A. GENERAL

1. INDIVIDUAL COMPETITION

1.1 Trampoline competitions comprise 3 (three) routines with 10 (ten) elements in each routine.
   1.1.1 A routine on the trampoline is characterized by high, continuous rhythmic feet to feet and feet to back, front or seat rotational jumping elements, without hesitation or intermediate straight bounces.
   1.1.2 A trampoline routine should be planned to demonstrate a variety of forward and backward twisting or non twisting elements. The routine should show good control, form, execution, height and maintenance of height.

1.2 Qualifying Round
   1.2.1 There are 2 (two) routines in the Qualifying Round. The first routine includes special requirements as per §5.1.1; the second is a voluntary routine as per §5.1.3. 1.2.1.1 Federations are free to prescribe a compulsory routine instead of the first routine for competitions under their authority. See also §16.1.10.
   1.2.2* The starting order for the Qualifying Round is decided by a draw. The gymnasts will be divided into groups of no more than 16 (sixteen) per group, with each group performing their first and second routines prior to the next group starting the Qualifying Round.

1.2.3 At World Championships and USA Gymnastics Championships the Qualifying Round consist of three [3] routines: * Round 1: two [2] routines as per 1.2.1-1.2.2 * Round 2: one [1] routine as per 5.1.3
   1.2.3.1 The gymnasts with the 24 best scores from Round 1 will go forward to Round 2 (see also TR Section 4).

At USA Gymnastics Championships 2/3 rds of the gymnasts (rounding up if needed) with the best scores from Round 1 will go forward to round 2.

* = See Part II - Guide to Judging
1.2.3.2 Only 3 (three) gymnasts per member federation may compete in Round 2. The starting order for Round 2 will be in order of merit, the gymnast with the lowest score in Round 1 going first. In the event of ties, see Reg. 4.3.1.1 of TR, Section 4. The gymnasts start Round 2 with a score of zero.

1.3 **Finals**

1.3.1 There is 1 (one) voluntary routine in the Final as per §5.1.3.

1.3.2 The gymnasts (the pairs in synchronized competition) with the 8 (eight) best scores from the Qualifying Round will go forward to the Final. See also Reg. 1 of the Technical Regulations Section 4.

1.3.2.1 At FIG events only 2 (two) gymnasts and 1 (one) synchro pair per member federation may compete in the Final (see Reg. 4.3.1.2 of TR, Section 4). The gymnasts start the Final with a score of zero.

At USA Gymnastics Championships 2/3 rds (rounding up if needed and not less than 4) of the gymnasts with the best scores from Round 2 will go forward to round 3.

1.3.3 The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, see Reg. 4.3.1.1 of TR, Section 4.

2. **TEAM COMPETITION**

2.1 A team comprises a minimum of 3 (three) and a maximum of 4 (four) gymnasts per event (men’s or women’s competition).

2.2 Every member of the team will perform 2 (two) routines as per §1.2.1 and 1 (one) routine as per §1.3.1.

2.2.1 At World Championships Round 1 of the Qualifying Round acts as qualification for the Team Finals. In the Team Final, 3 (three) gymnasts from each team will perform 1 (one) routine. See also Reg. 4.3.1.2 of TR, Section 4.

2.3 System of scoring 2.3.1 The team score for each routine will be the sum of the 3 (three) highest scores obtained by the members of the team in each routine.

2.3.1.1 At World Championships the 5 (five) highest placed teams in the Qualifying Round qualify for the Team Final. In the Team Final all 3 (three) scores will count. The teams start the Final with a score of zero. See also Reg. 4.3.1.2 of TR, Section 4.

3. **SYNCHRONISED COMPETITION**

3.1 A synchronized pair consists of 2 (two) women or 2 (two) men.

3.2 A gymnast may only compete in one synchronized pairing.

3.3 Synchronized competitions will consist of a Qualifying Round and a Final as per §1.

3.4 Partners must do the same element at the same time (see also §16.1.9.1) and must start facing in the same direction. They need not twist in the same direction.
4. WINNER

4.1 The winner is the gymnast, pair or team with the highest number of points obtained in the Final.

At the Stars & Stripes Cup, the winner will be the gymnast, or pair with the highest number of points obtained in the Final (new life finals)
At the U.S. Elite Challenge the winner will be the gymnast, or pair with the highest total score obtained from the Qualifying Round (Round 1) in addition to the Final (Cumulative Total of 3 Routines)
At the U.S. Championships the winner will be the gymnast with the highest number of points obtained in the Qualifying Round (Round 1), Second Round (Round 2) and the Final (Round 3). (Cumulative total of 4 Routines) Refer to 1.2.3 TRA CoP

The winner will be the synchronized pair with the highest number of points obtained in the Qualifying Round (Round 1) in addition to the Final. (Cumulative total of 3 Routines)

4.2 Medals and places will be awarded according to Reg. 10.3 of TR, Section 1.

5. ROUTINES

5.1 Each routine consists of 10 (ten) elements.

5.1.1 The first routine in the Qualifying Round includes both free elements and special requirements. The order in which the elements are performed is at the discretion of the gymnast (see §7.3 and the exceptions in §1.2.1.1). Only the execution score plus the time of flight of this routine are counted (see the exceptions in §5.3).

YOUTH ELITE (Age 11-13)
The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.
* one back s/s with full twist
* one element landing on the front of the body
* one element landing on the back of the body

JUNIOR (Age 14-17) & OPEN (Ages 17+) ELITE
The routine consists of 10 different elements, only one (1) element allowed with less than 270° somersault rotation. Each element meeting the requirement must be marked with an asterisk (*) on the competition card. These
requirements cannot be fulfilled by combining them into one element but must be performed as separate elements.
* one (1) element to front or back,
* one (1) element from front or back - in combination with requirement No. 1,
* one (1) double front or back somersault with or without twist and
* one (1) element with a minimum of 540° twist and minimum of 360° somersault rotation.

SENIOR ELITE

The routine consists of 10 different elements, each with a minimum of 270° somersault rotation. Two (2) elements, marked with an asterisk (*) on the competition card, will have difficulty ratings. The difficulty will be added to the execution score to give the total score for the first routine. None of these two (2) elements may be repeated in the second routine of the qualifying round otherwise the difficulty will not be counted.

5.1.2 Changes to the special requirements will be published by the Trampoline Technical Committee (TRA-TC) through the FIG Office at least 1 (one) year ahead of the next World Championships and will be valid from the 1st of January of the year of these Championships.

5.1.3 The second routine and the Final routine are voluntary routines in which the execution score plus the time of flight are added to the difficulty score to give the total for a routine. (at World Championships the routine in the Second Round of Qualification is also a voluntary routine).

The minimum degree for degree of difficulty must be met for the second routine:

- Youth Boys 9.0
- Youth Girls 8.3
- Jr Boys 10.0
- Jr Girls 9.0
- Sr Men 12.0
- Sr Women 10.5

The difficulty judge will take a 0.1 deduction for each 0.1 below the minimum difficulty requirements on all completed routines.

