufacturer’s directions (velcro-side down). It must not exceed two inches in height.
   • A sting mat (or any other type of matting) is not allowed.
   • The hand placement mat may NOT be placed on the runway as a visual aid for forward entry vaults at any level.

E. If the hand placement mat slips on the runway, it is NOT considered apparatus or personal equipment failure. This is not a reason to repeat the vault without penalty.
   1. It is the coach’s responsibility to ensure that the mat is placed properly with the Velcro secure.
   2. The tape measure is also part of the coach’s responsibility.

F. The use of the Round-off “safety zone” mat is REQUIRED whenever Round-off entry vaults are performed at J. O. competitions (Level 8, 9 & 10). The safety zone mat may also be used (but not required) for ANY other vault in the Jr. Olympic Program.
   1. Failure to use the safety zone mat when performing a Round-off entry vault would result in a “0” (VOID) score for the vault.
   2. For Round-off entry vaults, the safety zone mat must be placed in the proper direction (around the board) or the vault is invalid – “0” (VOID). The safety zone mat is designed to protect the area between the board and the vault apparatus, as well as on the sides of the board. It must fit snugly against the board so there is no space between the board and the safety zone mat.
   3. For vaults from Groups 1, 2 and 3 (forward entry with or without turns in pre-flight), the safety zone mat may be placed in either direction behind the board. It is also acceptable to have space between the board and the safety zone mat in this situation.

G. Any combination of *skill cushions (maximum of 9 inches, using sting mats, 4-inch throw mats and/or 8-inch skill cushions) may be placed on top of the allowable competition landing mats (9 inches). If an 8-inch thick skill cushion is used, it must be a minimum of 5’ x 10’.
   • The use of any other unauthorized type of matting will receive a deduction of 0.30 from the average score by the Chief Judge.

   *Types of Skill cushions: Sting mat, 4” throw mat, 8” skill cushion

H. The Vault runway must be securely fastened to the floor with tape or Velcro. Athletic tape, Velcro strips or small chalk marks may be placed on the vault runway; provided that such markings are removed no later than the end of the rotation. Maximum width of Velcro strip/athletic tape is 5 cm (2”); maximum length is 3 feet.

I. Alternative springboards (trampoline-like) are not allowed at any optional level. If used, the vault is considered VOID.

Revised July 2017
J. Conversion for inches to centimeters:
   Approx. ¾ inch  =  2 cm
   4 inches = 10 cm
   4½ inches = 12 cm
   8 inches = 20 cm
   9 inches = 24 cm

II. GENERAL INFORMATION
A. Determining the Final Score for Levels 6, 7, 8, 9 and 10
   1. The gymnast has the right to perform one (1) or two (2) vaults.
   2. The vaults may be the same or different.
   3. Each vault is scored and averaged separately.
   4. The better score is counted.

B. Supplemental Approaches
   The gymnast is allowed three (3) attempts (running approaches) to successfully complete one or two vaults.
   1. A balk (a running approach that results in a fall during the run, stops mid-run, runs off the runway, or makes contact with the board or vault table without coming to rest or support on top of the vault table) counts as one of the three approaches/attempts to complete one or two vaults.
      • One balk is allowed in the three approaches/attempts without penalty; a second or third balk counts as a Void (0 score) vault.
   2. A fourth attempt is not allowed.
   3. Examples of Incomplete/Void Vaults
      a. Gymnast rebounds from board, has flight and places her hands on top of the vault table to shift her weight over her hands in support, but does not drive her heels overhead, and finishes in a squat stand on the table or lands back down on the board.
      b. Gymnast has flight from board to an almost inverted handstand position, runs out of momentum and steps down onto vault table or lands back down on the board.
      c. Gymnast’s steps are off on the run, she cannot slow down her horizontal speed and ends up in a “belly slide” on top of the table.

4. Examples for Determining Final Score:

<table>
<thead>
<tr>
<th>Gymnast performs:</th>
<th>Final Score for all Optional Levels</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Approach #1: Runs + Balks</td>
<td>Count the score of the one vault performed (Vault #1)</td>
</tr>
<tr>
<td>Approach #2: Runs + Balks</td>
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<tr>
<td>Approach #3: Completes Vault #1</td>
<td></td>
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<tr>
<td>No more attempts allowed</td>
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<tr>
<td>b. Approach #1: Completes Vault #1</td>
<td>Count the vault with the higher score</td>
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<tr>
<td>Approach #2: Runs + Balks</td>
<td></td>
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<tr>
<td>Approach #3: Completes Vault #2</td>
<td></td>
</tr>
<tr>
<td>c. Approach #1: Runs + Balks</td>
<td>2nd Balk = Void Vault #1</td>
</tr>
<tr>
<td>Approach #2: Runs + Balks</td>
<td>3rd Balk = Void Vault #2</td>
</tr>
<tr>
<td>Approach #3: Runs onto board-does not go over table (Balks)</td>
<td>Final Score = 0</td>
</tr>
<tr>
<td>d. Approach #1: Runs into table (Balks)</td>
<td>Count the score of the one vault performed</td>
</tr>
<tr>
<td>Approach #2: Completes Vault #1</td>
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<tr>
<td>Approach #3: Runs + Balks</td>
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<tr>
<td>e. Approach #1: Completes Vault #1</td>
<td>Count the score of the Vault #1</td>
</tr>
<tr>
<td>Approach #2: Runs onto board-does not go over table (Balks)</td>
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<tr>
<td>Approach #3: Runs-Performs a vault but does not land on bottom of feet first = Void</td>
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<tr>
<td>f. Approach #1: Completes Vault #1</td>
<td>Count the score of the Vault #1</td>
</tr>
<tr>
<td>Approach #2: Runs + Balks</td>
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<tr>
<td>No 3rd Approach due to injury</td>
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Revised July 2017
C. Announcement of Intended Vault and Performance of the Wrong Vault
   1. Before beginning the approach, the gymnast or coach must designate the correct vault to be performed by announcing the name of the vault or by flashing the vault number indicated on the Jr. Olympic Vault Chart for the specific level.
      a. At meets below State Championships, the coach may announce the vault to be performed instead of flashing the number.
      b. The vault number must be flashed at all optional State level and above competitions.
      c. The Chief Judge will signal the gymnast to vault as soon as the intended vault has been flashed or announced by the coach.
   2. There is no deduction for performing a vault that is different than the vault announced or flashed, provided it is a vault allowed at the specific level of the gymnast.
   3. The vault performed determines the Start Value, not the vault number flashed or announced.
   4. The body position that is demonstrated for the majority of the vault will determine which vault has been executed.
      Example for Level 10:
      Vault announced is a Tsukahara stretched (layout):
      Gymnast performs the backward salto by first piking, then showing a stretched position, and then piking again. Since the majority of the vault was performed in a pike position, the Start Value will be 9.50 for the Piked Tsukahara, rather than 9.70 for the Stretched Tsukahara.

D. Performance of a Vault Without a Signal from the Chief Judge
   1. Vault is ignored, even if both judges see it.
   2. Gymnast has the opportunity to perform two more vaults.
   3. The Chief Judge applies a 0.50 penalty to the average of the next completed vault.
   4. The penalty may or may not affect the final score.
      Example: Approach # 1 - Runs/vaults over table without being signaled to start
      Approach # 2 - completes Vault #1, scores 9.0, receives penalty of -0.50 for score of 8.5
      Approach # 3 - completes Vault #2, scores 9.0, which will be her final score.

E. Coaching Deductions
   1. All judges take the 0.50 deduction for spot (assistance) upon landing.
   2. If the coach assists during the vault, the vault will be scored “0” (VOID).
      • Exception for Level 8 ONLY: if the coach spots (assists) the gymnast during the post-flight phase of a SALTO vault, the vault is scored and each judge applies a deduction of 1.00.
   3. All judges deduct 0.50 if the coach stands between the board and the vault apparatus (inside the domain of the apparatus).
      • Exception: NO DEDUCTION for the coach standing between the board and the vaulting apparatus is taken if performing a Round-off entry vault (Levels 8, 9, & 10).
      • There is no deduction if the coach, when standing between the board and the vault table, makes contact with the safety zone mat or inadvertently touches the vaulting table.
   4. The coach may speak to the gymnast between vaults without penalty, but may not give verbal coaching cues during the vault.

F. Miscellaneous Vault Rules
   1. Arrival on the Vault Table
      a. May occur from a run with forward arrival on the board with both feet.
      b. May occur from a run with backward arrival on the board with both feet from a Round-off (Level 8, 9 & 10 only).
      c. May occur from a run with a forward arrival on the board with both feet from a front handspring (Level 9 and 10 only).

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2. All vaults must be performed with support of both hands on the vault table.
   a. If neither hand makes contact with the vault table, the vault is scored “0” (VOID).
   b. The Chief Judge takes the 1.00 deduction from the average score for the performance of a one-arm vault, if at least half of the vault panel saw that only one hand touched the vault table.

3. All vaults must land on the feet first on the landing mat in order to be considered for Value-Part credit. Landing on the feet first is defined as “any part of the bottom of the foot touching the mat first.” Any vault that fails to land on the feet first will be scored “0” (VOID)
   • If the gymnast lands standing, sitting, or lying on top of the vault table, it is a “0” (VOID) vault.
   • **If there is a question whether the gymnast lands on the feet first on vault, video review will be allowed if available and decisive. At invitationals, the score will be averaged, regardless of range.**

4. **Level 10** gymnasts may perform any vault listed on the Level 10 Vault Value Chart. See Appendix. All vault values listed in the Vault element section of the J.O. Code of Points refer to the values for Level 10.
   a. For Level 10 only, all 10.0 Start Value vaults performed successfully (no fall or spot) are eligible for a bonus of +0.10, except those marked with an asterisk: #3.407, #4.403, #4.306, #4.309, #5.408 and #5.409.
   b. Each judge adds the vault bonus to his/her score and must visibly (by means of a placard or other signage) indicate that the bonus was awarded. If using paper scoreslips, the judge should also indicate in writing any bonus awarded.

5. At **Level 9**, only specific vaults from the five groups may be performed. Refer to the Level 9 Vault Value chart. The Level 9 vault values are different than the vault values for Level 10.

6. **Level 8** Vault regulations
   a. Only specific vaults from Groups 1, 3, 4, and 5 are permitted. The Level 8 vault values are different than the Vault values at Level 9 or 10. Refer to the Level 8 Vault Chart in the Appendix.
   b. Since Level 8 is the first level at which salto vaults are allowed, spotting assistance in the post-flight of SALTO vaults at Level 8 ONLY will not Void the vault; however, a 1.00 penalty will be applied.

7. **Level 6 and 7** gymnasts must perform vaults from Group 1 that have no more than 360° turn in one flight and no more that 540° turn in total. All Level 6/7 vaults are valued at 10.0. Refer to the Level 6/7 Vault Chart in the Appendix.
   • The deduction for Too long in Support (Up to 0.50) and Angle of Repulsion (Up to 1.00) are applied for ALL Level 6 and 7 vaults.

8. If a gymnast attempts a vault listed on the Vault Value chart for her level, but does not complete it, resulting in a vault that is not found on the chart, the vault is scored “0” (VOID). However, the gymnast does NOT receive a “0” (VOID) as the final score for the event if the second vault is a legitimate vault.

9. If **EITHER** of the two vaults performed are vaults that are not allowed at the gymnast’s level (Level 6, 7, 8 or 9), the gymnast would receive a final score of “0” (VOID) for that event because a restricted vault was performed.

10. The vault touch warm-up is not regulated by time. During the competition touch warm-up, each gymnast is guaranteed a specific number of warm-up vaults, depending upon her level.
   a. After presenting to the judges, the gymnasts are allowed ONE “run-back” from the board before the vault attempts are counted.
   b. Each gymnast is allowed to stand on the vault table and jump (or salto) off ONE TIME ONLY, in addition to their specific number of guaranteed vaults.
   c. Level 8-10 athletes are guaranteed three vaults.
   d. Level 6 and 7 athletes are guaranteed two vaults.
   e. It is not considered an additional warm-up if a gymnast who is next to compete on vault runs or jumps on the vault runway following the previous competitor’s final vault. The gymnast may NOT run or jump in front of the vault judges’ table. A warning would be given in this instance for exceeding warm-up time.

11. **Group 1** Vault clarifications:
   a. All Group 1 vaults that have a turn in pre-flight may be performed with \( \frac{1}{4} \) (90°) to \( \frac{1}{2} \) (180°) LA (long axis) turn in the first flight phase.
   b. For Group 1 vaults with a twist in both the first and second flight phase, the twist may be performed in either direction.

**Revised July 2017**
12. Group 3 (Tsukahara entry) Vault clarifications:
   a. A slight arm bend of the lead arm is allowed for all Group 3 vaults.
   b. All Group 3 (Tsukahara entry) vaults may be performed with $\frac{1}{4}$ (90°) to $\frac{1}{2}$ (180°) LA turn in the
      first flight phase. There is NO deduction for incomplete turn.
      • This also includes Group 3 vaults that have a $\frac{1}{4}$-$\frac{1}{2}$ turn in the preflight and a $\frac{3}{4}$ - $\frac{1}{2}$ turn
        off to a front salto.

13. Group 5 Vault Clarifications:
   All Group 5 vaults described as a having a $\frac{1}{1}$ (360°) LA turn in the first flight phase with a backward
   salto in the second flight phase may be performed with $\frac{3}{4}$ (270°) to $\frac{1}{1}$ (360° LA turn in the first
   flight phase.

14. Fall Timing
   If a gymnast falls on her first vault attempt and an injury is being assessed, she will be allowed a
   maximum of one minute (60 seconds) after the completion of the judgment to leave the landing area.
   If the allotted fall time is exceeded, a second vault will not be allowed. The Chief Judge is responsible
   for monitoring the fall time.

