

## Differences in the Compulsory **FLOOR** routines

| <u>Level 1</u>  | <u>Level 2</u>  |
|---|---|
| ¾ Handstand   | Handstand   |
| Cartwheel lunge   | Run Round off   |
| Backward Roll tucked  | Backward roll to pike stand   |
| Candlestick   | Candlestick (arms have a choice of high or in front)                            |
| Forward roll tucked   | Bridge, back kick-over  |
| Walking steps   | Two (2) ½ pivot turns   |
| Forward passé, relevé lower                                     | -   |
| Forward chassé  | Forward chassé  |
| Step Leg swing<br>(arms stay side between chasse and leg swing) | Straight leg leap, step leg swing<br>(arms move to low between chasse and leap) |
| -   | Two (2) ¼-¼ Forward passé heel snap turns                                       |
| Split jump (30°)  | Split jump (60°)  |
| Relevé balance (Hold 1 sec.)                                    | Relevé balance (No Hold )   |
| Pose  | Pose  |

# Differences in the Compulsory **BEAM** routines

| <u>Level 1</u>  | <u>Level 2</u>   |
|---|--|
| Leg swing mount to straddle sit                                 | Leg swing mount to straddle sit                            |
| Arm circle Forward to Pike lying position                       | Arm circle Backward to whip to push up position            |
| Roll out to tuck stand  | Jump to tuck stand   |
| Relevé balance (Hold 2 seconds)                                 | Relevé balance   |
| Touch foot in back  | Touch foot in front, then back                             |
| Arabesque (30°) PAUSE, touch behind                             | Arabesque (30°) HOLD 1 sec. touch behind                   |
| Leg swing forward R, L, step lunge                              | Leg swing forward R close, Backward L, close, plié, relevé |
| Lever...Only to "T" position and HOLD 1 second. Finish in lunge | Lever to touch the beam. Finish in lunge                   |
| Passé leg balance (Show)  | Passé leg balance (HOLD 2 seconds)                         |
| Close behind  | Step close behind in relevé ½ Pivot Turn                   |
| Stretch Jump, finish  | Stretch Jump, finish                                       |
| -   | Fish pose  |
| Step forward right, kneel                                       | Step forward right, kick                                   |
| Cartwheel to ¾ Handstand dismount                               | Cartwheel to Vertical Handstand dismount                   |