

**USA Gymnastics Women's Program 2023 Elite Qualification Chart – Hopes**  
**Updated November 29, 2022**

| Age  | (13-14)   | (11-12)  |
|--|---|--|
| <b>Rules for Competition</b>                     | Qualification competitions<br>(Junior FIG rules)  | Qualification competitions<br>(modified rules for Hopes)   |
| <b>Competition Format</b>                        | Qualifiers: Compulsory and/or Optionals<br><b>Hopes Classic: Optionals</b><br><b>Hopes Championships: Optionals</b>   |  |
| <b>Compulsory Scores</b>                         | 33.00 at <b>fall 2022 and all</b><br>2023 Qualifiers  | 32.00 at <b>fall 2022 and all</b><br>2023 Qualifiers   |
| <b>Optional Scores to Classic</b>                | <u>45.00 AA</u> <ul style="list-style-type: none"> <li>• 2023 National Qualifiers</li> <li>• 2023 Selected Developmental Training Camps (full routines on competition surfaces)</li> </ul> <p>A Hopes age-eligible athlete may use national qualifier AA scores (non modified rules) for Hopes qualification up to the Hopes Classic (must designate Hopes or Junior Elite prior to Hopes Classic when you register).</p> | <u>43.50 AA</u> <ul style="list-style-type: none"> <li>• 2023 National Qualifiers</li> <li>• 2023 Selected Developmental Training Camps (full routines on competition surfaces)</li> </ul> |
| <b>Qualification to Championships</b>            | Top 18 from Classic (with qualification score) advance to HOPES Championships (held in conjunction with U.S. Classic)<br><b>Note:</b> If one of the age groups does not fill, then fill from the other age group from the rank order of HOPES Classic.  | Top 18 from Classic (with qualification score) advance to HOPES Championships (held in conjunction with U.S. Classic)  |
| <b>Invitation to Developmental Training Camp</b> | Athletes may be <u>selected</u> from the Hopes Championships to attend a Developmental Training Camp.   | Athletes may be <u>selected</u> from the Hopes Championships to attend a Developmental Training Camp.  |

If a Hopes gymnast qualifies to Hopes Championships and achieves the following:

1. Scores the Hopes Championships qualification score at Hopes Championships,
2. Passes Elite Compulsory with the international score, plus one point.

She may use that compulsory score for the following Elite Season if she attempts to qualify as an International Elite. If the gymnast repeats Hopes or does not compete in the following Elite Season, she must achieve the required compulsory qualification score again.

EXAMPLE: Qualification Score = 35.00

- Feb 2022 - gymnast achieves 36.00 or higher compulsory score
- July 2022 - gymnast competes at Hopes Championships and scores 49.00 or higher optional score.
- January 2023 - gymnast is not required to repeat Elite compulsory if she attempts to qualify as an International Elite.

January 2023 - must repeat and achieve the compulsory qualification score if competes in the Hopes Division.