G. SPECIFIC APPARATUS DEDUCTIONS
1. First flight Phase
   a. Incorrect foot form (flexed, sickled) Up to 0.10
   b. Incorrect leg form
      - Legs crossed Up to 0.10
      - Legs separated Up to 0.20
      - Knees bent Up to 0.30
   c. Poor technique
      - Hip angle Up to 0.20
      - Arched body Up to 0.20
   d. Incomplete LA turn  Up to 0.30

2. Support/Repulsion Phase
   a. Poor technique:
      - Staggered/alternate hand placement on all vaults, except
        Gr. 3 vaults & Gr. 5 vaults with $\frac{3}{4}$ - 1/1 on - salto off Up to 0.10
      - Shoulder angle Up to 0.20
      - Arched body Up to 0.20
      - Alternate repulsion from hands on all vaults, except
        Gr. 3 vaults & Gr. 5 vaults with $\frac{3}{4}$ on - 1/1 on-salto off Up to 0.20
      - Legs bent in support for all vaults with saltos Up to 0.20
   b. Prescribed LA turn begun too early Up to 0.30
   c. Additional hand placements (taking steps/hops on hands) Up to 0.30
   d. Bent arms (bent 90° or more = max. ded.) Up to 0.50
      • A slight arm bend of the lead arm is allowed on all Group 3 vaults
   e. Too long in support Up to 0.50
      (applies to all Level 6-10 NON-SALTO vaults from any Group)
   f. Angle of repulsion Up to 1.00
      (applies to all Level 6-10 NON-SALTO vaults from any Group)
      If the gymnast leaves the vault table:
      - by vertical no deduction
      - from 1° to 45° deduct 0.05 – 0.50
      - from 46° to horizontal deduct 0.55 – 1.00
   g. Touch with only one hand on the vault table 1.00
      • Chief Judge deduction if $\frac{1}{2}$ of panel sees only one hand touch
   h. Head contacting table during support phase 2.00
      • Includes 0.50 deduction for extreme arm bend
   i. No hand contact on the vault table VOID

3. Second Flight Phase
   a. Incorrect foot form (flexed, sickled) Up to 0.10
   b. Insufficient exactness of LA turn Up to 0.10
   c. Under-rotation of salto vaults Up to 0.10

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d. Incorrect leg form
   - Legs crossed Up to 0.10
   - Legs separated Up to 0.20
   - Knees bent Up to 0.30

e. Brush or hit of body/head on vault table during post-flight Up to 0.20

f. Insufficient Length
   When evaluating length, consider size of the athlete, type of vault, where the
   hands contact the table and where the feet land and overall trajectory (amplitude)
   of the 2nd flight phase; not just the distance from where the gymnast lands in
   relation to the end of the vault table.

  Up to 0.30

h. Insufficient exactness of body position:
   - Insufficient tuck or pike Up to 0.30
     - tuck = min. 90° bend in hip & knees
       (Except in twists in tuck position-allow for more open “puck” position)
     - pike = min. 90° bend in hips. 91°-135° = insufficient pike
   - Insufficient stretched position (ideal=180°, but greater
     than 135° is considered stretched position)
     - arch Up to 0.30
     - hip angle of 136° - 179° = insufficient stretched pos. Up to 0.30

i. Late completion of the twist (Group 1 Vaults and Group 4 & 5 vaults without saltos)
   Up to 0.30

k. Insufficient extension (open) of body before landing
   - Insufficient and/or late extension (tuck and pike vaults) Up to 0.25
   - Total absence of extension (tuck and pike vaults) 0.30

l. Insufficient Height Up to 0.50

m. Prescribed LA turn begun too late Up to 0.50

4. Landing
a. Lands with feet hip-width apart or closer but never joins feet 0.05
b. Slight hop, small adjustments of feet or staggered feet Up to 0.10
c. Extra arm swings Up to 0.10
d. Extra steps (per step with maximum of 4) each 0.10
e. Lands with feet more than hip-width apart 0.10
f. Incorrect body posture on landing Up to 0.20
g. Additional trunk movements to maintain balance Up to 0.20
h. Large step or jump (approximately 3 feet or more) 0.20 (max 0.40)
i. Squat on landing (hips even with or lower than the knees) Up to 0.30
j. Slight brush/touch of 1 or both hands on mat (no support) Up to 0.30
k. Prescribed LA turn incomplete:
   - 1° - 30° missing Up to 0.10
   - 31° - 60° missing 0.15 - 0.20
   - 61° - 89° missing 0.25 - 0.30
   - 90° or more missing award lower vault value
l. Deviation from a straight direction (determined by initial contact with mat) Up to 0.30
m. Insufficient dynamics Up to 0.30

5. Other deductions
a. Coach standing between board and vault table 0.50
   Exception: This deduction is NOT taken if gymnast performs a
   Round-off entry vault at Level 8, 9 or 10.

Revised July 2017
b. Spotting assistance upon landing 0.50

c. Vaults without signal from Chief Judge
   • CJ deducts 0.50 from average of next vault 0.50

d. Failure to land on any part of the bottom of the feet first VOID
   • Vault is scored if gymnast falls, landing on hands and bottoms of feet simultaneously 0.50

e. Spotting assistance during the vault
   • Exception for Level 8 ONLY: Spotting assistance in post-flight of SALTO vaults only 1.00

f. Run approach without coming to rest or support on top of the vault table (Balk) No deduction
   • 2nd or 3rd Balk VOID

h. Level 6-9 gymnast performs restricted vault for the level VOID

i. Use of alternative (trampoline-like) springboard VOID

* Clarification of the deductions for insufficient/late opening and total absence of extension in Second Flight Phase:
The opening deduction should reflect the body shape prior to landing. The “Up to 0.30” deduction is applied according to small, medium and large errors in regards to the body shape.
The following illustration refers to the degree of closure of the upper body towards the legs.

If the gymnast begins to extend or completely extends the hips prior to landing, but upon landing cannot maintain the upper body posture and closes the upper torso downward toward the legs (compresses), the “up to 0.20” deduction for “incorrect body posture on landing” is applied.

* If the gymnast lands in a squat position and then proceeds to fall, deduct only the 0.50 for the fall. However, other deductions such as insufficient open may also be applicable.

Clarification on steps on landing: Examples of one step = Up to 0.10

1. A step-close is considered one step and receives a 0.10 deduction. A very small step-close or other small foot movement would receive 0.05 deduction.

Examples of one step = - 0.10

a. The gymnast lands with feet together, then takes one step forward, sideward or backward on the Right foot; then returns the Right foot to join the Left foot, OR

b. The gymnast lands with feet together, then takes one step forward, backward or sideward on the Right foot; then steps with the Left foot to join the Right foot.

c. If a gymnast lands with feet a maximum of hip-width apart, there is no deduction, provided that she joins (slides) the heels together on the controlled extension.
   • If the entire foot/feet are sliding or lifting off the mat to join, it is considered a small step.

2. If the gymnast is out of control or has additional movements to maintain balance after the step(s), additional deductions may be applied.

3. There is a maximum deduction of 0.40 for steps (regardless of size or number); however, if the steps result in a fall, deduct only 0.50 for the fall.

4. If the gymnast lands with feet apart/staggered and then continues to take steps, deduct only for the steps. The deductions for landing with feet apart/staggered are to be applied only when the gymnast “sticks” the landing.

G. See Appendix or go to USA Gymnastics website at www.usagym.org and check under Women’s Program: Rules: Optional for the most current USA Gymnastics Jr. Olympic Vault Value Charts.

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<thead>
<tr>
<th>3.104</th>
<th>3.204</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Tsukahara stretched 9.7</td>
<td>Tsukahara stretched 1/1 (360°) turn off 10.0</td>
<td>Tsukahara stretched with 1½ (540°) turn off 10.0</td>
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<tr>
<td></td>
<td></td>
<td>Front handspring onto board, ¼ (90°) – ½ (180°) turn on – back salto piked (Zuhlke) 9.6</td>
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<tr>
<td></td>
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<td>½ (180°) turn on – ½ turn (180°) off OR ¼ (90°) turn on – 3/4 (270°) off to salto forward tucked 9.7</td>
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*Revised July 2017*
Group 3 – Handspring with 1/4 to 1/2 turn (90°–180°) in entry phase (Tsukahara entry) – Salto forward or backward with or without LA turn in second flight phase.

3.107 3.207
3.307 ½ turn (180°) on – ½ turn (180°) off OR ¼ turn (90°) on – 3/4 turn (270°) off, to salto forward piked 9.8

3.407* ¼ (90°) turn on – ¼ (90°) turn off to salto forward piked (lands facing out) 9.8

3.507 ½ turn (180°) on – ½ turn (180°) off OR ¼ turn (90°) on – 3/4 turn (270°) off, to salto forward stretched (Phelps) 10.0

3.108 3.208
3.308 ½ turn (180°) on – ½ turn (180°) off OR ¼ turn (90°) on – 3/4 turn (270°) off, to salto forward tucked ½ (180°) (Shible) 9.8

3.408 ¼ (90°) turn on – ¼ (90°) turn off with salto forward stretched (lands facing out) 10.0

3.508 ½ (90°) turn on – ¼ (90°) turn off – front salto tucked with 1½ (540°) twist (Carey) 10.00

3.109 3.209 3.309
3.409 ¼ – ½ turn (90°–180°) on – 3/4 – ½ turn (270°–180°) off, salto forward tucked with 1/1 (360°) turn (Shible 1/1) 10.00

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d. If the circle element finishes within 11° - 20° of vertical, the 0.05 deduction for insufficient amplitude of “C” circles is NOT applied at Level 7.
e. If the gymnast’s attempt to perform a clear hip circle severely lacks amplitude and the circle finishes with the hips on the bar (never passing through a clear support), deduct 0.50 for missing one Special Requirement.

“A” Value-Part credit (for back hip circle) would be awarded. The Special Requirement would not be fulfilled because the circling element was not “clear.”

EXAMPLES for Special Requirement consideration at Level 7:
If a Level 7 gymnast performs:
1) a clear hip circle and a backward giant circle: Special Requirements # 2 and 3 have been fulfilled.
2) two “B” clear hip circles: Special Requirements # 2 and 3 have been fulfilled.
3) one clear hip circle to within 20° of vertical (“C” receives “B” credit) and one clear hip circle below horizontal (“B”): Special Requirements # 2 and 3 have been fulfilled.
4) two backward giant circles: Only one can be used to fulfill the Special Requirement, since the giant circle is not from Group 3, 6 or 7. Deduct 0.50 for missing one Special Requirement.

4. SALTO OR HECHT DISMOUNT, MINIMUM OF “A”
   • Refer to the Bar Dismount Regulations section under Bars - General Information.

E. LEVEL 6 SPECIAL REQUIREMENTS

| 1. One cast to a minimum of horizontal |
| 2. Minimum of one bar change |
| 3. One 360° clear circling element from groups 3, 6, or 7 |
| 4. Dismount, minimum of “A” |

1. One cast to a minimum of horizontal
   a. Applicable deductions for insufficient amplitude will be applied, according to the basic casting criteria.
   b. If all casts are below horizontal, deduct 0.50 for missing the Special Requirement, plus 0.30 for insufficient amplitude of each cast.
   c. This is an exception to the rule that Special Requirements must be fulfilled with Value-Part elements. (Casts more than 20° from vertical have no value.)

2. Minimum of one (1) bar change
   a. Must perform Value Parts on both Low Bar and High Bar to fulfill this requirement.
   b. No bar change = 0.50 deduction for missing a Special Requirement.
   c. See Level 9 for specifics.

3. One 360° clear circling element from groups 3, 6, or 7
   a. May NOT be an element performed with hips on the bar during or at the completion of the circle or with feet on the bar at the completion of the circle.
      • Front/back hip circles (#7.101) and front/back sole circles (#7.103) do not fulfill this SR.
   b. The following circle elements are the only allowable “C” elements for Level 6 and will receive “B” Value-Part credit:
      • Clear hip circle to handstand
      • Stalder circle backward to handstand
      • Pike sole circle backward to handstand
   c. If the circle element finishes within 11° - 20° of vertical, the 0.05 deduction for insufficient amplitude of “C” circles is NOT applied at Level 6.

4. Minimum of “A” dismount
   a. A salto or hecht dismount is not required at Level 6.
   b. Refer to the Bar Dismount Regulations section under Bars - General Information.
   c. The Level 4 dismount (tap swing forward with ½ turn) is not listed as an “A” in the JO Code and cannot fulfill the Level 6 dismount SR.
III. SPECIFIC COMPOSITIONAL DEDUCTIONS

Note: Composition deductions are NOT applied at Levels 6 and 7.

A. **Insufficient distribution of the elements** *(See Appendix 15)*

   **Consider:**
   1. Level of difficulty not maintained throughout the exercise.
   2. Most difficult elements placed in the same section of the exercise.

B. **Insufficient change of direction (applicable to Level 9 & 10 only)**

   **Consider:**
   1. Gymnast predominantly faces the same direction throughout exercise
      or uses elements that start and finish facing in the same direction.
      (example - Giant 1/1 can count as only one of the two turning elements).
   2. The gymnast should show a minimum of *two elements with change of direction* in the exercise.  
      EXAMPLES:
      - Deduct 0.10 - No elements with a minimum of 180° turn
      - Deduct 0.05 - Only one element with 180° or 540° turn
      - Deduct 0.05 - Only one element with 360° turn
      - Deduct 0.05 - Both elements with 360° turn
      - No deduction - Two elements with 180° and/or 540° turn
      - No deduction - One element with 180° or 540° turn and one element with 360° turn
   3. The mount and/or dismount may not be considered in fulfilling the two changes of direction.

C. **Uncharacteristic elements**

   **EXAMPLES:**
   1. Squat/stoop on Low bar, stand with ½ turn on feet to grasp high bar
   2. Swing forward on HB, place feet on low bar to stand with or without a ½ turn
   3. Climbing/crawling onto the LB within the exercise

D. **More than one squat/stoop on LB, with or without sole circle, to stand & jump to grasp high bar (applicable to Level 10 only)**

   **EXAMPLES:**
   - Level 10’s: After a fall, judging resumes once the gymnast performs an element listed in the Jr. Olympic Code of Points; therefore, if she resumes with a glide kip, cast squat on, and has already performed a squat/stoop on, the deduction will be applied.

E. **¾ Giant circle forward with or without a grip change**

   **EXAMPLES:**
   1. This is not considered an element.
   2. It will break a connection.
   3. If swing backward is under horizontal, an up to 0.10 deduction would also be applied for insufficient amplitude.