5.2 Second attempts at routines are not allowed.
5.2.1 If a gymnast is obviously disturbed in a routine (faulty equipment or substantial external influence or the like), the Chair of Judges’ Panel may allow another attempt. A gymnast’s clothing cannot be classed as “equipment”.

5.2.2 Spectator noise, applause and the like would not normally constitute a disturbance.

5.3 At FIG events, in addition to §1.2, §5.1.1, §5.1.2 and §5.1.3 further requirements must be fulfilled in the routines in the Qualifying Round:

5.3.1 The first routine in the Qualifying Round includes elements with counting difficulty. The difficulty of these elements will be added to the execution score. The number of elements will be set by the TRA-TC (see §5.1.2).

5.3.2 In the second routine none of the elements already counted for difficulty in the first routine can be repeated, otherwise the difficulty of those elements will not be considered for calculation (see §15.4) in the second routine.

5.3.3 In Round 2 of the Qualifying Round and in the Final any elements from the first and second routines can be repeated.

### 6. DRESS FOR GYMNASTS AND SPOTTERS *

6.1 **Male gymnasts**
- Sleeveless or short sleeves singlet
- **Gym trousers in any single color, or Gym shorts**
- Trampoline shoes and/or foot covering of the same color as the gym trousers or white
- **Long hair must be secured close to the head. If the hair touches the trampoline or the frame pads, the routine will be interrupted.**

6.2* **Female gymnasts**
- Leotard or unitard with or without sleeves (must be skin tight)
- Long tights may be worn (must be skin tight and be the same color as the leotard)
- Any other “dress” which is not skin tight is not allowed
- For reasons of safety, covering the face or the head is not allowed
- Trampoline shoes and/or white foot covering

- **Long hair must be secured close to the head. If the hair touches the trampoline or the frame pads, the routine will be interrupted.**

6.3 The wearing of jewelry or watches is not permitted during the competition. Rings without gemstones may be worn if they are taped. Bandages or support pieces must not be in colors and must be of a beige color.

6.4 Any violation of §6.1, 6.2 and 6.3 may result in a penalty of 0.1 points, which will be deducted from the total score of any of the routines where the violation occurs disqualification from the round in which the offence occurs. This decision is made by the Chair of Judges Panel.

* = See Part II - Guide to Judging
6.5 **Teams**
Members of a team or a synchronized pair must wear the same uniform, identical in color and design. Failing to do so may result in disqualification of the team or synchronized pair from the team or synchronized event. This decision is made by the Chair of Judges Panel.

6.6 **National Identification or Federation emblem** At FIG events national identification or emblem has to be worn, [this must adhere to the FIG Rules for Clothing & Publicity] otherwise there will be a penalty of 0.2 points, which will be deducted from the total score of any of the routines where the violation occurred. This decision is made by the Chair of Judges Panel.

6.7 **Spotters** and coaches
Track suit and gym shoes or equivalent.

### 7. COMPETITION CARDS

7.1 The elements of the first routine must be written down on the competition card. Each of the required elements (see §5.1.1 and §5.3.1) must be marked with an asterisk (*). The elements of the second routine must also be written down on the competition card with the difficulty value of each element.

7.1.1 At FIG events, only the FIG numeric system may be used to describe the elements written on the competition card, otherwise the card will not be accepted [see Part III: I. and K].

7.2 The competition card must be handed in at the time and place specified by the organizing committee, otherwise the gymnast may not be allowed to start. The Chief Recorder is responsible for ensuring that they are given to the Difficulty Judges at least 2 (two) hours before the competition starts.

**Failure to turn in a competition card by the stated deadline will result in a deduction of 0.2 points from the difficulty score of the first complete voluntary routine.**

7.3 In the first routine, the gymnast should execute the elements as written on the competition card. Any missing required elements(s) or requirement(s) will result in a deduction of 1.0 point for each missing required element/requirement, by each Execution Judge (see §21.4.4). Such changes will be recorded on the competition card by the Difficulty Judges.

7.3.1 In the event that a compulsory routine is used instead of a first voluntary routine, any change will be judged as an interruption as per §16.1.10.

7.4 In both the second routine of the Qualifying Round and the Final, changes to the elements and the order in which they are written on the competition card are permitted without penalty.

### 8. TRAMPOLINES

8.1 See FIG Norms for Trampoline, Tumbling and Double Mini-Trampoline.
9. SAFETY REQUIREMENTS

9.1 See Reg. 5.1 of TR, Section 4.
  9.1.1 A competitor may have either 1 (one) or 2 (two) of their own spotters, who then replace the same number of spotters. At no time should there be more than 4 (four) spotters around the trampoline.
  9.1.2 A spotter mat may only be used by the competitor’s own spotter.

10. RECORDERS & SECRETARIAT

10.1 At FIG events an approved computer program must be used for recording and printing the results.
10.2 At all FIG and international events, a complete copy of the results must be sent to the Secretary General of the FIG.
10.3 Duties of the Chief Recorder:
  10.3.1 Collect and distribute the competition cards as per §7.2 and make the draw for the starting order (see also §1.2.2 & 1.3.3).
  10.3.2 Supervise the recorders.
  10.3.3 Determine the starting order for each routine and the respective warm up groups.
  10.3.4 Record the scores for execution, synchronisation, time of flight and difficulty as well as all penalties.
  10.3.5 Scrutinise and control the calculations on the score sheets.
  10.3.6 Ensure that all Judges’ scores, penalties and the total score for a routine are displayed.
  10.3.7 Produce a complete list of the results giving at least the total mark, score for difficulty, score for synchronisation and total penalty for each routine, the position and the overall total score.

11. SUPERIOR JURY AND JURY OF APPEAL

11.1 See Reg. 7.8.1 and 7.8.3 of TR, Section 1.
Reg 7.8.1 of TR, Section 1 This consists of the TC President and the members of the TCs without voting right to the Athletes’ representative. The specific tasks of each member are defined by the TC concerned.
The functions of the Superior Jury are:
  . To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
  . Where there is a grave error of judgement on the part of one, or several, judges to take such action as they consider necessary.
  . Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
  . Following the unsatisfactory result of any warning, to remove and replace any judging personnel.
  . Take the final decision about inquiries as per Reg. 8.4.
The guidelines for the use of IRCOS and the Duties for Superior Jury and Supervisors are developed by the EC and applicable at the Olympic Games, World Championships and other official FIG competitions by EC decision.

11.2 In Trampoline Gymnastics, a Superior Jury functions at World Championships, Olympic Games, World Games and World Cups.

Jury of appeal- shall consist of the meet referee, highest ranking committee member highest ranking judge free of conflict of interest.

B. COMPETITION PROCEDURE

12. WARMING UP

12.1 The equipment selected for the competition must be placed in the competition hall at least 2 (two) hours prior to the start of the competition to enable the gymnasts to warm up on the competition apparatus (see also Reg. 4.11.6 c) of TR, Section 1).

Qualifying Round and Finals
An assigned warm up the day before is recommended and may be provided at the discretion of the meet director.

A minimum of one of the following options must be provided for the warm up period:

1st Option
1 hour general warm up the day of the competition for every 4-5 flights.

