<table>
<thead>
<tr>
<th>SR</th>
<th>Level 6</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>One (1) Cast – min. 45° above horiz. (Above Horiz. = SR)</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>Min. of One (1) bar change</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>One 360° Clear Circling element from Grp. 3, 6 or 7</td>
<td></td>
</tr>
<tr>
<td>4.</td>
<td>Salto dismount, min. of A</td>
<td></td>
</tr>
</tbody>
</table>

**Level 7**

1. One (1) Cast to handstand (min. 45° fulfills SR)
2. & 3. Two (2) 360° clear circling elements, same or different (no hips on bar)
   - One must be a B
   - One from Grp. 3, 6 or 7
3. Salto Dmt – Min. of A

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### Level 6

1. **SR**
   - One (1) Cast – min. 45° above horiz. (Above Horiz. = SR)
   - Min. of One (1) bar change
   - Two B elements, same or different
   - One with flight (Not in dmt); OR One (1) with LA turn (Not in mt or dmt)
   - One “B” 360° Clear Circle ele. from Grp 3, 6 or 7 (not in dmt)
   - Salto Dmt – Min. of A

2. **SR**
   - One Leap/Jump requiring 180° cross or side split (Isolated – in series)
   - Min. of 360° turn on one foot (Isolated / in series)(Group 3)
   - Aerial/Salto Dmt – Min. of A

3. **SR**
   - One Acro Series (with or without flight) AND
   - One (1) Acro Flight ele. (Isolated / in Series)
   - (Both Acro SRs exclude mnt/dmt)
   - One Leap/Jump requiring 180° cross or side split (Isolated / in series)
   - Min. of 360° Group 3 Turn on One (1) foot (Isolated / in series)
   - Aerial/Salto Dmt – Min. of A

4. **SR**
   - Same as Level 7 except #1.
   - One Acro Series – min. of 2 elements, 1 with flight. (excludes mnt/dmt)

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### Level 7

1. **SR**
   - One (1) Acro series (min.3 directly connected Ele., two (2) with flight)
   - Rolla do not fulfill req.
   - One salto or Aerial (bwd, fwd or swd)
   - One (1) Leap/Jump requiring 180° cross or side split (Isolated / in series)
   - Min. of 2 different Group 1 ele. (direct or indirect connection)
   - One a LEAP requiring 180° cross or side split
   - Min. of 360° Turn on One (1) foot (Isolated / in series)

2. **SR**
   - One Acro series w/ Two (2) saltos OR 2 directly connected saltos (same or diff.)
   - Min. of 2 different Group 1 ele. (direct or indirect connection)
   - One a LEAP requiring 180° cross/side split
   - Min. of A Salto-Last Isolated/in Last Pass

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### Content

<table>
<thead>
<tr>
<th>8</th>
<th>7</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>B</td>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>C</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>SV</td>
<td>10</td>
<td>10</td>
</tr>
</tbody>
</table>

**Level 8**

All levels

Restricted elements = no VP credit

-0.50 off SV

Missing SR =