F. **Choice of elements**

   **Deduct for any/all applicable considerations**

   Consider:
   1. **Failure to perform elements (circles, releases) both forward and backward within the exercise (Levels 9/10 only)**
      - **0.05**
      Examples: Back & front giants, Jaeger salto, Deltech & Mixed-grip Deltech
      - #3.301, 6.305, 7.310 and similar release elements on LB with release & counter movement to HB are NOT forward elements (all stem from a backward circle).

   2. **Lack of balance between elements with pirouettes and flight phase (Level 9 & 10 only)**
      a. Consider the quantity and difficulty of the pirouettes & flights
      b. If missing one category completely, deduct 0.10.

   3. **Lack of variety of elements and connections**
      **Up to 0.10**
      Consider:
      a. Overuse of elements from one structure group
      b. Overuse of specific element or variation of that element
         - Majority of the elements are variations of the backward giant
      c. Overuse of same element for connections
         Example: Kips, same transition elements from Low bar to High bar
      d. Elements of highest value connected primarily to elements of lowest value

Revised July 2017
SECTION III
UNEVEN BARS
CHAPTER 3
EXECUTION AND AMPLITUDE FAULTS

I. SLIGHT/SMALL FAULTS

A. Flexed/sickled feet on Value-Part elements 0.05 – 0.10 pt. each time 0.05
B. **Lands with the feet hip-width apart or closer but never joins the feet** 0.05
C. Slight hop, or small adjustment of feet or feet staggered on landing of dismounts Up to 0.10
D. Deviation from straight direction on landing Up to 0.10
E. Extra arm swings on landing Up to 0.10
F. Legs crossed during salto dismounts with twist Up to 0.10
G. Hesitation during jump to HB or swing to handstand each Up to 0.10
H. Touch/brush on apparatus or mat with foot/feet each Up to 0.10
I. Under-rotation of release/flight elements each Up to 0.10
J. Precision of handstand positions throughout exercise Up to 0.10
K. Insufficient extension of glides/swings into kips each Up to 0.10
L. Poor rhythm in elements/connections each Up to 0.10
M. Landing too close to the bar on dismount 0.10
N. Steps on landing (maximum 4) each 0.10
O. Swing forward or backward under horizontal each Up to 0.10
P. Landing dismount with feet wider than hip-width apart 0.10

II. MEDIUM FAULTS

A. Leg or knee separations each Up to 0.20
B. Insufficient exactness of body shape: tuck or pike position each Up to 0.20
C. Insufficient amplitude of bar elements (including releases) each Up to 0.20
   Exception: Clear hip circle & salto dismount (See large faults)
D. Failure to maintain stretched body position (pikes down dismount) Up to 0.20
E. Incorrect body posture on landing Up to 0.20
F. Incomplete twist on twisting salto dismounts Up to 0.20
G. Additional trunk movements to maintain balance on landing of dismount Up to 0.20
H. Insufficient exactness of stretched position Each time Up to 0.20
   • arch Up to 0.20
   • hip angle (136° - 179°) Up to 0.20
I. Insufficient dynamics throughout - Consider: Up to 0.20
   • insufficient swingful execution throughout exercise
   • energy not maintained throughout exercise
   • gymnast fails to make difficult look effortless
J. Hit on apparatus with foot/feet 0.20
K. Large step or jump on landing (approximately 3 feet or more) 0.20 (max 0.40)

III. LARGE FAULTS

A. Bent arms in support or bent legs (90° bend or greater receives 0.30) Each Up to 0.30
   (Maximum of 0.30 for arms and 0.30 for legs on any one element)
B. Insufficient height (amplitude) of salto dismount Up to 0.30
C. Squat on landing (hips even with or lower than the knees) Up to 0.30
D. Brush/touch the landing surface with one or both hands (no support) Up to 0.30
E. Insufficient extension (open) of tuck/pike body position prior to landing dmt Up to 0.30
F. Grasp of bar apparatus to avoid a fall 0.30
G. Intermediate (extra) swing/cast 0.30
   (Maximum of 0.6 if more than one extra swing/cast following an element)
H. Hit on mat with foot/feet 0.30
I. Insufficient amplitude of “B” clear hip circle Up to 0.40

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IV. VERY LARGE FAULTS

A. Full support on foot/feet on mat during exercise 0.50
B. Support on mat with 1 or 2 hands upon landing 0.50
C. Fall on mat to knee(s) or hips 0.50
D. Fall on or against the apparatus 0.50
E. Spotting assistance during an element No VP/SR/Bonus + 0.50
F. Spotting assistance upon landing the dismount Award VP & SR/No Bonus + 0.50
G. Fall/Failure to land on the bottom of the feet first on dismount
   • If salto was initiated No VP, no SR, No bonus + 0.50 for the fall
   • If salto was never initiated No VP, no SR, No bonus + 0.50 for the fall
      plus deduct 0.30 from Start Value for no dismount
H. Lands dismount in solid or loose foam pit 0.30 + no Value Part

V. CHIEF JUDGE DEDUCTIONS SPECIFIC TO BARS

A. Coach standing between the bars throughout exercise 0.10
B. Incorrect padding (use of heel/hip pads) 0.20
   If the CJ notices the heel pads prior to the gymnast’s mount, a warning must be given.
   However, if the gymnast wears the heel pads during her exercise (whether or not the
   CJ warned her previously), the deduction must be taken.
C. Failure to remove board/spotting block after a release element 0.30
D. Complete or incomplete exercise with fewer than five (5) Value-Part elements 2.00
E. Gymnast exceeds the 45-second fall time Exercise terminated
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| 7.110 | 7.210 | **7.310**
Underswing (pike sole circle) on LB, release and counter movement forward in flight to hang on HB
| 7.410 | **7.510**
On LB - pike sole circle backward through handstand with flight and 1/2 (180°) turn to catch HB (performed in either direction) (Byhovsky)
| 7.511 | **7.511**
Handstand on HB – pike sole circle backward counter straddle-reverse hecht over HB to hang (Ray), also with pike, also with 1/2 turn (Tweddle) (not illustrated)

Underswing (sole circle) on LB, release and counter movement forward in flight with 1/2 (180°) turn to hang with mixed grip on HB (Reinhardt)

Underswing (pike sole circle **bkwd**) on LB, release and counter-movement forward in flight with 1/1 (360°) to hang on HB (Oster)

Also with 1/1 (360°) turn (Ramler)
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<td><strong>7.412</strong> Clear pike circle</td>
<td><strong>7.512</strong> Clear pike circle</td>
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<td>forward to handstand</td>
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<td><strong>7.413</strong> Clear pike circle</td>
<td><strong>7.513</strong> Clear pike circle</td>
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<td>Clear pike circle backward, arriving in a clear pike support position</td>
<td>backward on LB</td>
<td>backward with 1/1 (360°) turn in handstand phase (Stalder-piked)</td>
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<td>with release and counter flight to hang on HB or with hecht flight to hang on HB (not illustrated)</td>
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<td><strong>7.513</strong> Clear pike circle</td>
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<td>backward with 1/1 (360°) turn in handstand phase (Stalder-piked)</td>
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4. **AERIAL OR SALTO DISMOUNT REQUIREMENT**

| Level 8: | Minimum of “A” |
| Level 9: | Minimum of “B” |
| Level 10: | Minimum of “C” dismount, OR |

“B” dismount element that is directly connected to:
- An Acro series that includes a minimum of “C” Acro element, or
- A minimum of “C” Acro or Dance element

**EXAMPLES** for Level 10:

a. Flic-flac (B) + Salto backward with 2/1 (720°) twist dismount (C)

b. Side aerial (D) + Flic-flac (B) + Salto backward with 1/1 (360°) twist dismount (B)

c. Side aerial (D) + Gainer salto tucked with 1/1 (360°) twist off side of beam dismount (B)

d. Switch-leg leap (C) + Gainer salto tucked with 1/1 (360°) twist off side of beam dismount (B)

- If a dismount of no value (or a restricted element for Level 8 or 9) is performed:
  1. Deduct 0.50 for missing the dismount Special Requirement.
  2. Deduct 0.30 for no dismount.

B. **LEVEL 7 SPECIAL REQUIREMENTS**

| 1. Acro series (with or without flight; excluding mount & dismount) AND one acro flight element (ISOLATED OR IN A SERIES) |
| 2. One leap or jump that requires a 180° Cross or side split |
| 3. Minimum of 360° turn on one foot |
| 4. Aerial or salto dismount, minimum of “A” |

1. **Acrobatic requirement**

a. One acrobatic series with a minimum of two “A or B” elements with or without flight
   - One of the elements must achieve or pass through an inverted vertical position while in support on the hands (handstand).

AND

b. One acrobatic flight element
   - May be included in a series or performed as an isolated element.

**EXAMPLES** of a fulfilled Level 7 Acro Special Requirement:

Routine #1: Back walkover + Back walkover; later in the exercise performs Round-off + Back salto tucked dismount

Routine #2: Back walkover + Flic-Flac

Routine #3: Flic-Flac + Flic-Flac

1) If EITHER the acro series OR the flight element (OR BOTH) are missing, deduct 0.50.

2) All elements used to fulfill the Acro Special Requirement must start and finish on the beam.

3) A handstand element with any leg position (with or without turn) may be used as the first or second element in the series.
a) If the handstand without turn achieves vertical but is not held for two seconds, it does not meet the technical requirement of the element and therefore, is not awarded Value-Part credit and may not be used in the Acro Series Special Requirement.

b) There is no hold requirement for a turning handstand or a press to handstand.

c) If the handstand is the first element, the step-down from handstand must be directly connected (continuous movement) into the next element in order to receive credit for a series.

d) Any non-flight acro element that does not require a two-second hold (example: Back Walkover) may be used as the first element in a Level 7 acro series, regardless of whether there is a hold in vertical prior to the step-down. No rhythm deduction for the pause/hold in vertical will be applied.

c. Roll elements may be included as an element in the Acro series provided that one element achieves or passes through a handstand position.

EXAMPLE:
Handstand forward roll + forward roll would fulfill the series part of the requirement.

2. One leap or jump that requires a 180° cross or side split

a. Must be listed in the Jr. Olympic Code of Points or JO Updates as a minimum of “A” value (therefore, must achieve a minimum of 135° leg separation).

1) If the leap/jump has less than 135° leg separation, it receives no value and cannot be used to fulfill the Special Requirement.

2) If the leg separation achieved is between 135° and 179°, deduct “up to 0.20” for insufficient split.

b. Must start and finish on the beam.

c. May be performed in a series or as an isolated element.

EXAMPLES: Sissonne Split leap forward
Straddle Pike Jump Split jump + tuck jump

d. The 180° split position may be in cross (front-to-back) or in side (or straddle) position.

1) If the cross position is used, it must have the forward leg extended.

2) If the forward leg finishes in a stag position, it will not fulfill the Special Requirement.

3) If the rear leg is in a stag position, it WILL fulfill the Special Requirement.

e. The stride leap forward with change of legs to wolf position (#2.105) does NOT require a split position; therefore, will NOT fulfill this Special Requirement.

3. Minimum of 360° turn on one foot (GROUP 3)

a. May be included in a series or as an isolated element.

b. If 90° or more of the turn is missing, no Value-Part credit is given, and the Special Requirement is not fulfilled.

4. Aerial or salto dismount, minimum of “A”

a. May be performed as an isolated element or in a direct connection.

b. If a dismount of no value or a restricted element at Level 7 is performed:

1) Deduct 0.50 for missing the dismount Special Requirement.

2) Deduct 0.30 for no dismount.

3) If a dismount element without a salto or aerial is performed, but is listed in the Jr. Olympic Code of Points, do not deduct 0.30 for no dismount.
C. LEVEL 6 SPECIAL REQUIREMENTS

1. **Acrobatic requirement:** one acrobatic element from groups 5, 6 or 7
   a. Handstands, rolls, walkovers/wheels, handsprings, etc.
   b. The Acro element used to fulfill the Acro Special Requirement must be started and finished on the beam.
   c. An Acro mount or dismount element CANNOT fulfill the Acro Special Requirement.
   d. The Acro element must achieve or pass through an inverted vertical position while in support on the hands (handstand).
      • If a kick-up to handstand is used, it must be held 2 seconds to receive “A” value and fulfill the Special Requirement.

2. **One leap or jump that requires a 180° cross or side split**
   a. Must be listed in the Jr. Olympic Code of Points or JO Updates as a minimum of “A” value (therefore, must achieve a minimum of 135° leg separation).
      1) If the leap/jump has less than 135° leg separation, it receives no value and cannot be used to fulfill the Special Requirement.
      2) If the leg separation achieved is between 135° and 179°, deduct “up to 0.20” for insufficient split.
   b. Must start and finish on the beam.
   c. May be performed in a series or as an isolated element
      EXAMPLES: Sissonne \[ Cross \] Split leap forward
                  Straddle Pike Jump \[ Side \] Split jump + tuck jump
   d. The 180° split position may be in cross (front-to-back) or in side (straddle) position.
      1) If the cross position is used, it must have the forward leg extended.
      2) If the forward leg finishes in a stag position, it will not fulfill the Special Requirement.
      3) If the rear leg is in a stag position, it WILL fulfill the Special Requirement.
   e. The stride leap forward with change of legs to wolf position (#2.105) does NOT require a split position; therefore, will NOT fulfill this Special Requirement.

3. **Minimum of 360° turn on one foot (Group 3)**
   a. May be included in a series or as an isolated element.
   b. If 90° or more of the turn is missing, no Value-Part credit is given, and the Special Requirement is not fulfilled.

4. **Minimum of “A” dismount, with or without hand support**
   a. May be performed as an isolated element or in a connection.
   b. If a dismount of no value (or a restricted element for Level 6) is performed:
      1) Deduct 0.50 for missing the dismount Special Requirement.
      2) Deduct 0.30 for no dismount.
   c. Examples of dismount elements for Level 6:
      1) Cartwheel with \( \frac{1}{4} \) (90°) turn after hand support to cross stand at end of beam
      2) Front salto tucked
      3) Free (Aerial) round-off (Barani)
III. CLARIFICATIONS REGARDING SERIES

A. In an Acrobatic or a Dance series, the connection between the elements must be continuous. The landing leg or the free leg of the first element must be the take-off leg for the next element. If both feet land at the same time, the next element must take off from two feet.

