

Revised June 19, 2021

## 2021 USA Gymnastics Championships T&T TRAINING SCHEDULE

MONDAY, JUNE 21, 2021  
Level 9 & 10 Assigned Training  
All Levels Synchronized Trampoline Training  
America's Center Hall 3

Training Group A-1	Training Group B	Training Group C	Training Group D	Training Group E
<b>9:00 am - 10:00 am</b>	<b>11:00 am - 12:20 pm</b>	<b>12:20 - 1:40</b>	<b>1:40 pm - 3:00 pm</b>	<b>3:00 pm - 4:20 pm</b>
<b>Stretching 8:30 am</b>	<b>Stretching 10:30 am</b>	<b>Stretching 11:50 am</b>	<b>Stretching 1:10 pm</b>	<b>Stretching 2:30</b>
Level 9 - 10	3TI	Action Athletics	Air Extreme	Amplify Gymnastics
Synchro Only	Aspire Gymnastics	Agility	Airborne Colorado	Champions Westlake
	Carter's	Airbenders	All American	Dulles Gymnastics
<b>Training Group A-2</b>	Dynamic Gymnastics	Airborne Academy	American Airborne	Dynamite Gymnastics
<b>10:00 am - 11:00 am</b>	Eagle Gymnastics TX	Carolina Elite	Aspire	ETA
<b>Stretching 9:30 am</b>	Elite World	CAVU	Cabarrus County	Flipside
YE Synchro	GKSC	Elevated	CIGA	High Altitude
JR Synchro	Integrity Athletics	EWA Prosper	Desert Gymcats	High Energy
OE Synchro	Kansas City	Flights Cool	DeVeau's	Kris Power Tumbling
Sr Synchro	Kiaga	Flip Factory	Elmwood	Midwest Training
	Legacy Elite	FlipCity South	eNeRGy	MJM Studios
	Legacy T&T	FOND	ESCX	NVG
	NSB	GSTA	Full Force	Old Pueblo
	Powerhouse	JUMP TNT	GOSA	OXT
	Sonshine Gymnastics	LA Power Tumble	Gymagic	Rays TnT
	Springtime T&T	Lafayette Sports Acad	Gymfinity	So Cal TTC
	STLE	MGA	Gymnast Factory	Southlake Gymnastics
	SUMMIT SPRINGERS	MTGA	Gypsy Flyers	Stick It Gymnastics
	TG Sports	Panhandle Perfection	J and J T&T	Sunflower Gymnastics
	The Flip Shop	PHOE	KMC Gymnastics	TAG USA
	The Palaestra	Rocky Mountain	Let It Shine	Team Legacy
	Top Star	Showcase	Northstars	Texas Twisters
	TwistStars	SPARK ATHLETICS	Premier Gymnastics	Tumbling Elite
	WHGF	Studio L	Silver Stars	United Elite
	World Elite	TEG	Skywalkers	United Sports
		Tornado Sport Club	Stars Gymnastics	Vargas Academy
		Tumble Tech	Suncoast T&T	Wasatch
		WCC	Tataru's Gymnastics	
			TCT	
			Ultimate Air	
			Upsidedowners	
			USA Dynamites	
			Win Kids	

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**2021 USA Gymnastics Championships  
T&T TRAINING SCHEDULE**

**Monday June 21, 2021**

9:00 am - 11:00 am

All levels of Synchro

America's Center Hall 3

11:00 am - 4:20 pm

Level 9 & 10  
See Club Assignment

America's Center Hall 3

**Tuesday, June 22, 2021**

6:00 pm - 9:00

YE, OE, JR, SR

**\*\*America's Center Dome\*\***

**Wednesday, June 23, 2021**

1:30 pm - 9:00 pm

YE, OE, JR, SR

America's Center Dome

**Thursday, June 24, 2021**

9:00 am - 4:00 pm

YE, OE, JR, SR

America's Center Dome

**Friday, June 25, 2021**

10:00 am - 12:00 pm

Senior Only

America's Center Dome

**Saturday, June 26, 2021**

10:00 am - 12:00 pm

Senior Only

America's Center Dome

**Sunday, June 27, 2021**

10:00 am - 12:00 pm

Senior Only

America's Center Dome

**\*\* This training in the dome is dependent on the full set up of the equipment in this facility, if there are delays with the set up. We will offer training in Hall 3 from 7:30 - 10:30 pm. Teams with Elite athletes will be notified via email no later than 4:00 pm on Tuesday should there be a change in the venue.\*\***