2nd Option
Assigned warm up period the day before the qualifying round and a 15-minute warm up period before each individual flight.

3rd Option
A warm up gym adjacent to the competition arena, where each flight will be given warm up prior to each flight.

12.2 Immediately prior to the Qualifying Round and the Finals each gymnast will be allowed (max) 30 seconds warm-up on the competition apparatus. In the event that a gymnast abuses this time limit, the Chair of Judges Panel may instruct the Chief Recorder to deduct a penalty of 0.3 points from the total score of the following routine (see §20.13).

At USA Gymnastics Sanctioned competitions two touches (maximum), 30 seconds each turn prior to the Qualifying Round and one touch prior to the Final Round.
12.2.1 Warming up on the competition equipment during the actual competition may be eliminated if equivalent equipment is provided in an adjacent hall of at least 8 metres in height.

13. START OF A ROUTINE

13.1 Each gymnast will start on a signal given by the Chair of Judges Panel.

13.2 After the signal has been given (as per §13.1), the gymnast must initiate the first element within one minute, otherwise there will be deductions as follows by each of the Execution Judges (see §21.4.3):

- 61 seconds: 0.1 pts deduction
- 91 seconds: 0.2 pts deduction
- 121 seconds: 0.3 pts deduction

If this time limit is exceeded as a result of faulty equipment or other substantial cause, no deduction will be applied. This decision is made by the Chair of Judges Panel.

13.3 If there is a faulty start, the gymnast may re-start on a signal from the Chair of Judges Panel.

14. REQUIRED POSITIONS DURING AN ELEMENT *

14.1 In all positions, the feet and legs should be kept together (except straddle jumps), and the feet and toes pointed.

14.2 Depending on the requirements of the element, the body should be tucked, piked or straight.

14.3 In the tucked and piked positions the thighs should be close to the upper body, except in the twisting phase of multiple somersaults (see §14.7).

14.4 In the tucked position the hands should touch the legs below the knees except in the twisting phase of multiple somersaults (see §14.7).

14.5 The arms should be straight and/or held close to the body whenever possible. *

14.6 The following defines the minimum requirements for a particular body shape:

- **Straight position**: The angle between the upper body and thighs must be greater than 135°.
- **Pike position**: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be greater than 135°.

- **Tuck position**: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be equal to or less than 135°.

14.7 In multiple somersaults with twists, the tuck and pike position may be modified during the twisting phase as shown in the drawings in Part II: 2. Drawings (puck and pike twisting positions).

* = See Part II - Guide to Judging
15. REPETITION OF ELEMENTS *

15.1 During a routine no element may be repeated, otherwise the difficulty of the repeated element will not be counted. The repetition of an element during the first routine will also result in a deduction of 1.0 point by each Execution Judge for each repetition (see §21.4.5).

15.2 Elements having the same amount of rotation but performed in the tucked, piked and straight  
15.2.1 The tucked and pucked positions are considered to be the same position.

15.3 Multiple somersaults (of 630° or more) having the same number of twists and somersaults will not be considered a repetition if the twist is located in different phases [see Part II: 1.A].

15.4 At FIG events no element already counted for difficulty in the first routine may be repeated in the second routine of the Qualifying Round as per §5.3.2, otherwise the difficulty of the repeated element will not be counted in the second routine.

16. INTERRUPTIONS OF A ROUTINE

16.1 A routine will be considered interrupted if a gymnast: 16.1.1* Obviously does not land simultaneously on both feet on the trampoline bed.  
16.1.2 Does not use the elasticity of the bed after landing for the immediate continuation of the next element.  
16.1.3 Performs an intermediate (straight) jump.  
16.1.4 Lands on any part of the body except feet, seat, front or back.  
16.1.5 Performs an incomplete element.  
16.1.6 Touches anything other than the trampoline bed with any part of the body.  
16.1.7 Is touched by a spotter or spotter mat.  
16.1.8 Leaves the trampoline due to insecurity.  
16.1.9 Performs a different element from that of his partner in a synchronised routine. 16.1.9.1 If one of the gymnasts is more than half an element ahead of his partner they will be deemed to have performed different elements.  
16.1.10 Does not perform a prescribed compulsory routine (see §1.2.1.1) using the required elements and/or in the sequence written on the competition card.

16.2 No credit will be given for the element in which the interruption occurs.

16.3 A gymnast will be judged only on the number of elements completed on the trampoline bed.

16.4 The Chair of Judges Panel will decide the maximum mark.

17. TERMINATION OF THE ROUTINE *

17.1 The routine must end under control in an upright position, with both feet on the trampoline bed, otherwise there will be a deduction [see §21.3.2].

* = See Part II - Guide to Judging
17.2 After the final landing on the bed, the gymnast must stand upright and show stability for approximately 3 (three) seconds, otherwise there will be a deduction for lack of stability (see §21.3.2).
17.3 In individual competition, the gymnast is allowed to do 1 (one) more jump in a stretched position (out-bounce) after the last element, using the elasticity of the bed.
17.4 In synchronised competition both gymnasts must either do one more jump in a stretched position (out-bounce) after the last element, or they must both stand still, otherwise there will be a deduction of 0.2
17.5 If a gymnast executes more than 10 (ten) elements, a deduction of 1.0 point will be made (see §21.4.2).

18. SCORING

Four types of mark are used, ‘D’ type mark, which is the total of the degree of difficulty in one routine, ‘E’ type mark, which is the total given by an Execution Judge in one routine “T” type mark, which is the time of flight and ‘S’ type mark which is the score for synchronization.

18.1* Degree of difficulty  In principle the amount of difficulty obtained in a single element during a routine is open, but for the Youth Olympic Games and Youth/Junior competitions it is limited to 1.8 points. Elements with higher difficulty can be performed, but will get the limited difficulty value of 1.8 points.

NOTE: Elite Committee needs to clarify DD limits per skill or per routine for Youth & Open

18.1.1 The difficulty of each element is calculated on the basis of the amount of twist and somersault rotation
   18.1.1.1 per 1⁄4 somersault (90°) 0.1 pts
   18.1.1.2 for complete single somersaults (360°) 0.5 pts
   18.1.1.3 for complete double somersaults (720°) 1.0 pt
   18.1.1.4 for complete triple somersaults (1080°) 1.6 pts
   18.1.1.5 for complete quadruple somersaults (1440°) 2.2 pts
   18.1.1.6 per 1⁄2 twist (180°) 0.1 pts
18.1.2 Side somersaults and elements without twist or somersault rotation have no difficulty value.
18.1.3 In elements combining somersault and twist, the difficulty values of the somersault and twist are added together.
18.1.4 Single somersaults of 360 - 630° without twists, executed in the straight or pike position, will be awarded an extra 0.1 points
18.1.5 Multiple somersaults of 720° or more, with or without twists, executed in the straight or pike

* = See Part II - Guide to Judging.
18.2 Method of scoring

18.2.1 The evaluation of execution, difficulty and synchronisation is done in 10ths of a point. The time of flight is evaluated in 1/1000 of seconds rounded down to 5/1000. (See appendix M).

