



Training Schedule
Thursday, May 13, 2021

Sessions 1 - 4 is training for Level 10, YE, JR, Open (No Senior training during this time)				Senior Elite Training
9:00am - 11:00am	11:15am - 1:15pm	1:30pm - 3:30pm	3:45pm - 5:45pm	6:00pm - 8:00pm
Stretching 8:30am	Stretching 10:45am	Stretching 1:00pm	Stretching 3:15pm	Stretching 5:30pm
Kris Power Tumbling	Action Athletics	ETA	TAG USA	All senior elite athletes who are in one or more events may train all disciplines during this time.
Legacy Elite	Air Extreme	Elite World	TEG	
Legacy T&T	Airbenders	Elmwood	TG Sports	
Let It Shine	All American	Fairland Gymnastics	3TI	
MTGA	American Airborne	Flip Factory	The Flip Shop	
MJM Studios	Aspire	Flipside	The Palaestra	
NVG	Capital Gymnastics	FlipCity South	Top Star	
NSB	Carolina Elite	Full Force	T&T Express	
OXT	CAVU	Gypsy Flyers Eagan	Trevinos	
Panhandle Perfection	CIGA	Gymnast Factory	Tumble Tech	
Powerhouse	Champions Westlake	Gymnastics Central	TCT	8:30pm - 9:30pm
Premier Athletics	Dulles Gymnastics	Hangtime TNT	TwistStars	Stretching 8:00pm
Premier Gymnastics	DuPage Cheer & Power	High Altitude	Ultimate Air	
Silver Stars	Dynamite Gymnastics	High Energy	Uniquie Sports	
Skywalkers	Eagle Gymnastics TX	Integrity Athletics	USA Dynamites	
So Cal TTC	EWA Prosper	J and J T&T	Gymagic	
Sonshine Gymnastics.	Elevated	JUMP	Wasatch	
Southlake Gymnastics	ESCX	Kansas City TC	WCC	
Spark		KIAGA	World Elite	
Stars Gymnastics			Xtreme Acro	

6:00 - 8:00 SR Trampoline	6:00 - 8:00 SR Tumbling	6:00 - 8:00 SR Double Mini
Nicole Ahsinger	Alex Balinbin	Maia Amano
Maia Amano	Hope Bravo	Changa Anderson
Changa Anderson	Kaden Brown	Brandon Anderson
Kamryn Bourque	Miah Bruns	Raf Bryant
Paul Bretscher	Ian Castrence	CJ Castiglione
Raf Bryant	Savanna Cecil	Cammie Cooper
Jeremy Cooper	Drew Collins	Jeremy Cooper
Joshua Cooper	Zeke Dayton	Joshua Cooper
Charlotte Drury	Dom Dumas	Zeke Dayton
David Ford	Kayne Johnson	Susan Gill
Cody Gesuelli	Brandon Krzynefski	Gracie Harder
Jeffrey Gluckstein	Charlie Larson	Trevor Harder
Georgeanna Gray	Ashley McDonald	Randy Holmes
Trevor Harder	Shelby Nobuhara	Lacey Jenkins
Tenma Ide	Aliah Raga	Ariel Kibler
Charlie Larson	Alex Renkert	Dylan Kline
Camilla Lopes Gomes	Isabel Steinmetz	Charlie Larson
Krista McNary	Tia Taylor	Smith Light
Tomas Minc	Sarah Thompson	Kristle Lowell
AJ Noble	Julian Wright	Tomas Minc
Alyssa Oh		Hunter Moravec
Ruben Padilla		Shelby Nobuhara
Hally Piontek		Rory O'Neil
Zachary Ramacci		Ruben Padilla
Isaac Rowley		Hally Piontek
Michelle Sherman		Aliah Raga
Aliaksei Shostak		Alex Renkert
Olivia Simpson		Weston Sitz
Jessica Stevens		Carver Stennett
Trinity Van Natta		Derek Therrien
Elijah Vogel		Ghavyn Thompson
Sarah Webster		Jaden Vales
Jace Williams		Trinity Van Natta
Maya Yesharim		Tristan Van Natta
		Merrill Hunter