

# VIP CLASSIC TRAINING SCHEDULE

Doors will open for the next training group 30 minutes prior to Open Stretch

All athletes must be in competition attire

COACHES ROUND TABLE 10:30am		
Open Stretch 8:30	Open Stretch 11:30	Open Stretch 2:30
Training 9-11	Training 12-2	Training 3-5
Air Extreme Airbenders American Kids Sports Center Aspire Kids Sports Center Capital Gymnastics National Training Center Carolina Elite Trampoline Academy Cavu Trampoline and Tumbling Central Illinois Gymnastics Academy Champions Westlake Coach Pattys Gymnastics Inc. Culprit Athletics DeVeau's School of Gymnastics Dulles Gymnastics Academy DuPage Cheer and Power Tumbling Dynamite Gymnastics Eagle Gymnastics Academy Eagles Wings Athletics-Prosper Elevated Trampoline Sports Academy Elite Sports Complex Inc. Elite World Gymnastics Elmwood Gymnastics Academy Elite Trampoline Academy	Flip Factory FlipCity South Flipside Tumbling Inc. Full Force Gymnast Factory Gymnastics Central Hangtime TNT High Altitude High Energy Gymnastix Integrity Athletics J and J Tumbling and Trampoline Team Jump TNT Kansas City Trampoline Club KIAGA (Kids in Action Gymnastics Academy) Kris Power Tumbling Legacy Elite Athletics Let It Shine Merino Trampoline Gymnastics Academy MJM Studios Inc. North Valley Gymnastics Northern Star Bounder Panhandle Perfection Gymnastics Powerhouse TNT Gymnastics	Premier Athletics Knoxville North Premier Gymnastics Silver Stars Gymnastics Sunshine Gymnastics Spark Athletics St. Louis Elite Trampoline and Tumbling Stars Gymnastics Stingray TNT Studio L AcroLab Tataru's Gymnastics and Tumbling Texas Tumbling & Trampoline Institute Inc. The Flip Shop The Palaestra LLC Top Star Training Center Trampoline and Tumbling Express Tumble Tech Twin City Twisters TwistStars Tumbling and Trampoline LTD Ultimate Kids Unique Sports Academy USA Youth Fitness Center Victoria Gymagic Inc. Wasatch Trampoline & Tumbling Wendy Hilliard Gymnastics Foundation World Champions Centre World Elite Gymnastics Xtreme Acro Xtreme Gymnastics and Trampoline Tennessee Elite
SYNCHRO TRAINING Open Stretch 5:00 Synchro Training 5:30-6:25		