18.2.2 Judges must write their deductions independently of one another.

18.2.3 When signaled by the Chair of Judges Panel, all Judges’ marks must be displayed simultaneously.

18.2.4 If any of the Execution or Synchronisation Judges fails to display their marks when signaled by the Chair of Judges Panel, the average of the other marks will be taken for the missing mark(s). This decision is made by the Chair of Judges Panel.

18.2.5 Evaluation of the score for execution:

18.2.5.1 The deductions for poor execution as per §21.3 and the additional deductions on the instruction of CJP as per §21.4 are subtracted from the maximum mark, i.e. 10.0 points or the mark decided by the Chair of Judges Panel (see §16.4).

18.2.5.2 In individual competition, the highest and lowest marks of the five Execution Judges are deleted and the three remaining marks are added together to give the gymnast’s execution score for the routine (E+E+E). (Wherever possible at FIG events, depending on hardware and software components, the median deduction of the 5 execution judges is taken as the deduction per element, then the sum of the median deductions [including median of additional deductions] is subtracted from the maximum mark and tripled to give the gymnast’s execution score for a routine).

18.2.5.3 In synchronised competition, the highest and lowest marks of the four Execution Judges are deleted and the two remaining marks are added together to give the pair’s execution score for the routine (E+E). (Wherever possible at FIG events, depending on hardware and software components, the median deduction of the 4 execution judges is taken as the deduction per element, then the sum of the median deductions [including median of additional deductions] is subtracted from the maximum mark and)

18.2.6 Evaluation of the score for difficulty:

18.2.6.1 The Difficulty Judges calculate the difficulty of a routine as per §18.1.

18.2.7 Evaluation of the score for time of flight (T):

18.2.7.1 The evaluation of the Time of Flight mark should be done electronically. The appointed judge No. 8 is responsible for controlling the electronic stopwatch.

18.2.7.1.1 If a breakdown of the electronic system occurs, the time is determined through an analysis of the official video by Judge No. 8 supervised by the CJP. (see Appendix N)

18.2.7.2 The total time of flight in 1/1000 of seconds is considered as the score for the Time of Flight. (see §18.2.1) (See also Guide to Judging and Appendix M)

* = See Part II - Guide to Judging
18.2.8 Evaluation of the score for synchronization (S):

18.2.8.1 The evaluation of the Synchronised mark should be done electronically. The appointed judge No. 8 is responsible for controlling the electronic scores.

18.2.8.1.1 If a breakdown of the electronic system occurs, the score is determined through an analysis of the official video by Judge No. 8 supervised by the CJP. (see Appendix N)

18.2.8.2 The deductions for lack of synchronisation are subtracted from the maximum mark, i.e. 10.0 score for synchronisation.

18.2.8.3 If an electronic scoring system is not available, the middle mark of the Synchronisation Judges (nos. 8, 9 & 10) is doubled and taken as the score for synchronisation.

18.2.8.4 The recorders add this score for synchronisation to the execution score (see §18.2.5.3).

18.2.9 Evaluation of the gymnasts’ total score for a routine:

18.2.9.1 In the individual competitions, the recorders will calculate the total score by adding together the “E” marks (execution), “T” marks (time) plus “D” marks (difficulty), minus penalties as per §6.6 and §12.2.

18.2.9.2 In the synchronised competitions, the recorders will calculate the total score by adding together the “E” marks (execution) and “S” marks (synchronisation) plus “D” marks (difficulty), minus penalties as per §6.6 and §12.2.

18.2.10 All scores will be rounded to 3 (three) decimal places. Such rounding will only be made in respect of the gymnast’s total score for a routine.

18.2.11 The Chief Recorder must verify the total score on the list of results.

18.2.12 The Chair of Judges Panel is responsible for determining the validity of the final scores.

C. THE JUDGES’ PANEL

19. THE JUDGES’ PANEL

19.1 Composition:

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<thead>
<tr>
<th></th>
<th>INDIVIDUAL</th>
<th>SYNC</th>
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<tbody>
<tr>
<td>19.1.1 Chair of Judges Panel 1</td>
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<td>1</td>
</tr>
<tr>
<td>19.1.2 Judges for Execution</td>
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<td>All USAG National Events</td>
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<td>All other USAG Sanctioned Events Minimum:</td>
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<td>19.1.3 Judges for Difficulty</td>
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<tr>
<td>All USAG National Events</td>
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<td>2</td>
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<tr>
<td>All other USAG Sanctioned Events Minimum:</td>
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<td>1+CJP</td>
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<tr>
<td>19.1.4 Judges for Synchronization &amp; Time</td>
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<tr>
<td>19.1.5 Assistant To Chair of Judges Panel</td>
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<td>As avail</td>
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|                |            |      |
| 19.1.6 Total for USA Gymnastics Sanctioned National Events | 9          | 7 (or 10) |
| Total for USA Gymnastics Sanctioned Events | 7          | 6 (or 9) |
19.2 In synchronised competition the Assistant to the Chair of Judges Panel will sit beside the Difficulty Judges.

19.3 Judges nos. 1-7 must sit on the judges platform 5 to 7 metres from Trampoline No 1 and raised by a minimum of 1 (one) metre and maximum 2 (two) meters.

19.4 Judges nos. 8-10 will be placed alongside, the judges’ platform, so that the trampoline is at eye level.

19.5 If a Judge fails to carry out his duties in a satisfactory manner he must be replaced. This decision will be made by the Superior Jury. Where there is no Superior Jury, the decision is taken by the Chair of Judges Panel. See Reg. 7.8.1 of TR, Section 1 and §11.2 of CoP.

19.5.1 If an Execution or Synchronised Judge is replaced, the Chair of Judges Panel may decide that his previous marks will be replaced by the average of the remaining marks (see §18.2.4).

19.6 If the evaluation of the Synchronised mark is done electronically, the appointed judge No. 8 is responsible for controlling the electronic system.

20. **DUTIES OF THE CHAIR OF JUDGES PANEL**

20.1 Control of the facilities.

20.2 Organize the Judges’ conference and the trial scoring (but see Reg. 7.9 of TR, Sec 1).

20.3 Place and supervise all Judges, spotters and recorders.

20.4 Direct the competition.

20.5 Convene the Competition Jury.

20.6 Decide if a second attempt should be allowed (see §5.2).

20.7 Decide about a gymnast’s dress (see §6).

20.8 Decide whether any assistance given by a spotter was necessary (see Reg. 5.1 of TR, Section 4).

20.9 Declare the maximum mark in the case of an interrupted routine (see §16).

20.10 Inform the Execution Judges and Synchronisation Judges of additional deductions (see §21.3.2.2-21.3.2.4, 21.4 & 24.3.3).

20.11 Decide if a Judge fails to show his mark immediately (see §18.2.4).

20.12 Supervise the judging of a synchronised routine and time of flight on video if the electronic system fails (see §18.2.7).

20.13 Decide about penalties as per §6.4, §6.6 and §12.2 and inform the Chief Recorder.

20.14 Supervise and control all scores, calculations and the final results and intervene if he recognises obvious calculation errors concerning execution, synchronised or difficulty scores.