1. Backward Acro and Sideward to Backward Acro Flight Series
   A backward acro or sideward to backward acro flight series is considered broken whenever there is a delay in the IMMEDIATE take-off of the second element (deduct 0.50 for missing the Special Requirement, if applicable). This delay could be caused by:
   a. Arms moving as low as the thighs or further back after the landing of the first element in the connection.
      • If the second element in the connection of backward acro or sideward to backward acro flight elements is a gainer flic-flac or gainer back layout, the arms are allowed to continue circling forward-upward and backward-downward without automatically breaking the connection. The circling action is an inherent arm pattern for the gainer type elements.
   b. A cautious, slow moving attempt to connect one or more backward flight or sideward to backward flight elements. In this case, the Acro series would be considered broken. A rhythm deduction is not applied.

2. Non-flight acro series (any direction), acro flight series with forward or sideward elements, and counter acro flight series.
   • If there is a lack of tempo/poor rhythm between the elements performed in a series, apply the specific execution deduction of lack of tempo between elements (up to 0.20). This refers to continuous, but slow connection.

3. Dance or mixed series
   a. Lack of tempo/poor rhythm between the elements performed in a dance or mixed series; apply the specific execution deduction (up to 0.20). This refers to continuous, but slow connection.
   b. If the body continues its movement, an arm circle does not necessarily break the connection.
   c. If the height of the free leg is above 45˚ at the finish of the first element (such as a cat leap or hitch-kick), that will not be the sole cause for breaking the dance or mixed series; however, if the free leg position drops and lifts again or if the trunk stops forward movement, the series would be considered broken.

4. All series are considered broken if the following occurs:
   a. A stop between the elements.
   b. Loss of balance, causing a stop between elements.
   c. Repositioning of leg(s) or pivoting.
   d. Extra step, hop/jump between the elements
   e. When evaluating an acro, dance or mixed connection, if the gymnast lands the first element in plié on two feet, then totally straightens her legs, and pliés again to initiate the jump into the next element, the straightening of the legs will break the series.
   f. **All acro series are considered broken if a kick/leg-swing above 45˚ is performed leading into the second element.**

Note: In any type of series in which the two elements are exactly the same and the connection is broken, the second element will not receive Value-Part credit.

B. Some acro elements are inherently “non-connectable”. The following is an example of an acro series that is considered non-connectable, regardless of how quickly the elements are connected:

Back Walkover (or Flic-flac step-out) to a lunge, then Round-off (or cartwheel)
In this example, the first element lands in a lunge on two feet. It cannot be connected to a 2nd element for acro series credit.

Note: The only way these two elements could connect legitimately is by landing the first element on one leg and stepping through into the Round-off (or cartwheel).
C. Repetition of a failed series

EXAMPLES:
1. Gymnast performs a Flic-flac step-out and stops (or falls), then does a series of two connected flic-FLacs. The Acro Series Special Requirement is NOT met because the third flic-flac receives no Value-Part credit.

B

No Special Requirement awarded

2. At Level 7: Gymnast attempts a series of two Back Walkovers, but the second Back Walkover never lands on the beam (no Value-Part credit awarded) (A + 0).
   If she then kicks up to a handstand and holds it for 2 seconds, then steps down to a Back Walkover (A + A), one part of the Acro Special Requirement has been met.
   • If the Handstand is NOT held for 2 seconds, it will not receive “A” Value-Part credit and cannot be used to fulfill a Special Requirement.

IV. SPECIFIC COMPOSITIONAL DEDUCTIONS (FOR LEVELS 8, 9 & 10)

Note: Composition is not considered for Level 6 or 7.

A. Lack of variety in choice of elements

1. Failure to perform acrobatic elements in two different directions
   (Backward and Forward or Sideward) each 0.10
   a. Must be from the following Groups: 1-Mounts, 6-Rolls, 7-Walkovers/Cartwheels/Handsprings, and 8-Saltos
      1) If the dismount is the only forward/sideward or the only backward element deduct 0.05
      2) To be considered forward or sideward, the element must move through a forward or sideward plane. A kick-up to handstand, with or without pirouette, to step-down is NOT eligible as it is from Group 5.
   b. May perform either a forward or sideward element, but must perform a backward element.
   c. The Round-off is considered a sideward element.
   d. A jump backward (Flic-flac take-off) with ½ (180°) twist to walkover or salto forward (Arabian walkover or salto) is considered a forward element.
   e. A Flic-flac ¼ or ¾ twist to handstand is considered a backward element.
   f. A tic-toc can be considered either a forward or backward element, to the advantage of the gymnast.
   g. Silivas-type mounts (#1.208 & 1/308) are considered “sideward”.

2. Lack of variety in choice of acro elements
   • All Acro “high points” are the same element or variation of same element Up to 0.10

3. Lack of variety in dance elements
   a. Overuse of dance elements with the same shape
      1) More than two elements with a wolf or tuck position with or without turn 0.10
      2) More than two straddle jumps, with or without turn 0.10
   b. More than one leap/jump/hop element to front support each 0.10
   c. More than two (2) 180° turns on two feet (pivots) with straight legs throughout the exercise 0.10
      Examples of allowable 180° turns: turn on one foot; turn in squat or demi-plié position; ¼ turn - ¾ turn

4. Lack of balance between acro and dance value part elements Up to 0.20

Consider:
   a. The quality (element difficulty value) and the quantity of the two categories.
   b. For Level 9 and 10, the lack of a dance connection for CV Bonus is not necessarily a compositional deduction.
   c. The following elements are considered as “Dance” elements:
      1) Group 1 Mounts: 1.101, 1.201, 1.301, 1.401, 1.102 (1st & 3rd descriptions), 1.202, 1.104, 1.105 1.305, 1.405.
      2) Group 4: All Wave elements
      3) Holds/Stands: 5.101, 5.201, 5.102, 5.302, 5.402, 5.103, 5.203

Revised July 2015
B. **INSUFFICIENT DISTRIBUTION OF THE ELEMENTS**
   Consider:
   1. Level of difficulty not maintained throughout the exercise
   2. Most difficult elements placed in same section of exercise
   3. Dismount is a single element of minimal required difficulty for the Level
   Up to 0.10

C. **INSUFFICIENT USE OF ENTIRE BEAM APPARATUS**
   1. Insufficient level changes throughout the exercise
      a. Level changes by the performance of elements and/or connections
      b. Look for movements that are high off the beam, semi-low, and low
         (kneel, squat, sit, lying)
   2. Spatially (use of the entire length of the beam)
   3. Directionally (movements/non-value parts/choreography forward, backward, & sideward)
   Up to 0.10
   Up to 0.10

D. **CHOICE OF ACRO ELEMENTS NOT UP TO THE COMPETITIVE LEVEL**
   Consider:
   1. Acro difficulty level as seen at the culminating championships for the level of gymnast.
   2. Difficulty required to achieve a 10.0 Start Value. All levels should be expected to attain a 10.0 Start Value.
      Example: A 10.0 Start Value at Level 10 requires at least 0.10 bonus for “D” or “E” Difficulty Value and 0.40 bonus for Connection Value. While this bonus can be earned by dance and/or acro elements, if all bonus is earned from dance, it may indicate that the acro elements are not up to the competition level.
   3. See Appendix 15
   Up to 0.20

E. **LACK OF A DANCE SERIES WITH A MINIMUM OF TWO DANCE ELEMENTS FROM GROUPS 1 (MOUNTS), 2 (LEAPS/HOPS/JUMPS) OR 3 (TURNS)**
   Up to 0.20

F. **MORE THAN ONE ELEMENT BEFORE THE MOUNT (TAKE-OFF FROM SPRINGBOARD)**
   Up to 0.20

V. **SPECIFIC EXECUTION DEDUCTIONS** (Refer to General Faults and Penalties for additional deductions.)

   A. **FAILURE TO PERFORM GROUP 3 TURNS IN HIGH RELEVÉ**
      Each up to 0.10
   B. **LACK OF PRECISION IN DANCE VALUE PARTS**
      Each up to 0.10
      Examples: Lack of definite arm or leg position on turns/leaps; degree of turn not exact
   C. **FAILURE TO LAND WITH FEET/LEGS TOGETHER ON JUMPS/LEAPS THAT LAND ON 2 FEET IN SIDE POSITION**
      Each up to 0.10
   D. **CONCENTRATION PAUSES**
      Each 0.10
      (Pauses of more than 2 seconds taken for concentration prior to difficult elements or connections)
   E. **RELAXED/incorrect footwork on non-value parts throughout exercise**
      Up to 0.20
   F. **LACK OF TEMPO/poor rhythm between elements performed in a dance, mixed or *acro series**
      Up to 0.20
      • Applies to a continuous, but slow connection
      0.15 - 0.20 Body position alters/arms swing between elements
      0.05-0.10 Body still moving but arms swing between elements/legs moving (pumping) but not completely straightening
      No deduction After first element, arms finish in position to take off immediately for 2nd element (legs in plié/not pumping)
      *Exception: Backward acro series with one or more flight elements is either connected or not; tempo deduction does not apply.
   G. **SUPPORT OF ONE LEG AGAINST SIDE SURFACE OF THE BEAM TO MAINTAIN BALANCE**
      Each 0.20
   H. **DIRECTIONAL ERROR ON GAINER SALTO DISMOUNTS OFF THE END OF THE BEAM**
      Up to 0.30
   I. **RELAXED/incorrect leg position/body posture & insufficient flexibility in non-value parts throughout the exercise**
      Up to 0.30
   J. **GRASP OF THE BEAM TO AVOID A FALL**
      0.30
   K. **THIRD RUN APPROACH**
      0.50
SECTION IV
BALANCE BEAM
CHAPTER 3
EXECUTION AND ARTISTRY

A minimum score of 1.00 is awarded when a Compulsory or Optional routine score would be equal to or less than one point (1.00).

I. EXECUTION

A. SLIGHT/SMALL FAULTS

1. Flexed/sickled feet during Value Parts

2. Landing with feet hip-width apart or closer but never joins the feet

3. Slight hop, or small adjustment of feet on landing of elements or dismounts

4. Deviation from straight direction on landing

5. Extra arm swings on landing

6. Hesitation during jump, press or swing to handstand

7. Incorrect body posture/alignment during dance Value Parts

8. Legs crossed during salto dismounts with twist

9. Dismount landing too close to the beam

10. Extra steps on landing (maximum 4)

11. Landing dismount with feet staggered (one in front of other)

12. Landing dismount with feet wider than hip-width apart

B. MEDIUM FAULTS

1. Leg or knee separations

2. Additional trunk movements to maintain balance/control upon landing of dismount

3. Insufficient height on leaps, jumps and hops

4. Insufficient height of Aerials, Saltos, & Acro flight elements with hand support

5. Insufficient split position (deviation from 180°)

   - 1° - 20° missing = 0.05 - 0.10
   - 21° - 45° missing = 0.15 - 0.20
   - 46° or more missing = lesser Value Part

6. Legs not parallel to beam in split or straddle pike leaps/jumps

7. Insufficient exactness of tuck or pike position in Value Part elements

8. Insufficient exactness of stretched position
   - arch
   - hips angle (136° - 179°)

9. Dance: Incomplete turn - Gr. 2 & 3 elements with 360° or more turn

   - 1° - 44° missing = 0.05 - 0.10
   - 45° - 89° missing = 0.15 - 0.20
   - 90° or more missing = lesser Value Part

10. Dismounts: Incomplete twist on dismounts with 360° or more twist

    - 1° - 44° missing = 0.05 - 0.10
    - 45° - 89° missing = 0.15 - 0.20
    - 90° or more missing = lesser Value Part

11. Insufficient variation in rhythm and tempo throughout the exercise

12. Incorrect body posture on landing of elements and dismount

13. Insufficient dynamics - Consider:
   - energy maintained throughout exercise
   - makes difficult look effortless

14. Insufficient sureness of performance throughout the exercise

15. Large step or jump on landing (approximately 3 feet or more)

   Up to 0.20 (max 0.40)

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Revised July 2017
C. LARGE FAULTS

1. Bent arms in support or bent knees
   a. 90° or more bend = maximum deduction of 0.30
   b. Maximum on any one element = 0.30 bent arms & 0.30 bent legs

2. Additional movements to maintain balance on the beam

3. Squat on landing (hips even with or lower than the knees)
   Note: If the gymnast lands an acro element in a squat position and then falls off the beam, deduct up to 0.30 and 0.50 for the fall.

4. Insufficient height of dismounts

5. Brush/touch of landing surface with one or both hands (no support)

6. Insufficient extension (open) of tuck/pike body position prior to landing of Acro and dismount elements

7. Use of supplemental support
   Examples:
   a. Foot/feet remain on mat or board as mount is completed
   b. Foot/feet make contact with the mat in cross straddle sit during exercise

D. VERY LARGE FAULTS

1. Support on mat with 1 or 2 hands

2. Fall onto Beam or off the Beam onto the mat

3. Fall/Failure to land on the bottom of the feet first on aerials/saltos/dismounts
   No Value-Part/No Special Requirement /No Bonus credit and deduct for a fall
   Note: If the gymnast lands on bottoms of feet and the hands or knees simultaneously, award Value-Part credit and Special Requirement, if appropriate, and deduct for a fall.

