



WOMEN'S JR. OLYMPIC VAULT VALUES FOR LEVELS 6/7 & 8



Effective August 1, 2013– July 31, 2018, revised Sept. 2016

LEVEL 6 & 7: GROUP 1 VAULTS THAT HAVE NO MORE THAN 360° TURN IN ONE FLIGHT AND NO MORE THAN 540° TURN IN TOTAL.

THE FOLLOWING VAULTS ARE ALLOWED AND ARE ALL VALUED AT 10.0 FOR LEVEL 6 & 7:

1.101	Handspring
1.102	Handspring – ½ twist off
1.103	Yamashita
1.104	Yamashita – ½ twist off
1.105	½ twist on – ½ twist off OR ¼ twist on – ¾ twist off
1.106	¼ to ½ twist on – repulsion (with flight to feet) off
1.201	Handspring – 1/1 twist
1.203	Yamashita – 1/1 twist
1.206	½ on – 1/1 twist off OR ¼ on – 1¼ twist off
1.207	1/1 twist on – Handspring or Yamashita off
1.208	1/1 twist on – ½ twist off

LEVEL 8

ALLOWABLE VAULTS: The following Group 1, 3, 4 & 5 Vaults are allowed at Level 8:

listed in JO-COP as #	Name of specific Allowable Vault	Value
1.101	Handspring	9.0
1.102	Handspring – ½ twist off	9.1
1.103	Yamashita	9.0
1.104	Yamashita – ½ twist off	9.1
1.105	½ twist on – ½ twist off OR ¼ twist on – ¾ twist off	9.2
1.106	¼ - ½ twist on – repulsion (with flight to feet) off	9.0
1.201	Handspring – 1/1 twist	9.5
1.202	Handspring – 1½ twist	9.7
1.203	Yamashita – 1/1 twist	9.5
1.205	½ twist on – 1½ twist off OR ¼ twist on – 1¾ twist off	9.6
1.206	½ on – 1/1 twist off OR ¼ on – 1¼ twist off	9.4
1.207	1/1 twist on – HSP/Yami off	9.5
1.208	1/1 twist on – ½ twist off	9.7
1.301	Handspring – 2/1 twist off	10.0
1.306	½ twist on – 2/1 twist off ¼ twist on – 2¼ twist off	10.0
3.201	Tsukahara Tuck	9.8
3.303	Tsukahara Pike	10.0
4.101	RO, FF on – Repulsion (with flight to feet) off	9.0
4.102	RO, FF on – Repulsion ½ off	9.1
4.201	RO, FF on – 1/1 twist off	9.4
4.202	RO, FF on – 1½ twist off (Allen)	9.6
4.203	RO, FF on – Back Tuck	9.8
4.304	RO, FF on – Back Pike	10.0
5.101	RO, FF ½ on – Handspring	9.2
5.201	RO, FF ½ on – 1/1 twist off	9.6
5.202	RO, FF ½ on – 1½ twist off	9.8
5.312	RO, FF ½ on – 2/1 twist off	10.0