20.15* Decide before the end of a round, when approached by an official representative of a federation or a Judge, about obvious errors in the calculation of difficulty or numerical errors concerning execution or synchronised scores (see Part II, 1 A).

* = See Part II - Guide to Judging
21. DUTIES OF THE JUDGES FOR EXECUTION (NOS. 1-5)

21.1 Evaluate the execution in the range 0.0 to 0.5 points as per §21.3 and write down their deductions on the deduction sheets.

21.2 Subtract their deductions from the maximum mark indicated by the Chair of Judges Panel (see §16.4).

21.3 Deductions for execution:

- 21.3.1* lack of form, consistency of height and control in each element 0.1-0.5 pts
- 21.3.2* lack of stability after a complete routine (10 elements), a single deduction for the greater fault only: 0.1-0.2 pts
  - 21.3.2.1 not standing still in an upright position and showing stability for approximately 3 (three) seconds or make the following deductions on the instruction of the Chair of Judges Panel
    - 21.3.2.2 falling to or touching the bed with any part of the body except the feet 0.5 pts
    - 21.3.2.3 touching or stepping out on anything other than the trampoline bed 0.5 pts
    - 21.3.2.4* landing or falling outside the trampoline bed, leaving the trampoline area, or performing an additional somersault 1.0 pt

21.4 Make the following additional deductions on the instruction of the Chair of Judges Panel:

- 21.4.1 Talking to or giving any form of signal to a gymnast by their own spotters or coach during the routine, for each occurrence 0.3 pts
- 21.4.2 Additional elements, as per §17.5 1.0 pt
- 21.4.3 Exceeding the time limit, as per §13.2 0.1-0.3 pts
- 21.4.4 Missing required elements/requirement in the first routine as per §7.3, for each element 1.0 pt
- 21.4.5 Repetition of an element during the first routine as per §15.1, for each repetition 1.0 pt

21.5 During synchronised competitions Judges nos. 1 & 3 evaluate the execution of the routine on trampoline No 1, Judges nos. 2 & 4 evaluate the execution on trampoline No 2.

21.6 The evaluation of execution in the synchronised competition will be done in the same manner as in the individual competition.

21.7 Display their execution mark. (see also Guide to Judging)

22. DUTIES OF THE JUDGES FOR DIFFICULTY (NOS. 6 & 7)

22.1 Collect the competition cards from the Chief Recorder at least 2 (two) hours prior to the start of the competition.

22.2 Check the elements and difficulty values entered on the competition cards.

= See Part II - Guide to Judging
22.3 Check the required elements/requirements of the first routine as per §§7.1, 7.3 and 5.3 and notify the Chair of Judges Panel of the number of changed/missed elements/requirements (see also §§21.4.4 and 16.1.10).
22.3.1 Display, in public, if a gymnast executed other element/s with counting difficulty than indicated on the competition card.
22.4 Determine and record all elements performed, and its difficulty value, on the competition card (according to the FIG numeric system). 22.4.1 At FIG events determine the difficulty score each of the required elements in the first routine as per §§18.1 and 15.1 and if an element/elements from the first routine is/are* repeated in the second routine of the qualifying round as per §15.4.
22.5 Determine whether or not any of the elements in the second and final routines were intermediate (straight) jumps and advise the Chair of Judges Panel accordingly (see §16.1.3).
22.6 Check that pairs in synchronised competition perform the same elements at the same time as per §16.1.9 and notify the Chair of Judges Panel.
22.7 Display the difficulty score.

23. DUTIES OF THE ASSISTANT TO THE CHAIR OF JUDGES PANEL

23.1 Assist the CJP in supervising trampoline No 1 during the synchronised competition.
23.2 Assist the difficulty judges and check that pairs in synchronised competition perform the same elements at the same time as per §16.1.9 and notify the Chair of Judges Panel.

24. DUTIES OF THE JUDGES FOR SYNCHRONISATION (NOS. 8, 9 & 10)

24.1 Evaluate the synchronised performance in the range 0.0 to 0.5 points as per §24.3 and write down their marks on the respective deduction sheets.
24.2 Subtract their deductions from the maximum mark indicated by the Chair of Judges Panel (see §16.4).
24.3 Make and record the following deductions for each un-synchronised landing:
   24.3.1 Landing difference under 80 cm in height
   24.3.2 Landing difference of 80 cm or more in height
   24.3.3* After the 10th element, not making the same landing [out-bounce or standing still], on the instruction of the CJP.
24.4 If the Synchronised scores are evaluated electronically the appointed Judge No. 8 supervises the electronic system (see §18.2.7).
24.5 Display the synchronisation score.
24.6 Measure the synchro deviations of a routine with a synchro measurement device or in case of a break down of the device with a video-analysing computer system, (as per §18.2.8.1.1).
24.7 Determine the synchro mark according the number of elements /the maximum mark indicated by the Chair of Judges Panel (see §16.4). (see also Guide to Judging)

\[ See\ Part\ II -\ Guide\ to\ Judging \]
25. DUTIES OF THE JUDGE FOR THE TIME OF FLIGHT (NO. 8)

25.1 Measure the time of flight of a routine with a time measurement device or in case of a break down of the device with a video-analyZing computer system, (as per § 18.2.7).

25.2 Determine the time of flight according the number of elements /the maximum mark indicated by the Chair of Judges Panel (see §16.4).
USA Gymnastics Elite Code Of Points

DOUBLE MINI-TRAMPOLINE

Valid from 1.1.2014 – 12-13-2014

General text from FIG Code of Points, FIG Rule references in Bold italics,
USA Exceptions/Additions to the FIG code listed in bold boxed format.

A. GENERAL

1. INDIVIDUAL COMPETITION

1.1 Double Mini-Trampoline (DMT) competitions comprise 4 (four) passes with 2 (two) elements in each pass.

1.1.1 A pass on the Double Mini-Trampoline is characterized by high, continuous rhythmic feet to feet rotational jumping elements, without hesitation or intermediate straight bounces.

1.1.2 A Double Mini-Trampoline pass should be planned to demonstrate a variety of forward and backward twisting or non-twisting elements. The pass should show good control, form, execution, height and maintenance of height.

1.1.3 In a pass a maximum of 3 (three) contacts with the bed are allowed with no intermediate bounce between the elements.

1.1.4 Each pass must end with a dismount element performed from the spotter/dismount zone to the landing area.

1.2 Qualifying Round

1.2.1 There are 2 (two) passes in the Qualifying Round.

1.2.2* TRA CoP The starting order for the Qualifying Round is decided by a draw. The gymnasts will be divided into groups of no more than 16 (sixteen) per group, with each group performing their first and second routines prior to the next group starting the Qualifying Round.

1.3 Finals

1.3.1 There are 2 (two) passes in the Individual Final and 1 (one) pass in the Team Final.

1.3.2 The gymnasts with the 8 (eight) best scores from the Qualifying Round will go forward to the Final. As per §1.3.2.1 in TRA CoP.