4. Spotting assistance upon landing of dismount element
   • award Value Part & Special Requirement-No Bonus possible

5. Spotting assistance during an element
   No Value Part/No Special Requirement/No Bonus credit and deduct for a spot

6. Exercise shorter than 30 seconds (complete or incomplete) (Chief Judge)

7. Lands dismount in solid or loose foam pit
   0.30 + no Value Part

II. ARTISTRY

Insufficient artistry throughout the exercise
Consider:
A. Originality/creativity of choreography in elements & connections *0.05 – 0.10
B. Quality of gymnast’s movement to reflect her personal style *0.05 – 0.10
C. Quality of expression (i.e. projection, focus) *0.05 – 0.10

* 0.10 is the maximum taken in each category

Revised July 2017
## Group 2 – Leaps, Jumps, and Hops

<table>
<thead>
<tr>
<th>A</th>
<th>B</th>
<th>C</th>
<th>D</th>
<th>E</th>
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<tbody>
<tr>
<td><strong>2.101</strong> Split leap forward (take-off from one leg)</td>
<td><strong>2.201</strong> Split leap forward with 1/4 turn (90°) – landing of legs one after another or on both legs in side stand</td>
<td><strong>2.301</strong> Split or stag-split leap or split jump forward with 1/2 turn (180°) – landing alternately or on both legs</td>
<td><strong>2.401</strong> Split jump with 3/4 turn beginning in cross or side position</td>
<td><strong>2.501</strong> From cross stand – jump to cross split (split over 180°) and backward bending (arch) of upper body (Yang-Bo)</td>
</tr>
<tr>
<td>![Image A]</td>
<td>![Image B]</td>
<td>![Image C]</td>
<td>![Image D]</td>
<td>![Image E]</td>
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</tbody>
</table>

Stag leap forward (take-off from one leg, also with 1/4 turn (90°) (not illustrated)

Note: Above leap variations are considered same element

Stag or double stag jump in place (take-off from both legs in cross position, also with 1/4 (90° turn) (Not illustrated)

Note: Stag or double stag jump are considered the same element

From cross position, take-off from both legs, Split jump in place, (180° leg separation) to land on two feet

From cross position, take-off from both legs, Split jump with 1/4 (90° turn) after split to land in side stand on two feet

From side position, jump with 1/4 (90° turn) to split jump in side position (not illustrated)

From cross position, take-off from both legs, Jump with 1/4 turn to Split jump in cross position (not illustrated)

From side position, take-off from both legs, Jump with 1/4 (90° turn) to Split jump in cross position (not illustrated)

Stag or double stag jump in place (take-off from both legs in cross position) with 1/2 (180° turn) (Not illustrated)

Stag leap or stag jump in place (take-off from both legs in cross position) with 1/2 (180° turn) (Not illustrated)

Leap forward (minimum 135° leg separation) to land on one leg with grasp of rear leg prior to landing, free leg held in vertical split (180°) with hand above head, free hand optional - not illustrated

Split jump with change of legs (minimum of 30° leg separation) prior to split position (Sweetin)

Split jump with 1/4 turn beginning in cross or side position

From cross position - jump to split jump in side position (not illustrated)

From cross position - jump to cross split (split over 180°) and backward bending (arch) of upper body (Yang-Bo)

Note: Above leap variations are considered same element

Note: Stag or double stag jump are considered the same element

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<tbody>
<tr>
<td>2.102</td>
<td><strong>Straddle pike jump (Hill) or side split jump from in cross position</strong> – (180°) leg separation</td>
<td><img src="image1" alt="Diagram" /></td>
<td><img src="image2" alt="Diagram" /></td>
<td><img src="image3" alt="Diagram" /></td>
<td><img src="image4" alt="Diagram" /></td>
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<tr>
<td></td>
<td><strong>Straddle pike jump or side split jump in cross position</strong> – (180°) leg separation, with a 1/4 turn (90°) to finish in side position</td>
<td><img src="image5" alt="Diagram" /></td>
<td><img src="image6" alt="Diagram" /></td>
<td><img src="image7" alt="Diagram" /></td>
<td><img src="image8" alt="Diagram" /></td>
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<td></td>
<td><strong>From side position, jump with a 1/4 turn (90°) to Straddle pike jump or side split in cross position</strong> – (180°) leg separation</td>
<td><img src="image9" alt="Diagram" /></td>
<td><img src="image10" alt="Diagram" /></td>
<td><img src="image11" alt="Diagram" /></td>
<td><img src="image12" alt="Diagram" /></td>
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<tr>
<td>2.202</td>
<td><strong>Straddle pike jump or side split jump from side position</strong> – (180°) leg separation</td>
<td><img src="image13" alt="Diagram" /></td>
<td><img src="image14" alt="Diagram" /></td>
<td><img src="image15" alt="Diagram" /></td>
<td><img src="image16" alt="Diagram" /></td>
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<td><strong>Straddle pike jump or side split jump in side position</strong> – (180°) leg separation, with a 1/4 turn (90°) to finish in cross position</td>
<td><img src="image17" alt="Diagram" /></td>
<td><img src="image18" alt="Diagram" /></td>
<td><img src="image19" alt="Diagram" /></td>
<td><img src="image20" alt="Diagram" /></td>
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<td><strong>From cross position, jump with a 1/4 turn (90°) to Straddle pike jump or side split in side position</strong> – (180°) leg separation</td>
<td><img src="image21" alt="Diagram" /></td>
<td><img src="image22" alt="Diagram" /></td>
<td><img src="image23" alt="Diagram" /></td>
<td><img src="image24" alt="Diagram" /></td>
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<tr>
<td>2.302</td>
<td><strong>Straddle pike jump or side split jump with 1/2 turn (180°) (Borden) or 3/4 turn (270°) from a cross or side position (180°) leg separation (not illustrated)</strong></td>
<td><img src="image25" alt="Diagram" /></td>
<td><img src="image26" alt="Diagram" /></td>
<td><img src="image27" alt="Diagram" /></td>
<td><img src="image28" alt="Diagram" /></td>
</tr>
<tr>
<td>2.402</td>
<td><strong>Straddle pike jump or side split jump with 1/1 turn (360°) from a cross or side position with (180°) leg separation</strong></td>
<td><img src="image29" alt="Diagram" /></td>
<td><img src="image30" alt="Diagram" /></td>
<td><img src="image31" alt="Diagram" /></td>
<td><img src="image32" alt="Diagram" /></td>
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SECTION V
FLOOR EXERCISE
CHAPTER 1
GENERAL INFORMATION

I. APPARATUS SPECIFICATIONS
Refer to current USA Gymnastics Rules and Policies Book. Requirements are subject to change every competitive year, beginning August 1.

Clarifications on additional matting for floor exercise:
A. Up to two manufactured mats (maximum thickness of 8”/20 cm) may be placed separately on the Floor Exercise area. If the skill cushion is 8” in thickness, it must be a minimum of 5’ x 10’. A sting mat may be placed on top of the up to 8” skill cushion.
   1. Only one skill cushion or 4” throw mat per tumbling pass may be used, with no more than two mats on the floor exercise area at any one point in time. A sting mat may be placed on top of the skill cushion/throw mat(s) or may be used in place of a skill cushion or throw mat.
   • The additional matting may be used as a take-off and/or landing surface.
   2. Whenever additional matting is placed on the Floor Exercise area and covers any portion of the boundary line(s), the mat must be clearly marked with tape or chalk to indicate the actual boundary line(s).
   a. It is recommended that athletic tape (provided by the coach) be used to mark the mats.
   b. Chalk may be used but should be removed before the next competitor. A towel should be provided by the Meet Director to facilitate the removal of the chalk markings.
   c. Failure to mark the mat will result in a 0.10 neutral deduction taken from the average score by the Chief Judge.
   3. If additional matting is used, there is no requirement to remove it from the floor area during the exercise.
B. If the gymnast uses any unauthorized or additional mat on the floor exercise area, the Chief Judge deducts 0.30 from the average score.
C. It is recommended that matting (panel mats) be placed around the outside corners of the Floor Exercise mat, especially when on a concrete/wood floor.
   • For Level 7-10 competitions held in outside facilities, the outside of the corners must be padded with unfolded panel mats or other such matting or carpet-bonded foam (at least 1 3/8” thick) to protect the gymnasts if they go beyond the dimensions of the Floor mat. The matting must extend a minimum of 5 feet from the edge of the boundary line and extend a minimum of 6 feet from the corner of the carpet down each side of the Floor Exercise area. The corner padding should be attached (with Velcro strips or the like) to the floor, foam, or carpet to avoid separating or slipping. An example of the additional matting at one corner is shown below:

D. Conversion for inches to centimeters:
   Approx. ¾ inch = 2 cm
   4 inches = 10 cm
   4½ inches = 12 cm
   8 inches = 20 cm
   9 inches = 24 cm

Revised July 2017
II. TIMING REGULATIONS

A. Touch Warm-up
1. The gymnast is allowed a 30-second touch warm-up period, unless the timed warm-up immediately precedes competition, as in traditional and non-traditional formats.
   a. All gymnasts in the squad warm-up at the same time, unless the number in the squad is 9 or more, in which case the squad MAY be split into two groups for touch warm-up. The first half would touch and compete; then the second half would touch and compete.
      • The option to alternate competition with the touch warm-ups (staggered touch) may also be used, at the discretion of the Meet Director.
   b. The touch warm-up period for Floor Exercise is determined by multiplying the number of athletes in the largest squad by 30 seconds.
   c. No block time by team/club is allowed.
2. When the warm-up time is exceeded, a warning is given.
3. If the gymnast continues to exceed the warm-up time, the Chief Judge would deduct 0.20 from the gymnast’s average score. In team competitions such as JO Nationals, this deduction would be taken from the team event score.
4. The gymnast is allowed to jump within the boundaries of the Floor Exercise mat to warm up her legs while waiting for the signal to compete.

B. Timing of the exercise
1. The maximum time limit is:
   a. One minute, 30 seconds (1:30) for Levels 7, 8, 9, and 10.
   b. One minute, 15 seconds (1:15) for Level 6.
2. Timing begins with the first movement of the gymnast and stops with the final movement of the gymnast.
3. The entire exercise is evaluated, regardless of overtime.
4. The Chief Judge takes the overtime deduction of 0.10 from the average score.
   a. This deduction must be indicated to the coach either verbally or by visual means.
   b. No overtime deduction is taken if the time is within a fraction of a second over the time allotment.
      Example: Routine is clocked at 1:30.01 to 1:30.99 (less than 1:31). Do not take the overtime deduction.
5. No time warning is given on Floor Exercise.

C. Short Exercise: Floor routine is less than 30 seconds (either complete or incomplete)
1. Deduct for any missing Value Parts from the Start Value.
2. Deduct for any missing Special Requirements from Start Value.
3. Chief Judge deducts 2.00 from the average score.

III. MUSIC REGULATIONS

A. The musical accompaniment must be recorded with orchestra, piano or other instruments (without singing/voice). Human sounds are allowed, provided there are no words spoken or sung.
1. Absence of music or music with words/song incurs a 1.00 deduction, taken from the average score by the Chief Judge.
2. Music with whistles/animal sounds will NOT receive a deduction.
3. If a coach has any question of the music containing words, the music should be sent to the Regional Technical Committee Chairman from their region. The RTCC will forward the music to the National Technical Committee Chairman, JO Program Director, and JO Technical Director. The NJOPD will send the final decision on the official music approval form to the coach (with a copy to the RTCC, NTCC and NJOTD).
   • The coach should carry the approval form to competitions as a form of verification that the music has been approved and should not receive a deduction.

Revised September 1, 2015
B. Procedures for music failure during the routine due to technical failure:
   1. The gymnast may continue her routine. Upon completion of the routine, gymnast and coach must decide whether to repeat the routine or accept the score that is given. The judges will post no score until that decision is made. No deduction would be taken for the absence of music.
   2. The gymnast may stop her performance immediately and request permission from the Chief Judge to repeat her routine or to continue from the point of interruption. Once permission is given, the gymnast would perform again (either from the point of interruption or the entire exercise) after a reasonable amount of rest time. No score would be given for the partial routine.

C. Floor Exercise music must be recorded digitally. Meet Directors of all sanctioned events must provide options to play only digital copies of music (MP3 players, computers, tablets, etc.) and are no longer required to provide compact disc players.
   • These electronic devices must have a display screen and must be on airplane mode, when applicable.

IV. LINE VIOLATIONS (OUT OF BOUNDS)
   A. If the gymnast touches any part of her body outside of the prescribed area, she will receive a 0.10 deduction each time.
      1. On surfaces where the Floor area is marked by two different colors, if any part of the body touches the outside color, it is considered out of bounds.
         • It is permissible to place small pieces of tape (of the same color as the floor area carpet) at the inside corners of the boundary to assist the gymnast’s awareness of the actual boundary.
      2. If the gymnast steps on (but not over) the line, she is not out of bounds.
   B. The Chief Judge takes the deduction of 0.10 for line violation from the average score.
   C. If the gymnast also falls while out of bounds, each judge must deduct 0.50 for the fall and the Chief Judge would deduct the 0.10 line deduction from the average score.
   D. The take-off for an element must be performed while inside the boundary line in order for the element to be recognized and receive Value-Part credit. (Not applicable to compulsory exercises.)
      • For Levels 6-10, if the take-off for an element is outside of the Floor Exercise boundary line, no Value-Part credit is awarded; therefore, the element cannot be used to fulfill a Special Requirement or for a Connection Value or “D/E” Bonus.
   E. If two auxiliary judges act as line judges, they should be seated at opposite corners in order to view two lines each.
   F. If there are no auxiliary line judges, the Chief and panel judge(s) must also watch for line violations and indicate such by raising their hand.
   G. Line violations should be indicated in writing by the line judge (or the panel judge) and submitted to the Chief Judge. The deduction must be communicated to the coach either verbally or by visual means.

V. COACH ON FLOOR EXERCISE MAT/SPOTTING REGULATIONS
   A. For Levels 6-10, no deduction is applied if a coach steps onto the Floor Exercise mat when placing, adjusting the placement of, or removing the mat.
      • No deduction is applied if the coach enters the Floor Exercise area during the exercise to remove any object (such as a hair clips, eyeglasses, etc.) which may impede or endanger the athlete.
   B. The 0.50 deduction for the coach on the Floor Exercise area without physically assisting the gymnast is applied only once, regardless of the number of times the coach enters the area. (Applies to Level 6 and above.)
   C. If the coach is on the Floor Exercise mat and assists the gymnast during an element:
      1. Each judge deducts 0.50 for the “spot”.
      2. If the gymnast falls after the “spot”, an additional 0.50 deduction is taken for the fall.
      3. Value-Part credit, as well as Special Requirement and/or Bonus credit, if applicable, is NOT awarded.
      4. The Chief Judge deducts 0.50 from the average score for “coach on the floor”.

