

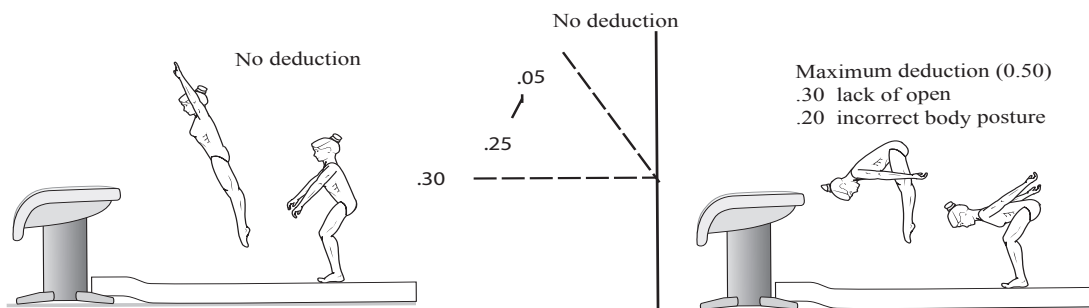
4. Level 10 gymnasts may perform any vault listed on the Level 10 Vault Value Chart. See Appendix. All vault values listed in the Vault element section of the *J.O. Code of Points* refer to the values for Level 10.
  - For Level 10 only, all 10.0 Start Value vaults performed successfully (no fall or spot) are eligible for a bonus of +0.10, except those marked with an asterisk: #3.407, #4.403, #4.306, #4.309, #5.408 and #5.409.
  - Each judge adds the vault bonus to his/her score and must visibly (by means of a placard or other signage) indicate that the bonus was awarded. If using paper scoreslips, the judge should also indicate in writing any bonus awarded.
5. At Level 9, only specific vaults from the five groups may be performed. Refer to the Level 9 Vault Value chart. The Level 9 vault values are different than the vault values for Level 10.
6. At Level 8, only specific vaults from Groups 1, 3, 4, and 5 are permitted. The Level 8 vault values are different than the Vault values at Level 9 or 10. Refer to the Level 8 Vault Chart in the Appendix.
7. Level 6 and 7 gymnasts must perform vaults from Group 1 that have no more than 360° turn in one flight and no more than 540° turn in total. All Level 6/7 vaults are valued at 10.0. Refer to the Level 6/7 Vault Chart in the Appendix.
  - *The deduction for Too long in Support (Up to 0.50) and Angle of Repulsion (Up to 1.00) are applied for ALL Level 6 and 7 vaults.*
8. If a gymnast attempts a vault listed on the Vault Value chart for her level, but does not complete it, resulting in a vault that is not found on the chart, the vault is scored "0" (VOID). However, the gymnast does NOT receive a "0" (VOID) as the final score for the event if the second vault is a legitimate vault.
9. If **EITHER** of the two vaults performed are vaults that are not allowed at the gymnast's level (Level 6, 7, 8 or 9), the gymnast would receive a final score of "0" (VOID) for that event because a restricted vault was performed.
10. The vault touch warm-up is not regulated by time. During the competition touch warm-up, each gymnast is guaranteed a specific number of warm-up vaults, depending upon her level.
  - a. After presenting to the judges, the gymnasts are allowed ONE "run-back" from the board before the vault attempts are counted.
  - b. Each gymnast is allowed to stand on the vault table and jump (or salto) off ONE TIME ONLY, in addition to their specific number of guaranteed vaults.
  - c. Level 8-10 athletes are guaranteed three vaults.
  - d. Level 6 and 7 athletes are guaranteed two vaults.
11. Group 1 Vault clarifications:
  - a. All Group 1 vaults that have a turn in pre-flight may be performed with ¼ (90°) to ½ (180°) LA (long axis) turn in the first flight phase.
  - b. For Group 1 vaults with a twist in both the first and second flight phase, the twist may be performed in either direction.
12. Group 3 (Tsukahara entry) Vault clarifications:
  - a. A slight arm bend of the lead arm is allowed for all Group 3 vaults.
  - b. All Group 3 (Tsukahara entry) vaults may be performed with ¼ (90°) to ½ (180°) LA turn in the first flight phase. There is NO deduction for incomplete turn.
    - This also includes Group 3 vaults that have a ¼-½ turn in the preflight and a ¾ - ½ turn off to a front salto.
13. Group 5 Vault Clarifications:
 

All Group 5 vaults described as having a 1/1 (360°) LA turn in the first flight phase with a backward salto in the second flight phase may be performed with ¾ (270°) to 1/1 (360°) LA turn in the first flight phase.