1.3.2.1* TRA CoP At FIG events only 2 (two) gymnasts and 1 (one) synchro pair per member federation may compete in the Final as per 4.3.1.2 TR, Section 4

Participation: Reg. 4.3.1.2 FIG TR, Section 4

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- the top 8 gymnasts, maximum two per NF,
- the top 8 pairs, maximum one per NF and
- the top 5 teams (three gymnasts per team) from the Qualifying Round (second round for individuals, first round for teams) will go forward to the Finals. For Individual Finals: The starting order will be in the order of merit, with the gymnast with the lowest score from the Qualifying Round starting first and the best gymnast starting last. For FIG Team Finals: The starting order for the teams is also in order of merit, with the first gymnast from the team on 5th place going first, followed by the first gymnast from the team on 4th place etc., the NF will nominate the three athletes, competing. The gymnasts start the Final with a score of zero.

1.3.3 The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, as per Reg. 4.4.6 TR, Section 4.

Reg. 4.4.6. TR, Section 4. Double Mini-Trampoline
In case of a tie in points at any place in the Qualifying Round, the ranking will be determined by the following criteria:

1. The gymnast with the higher sum of the E-scores of both passes prevails
2. The gymnast with the higher E-score of the second pass prevails
If there is still a tie, the tie will not be broken.

2. TEAM COMPETITION

2.1 Teams, per §2.1 in TRA CoP.

2.1 TRA CoP A team comprises a minimum of 3 (three) and a maximum of 4 (four) gymnasts per event (men’s or women’s competition).

2.2 Every member of the team will perform 2 (two) passes as per §1.2.1 and 1 (one) pass as per §1.3.1. 2.3

2.3 System of scoring
2.3.1 as per §2.3.1 in TRA CoP.

2.3.1 TRA CoP The team score for each routine will be the sum of the 3 (three) highest scores obtained by the members of the team in each routine.

2.3.1.1 At World Championships: see §2.3.1.1 in TRA CoP and Reg. 4.3.3.2 of TR, Section 4.
2.3.1.1 TRA Cop At World Championships: At World Championships the 5 (five) highest placed teams in the Qualifying Round qualify for the Team Final. In the Team Final all 3 (three) scores will count. The teams start the Final with a score of zero and per Reg. 4.3.2.2 of TR, Section 4.

4.3.2.2 of TR, Section 4. These competitions determine the World Champions. Participation:
- the top 8 gymnasts, maximum two per NF,
- the top 5 teams (three gymnasts per team) from the Qualifying Round (2 passes) will go forward to the Finals.

Starting order for individual and team Finals as per Reg. 4.3.1.2

Finals
These competitions determine the World Champions.

Participation:
- the top 8 gymnasts, maximum two per NF,
- the top 8 pairs, maximum one per NF and
- the top 5 teams (three gymnasts per team) from the Qualifying Round (second round for individuals, first round for teams) will go forward to the Finals. For Individual Finals: The starting order will be in the order of merit, with the gymnast with the lowest score from the Qualifying Round starting first and the best gymnast starting last. For Team Finals: The starting order for the teams is also in order of merit, with the first gymnast from the team on 5th place going first, followed by the first gymnast from the team on 4th place etc., the NF will nominate the three athletes, competing

Reg. 4.3.2
Reg. 4.3.2.1
for their team in the Final (at least one hour prior to the Team Final) without any change to the order in which they have competed in the Qualifying Round.
The classification for the Individual Finals is determined by the highest final score of the Final routine.
The classification for the synchronised finals is determined by the highest final score in the final routine.
The classification for the Team Finals is determined by the sum of the 3 (three) total scores obtained by the 3 (three) members of the team in the Final routines.

Tumbling

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Qualifying Round

The Qualifying Round is the basis for qualification to the following Finals:
- Men’s Individual
- Women’s Individual
- Men’s Team
- Women’s Team

Maximum four men and four women per NF may participate. Starting order see Reg. 4.3.1.1.1 and 4.3.1.1.2 The Qualifying Round will be conducted as per COP § 1.2. The individual classification is made by adding the total scores from the two passes in the Qualifying Round. The team classification is made as follows: The total team score will be the sum of the three highest total scores obtained by the members of the team in the first pass plus the sum of their three highest total scores in the second pass. Finals These competitions determine the World Champions.

Participation:
- the top 8 gymnasts, maximum two per NF,
- the top 5 teams (three gymnasts per team) from the Qualifying Round (2 passes) will go forward to the Finals.

Starting order for individual and team Finals as per Reg. 4.3.1.2 The classification for the Individual Finals is determined by adding the total scores from the two passes in the Finals. In case of a tie in points at any place, the tie is not broken. The classification for the Team Finals is determined by the sum of the three total scores obtained by the three members of the team in the final pass.

The classification for the Individual Finals is determined by adding the total scores from the two passes in the Finals. In case of a tie in points at any place, the tie is not broken. The classification for the Team Finals is determined by the sum of the three total scores obtained by the three members of the team in the final pass.

4. WINNERS

4.1 The winner is the gymnast or team with the best score obtained in the Final.

At U.S.A Gymnastics Championships the winner shall be the gymnast with the highest number of points obtained in the Qualifying Round and Final cumulatively.
4.2 Medals and places will be awarded according to Reg. 10.3 of TR, Section 1.

Around competitions and in the Apparatus Finals:

1st rank 1 gold medal and 1 diploma
2nd rank 1 silver medal and 1 diploma
3rd rank 1 bronze medal and 1 diploma
4th to 8th rank 1 diploma

On the podium, awards will only be presented to the medal winners, except for Competition II (8 gymnasts on the podium). Diplomas for positions 4 through 8 will be presented to the respective gymnasts.

A gymnast or a team who is absent with unjustified reason will be disqualified.

In team competitions, each gymnast receives the awards mentioned above, including the reserve gymnast provided that he/she has competed for the team. The same award will also be presented to the coach at the same time.

For all the open FIG competitions: if there are less than 4 participating federations, no medals are given. A prize is given instead.

In addition to the above, all the accredited gymnasts, coaches, judges and officials receive a souvenir plaque and a diploma from the LOC.

5. PASSES

5.1* Each pass consists of 2 (two) elements (1 (one) mounting element or spotter element and 1 (one) dismount element).

<table>
<thead>
<tr>
<th>Minimum difficulty over two passes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Youth</strong></td>
</tr>
<tr>
<td>Men DD 8.4 DD</td>
</tr>
<tr>
<td>Women 7.5 DD</td>
</tr>
<tr>
<td><strong>Junior</strong></td>
</tr>
<tr>
<td>Men 8.4 DD</td>
</tr>
<tr>
<td>Women 7.5 DD</td>
</tr>
<tr>
<td><strong>Open</strong></td>
</tr>
<tr>
<td>Men 8.4 DD</td>
</tr>
<tr>
<td>Women 7.5 DD</td>
</tr>
</tbody>
</table>
A 0.3 pts deduction will be taken from each Execution Judge’s score for the 2nd pass if the competitor does not meet the required minimum difficulty over two completed passes.

5.1.1 A straight mounting jump without twists is not considered an element. If a straight jump is used as a spotter element or dismount element, the pass will be interrupted (see §16.1.8).

