



LOOKING INTO THE FUTURE...

The Structure and Mobility chart for the Women's Junior Olympic Program for entering the 2013-2014 season

By the National Junior Olympic Committee

The Women's Levels 1–10 Junior Olympic Program will be restructured beginning August 1, 2013. Below is information to help the community to provide a smooth transition into the 2013-2014 season. Please take note there will be only five (5) compulsory levels as opposed to the current six (6) levels of compulsories. Therefore, there will be five (5) optional levels as opposed to the current four (4) optional levels. The complete set of rules and requirements for all the levels will be available in May of 2013. National workshops to present and teach the new Level 1–5 Compulsory exercises to coaches and judges will be conducted May 30–June 2 (Orlando, Florida) and June 6–9 (Reno, Nevada). Registration information on these workshops will be provided soon.

The link to the list of proposed compulsory elements for the 2013–2021 compulsory routines can be found on the USA Gymnastics website at <http://usagym.org/pages/education/pdfs/13-20wjoCompProg.pdf>.

WHAT ARE THE NEW LEVELS?

CURRENT LEVEL NAME	NEW LEVEL NAME, EFFECTIVE AUGUST 1, 2013
1 and 2	1 (The core skills from the current Levels 1 and 2 were combined to create the routines for this level.)
3	2 (The core skills from the current Level 3 were used to create the routines for this level.)
4	3 (The core skills from the current Level 4 were used to create the routines for this level.)
5	4 (The core skills from the current Level 5 were used to create the routines for this level.)
6	5 (The core skills from the current Level 6 were used to create the routines for this level.)

CURRENT LEVEL NAME	NEW LEVEL NAME, EFFECTIVE AUGUST 1, 2013	ALLOWABLE VALUE PARTS
—	6	Only A and B skills will be allowed.
7	7	Only A and B skills will be allowed.
8	8	Only A and B skills will be allowed plus ONE C skill that will count as a B value part*, **.
9	9	Only A, B and C skills will be allowed plus ONE D or E skill that will count as a C value part *, **.
10	10	All A, B, C, D, and E skills are allowed.

* Level 8: Unlimited dance "C" value parts will be allowed on Beam and Floor Exercise and will count as "B" Value Parts.
Level 9: Unlimited dance "D/E" value parts will be allowed on Balance Beam and Floor Exercise and will count as "C" Value Parts.

** Level 8: On Uneven Bars, all C "root" skills also with ½ turns coming from group 3, 6, 7 and a cast ½ turn will count as a B skill. These skills can be used an unlimited number of times in addition to the ONE allowable C.
Level 9: On Uneven Bars, all skills with 1/1 turns of B or C "root" value will count as a C skill. These skills can be used an unlimited number of times in addition to the ONE allowable D.

WHAT LEVEL DO I PUT MY GYMNAST IN NEXT SEASON?

CURRENT LEVEL	ACCEPTABLE ENTRY LEVEL IN THE 2013-2014 SEASON USING THE NEW STRUCTURE, "THE GYMNAST MAY ENTER....."
5	2 Choices (choose 1): 1. "New" Level 4 Compulsories (commensurate level). No mobility score required as they are essentially staying at the same level. OR 2. "New" Level 5 Compulsories provided the mobility score of 31.00 has been attained in the <i>current</i> Level 5 compulsories. A <i>current</i> Level 5 compulsory gymnast may NOT go directly into the "New" Level 6 or 7 (optional levels) because she has not shown competency in the advanced level of compulsories.
6	3 Choices (choose 1): 1. "New" Level 5 Compulsories (commensurate level). No mobility score required as they are essentially staying at the same level. OR 2. "New" Level 6 Optionals provided the mobility score of 31.00 has been attained in the <i>current</i> Level 6 compulsories. OR 3. "New" Level 7 Optionals provided the mobility score of 31.00 has been attained in the <i>current</i> Level 6 compulsories.
7	3 Choices (choose 1): 1. Level 6 Optionals. No mobility score required. OR 2. Level 7 Optionals. No mobility score required. OR 3. Level 8 Optionals if the mobility score of 31.00 in the <i>current</i> Level 7 was attained.
8	2 Choices (choose 1): 1. Level 8 Optionals. No mobility score required. OR 2. Level 9 if the mobility score of 34.00 in the <i>current</i> Level 8 was attained.
9	2 Choices (choose 1): 1. Level 9 Optionals. OR 2. Level 10 Optionals if the mobility score of 34.00 in the <i>current</i> Level 9 was attained.
10	Level 10



QUESTIONS AND ANSWERS

Q: Currently, the required entry level is Level 5. What is the required entry level in the new structure?

A: Beginning August 1, 2013, a first-time competitor in USA Gymnastics will need to start competition in Level 4.

Q: If my gymnast is a Level 4 this year, what will she be next season?

A: You have choices here. If you feel she needs an additional season/year to perfect the current skills in Level 4, she should register and compete Level 3 for the next season. If you feel she is ready to move on to the next level, you would have her register and compete as a Level 4 next season.

Q: If my gymnast is a Level 5 this year, what will she be next season?

A: You have choices here. As mentioned above, if you feel she needs an additional season/year to perfect the current skills in Level 5, she should register and compete Level 4 for the next season. If you feel she is ready to move on to the next level, you would have her register and compete as a Level 5 next season provided she has attained a 31.00 in the current Level 5 compulsories.

Q: So is it true that if my gymnast gets a 31.00 this year in Level 5, she only can move up to the new Level 5? Why can't she be a Level 6?

A: Yes, that is correct. In the new system, the Level 5 compulsory routines contain the same core skills presently used in the current Level 6 compulsory routines; therefore, your gymnast **will** be moving up. It just will not be reflected by the name/number it is called in the new structure.

Q: If my gymnast is a Level 5 right now, how can she enter the new Level 6 next year?

A: Level 6 is an optional level in 2013-2014. Currently, in order for that to happen, your gymnast would need to obtain a minimum of a 31.00 AA score in both Level 5 and 6 compulsories in the 2012-2013 season to move to the new Level 6 optionals. If the score is attained in Level 6 compulsories, she also has the option to move to Level 7 optionals in the 2013-2014 season.

Q: What are the special requirements for Levels 6 and 7? It seems like it is the same level.

A: The differences between Levels 6 and 7 are based largely upon the number of value parts required and the special requirements. All of this information will be available in May of 2013.

The Junior Olympic Committee will meet in May of 2013 to finalize other mobility possibilities. Any questions or comments should be addressed to your Regional Junior Olympic Committee Chair.