h.	Insufficient exactness of body position:	
	- Insufficient tuck or pike	Up to 0.30
	• tuck = min. 90° bend in hip & knees (Except in twists in tuck position-allow for more open “puck” position)	
	• pike = min. 90° bend in hips. 91°-135° = insufficient pike	
	- Insufficient stretched position (ideal=180°, but greater than 135° is considered stretched position)	
	• arch	Up to 0.30
	• hip angle of 136° - 179° = insufficient stretched pos.	Up to 0.30
i.	Late completion of the twist	Up to 0.30
	(Group 1 Vaults and Group 4 & 5 vaults without saltos)	
j.	Insufficient extension (open) of body before landing	
	- Insufficient and/or late extension (tuck and pike vaults)	Up to 0.25
	- Total absence of extension (tuck and pike vaults)	<u>0.30</u>
k.	Insufficient Height	Up to 0.50
l.	Prescribed LA turn begun too late	Up to 0.50
4.	<u>Landing</u>	
a.	Slight hop, small adjustments of feet <i>or staggered feet</i>	Up to 0.10
b.	Extra arm swings	Up to 0.10
c.	Extra steps (per step with maximum of 4)	each <u>0.10</u>
d.	<i>Landing with feet wider than hip-width apart</i>	<u>0.10</u>
e.	Incorrect body posture on landing	Up to 0.20
f.	Additional trunk movements to maintain balance	Up to 0.20
g.	Large step or jump (approximately 3 feet or more)	<u>0.20</u>
h.	Squat on landing (hips even with or lower than the knees)	Up to 0.30
i.	Slight brush/touch of 1 or both hands on mat (no support)	Up to 0.30
j.	Prescribed LA turn incomplete:	Up to 0.30
	- 1° - 30° missing	Up to 0.10
	- 31° - 60° missing	0.15 - 0.20
	- 61° - 89° missing	0.25 - 0.30
	- 90° or more missing	award lower vault value
k.	Deviation from a straight direction (determined by initial contact with mat)	Up to 0.30
l.	Insufficient dynamics	Up to 0.30
m.	Support on mat with 1 or 2 hands	<u>0.50</u>
n.	Fall on mat to knee(s) or hips	<u>0.50</u>
o.	Fall against apparatus	<u>0.50</u>
p.	Landing in a sitting, lying or standing position on top of the vault table	VOID
5.	<u>Other deductions</u>	
a.	Coach standing between board and vault table	<u>0.50</u>
	Exception: This deduction is NOT taken if gymnast performs a Round-off entry vault at Level 8, 9 or 10.	
b.	Spotting assistance upon landing	<u>0.50</u>
c.	Vaults without signal from Chief Judge	<u>0.50</u>
	• CJ deducts 0.50 from average of next vault	
d.	Failure to land on any part of the bottom of the feet first	VOID
	• Vault is scored if gymnast falls, landing on hands and bottoms of feet simultaneously	<u>0.50</u>
e.	Spotting assistance during the vault	VOID
f.	Run approach without execution of the vault	
	• with touch on the springboard or vault table	VOID
h.	Failure to use the safety zone mat for round-off entry vaults	VOID
i.	Level 6-9 gymnast performs restricted vault for the level	VOID

**\* Clarification of the deductions for insufficient/late opening and total absence of extension in Second Flight Phase:**

The opening deduction should reflect the body shape prior to landing. The "Up to 0.30" deduction is applied according to small, medium and large errors in regards to the body shape. The following illustration refers to the degree of closure of the upper body towards the legs.



If the gymnast begins to extend or completely extends the hips prior to landing, but upon landing cannot maintain the upper body posture and closes the upper torso downward toward the legs (compresses), the "up to 0.20" deduction for "incorrect body posture on landing" is applied.

\* If the gymnast lands in a squat position and then proceeds to fall, deduct only the 0.50 for the fall. However, other deductions such as insufficient open may also be applicable.

**Clarification on steps on landing: Examples of one step = Up to 0.10**

1. A step-close is considered one step and receives a 0.10 deduction. A very small step-close or other small foot movement would receive 0.05 deduction.

Examples of one step = - 0.10

- a. The gymnast lands with feet together, then takes one step forward, sideward or backward on the Right foot; then returns the Right foot to join the Left foot, OR
- b. The gymnast lands with feet together, then takes one step forward, backward or sideward on the Right foot; then steps with the Left foot to join the Right foot.
- c. *If a gymnast lands with feet a maximum of hip-width apart, there is no deduction, provided that she joins (slides) the heels together on the controlled extension.*
  - *If the entire foot/feet are sliding or lifting off the mat to join, it is considered a small step.*

2. If the gymnast is out of control or has additional movements to maintain balance after the step(s), additional deductions may be applied.

3. There is a maximum deduction of 0.40 for steps (regardless of size or number); however, if the steps result in a fall, deduct only 0.50 for the fall.

G. See Appendix or go to USA Gymnastics website at [www.usagym.org](http://www.usagym.org) and check under Women's Program: Rules: Optional for the most current USA Gymnastics Jr. Olympic Vault Value Charts.