5.2* • A mounting element or a straight mounting jump must take off from the mounting zone and landing the spotter/dismount zone • A spotter element must take off and land in the spotter/dismount zone • A dismount element must take off from the spotter/dismount zone and land in the landing area Any violation of §5.2 will cause an interruption of the pass (see §16.1.7).

5.3 Elements may only be repeated when performed in different parts of a pass [mount, spotter or dismount].

5.4 Second attempts at passes are not allowed.

5.4.1 If a gymnast is obviously disturbed in a pass (faulty equipment or substantial external influence or the like), the Chair of Judges Panel may allow another attempt. A gymnast’ clothing cannot be classed as ‘equipment’.

5.4.2 Spectator noise, applause and the like would not normally constitute a disturbance.

6. DRESS FOR GYMNASTS AND SPOTTERS *

6.1 Male gymnasts
Sleeveless or short sleeved leotard
Gym shorts

**Competition style shorts must not be longer than 5” inseam**
White trampoline shoes and/or white foot covering

All hair should be secured close to the head. Loose hair is at the gymnast's own risk. It can cause safety problems and may result in an interruption

6.2* Female gymnasts
Leotard or unitard with or without sleeves (must be skin tight)
Long tights may be worn (must be skin tight and be the same color as the leotard)
Any other “dress” which is not skin tight is not allowed
For reasons of safety, covering the face or the head is not allowed
Trampoline shoes and/or white foot covering

**All hair should be secured close to the head. Loose hair is at the gymnast's own risk. It can cause safety problems and may result in an interruption**

6.3 As per 6.3 TRA CoP

6.3 TRA CoP The wearing of jewelry or watches is not permitted during the competition. Rings without gemstones may be worn if they are taped. Bandages
or support pieces must not be in colored and must be of a beige color, or flesh tones.

6.4 As Per 6.4 TRA CoP

6.4 TRA CoP Any violation of §6.1, 6.2 and 6.3 may result in a penalty of 0.1 points, which will be deducted from the total score of any of the routines where the violation occurs. This decision is made by the Chair of Judges Panel.

6.5 Teams

At FIG Events Members of a team must wear uniform dress. Failing to do so may result in disqualification of the team from the team event. This decision is made by the Chair of Judges Panel.

6.6 National emblem or Federation emblem See §6.6 in TRA CoP.

6.7 Spotters /Coaches
Track suit and gym shoes or equivalent.

7. COMPETITION CARDS

7.1 Each pass, with the difficulty value of each element, must be written on the competition card.

7.1.1 At FIG events, only the FIG numeric system may be used to describe the elements written on the competition card, otherwise the card will not be accepted (see Part III: H and I).

7.2 The competition card must be handed in at the time and place specified by the organizing committee otherwise the gymnast may not be allowed to start. The Chief Recorder is responsible for ensuring that they are given to the Difficulty Judges at least 2 (two) hours before the competition starts.

Failure to turn in a competition card by the stated deadline will result in a deduction of 0.2 pts from the difficulty score of the first completed voluntary pass.

7.3 Changes to the elements and the order in which they are written on the competition card are permitted without penalty but must be recorded on the competition card by the Difficulty Judges.

At FIG events the pass in the Team Final is recorded by the Difficulty Judges. Elements and passes from the qualifying passes may be used (see §15.2).

8. DOUBLE MINI-TRAMPOLINE EQUIPMENT

8.1 See FIG Norms for Trampoline, Tumbling and Double Mini-Trampoline.

9. SAFETY REQUIREMENTS

9.1 As per Reg. 5.3 of TR, Section 4.

5.3 TR, Section 4

DOUBLE MINI-TRAMPOLINE
The interior height of the hall must be at least 6 meters. A gymnast may have one spotter (coach).

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9.1.1 A gymnast may have 1 (one) spotter (coach).
9.1.2 A spotter mat may only be used by the competitor’s own spotter.

10. RECORDERS & SECRETARIAT

10.1 As per 10 in TRA CoP.

10.2 At all FIG and international events, a complete copy of the results must be sent to the Secretary General of the FIG.

10.3 Duties of the Chief Recorder:

10.3.1 Collect and distribute the competition cards as per §7.2 and make the draw for the starting order (see also §1.2.2 & 1.3.3).

10.3.2 Supervise the recorders.

10.3.3 Determine the starting order for each routine and the respective warm up groups.

10.3.4 Record the scores for execution, and difficulty as well as all penalties.

10.3.5 Scrutinize and control the calculations on the score sheets.

10.3.6 Ensure that all Judges’ scores, penalties and the total score for a routine are displayed.

10.3.7 Produce a complete list of the results giving at least the total mark, score for difficulty, and total penalty for each routine, the position and the overall total score.

11. SUPERIOR JURY AND JURY OF APPEAL

11.1 See Reg. 7.8.1 and 7.8.3 of TR, Section 1.

Reg 7.8.1 of TR, Section 1 This consists of the TC President and the members of the TCs without voting right to the Athletes’ representative. The specific tasks of each member are defined by the TC concerned.

The functions of the Superior Jury are:

. To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
. Where there is a grave error of judgement on the part of one, or several, judges to take such action as they consider necessary.
. Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
. Following the unsatisfactory result of any warning, to remove and replace any judging personnel.
. Take the final decision about inquiries as per Reg. 8.4.

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The guidelines for the use of IRCOS and the Duties for Superior Jury and Supervisors are developed by the EC and applicable at the Olympic Games, World Championships and other official FIG competitions by EC decision.

11.2 In Double Mini-Trampoline, a Superior Jury functions at World Championships, World Games and World Cups.

Jury of appeal- shall consist of the meet referee, highest ranking committee member highest ranking judge free of conflict of interest.

### B. COMPETITION PROCEDURE

**12. WARMING UP**

12.1 As per 12.1 in TRA CoP and Reg. 4.11.6 c) of TR, Section 1.

12.1 All equipment must be of the same brand as in the competition hall.

Reg. 4.11.6 c of TR, Section 1

Trampoline Gymnastics each hall must be equipped as described for the competition hall.

All equipment must be of the same brand as in the competition hall.

12.1 in TRA CoP of TR, Section 1

The equipment selected for the competition must be placed in the competition hall at least 2 (two) hours prior to the start of the competition to enable the gymnasts to warm up on the competition apparatus.

**Qualifying Round and Finals**

As assigned warm up the day before is recommended and may be provided at the discretion of the meet director.

A minimum of one of the following options must be provided for the warm up period:

1st Option – One hour general warm up the day of the competition for every 4-5 flights.

2nd Option – Assigned warm up period the day before the qualifying round and a 15-minute warm up period before each individual flight.

3rd Option – A warm up gym adjacent to the competition arena, where each flight will be given warm up prior to each flight.

12.2 Immediately prior to the Qualifying Round and the Individual Finals each gymnast will be allowed 2 (two) passes warm-up on the competition apparatus. There will be 1 (one) warm-up
pass before the Team Final. In the event that a gymnast abuses the right to warm-up, the Chair of Judges Panel may instruct the chief recorder to deduct a penalty of 0.3 points from the total score of the following pass (see §20.12)

12.2.1 Warming up on the competition equipment during the actual competition may be eliminated if equivalent equipment is provided in an adjacent hall of at least 6 meters in height.

