C. Repetition of a failed series

EXAMPLES:
1. Gymnast performs a Flic-flac step-out and stops (or falls), then does a series of two connected flic-flacs. The Acro Series Special Requirement is NOT met because the third flic-flac receives no Value-Part credit.

   ![Flic-flac step-out and connected flic-flacs]

   No Special Requirement awarded

2. At Level 7: Gymnast attempts a series of two Back Walkovers, but the second Back Walkover never lands on the beam (no Value-Part credit awarded) (A + 0).
   If she then kicks up to a handstand and holds it for 2 seconds, then steps down to a Back Walkover (A + A), one part of the Acro Special Requirement has been met.
   • If the Handstand is NOT held for 2 seconds, it will not receive “A” Value-Part credit and cannot be used to fulfill a Special Requirement.

IV. SPECIFIC COMPOSITIONAL DEDUCTIONS (FOR LEVELS 8, 9 & 10)

Note: Composition is not considered for Level 6 or 7.

A. Lack of variety in choice of elements

1. Failure to perform acrobatic elements in two different directions (Backward and Forward or Sideward) each 0.10
   a. Must be from the following Groups: 1-Mounts, 6-Rolls, 7-Walkovers/Cartwheels/Handsprings, and 8-Saltos
      1) If the dismount is the only forward/sideward or the only backward element deduct 0.05
      2) To be considered forward or sideward, the element must move through a forward or sideward plane. A kick-up to handstand, with or without pirouette, to step-down is NOT eligible as it is from Group 5.
   b. May perform either a forward or sideward element, but must perform a backward element.
   c. The Round-off is considered a sideward element.
   d. A jump backward (Flic-flac take-off) with ½ (180°) twist to walkover or salto forward (Arabian walkover or salto) is considered a forward element.
   e. A Flic-flac ¼ or ¾ twist to handstand is considered a backward element.
   f. A tic-toc can be considered either a forward or backward element, to the advantage of the gymnast.
   g. Silivas-type mounts (#1.208 & 1/308) are considered “sideward”.

2. Lack of variety in dance elements
   a. Overuse of dance elements with the same shape
      1) More than two elements with a wolf or tuck position with or without turn 0.10
      2) More than two straddle jumps, with or without turn 0.10
   b. More than one leap/jump/hop element to front support each 0.10
   c. More than two (2) 180° turns on two feet (pivots) with straight legs throughout the exercise 0.10
      Examples of allowable 180° turns: turn on one foot; turn in squat or demi-plié position; ¼ turn - ¼ turn

3. Lack of balance between acro and dance value part elements Up to 0.20
   Consider:
   a. The quality (element difficulty value) and the quantity of the two categories.
   b. For Level 9 and 10, the lack of a dance connection for CV Bonus is not necessarily a compositional deduction.
   c. The following elements are considered as “Dance” elements:
      1) Group 1 Mounts: 1.101, 1.201, 1.301, 1.401, 1.102 (1st & 3rd descriptions), 1.202, 1.104, 1.105 1.305, 1.405.
      2) Group 4: All Wave elements
      3) Holds/Stands: 5.101, 5.201, 5.102, 5.302, 5.402, 5.103, 5.203

Revised December 2014