Revised July 2017
D. If the coach is on the Floor Exercise mat and spots the gymnast upon the landing of an element:
   1. Each judge deducts 0.50 for the “spot” on landing.
   2. If the gymnast falls after the spot, deduct only 0.50. Do not deduct for both the “spot” and the fall.
   3. Award Value Part and Special Requirement credit, if applicable. No bonus is awarded.
   4. The Chief Judge deducts 0.50 from average score for “coach on the floor”.

E. If a coach touches (or pushes) the gymnast when, or after, she lands an element to stop her momentum, then only one 0.50 deduction would be applied.
   1. In the event that the gymnast falls, do not deduct an additional 0.50 for the fall.
   2. No Bonus would be awarded due to the spot.
   3. If the gymnast steps over the boundary line, the Chief Judge deducts 0.10 from the average score.

F. Gymnasts and coaches are permitted to stand around the Floor Exercise area (and cheer), provided that they do not obstruct the view of the judges and/or spectators.
   • The Chief Judge would first warn the teammates/coach if there is obstruction. If it continues, then apply the deduction of 0.20 for “unsportsmanlike conduct” to either the All Around score of the individual gymnast who is creating the obstruction or to the team score of the team in violation.

VI. RECOGNITION (COUNTING) OF VALUE PARTS

A. Any Floor Exercise element listed in the Jr. Olympic Code of Points or J.O. updates may receive Value-Part credit two (2) times in an exercise, provided that the element occurs in a different connection (that is, preceded and/or followed by a different element).
   1. If a leap/jump/hop is performed that cannot be specifically found in the Jr. Olympic Code of Points, the judge may award comparable Value-Part credit if they can recognize the “root” skill. This would include variations of leg position as well as landing position of any previously valued leap/jump/hop.
   2. At Level 10, if the same “D” or “E” element is performed a second time, but in a different connection:
      a. It will receive Value-Part credit twice.
      b. It is eligible for Connection Value Bonus each time (if applicable).
      c. It is eligible for “D/E” Bonus only ONCE.
   3. If the same element is performed a third time, or is performed a second time in the exact same connection:
      a. The Value-Part credit is NOT awarded.
      b. Applicable execution and amplitude deductions are applied.
      c. It may NOT be used to fulfill Special Requirements. It must receive Value-Part credit in order to fulfill Special Requirements.
         • This does not apply to round-offs, flic-flacs, or front handsprings in Acro series with saltos. (See page 245).
      d. It may NOT be considered for Connection Value Bonus (CV) since it does not receive Value-Part credit.

Exception: Value-Part credit can be awarded for an element that is performed for the third time if it was not previously awarded Value-Part credit because:
   1) The element lacked completion the first or second time it was performed, or
   2) The element was used in the exact same connection the second time it was performed.
3. **Lack of balance between acro and dance Value Part elements**  
   Up to 0.20
   Consider:
   a. The quality (element difficulty value) and the quantity of the two categories.
   b. For Level 9 and 10, the lack of a dance connection for CV Bonus is not necessarily a composition deduction.

B. **Insufficient Distribution of the Value Parts**  
   Up to 0.10
   Consider:
   1. Level of difficulty not maintained throughout the exercise
   2. Most difficult elements placed in same section of the exercise

C. **Insufficient use of the Floor Exercise area**  
   Up to 0.10
   1. Spatially (floor pattern)
   2. Directionally  
      (movement/choréography forward, backward, and sideward)

D. **Choice of acro elements**  
   Up to 0.20
   Consider:
   a. Acro difficulty level seen at the culminating championships for the level of gymnast.
   b. Difficulty required to achieve a 10.0 Start Value. All levels should be expected to attain a 10.0 Start Value.
      Example: A 10.0 Start Value at Level 10 requires at least 1 “D” and 0.40 in Connection Value. While this bonus can be earned by dance and/or acro elements, if all bonus is earned from dance, it may indicate that the acro elements are not up to the competition level.
   2. **Lack of a minimum of “B” salto in exercise (Levels 8 and 9)**  
      0.30
      • This would be in addition to the deduction for missing the Special Requirement of a Minimum of B salto performed as the last isolated salto or in the last salto connection for Level 9.
   3. **Lack of a minimum of “C” salto in exercise (Level 10 only)**  
      0.30
      • This is in addition to the deduction for missing the Special Requirement of a Minimum of C salto performed as the last isolated salto or in the last salto connection.

V. **SPECIFIC EXECUTION DEDUCTIONS**
   A. Incorrect rhythm during execution of direct connections  
      each up to 0.10
   B. Lack of precision in Dance Value Parts  
      each up to 0.10
      Examples: Lack of definite arm or leg position on turns/leaps; degree of turn not exact
   C. Failure to land with legs/feet together on jumps/leaps/hops that land on 2 feet  
      each up to 0.10
   D. Failure to perform Group 2 Turns in high relevé  
      each up to 0.10
   E. Concentration pause  
      each 0.10  
      (Pauses of more than 2 seconds taken for concentration prior to difficult elements or acrobatic series)
   F. Poor relationship of music and movement throughout  
      up to 0.20
   G. Relaxed/incorrect footwork on non-value parts throughout the exercise  
      up to 0.20
   H. Relaxed/incorrect leg position/body posture & insufficient flexibility in non-value parts throughout the exercise  
      up to 0.30

Revised July 2017
I. **Missing synchronization of movement with musical beat throughout the exercise**
   - each time 0.05
   - at the end of the exercise 0.10

J. **Absence of music or music with words/song**
   CJ deducts from average score 1.00
   - whistles, animal or human sounds are allowed

K. **Coach on the Floor Exercise mat (Levels 6-10)**
   CJ deducts from average score 0.50
   Refer to page 231

L. **Exercise shorter than 30 seconds (complete or incomplete)**
   CJ deducts from average score 2.00

M. Clarification on landings of *an isolated Acro element or* the last element in an Acro Series:
   There is no penalty for landing with the feet a maximum of hip-width apart, *provided that the gymnast either slides the heels together or takes a small, CONTROLLED step forward (out of a forward acro element) or backward (out of a backward acro element) to a lunge.* Do not deduct unless the landing *position* appears out of control.
A minimum score of 1.00 is awarded when a Compulsory or Optional routine score would be equal to or less than one point (1.00).

I. TECHNIQUE/AMPLITUDE/POSTURE

### A. SLIGHT/SMALL FAULTS 0.05 - 0.10 pt.

1. Flexed/sickled feet on Value Part elements each time 0.05
2. Slight hop, or small adjustment of feet on landing of elements Up to 0.10
3. Extra steps on landing (maximum 4) each 0.10
4. Deviation from straight direction on landing Up to 0.10
5. Extra arm swings on landing Up to 0.10
6. Legs crossed during saltos with twist Up to 0.10
7. Incorrect body posture/alignment on dance Value Part elements each Up to 0.10

### B. MEDIUM FAULTS Up to 0.20 pt.

1. Leg or knee separations Up to 0.20
2. Insufficient height on leaps, jumps and hops Up to 0.20
3. Insufficient height of Aerials and Acro flight elements with hand support Up to 0.20
4. Insufficient split position (deviation from 180°)
   - 1° - 20° missing = 0.05 - 0.10
   - 21° - 45° missing = 0.15 - 0.20
   - 46° or more missing = lesser Value Part
5. Legs not parallel to floor in split or straddle pike leap/jump Up to 0.20
6. Insufficient exactness of tuck or pike position in Value Part elements Up to 0.20
7. Insufficient exactness of stretched position
   - arch each time Up to 0.20
   - hips angle (136° - 179°) each time Up to 0.20
8. Dance: Incomplete turn - Gr. 1 & 2 elements with 360° or more turn Up to 0.20
   - 1° - 44° missing = 0.05 - 0.10
   - 45° - 89° missing = 0.15 - 0.20
   - 90° or more missing = lesser Value Part
9. Acrobatics: Incomplete twist Up to 0.20
   - 1° - 44° missing = 0.05 - 0.10
   - 45° - 89° missing = 0.15 - 0.20
   - 90° or more missing = lesser Value Part
10. Insufficient variation in rhythm and tempo throughout the exercise Up to 0.20
11. Insufficient dynamics Up to 0.20
   - energy maintained throughout exercise
   - makes difficult look effortless
12. Incorrect body posture on landing of Value Part elements Up to 0.20
13. Additional trunk movements to maintain balance upon landing of Acro elements Up to 0.20
14. Large step or jump on landing (approximately 3 feet) each 0.20 (max 0.40)
C. LARGE FAULTS

1. Bent arms in support or bent knees
   • 90° or more bend = maximum deduction of 0.30
   • Maximum on any one element = 0.30 bent arms & 0.30 bent legs
2. Insufficient extension (open) of tuck/pike body position prior to landing of Acro elements
3. Squat on landing (hips even with or lower than the knees)
4. Insufficient height of salto elements
   • Does not apply to an accelerating element in a directly connected forward acro series.
     Example: Front handspring, Front layout, Front layout 1/1
     The Front layout is the accelerating element.
5. Brush/touch of landing surface with one or both hands (no support)
6. Lands an acro element in a solid or loose foam pit 0.30 + No Value Part
   Chief Judge 0.10 Line Deduction

D. VERY LARGE FAULTS 0.50 pt

1. Support on mat with 1 or 2 hands
2. Fall on mat to knee(s) or hips
3. Spotting assistance upon landing
   • award Value-Part & Special Requirement credit; No Bonus possible
4. Fall/Failure to land on the bottom of the feet first on aerials/saltos
   No Value-Part/No Spec. Req./No Bonus credit and deduct for a fall
5. Spotting assistance during an element
   No Value-Part/No Spec. Req./No Bonus credit and deduct for a spot

II. ARTISTRY

Insufficient artistry throughout the exercise
Consider:

A. Originality/creativity of choreography in elements & connections *0.05 – 0.10
B. Quality of gymnast’s movement to reflect her personal style *0.05 – 0.10
C. Quality of expression (i.e. projection, focus) *0.05 – 0.10

* 0.10 is the maximum taken in each category
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<td>1.105</td>
<td>1.205</td>
<td>1.305</td>
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<td>1.505</td>
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<tr>
<td>Split leap forward with leg change (180° separation &lt; after leg change) and 1/4 turn (90°) to side split leap (180°) or straddle pike position (180°), also to land in front lying support</td>
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<td>Switch side leap with 1/2 (180°) or 3/4 (270°) turn to a stand</td>
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<td>Switch side leap with a 1/2 (180°) turn in horizontal plane to land in front lying support (Kosowski)</td>
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<td>Pike jump – (minimum 90° hip angle), also with 1/2 turn (180°) to stand or front lying support- take-off from one or both legs</td>
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<td>Pike Jump with 1/1 turn (minimum 90° hip angle)</td>
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<td>1.107</td>
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<td><strong>1.307</strong></td>
<td><strong>1.407</strong></td>
<td><strong>1.507</strong></td>
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<tr>
<td><strong>Straddle pike or Side split jump</strong></td>
<td>Straddle pike jump with 1/1 turn (360°) (Popa), also Side split jump with 1/1 turn (360°) (Not illustrated)</td>
<td>Straddle pike jump with 1½ turn (540°)</td>
<td>Straddle pike jump with 1½ turn (540°)</td>
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<td><img src="image1.png" alt="Diagram" /></td>
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<td><strong>1.108</strong></td>
<td><strong>1.208</strong></td>
<td><strong>1.308</strong></td>
<td><strong>1.408</strong></td>
<td><strong>1.508</strong></td>
</tr>
<tr>
<td><strong>Side split jump (180° separation &lt;) with landing to front lying support (Schuschnova); also Jump with a 1/2 turn (180°) to a side split jump (180° separation &lt;) with landing to front lying support (Schuschnova)</strong></td>
<td>Jump with a 1/1 turn (360°) to a side split jump (180° separation &lt;) with landing to front lying support (Schuschnova)</td>
<td>Leap with 2½ turn (900°) in horizontal plane, legs together, landing in front lying support – take-off from one leg (Toussaint)</td>
<td>Leap with 1½ turn (540°) in horizontal plane, legs together, landing in front lying support – take-off from one leg (Khorkina)</td>
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<td><img src="image5.png" alt="Diagram" /></td>
<td><img src="image6.png" alt="Diagram" /></td>
<td><img src="image7.png" alt="Diagram" /></td>
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## Group 1 – Leaps, Jumps and Hops

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<td><strong>1.109</strong></td>
<td><strong>1.209</strong></td>
<td><strong>1.309</strong></td>
<td><strong>1.409</strong></td>
<td><strong>1.509</strong></td>
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<tr>
<td>Scissors leap forward or backward with stretched legs (Hitch kick)</td>
<td>Scissors leap forward with stretched legs – 1/4, 1/4 turn (90°-90°)</td>
<td>Tour jeté with additional 1/2 turn (180°) – landing on one or both legs (Strug), or in split sit position (Produnova)</td>
<td>Tour Jeté with additional 1/1 turn (360°) to land on both legs (Gogean)</td>
<td>Revised October 2016</td>
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</tbody>
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### Diagrams:
- **A** Backward or forward cabriole
- **B** Fouetté hop with leg change to cross split (leg separation 180°) to land on one foot (Tour Jeté)
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<tr>
<td>1.110</td>
<td>Sissone, take-off from both legs, land on one leg (legs in a diagonal position with 180° leg separation; front leg a minimum of 45°)(front leg at minimum of 45°)</td>
<td>1.210 Ring or stag ring leap or jump (rear leg at head height) – take-off from one or two legs</td>
<td>1.310 Tour jeté to ring leap (Boucher), also with 1/2 (180°) turn (Jackson) (Not illustrated)</td>
<td>1.410</td>
<td>1.510</td>
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<tr>
<td>1.111</td>
<td>Tuck jump backward with arch (Sheep jump, feet to head height)</td>
<td>Switch-leg stag ring leap</td>
<td>1.311 Split leap forward with leg change to ring leap (180° separation &lt; after leg change)</td>
<td>1.411 Split leap forward with leg change and 1/2 (180°) turn to ring leap (180° separation &lt; after leg change) (Trevor)</td>
<td>1.511</td>
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## JR. OLYMPIC VAULT VALUES FOR LEVEL 9

