

## Minutes of the Joint Jr. Olympic and Technical Committee Meeting

May 19, 2008 Radisson Celebration Hotel, Kissimmee, FL

### 1. ROLL CALL

J. O. and Technical Committee Chairmen Tom Koll and Cheryl Hamilton, respectively, called the meeting to order at 10:00 am.

|                         | J. O. Comm.   | Technical Comm.  |
|-------------------------|---|------------------|
| Region 1                | Dan Witenstein  | Neela Nelson     |
| Region 2                | Laurie Reid   | Linda Mulvihill  |
| Region 3                | Cheryl Jarrett  | Carole Bunge     |
| Region 4                | Don Houlton   | Linda Thorberg   |
| Region 5                | John Geddert (absent)<br>Regional rep -Kittia Carpenter | Char Christensen |
| Region 6                | Larry Goldsmith   | Pat Panichas     |
| Region 7                | Linda Johnson (absent)<br>Regional rep - John Wojtczuk  | Myra Elfenbein   |
| Region 8                | Brad Harris   | Marian Dykes     |
| Asst. Tech. Comm. Chair |   | Audrey Schweyer  |
| NCAA liaison            | Mark Cook   |                  |
| JO Program Director     | Connie Maloney  |                  |
| VP of Program           | Kathy Kelly   | afternoon        |
| NAWGJ                   | Carole Ide  |                  |

### II. JO RULE CHANGES

The committees determined that all agenda items that related to changes in optional rules or compulsory elements/deductions be dealt with at the September meeting. Professional Members are requested to contact your Regional representatives in writing regarding any ideas/concerns for consideration at the upcoming meeting, with the awareness that all rule changes will be made based on what is best for the masses. A new *JO Code of Points* will be available in early June 2009 for the 2009-2013 quadrennium. No rule changes will be made for the 2008-09 season. Some newly evaluated elements performed at the 2008 JO Nationals and clarifications of the existing rules are reflected later in these minutes.

### III. FLOOR EXERCISE CONCERNS

A. Dance element performed at JO Nationals:

From a single leg take-off, Tour Jeté with  $\frac{1}{4}$  (90°) turn to side-straddle position with an additional  $\frac{1}{2}$  (180°) turn:

C

*After much discussion, the numbering and naming of this element was tabled until the September 2008 Joint JO/TC meeting.*

B. Clarifications:

*JO Code of Points*, Page 242, Large faults, #5 “Relaxed or incorrect foot/leg/body/posture” refers to posture faults on non-value part connections throughout the exercise. Deduct up to 0.30

C. If the gymnast lands an element and is moving toward the boundary of the floor area (or actually goes out of bounds) and is spotted (touch/pushed) by the coach to prevent them from either going out of bounds or to prevent them from falling out of bounds, then only one 0.50 deduction will be taken, regardless if it results in a fall. If the gymnast does go out of bounds, a 0.10 neutral deduction will be taken by the Chief Judge.

D. Page 5, *JO Code of Points*: n. Coach on floor exercise mat: Add the words, “inside the border marking”

E. New Business for Floor Exercise:

1. Matting on floor: *Rules and Policies* - Page 82, F. 2

Clarification: Only one skill cushion per tumbling pass may be used; however, a sting mat may be placed on top of the skill cushion.

2. *JO Code of Points*, page 5. p. Excessive use of magnesia (chalk):

Clarification: a single-line arc drawn with chalk in the corner of the floor mat is acceptable. No tape or Velcro markings are allowed within the floor exercise area. It is still acceptable to place tape markings on the corner lines to indicate the boundary line.

3. The committees requested that the National office ask AAI to bring matting (panel mats) to be placed around the corners of the floor exercise mat at JO Nationals. This recommendation will also apply to any competitions held in facilities with a concrete floor.

#### IV. BEAM CONCERNS

##### A. Compulsory Beam:

Clarification for the Handstand dismount: If the coach pushes the gymnast over to assist the gymnast in completing the element, the deduction is 0.50 for the spot, plus the value of the element (0.60 for Levels 4 & 5; 0.8 for Level 6).

##### B. New Elements at JO Nationals:

Reminder to coaches: At JO Nationals, only new elements performed which are valued at C or higher will be name for the gymnast who performed it.

1. Starting on one foot, other leg extended to side, 1¾ turn in tuck position to finish in a tuck/kneeling position.  
Add to #3.306            C            Ferguson
2. Side aerial starting from a kneeling position on one knee    Add to #7.403    D            Clore

##### C. Clarifications in *JO Code of Points*:

###### 1. Gainer saltos backward:

- a. Page 219 - All backward salto DISMOUNTS performed off the end of the beam, but starting facing in towards the length of the beam, may be performed with a two-foot or one-foot (swing through) take off.
- b. Page 221 – All gainer saltos backward performed off the side of beam have a one foot take-off (swing through).
- c. Page 222 - To be considered a gainer salto at the end of the beam, the gymnast must be facing out and performing a salto backward toward the beam (similar to an inward dive).

###### 2. Level 7 Beam Clarification:

Beginning last August 1 of 2008, #302 Straddle pike jump from a cross or side position was approved for use at Level 7 with “B” value given. Since there are two elements listed in the JO Code (page 168) under #2.302, the Straddle pike jump with a ¼ turn is also allowed.