*Revised July, 2017  Changes/additions are in Bold italics*

(Effective August 1, 2013 - July 31, 2018)

<table>
<thead>
<tr>
<th>GROUP I</th>
<th>GROUP II</th>
<th>GROUP III</th>
<th>GROUP IV</th>
<th>GROUP V</th>
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<tbody>
<tr>
<td>HANDSPRINGS, YAMASHITAS</td>
<td>HANDSPRINGS with or without 1/1 TURN - SALTO FORWARD OR BACKWARD</td>
<td>TSUKAHARA or ½ on - SALTO FWD OR BWD with or without TURN</td>
<td>Round - off, Flic-flac on - SALTO FWD OR BWD with or without LA TURN</td>
<td>Round - off, Flic-flac with ½ or 1/1 turn on - HNDSPG or SALTO FWD OR BWD with or without LA TURN</td>
</tr>
<tr>
<td>1.101 Handspring 8.6</td>
<td>1.301 Hsp - Front Tuck 10.0</td>
<td>3.302 Tsuk Tuck 1/1 10.0</td>
<td>4.301 RO, FF on - 2/1 twist off 9.8 (Allen)</td>
<td>5.301 RO, FF ½ on - Front Tuck 10.0</td>
</tr>
<tr>
<td>1.102 Hndsp - ½ 8.7</td>
<td>2.301 Hsp - Front Tuck 1/2 10.0</td>
<td>3.303 Tsuk Pike 9.7</td>
<td>4.303 RO, FF on - B. Tuck 1/1 10.0</td>
<td>5.302 RO, FF ½ on - 1/1 twist off 9.2</td>
</tr>
<tr>
<td>1.103 Yamas - 8.6</td>
<td>2.302 Hsp - Front Tuck ½ 10.0</td>
<td>3.304 Tsuk layout 10.0</td>
<td>4.304 RO, FF on - B. Pike 9.7</td>
<td>5.303 RO, FF ½ on - 1½ twist off 9.4</td>
</tr>
<tr>
<td>1.104 Yami - ½ 8.7</td>
<td>3.305 Fr Hsp onto board – ½ to 3/4 on B. Pike (Zuhike) 9.8</td>
<td>3.305 Fr Hsp onto board, Fr. Hndsp onto board, Hsp. – Fr. Tuck (Garbarino) 10.0</td>
<td>4.305 RO, FF on - B. Layout 10.0</td>
<td>5.307 RO, FF on - ½ off, Fr. Tuck 10.0</td>
</tr>
<tr>
<td>1.105 ½ on - ½ off 8.7</td>
<td>3.306 ½ on - ½ off, Fr. Tuck 10.0</td>
<td>3.306 ½ on - ½ off, Fr. Tuck (land facing out) or Tsuk tuck ½</td>
<td>4.307 RO, FF on - ½ off, Fr. Tuck ½</td>
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<td>OR</td>
<td>3.307 ½ on - ½ off, Fr. Tuck ½ 10.0</td>
<td>3.307 ½ on - ½ off, Fr. Tuck (Shible) or 4.307 OR RO, FF on - B. Tuck ½</td>
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<tr>
<td>½ on - ⅔ off 8.7</td>
<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
<td>3.308 ½ on - ⅔ off, Fr. Tuck (Beckman) 10.0</td>
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<tr>
<td>1.106 ¼ - ⅔ on – Repulsion off 7.0</td>
<td>3.201 Tsukahara Tuck 9.6</td>
<td>4.201 RO, FF on - 1½ twist off 9.3 (Allen)</td>
<td>4.202 RO, FF on - 1½ twist off 9.3</td>
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<td>1.201 Hsp - 1/1 9.0</td>
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<td>4.203 RO, FF on - Back Tuck 9.6</td>
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<td>1.202 Hsp - ½ 9.4</td>
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<td>1.203 Yami - 1/1 9.0</td>
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<td>1.205 ½ on - 1½ off 9.3</td>
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<tr>
<td>or ¼ on - 1¼ off 8.9</td>
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<td>1.206 ½ on - 1½ off 8.9</td>
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<td>or ¼ on - 1¼ off 8.9</td>
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<td>1.207 1/1 on - H/Y 9.0</td>
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<td>1.208 1/1 on - ½ off 9.3</td>
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<td>1.301 Hsp - 2/1 9.9</td>
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<td>1.306 ½ on - 2½ off 9.8</td>
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<td>or ¼ on - 2¼ off 8.8</td>
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<td>1.307 1/1 on - 1½ off 9.7</td>
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<td>2.301 Hsp - Front Tuck 10.0</td>
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<tr>
<td>2.302 Hsp - Front Tuck ½ 10.0</td>
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<td>2.304 Hsp - Front Pike 10.0</td>
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<tr>
<td>2.310 Fr. Hndsp onto board, Hsp. – Fr. Tuck (Ilg) 10.0</td>
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<tr>
<td>2.311 Fr. Hndsp onto board, Hsp. – Fr. Pike (Garbarino) 10.0</td>
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<td>2.301 Handspring 8.6</td>
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<tr>
<td>2.302 Hndsp - ½ 8.7</td>
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<tr>
<td>2.303 Hsp - Front Tuck ½ 10.0</td>
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<td>2.304 Hsp - Front Pike 10.0</td>
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<td>2.311 Fr. Hndsp onto board, Hsp. – Fr. Pike (Garbarino) 10.0</td>
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<tr>
<td>2.301 Handspring 8.6</td>
<td>3.301 Tsuk Tuck 1/1 10.0</td>
<td>4.301 RO, FF on - 2/1 twist off 9.8 (Allen)</td>
<td>5.301 RO, FF ½ on - Front Tuck 10.0</td>
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<tr>
<td>2.302 Hndsp - ½ 8.7</td>
<td>3.302 Tsuk Tuck 1/1 10.0</td>
<td>4.302 RO, FF on - Repulsion off 7.0</td>
<td>5.302 RO, FF ½ on - Front Tuck 10.0</td>
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<tr>
<td>2.304 Hsp - Front Pike 10.0</td>
<td>3.303 Tsuk Pike 9.7</td>
<td>4.302 RO, FF on - Repulsion off 7.0</td>
<td>5.303 RO, FF ½ on - Front Tuck 10.0</td>
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<tr>
<td>3.304 Tsuk layout 10.0</td>
<td>3.305 Fr Hsp onto board – ½ to 3/4 on B. Pike (Zuhike) 9.8</td>
<td>4.302 RO, FF on - 1½ twist off 9.1</td>
<td>5.303 RO, FF ½ on - Front Tuck 10.0</td>
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<td>3.306 ½ on - ½ off, Fr. Tuck 10.0</td>
<td>3.306 ½ on - ½ off, Fr. Tuck (land facing out) or Tsuk tuck ½</td>
<td>4.302 RO, FF on - 1½ twist off 9.3 (Allen)</td>
<td>5.303 RO, FF ½ on - Front Tuck 10.0</td>
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<td>or ¼ on - ⅔ off, Fr. Tuck 10.0</td>
<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
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<td>5.304 RO, FF on - Front Pike 9.7</td>
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<tr>
<td>or Tsuk tuck ½</td>
<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
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<td>5.305 RO, FF on - B. Layout 10.0</td>
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<tr>
<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
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<td>5.307 RO, FF on - ½ off, Fr. Tuck 10.0</td>
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<td>(Shible) or 4.407 RO, FF on - ½ turn off, Fr. Tuck ½ (Beckman) 10.0</td>
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<td>½ on - ⅔ off, Fr. Tuck ½</td>
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<td>3.308 ½ on - ⅔ off, Fr. Tuck ½ 10.0</td>
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<tr>
<td>Handsprings, Yamashtas</td>
<td>Handsprings with or without 1/1 Turn - Salto Forward or Backward</td>
<td>Tsukahara or ½ on - Salto Fwd or Bwd with or without Turn</td>
<td>Round-off, Flic-flac on - Salto Fwd or Bwd with or without LA Turn</td>
<td>Round-off, Flic-flac with ½ or 1/1 Turn on - HDNSPG or Salto Fwd or Bwd with or without LA Turn</td>
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<tr>
<td>1.101 Hsp - 1/1 8.2</td>
<td>2.301 Hsp - Front Tuck 9.7</td>
<td>3.201 Tsukahara Tuck 9.4</td>
<td>4.101 RO,FF on - Repulsion off 7.0</td>
<td>5.101 RO,FF ½ – on – Hndspg 8.9</td>
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<tr>
<td>1.102 Hnspring-½ off 8.3</td>
<td>2.302 Hsp - Front Tuck ½ 9.9</td>
<td>3.302 Tsuk Tuck 1/1 9.8</td>
<td>4.102 RO,FF on – Repulsion ½ off 7.7</td>
<td>5.201 RO,FF ½ on – 1/1 twist off 9.2</td>
</tr>
<tr>
<td>1.103 Yamashta 8.2</td>
<td>2.303 Hsp -½ off, Bk. Tuck 9.9 (Cuervo tuck)</td>
<td>3.303 Tsuk Pike 9.5</td>
<td>4.201 RO,FF on – 1/1 twist off 8.9</td>
<td>5.202 RO,FF ½ on – 1½ twist off 9.4</td>
</tr>
<tr>
<td>1.105 ½ on -½ off OR ½ on - ¾ off 8.3</td>
<td>2.305 Hsp - ½ off, Bkpike (Cuervo tuck)</td>
<td>3.305 Fr Hsp onto board – ¼ to ½ on B. Pike (Zuhiike) 9.6</td>
<td>4.301 RO,FF on – 2/1 twist off 9.7</td>
<td>5.301 RO,FF ½ on – Fr. Tuck 9.9</td>
</tr>
<tr>
<td>1.106 ¼ - ½ on – Repulsion off 7.0</td>
<td>2.306 Fr Hsp onto board, Hsp. – Fr. Tuck (Ilg) 9.3</td>
<td>3.306 ½ on - ½ off, Fr. Tuck 9.7</td>
<td>4.303 RO,FF on - B. Tuck ½ 9.8</td>
<td>5.312 RO,FF ½ on – 2½ twist off 9.8</td>
</tr>
<tr>
<td>1.201 Hsp - 1/1 8.8</td>
<td>2.307 Fr. Hndsps onto board, Hsp. – Fr. Pike (Garaino) 9.9</td>
<td>3.307 ½ on - ½ off, Fr. Pike 9.8</td>
<td>4.304 RO,FF on - B. Pike 9.5</td>
<td>5.401 RO,FF ½ on – Fr. Tuck ½ 10.0</td>
</tr>
<tr>
<td>1.202 Hsp - 1½ 9.2</td>
<td>2.402 Hsp - Front Tuck 1/1 10.0</td>
<td>3.308 ½ on - ½ off, Fr. Pike ¾ (Sible) or 10.0</td>
<td>4.305 RO,FF on - B. Tuck 1/1 10.0</td>
<td>5.402 RO,FF ½ on – ½, Bk Tuck 10.0</td>
</tr>
<tr>
<td>1.203 Yami - 1/1 8.8</td>
<td>2.403 Hsp - ½ off, Back Tuck 10.0</td>
<td>3.308 Fr. Front Tuck ½ 9.6</td>
<td>4.306 RO,FF on - Fr. Layout 10.0</td>
<td>5.403 RO,FF ½ on – Fr. Pike 10.0</td>
</tr>
<tr>
<td>1.205 ½ on - 1½ off 9.1</td>
<td>2.404 Hsp - Front Pike ½ 10.0</td>
<td>3.309 ½ off, Fr. Pike ¼ (Shible) or 10.0</td>
<td>4.307 RO,FF on – ¹/₂ turn off, Fr. Tuck ½ (Beckman) 9.8</td>
<td>5.404 RO,FF ½ on – Fr. Pike ½ 10.0</td>
</tr>
<tr>
<td>1.206 ½ on - 1/1 off 8.7</td>
<td>2.405 Hsp - ½ off, Back pike 10.0 (Cuervo Pike)</td>
<td>3.402 Tsuk Tuck 1½ 10.0</td>
<td>4.403* RO,FF on - B. Tuck 1½ 10.0</td>
<td>5.405 RO,FF ½ on – Bk. Pike 10.0</td>
</tr>
<tr>
<td>1.207 1/1 on - H/Y 8.9</td>
<td>2.406 Hsp - Front Layout 10.0</td>
<td>3.404 Tsuk Layout 1/1 10.0</td>
<td>4.406 RO,FF on - B. Layout w/ 1½ twist 10.0</td>
<td>5.406 RO,FF ½ on – Fr. Layout 10.0</td>
</tr>
<tr>
<td>1.208 1/1 on - ½ off 9.1</td>
<td>2.407 Hsp - Fr. Layout ½ or 10.0</td>
<td>3.407* ½ off, Fr. Layout 10.0</td>
<td>4.407 RO,FF on - ½ turn off, Fr. Tuck ½ (Beckman) 9.8</td>
<td>5.408* RO,FF 1/1 on – Bk. Tuck 10.0</td>
</tr>
<tr>
<td>1.301 Hsp - 2½ 9.7</td>
<td>2.408 Hsp - Front Pike 1½ 10.0 (Chusovitina)</td>
<td></td>
<td></td>
<td>5.409* RO,FF 1/1 on – Bk. Pike 10.0</td>
</tr>
<tr>
<td>1.306 ½ on - 2½ off 9.6</td>
<td>2.409 1½ on - Front Tuck 10.0</td>
<td></td>
<td></td>
<td>5.410 RO,FF 1½ on – ¾, Fr. Tuck 10.0</td>
</tr>
<tr>
<td>1.307 1/1 on - 1½ 9.6</td>
<td>2.410 Fr. Hndsp onto board, 10.0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.308 1½ on - 1½ 9.8</td>
<td>Hsp. – Fr. Pike (Baraino) 9.9</td>
<td></td>
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<tr>
<td></td>
<td>Fr. Lays off 10.0</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>1.402 Hsp - 2½ 10.0</td>
<td>2.501 Hsp - Front Layout 10.0</td>
<td>3.504 Tsuk Layout 1½ 10.0</td>
<td>4.501 RO,FF on - B. Tuck w/ 2/1 twist 10.0</td>
<td>5.504 RO,FF ½ on – Fr. Pike ½ 10.0</td>
</tr>
<tr>
<td></td>
<td>2.502 Hsp - Fr. Tuck ½ 10.0</td>
<td>3.505 Tsuk Layout 2/1 10.0</td>
<td>4.502 RO,FF on - B. Layout w/ 1½ twist 10.0</td>
<td>5.505 RO,FF ½ on – Bk. Layout ½ 10.0</td>
</tr>
<tr>
<td></td>
<td>2.507 Hsp - Fr. Layout 1½ 10.0</td>
<td>3.507 ½ on - ¾ off, Fr. Layout 1½ (House) or 10.0</td>
<td>4.506 RO,FF on – B. Layout with 2/1 twist 10.0</td>
<td>5.509 RO,FF 1/1 on – Bk. Layout 10.0</td>
</tr>
<tr>
<td></td>
<td>2.508 Hsp - Fr. Layout 1½ 10.0</td>
<td>3.508 ½ on - ¾ off, Fr. Tuck 1½ 10.0 (Carey)</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>2.509 1½ on - Front pike 10.0</td>
<td>3.509 ½ on - ¾ off, Fr. Tuck 1½ 10.0 (Shible) or 10.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2.607 Hsp - Fr. Layout 2/1 10.0</td>
<td>3.605 Tsuk Layout 2½ 10.0</td>
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<tr>
<td></td>
<td>2.609 1½ on - Fr. Layout 10.0</td>
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</tr>
</tbody>
</table>

All shaded 10.0 Start Value Vaults that are performed successfully (no fall or spot) are eligible for a bonus of +0.10.
No bonus for the following 10.0 Vaults listed with an asterisk: 3.407, 3.406, 4.403, 4.309, 5.408, 5.409
**GUIDELINES FOR APPLICATION OF SPECIFIC COMPOSITIONAL DEDUCTIONS - LEVEL 9 & 10**

**Effective August 1, 2017**

**LEVEL 10 BEAM:** Choice of ACRO elements not up to the Competitive Level  

**NO DEDUCTION**  
(if all criteria met)

1a. 2-element Acro flight series with a “C” salto,  
OR
1a. 3-element Acro flight series with a “C” element (with or without hand support)

**FORMULA 1:**  
Routines with a maximum of a “C” element in the Acro flight series

Plus 1b. Additional “D/E” acro flight (with or without hand support)

Plus 1c. Minimum of “C” salto *

Plus 1d: Dismount Choice:

1d. Minimum “B” Acro flight element directly connected to “C” dismount element,  
OR
1d. “D/E” Acro flight element connected to “B” dismount element,  
OR
1d. Any “D/E” dismount element (isolated or in connection)

<table>
<thead>
<tr>
<th>Sample Routine #1</th>
<th>2 Flic-flacs to 1-arm FF (B+B+C)</th>
<th>Side aerial (D)</th>
<th>Back salto tucked (C)</th>
<th>Round-off, Back salto 1½ twist (B+C)</th>
</tr>
</thead>
</table>

**Sample Routine #2**  
FF, 2 Back layout step-outs (B+C+C)  
Front Aerial (D)  
Round-off, Back salto 2/1 twist (B+C)  
*If the Acro flight series includes two (2) “C” saltos, one of them may count for the additional “C”- salto.

<table>
<thead>
<tr>
<th>Sample Routine #3</th>
<th>FF, Back layout step-out (B+C)</th>
<th>Kickover Fr. Salto (D)</th>
<th>Back salto tucked (C)</th>
<th>Round-off, 2/1Back salto (B+E)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Sample Routine #4</th>
<th>FF, Back layout step-out (B+C)</th>
<th>Fr. Salto tucked (D)</th>
<th>Back salto tucked (C)</th>
<th>Side aerial, Back salto 1/1 twist (D+B)</th>
</tr>
</thead>
</table>

**NO DEDUCTION**  
(if all criteria met)

2a. 2-element Acro flight series with minimum of a “D” flight element  
Plus 2b. Additional “D/E” Acro flight element  
Plus 2c. Dismount Choice:

2c. Minimum of “B” Acro flight element directly connected to a “C” dismount element,  
OR
2c. “D/E” Acro flight element connected to a “B” dismount element,  
OR
2c. any “D/E” dismount element (isolated or in connection)

<table>
<thead>
<tr>
<th>Sample Routine #5</th>
<th>Side aerial, FF (D+B)</th>
<th>Fr. Salto piked (E)</th>
<th>Round-off, Back salto 1½ twist dismount (B+C)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Sample Routine #6</th>
<th>Front Aerial, FF (D+B)</th>
<th>Side aerial (D)</th>
<th>Round-off, FF, Back salto 2/1 twist dismount (B+B+C)</th>
</tr>
</thead>
</table>

| Sample Routine #7 | FF, Onodi (B+E) | Gainer Layout step-out (D) | Front layout 2/1 twist dismount (D) |
**LEVEL 10 BEAM:** Choice of ACRO elements not up to the Competitive Level  

Maximun Deduction of 0.20  
(if all apply)

1a. No Acro flight series, OR  
1b. Acro flight series without a Salto or Aerial  
Plus 2. No additional “C” or more difficult Salto/Aerial in exercise  
Plus 3. Dismount is single “C” or less difficult element

| Sample Routine #1 | FF – 1-arm FF (B+C) | Front Handspring (B) | Front salto with 1/1 twist (C) |
| Sample Routine #2 | Front aerial, stop, FF (D/B) | Back Walkover [A] | Gainer Back Pike off end of beam (broken series) |

**Level 10 FLOOR EXERCISE:** Choice of ACRO elements not up to the Competitive Level  

No Deduction (if all criteria met)  

**Formula 1:**  
Routine with three Acro flight passes

| Sample 3-pass Routine #1 | R0, FF, Double Pike (D) | FHS, Front layout 1½ twist, Back layout step-out (D+A) | R0, FF, Double back tuck (D) |
| Sample 3-pass Routine #2 | R0, FF, 1/1 twisting double back (E) | FHS, Front layout 1½ twist, Front layout (C+B) | R0, FF, Double Pike (D) |

**Formula 2:**  
Routine with only two Acro passes

| Sample 2-pass Routine #1 | R0, FF, 1/1 twisting double back (E) | Front tuck, R0, FF, Double Pike (A+D) |
| Sample 2-pass Routine #2 | R0, FF, Double Pike (D) | FHS, Front Layout 1½ twist, Back layout step-out (D+A) |

Maximun Deduction of 0.20  
No “D or E” salto in exercise
LEVEL 10 UNEVEN BAR COMPOSITION

1. Choice of Release Elements not up to the competitive level  Up to 0.20
   a. NO DEDUCTION: Minimum of 2 different "D or E" release elements
   b. 0.20 MAXIMUM DEDUCTION: One “B” and one “C” release element or less

When applying this deduction, consider not only the value of the element, but also:
   • Type of release element
   • Direct connection to other release elements and/or other high value elements
   • Total number of release elements in exercise

2. Insufficient Distribution in relation to dismount  Up to 0.10

<table>
<thead>
<tr>
<th>CRITERIA FOR NO DEDUCTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a. “D or E” element connected to “C” dismount element OR</td>
<td></td>
</tr>
<tr>
<td>b. “D or E” dismount element</td>
<td></td>
</tr>
</tbody>
</table>

Sample No Deduction
Dismount #1

\[ (D+C) \]
B. Giant 1/1 (D) + Double Tuck flyaway dmt. (C)

Sample No Deduction
Dismount #2

\[ (E) \]
Double front tuck dmt (E)

<table>
<thead>
<tr>
<th>CRITERIA FOR 0.05 DEDUCTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Connection of two “C” elements to a “C” dismount element OR</td>
<td></td>
</tr>
<tr>
<td>b. “D” to “C” connection to a “C” dismount element</td>
<td></td>
</tr>
</tbody>
</table>

Sample 0.05 Deduction
Dismount #1

\[ (C+C+C) \]
B. Giant ½ (C) + Fr. Giant ½ (C) + Double tuck flyaway (C)

Sample 0.05 Deduction
Dismount #2

\[ (D+C+C) \]
B. Giant 1/1 (D) + Clear hip HS (C) + Toe-on Fr. Salto tucked (C)

<table>
<thead>
<tr>
<th>CRITERIA FOR 0.10 DEDUCTION</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>One “C” element (or less difficult) element connected to “C” or less difficult dismount element</td>
<td></td>
</tr>
</tbody>
</table>

Sample 0.10 Deduction
Dismount #1

\[ (C+C) \]
Clear hip HS (C) + Toe-on Fr. Salto tucked (C)

Sample 0.10 Deduction
Dismount #2

\[ (B+C) \]
Back Giant (B) + Double tuck flyaway (C)

Sample 0.10 Deduction
Dismount #3

\[ (B) \]
Flyaway 1/1 twist (B)  Plus -0.50 missing dmt. SR
Level 9 BALANCE BEAM: Choice of ACRO elements not up to the Competitive Level  
Up to 0.20

<table>
<thead>
<tr>
<th>No Deduction</th>
<th>1. Acro series with 2 flight elements, one must be a &quot;C&quot; (D/E’s receive C credit)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Plus 2. Additional Acro element: a Salto/Aerial or a “D/E” Acro flight element w/ hand support *</td>
</tr>
<tr>
<td></td>
<td>* If the Acro series includes a Salto or Aerial, then the additional Acro flight element can be a minimum of “C” with or without hand support</td>
</tr>
<tr>
<td></td>
<td>Plus 3a. “B” Acro flight element directly connected to “B” dismount element, OR</td>
</tr>
<tr>
<td></td>
<td>3b. Any “C” dismount element (isolated or in connection)</td>
</tr>
</tbody>
</table>

Sample No Deduction Routine #1
- FF, Back layout step-out (B+C) |
- One-arm Front Handspring (C) |
- RO, Back layout 2/1 twist dismount (B+C)

Sample No Deduction Routine #2
- FF, 1-arm FF (B+C) |
- Back salto tucked (C) |
- Front layout 1/1 twist (C)

Sample No Deduction Routine #3
- FF, Back salto tucked (B+C) |
- Front Aerial (D C) |
- RO, FF, Back layout 1/1 twist dismount (B+B+B)

Maximum Deduction of 0.20
(if all apply)

Sample Max. Deduction Routine #1
- FF, FF (B+B) |
- Back Walkover [A] |
- Gainer back salto tucked off end of beam [B]

Sample Max. Deduction Routine #2
- RO, stop, FF (B/B) |
- Cartwheel (A) |
- R0, Back Layout dismount (B+A)  
[broken series]  
Plus -0.50 missing Acro series SR

4
### Level 9 FLOOR EXERCISE: Choice of ACRO not up to the Competitive Level

**Up to 0.20**

| NO DEDUCTION (if all criteria met) | a. "C" Acro element in each Acro pass  
OR b. Two passes with a "C" Acro element; one with Connection Bonus, plus another pass with a "B + B" Acro Connection Bonus |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| **FORMULA 1:** Routine with 3 Acro flight passes | Sample 3-pass Routine #1  
\[ \text{RO, FF, Double twist (C)} \] \[ \text{Fr. Layout 1/1 twist (C)} \] \[ \text{Fr. Tuck, RO, FF, Back 1½ twist (A+C)} \]  
Sample 3-pass Routine #2  
\[ \text{RO, FF, Double back tuck (D, C)} \] \[ \text{FHS, Fr. Layout, Front layout (B+B)} \] \[ \text{RO, FF, Double twist (C)} \] |

<table>
<thead>
<tr>
<th>NO DEDUCTION (if all criteria met)</th>
<th>Both passes must have a “C” Acro element in a Bonus Connection</th>
</tr>
</thead>
</table>
| **FORMULA 2:** Routine with only 2 Acro passes | Sample 2-pass Routine #1  
\[ \text{RO, FF, Back 1½ twist, RO, FF, Double twist (C+C)} \] \[ \text{FHS, Fr. Layout 1/1 twist, Front Pike (C+B)} \]  
Sample 2-pass Routine #2  
\[ \text{RO, FF, Back 1½ twist, Front pike (C+B)} \] \[ \text{FHS, Fr. Layout 1½ twist, Back layout step-out (D C+A)} \] |

| MAXIMUM DEDUCTION of 0.20 if all apply | No “C” Acro elements in exercise |

### Level 9 Uneven Bar Composition:

**Insufficient Distribution in relation to dismount**

**Up to 0.10**

<table>
<thead>
<tr>
<th>CRITERIA FOR NO DEDUCTION</th>
<th>Any “C” (or D/E awarded “C”) dismount element</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample No Deduction Dismount #1</td>
<td>[ \text{B. Giant (B) + Double Tuck flyaway dmt. (C)} ]</td>
</tr>
<tr>
<td>Sample No Deduction Dismount #2</td>
<td>[ \text{Fr. Giant (C), Double front tuck dmt. (E C)} ]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CRITERIA FOR 0.05 DEDUCTION</th>
<th>Connection of a “C or more difficult” element to a “B” dismount element</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample 0.05 Deduction Dismount #1</td>
<td>[ \text{Clear hip HS (C) + Flyaway 1/1 twist (B)} ]</td>
</tr>
<tr>
<td>Sample 0.05 Deduction Dismount #2</td>
<td>[ \text{Fr. Giant (C) + Front flyaway ½ twist (B)} ]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CRITERIA FOR 0.10 DEDUCTION</th>
<th>One “B” element (or less difficult) connected to a “B” (or less difficult) dismount element</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample 0.10 Deduction Dismount #1</td>
<td>[ \text{Bk. Giant (B) + Flyaway 1/1 twist (B)} ]</td>
</tr>
<tr>
<td>Sample 0.10 Deduction Dismount #2</td>
<td>[ \text{Cast HS (B) + Tuck flyaway (A)} ] plus 0.50 for missing dmt. SR</td>
</tr>
</tbody>
</table>

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