###### 3. Level 7 & 8

Acro connections: if gymnast attempts a Back Walkover, Back Walkover series, and either breaks the connection or falls on the first Back Walkover, then performs a Handstand (with no 2-second hold; therefore, no VP) connected to a Back Walkover, the 2<sup>nd</sup> performance of the Back Walkover will not receive “A” value credit because it is not considered a different connection.

*Reminder: If no value-part credit is given for an element, that element cannot be used to fulfill a Special Requirement.*

4. Scales forward: In order to receive value part credit for #5.101 and 5.201 (Scale forward), the back leg must be held above horizontal for two seconds.
5. Beam mount: #1.409 should also include the McCool mount, Jump to handstand with hip angle (pike) to handspring forward to land on two feet (flying spring). This element was already added to the Beam symbol chart from November 2007.

#### V. UNEVEN BAR CONCERNS

##### A. LEVEL 4 & 5 COMPULSORY BARS

Clarification on the cast following the front hip circle:

For Level 4, the Front hip circle, small cast is considered one major element (#2 worth 0.60). If the gymnast is unable to cast immediately (or does not cast at all) following the front hip circle, a flat 0.30 deduction is applied. If the front hip circle itself was not completed, a deduction of “up to 0.60” can be applied (\*to include the lack of completion of the front hip circle and no immediate cast). Do not deduct “up to 0.6” for the incomplete front hip circle, plus an additional 0.30 for lacking the immediate small cast.

For Level 5, the front hip circle (worth 0.60) and the cast to horizontal (worth 0.80) are separate major elements. If the gymnast omits the cast, the deduction for omitting a major element is applied (double the value of the element = 1.6).

##### B. NEW ELEMENTS PERFORMED AT JO NATIONALS:

1. From a reverse grip handstand on low bar, ¾ front giant to release, front salto tucked (similar to tucked Jaeger) with a full twist to catch high bar in regular grip    Add to #5.405            D            Graeble

2. Counterswing on high bar, front salto between the bars to catch low bar in reverse grip  
Add to #2.406                    D            Montell
3. Dismount: From clear front support on High bar – underswing (toe-on or clear) to salto forward stretched  
Add to #8.401                    D            Kennedy

C. ADDITIONAL BAR ELEMENT

**Recommendation to add Uneven Bar element # 3.207:**

**Clear hip circle forward (Weiler kip) that finishes above horizontal (but not in handstand phase) will receive B value.**

Motion: M. Elfenbein

Second: M. Dykes

PASSED

D. Level 7 Bars Clarifications:

1. Under Special Requirement of one cast to a minimum of 21°- 45°, add the words “from handstand (vertical).”
2. Counting of elements  
The casts will be considered different if they receive either no Value Part credit (lower than 45° from vertical), A value part credit (21°-45° from vertical) or B value part credit (up to 20° of vertical). They are each considered different for the counting of value parts. Examples:
  - a. Gymnast performs a cast to 45° (A), then a clear hip circle to 45° (B) to a glide kip, then immediately performs another cast to 45° cast to clear hip to 45°, the gymnast has done the same exact sequence; therefore, the second clear hip will receive NO value part credit.
  - b. Gymnast performs a cast to 45° (A), then a clear hip to 45° (B) to a glide kip, then immediately performs another cast to horizontal (no value) to a clear hip to 45° (B), the connection WILL be considered different, so the second Clear hip will receive B credit.

E. Dismounts on Beam or Bars (refer to *JO Code of Points*, pages 49 and 131):

If a gymnast:

1. makes no attempt to dismount following a fall while executing an element, or
  2. attempts to perform a salto dismount but never initiates the salto action and falls without landing on the feet
- Deduct        0.50 Fall  
                  0.50 Special Requirement for dismount not fulfilled  
                  0.30 No dismount (off Start Value)

Motion: C. Bunge

Second: C. Christensen

PASSED

**VI. VAULT CONCERNS**

**Recommendation that for twisting vaults #1.105, 1.205, 1.305, 1.206:**

**Delete the following from the parenthesis “both must turn in the same direction and”**

Motion: P. Panichas

Second: M. Dykes

PASSED

**VII. MEET FORMATS**

The committees would like to remind meet directors that the only acceptable formats for sanctioned events are listed in the current *Rules and Policies*. If any individual has an idea for a new format, it should be submitted to Tom Koll for consideration and/or approval and possible inclusion in future *Rules & Policies*. Otherwise, all coaches and judges have the professional responsibility to report violations of the *Rules & Policies*.

**Recommendation to allow a maximum of 80 gymnasts per session (10 per squad) for competitions that have sessions of ONLY Level 7 competitors, using non-traditional & modified non-traditional formats. All athletes in the squad will warm-up; then all will compete. There will be no splitting the squad for either timed or touch warm-ups.**

Motion: L. Reid

Second: C. Jarrett

PASSED

*Note: For traditional formats, the maximum number of Level 7 gymnasts per session remains at 56.*

**VIII. PARENT EDUCATION**

Discussion was held regarding better parent education, within the gym or on the web site. This will be an issue that will be addressed in future meetings.

**IX. EAST/WEST & JO NATIONAL JUDGES**

The possibility of having an on-site alternate available for Level 9 East/West and JO National championships was discussed in the event that a last minute substitution has to be made. No action was taken at this time.

**X. NEXT MEETING**

The next Joint TC/JO meeting will be held in Indianapolis on September 5-7, 2008 to finalize the rules that will be in effect from August 1, 2009 to July 31, 2013.

Meeting adjourned at 6:00 pm.