13. START OF A PASS

13.1 Each gymnast will start on a signal given by the Chair of Judges Panel.

13.2 After the signal has been given (as per §13.1), the gymnast must initiate the first element within 20 seconds, otherwise a penalty deduction of 0.1 points will be made by each of the Execution Judges on the instruction of the Chair of Judges Panel (see §21.4.1).

If this time limit is exceeded as a result of faulty equipment or other substantial cause, no deduction will be applied. This decision is made by the Chair of Judges Panel.

13.3 If there is a faulty start and the gymnast has not touched the Double Mini-Trampoline, then the gymnast may re-start without penalty on a signal from the Chair of Judges Panel.

14. REQUIRED POSITIONS DURING AN ELEMENT *

14.1 See §14.1-14.7 in TRA CoP.

14.1 In all positions, the feet and legs should be kept together and the feet and toes pointed.

14.2 Depending on the requirements of the movement, the body should be either, tucked, piked or straight.

14.3 In the tucked and piked positions the thighs should be close to the upper body except in the twisting phase of multiple somersaults (see §14.7).

14.4 In the tucked position the hands should touch the legs below the knees except in the twisting phase of multiple somersaults (see §14.7).

14.5 The arms should be straight and held close to the body whenever possible.

14.6 The following defines the minimum requirements for a particular body shape:

14.6.1 Straight position: The angle between the upper body and thighs must be greater than 135°.

14.6.2 Pike position: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be greater than 135°.

14.6.3 Tuck position: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be equal to or less than 135°.

14.7 In multiple somersaults with twists, the tuck and pike position may be modified during the twisting phase (puck and pike twisting positions).

* = See Part II - Guide to Judging
15. REPETITION OF ELEMENTS *

15.1 An element is considered repeated when used during any of the 4 (four) passes more than once as a mounting element, spotter element or dismount element as per §5.3. The degree of difficulty of a repeated element will not be counted.

15.2 At World Championships, elements or a pass from the Qualifying Round may be repeated in the Team Final.

15.3 Elements having the same amount of rotation but performed in the tucked, piked and straight positions are considered to be different elements and not repetitions. 15.3.1 The tucked and pucked positions are considered to be the same position.

15.4 Multiple somersaults (720° or more) having the same number of twists and somersaults will not be considered a repetition if the twist is located in different phases [see Part II: 1.A].

16. INTERRUPTIONS OF A PASS

16.1 A pass will be considered interrupted if the gymnast:

16.1.1 Obviously does not land simultaneously on both feet on the bed.
16.1.2 Does not use the elasticity of the bed after landing for the immediate continuation of the next element.
16.1.3 Is touched by a spotter or a spotter mat.
16.1.4 Leaves the DMT during the pass due to insecurity.
16.1.5 Lands on any part of his body except his feet on the DMT bed.
16.1.6* Lands on any part of the DMT other than the bed during the pass.
16.1.7 Does not perform a mounting element, spotter element or dismount element from or to the correct area (as per §5.2).
16.1.8 Performs a straight jump as a spotter or dismount (as per §5.1.1).

16.2 No credit will be given for the element in which the interruption occurs in respect of §16.1.1-16.1.8.

16.3 A gymnast will be judged only on the number of elements completed on both feet.

16.4 The Chair of Judges Panel will decide the maximum mark.

17. TERMINATION OF THE PASS *

17.1 After the dismount element, the pass must end under control in an upright position, with both feet within the landing area, otherwise the dismount element will not be counted.

17.2 After the dismount, the gymnasts must stand upright for approximately 3 (three) seconds, otherwise otherwise other wise there will be a deduction for lack of stability [see §21.3.2].

18. SCORING

Two types of mark are used, ‘D’ type mark, which is the total of the degree of difficulty in one pass and ‘E’ type mark, which is the total given by an Execution Judge in one pass. The total score for a pass is based on one D mark plus three E marks.

* = See Part II - Guide to Judging

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18.1*Degree of difficulty

In principle the amount of difficulty obtained in a single element during a pass is open, but for Youth/Junior competitions it is limited to 4.6 points. Elements with higher difficulty can be performed but will get the limited difficulty value of 4.6 points. The difficulty of each element is calculated on the following basis:

18.1.1 Only elements terminating on the feet will be evaluated.
18.1.2 Each 1/2 twist (180°) [with the exception in § 18.1.4.2] 0.2 pts
18.1.3 Each somersault (360°) Single somersaults or less: 0.5 pts
18.1.4 Single somersault or less:
   18.1.4.1 Single somersaults done in the piked or straight position, without twist, will receive a bonus of 0.1 points.
   18.1.4.2 In single somersaults with more than 1 twist (360°), the difficulty of twist will be as follows:
      • Each 1/2 twist more than 1 (one) twist (360°) 0.3 pts
      • Each 1/2 twist more than 2 (two) twists (720°) 0.4 pts
      • Each 1/2 twist more than 3 (three) twists (1080°) 0.5 pts
      • Each 1/2 twist more than 4 (four) twists (1440°) 0.6 pts
18.1.5 Side somersaults have no difficulty value.
18.1.6 Multiple somersaults - with or without twist:
   18.1.6.1 Double somersaults performed in the piked position will receive a bonus of 0.4 points and triple somersaults in the piked position will receive a bonus of 0.8 points.
   18.1.6.2 Double somersaults performed in the straight position will receive a bonus of 0.8 points and triple somersaults in the straight position will receive a bonus of 1.6 points.
   18.1.6.3 In double somersaults the value of the element, including any twist, will be doubled. The bonus for pike or straight position is then added to give the total value of the element.
   18.1.6.4 In triple somersaults the value of the element, including any twist, will be tripled. The bonus for pike or straight position is then added to give the total value of the element.
18.1.7 In elements combining somersault and twist, the difficulty values for somersault and twist are added together.

18.2 Method of scoring.

18.2.1 The evaluation of execution and difficulty is done in 10ths of a point.
18.2.2 Judges must write their deductions independently of one another.
18.2.3 When signaled by the Chair of Judges Panel, the marks of the Execution Judges must be shown simultaneously.
18.2.4 If any of the Execution Judges fails to show their marks when signaled by the Chair of Judges Panel, the average of the other marks will be taken for the missing mark(s). (Wherever possible at FIG events, depending on hardware and software components, if any of the Execution Judges fails to enter all deductions for each performed elements [including the additional deductions], the average of the other deduction per element will be taken for the missing deduction[s]. This decision is made by the Chair of Judges Panel.)

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18.2.5 Evaluation of the score for execution:

18.2.5.1 The deductions for poor execution as per §21.3 and additional deductions on the instruction of the CJP as per §21.4 are subtracted from the maximum mark (see §16.4).

18.2.5.2 For all completed passes the Execution Judges will add 8.0 points to their score so as to show a mark out of 10. For passes with only 1 (one) element the Execution Judges will add 6.0 points.

18.2.5.3 The highest and lowest marks of the Execution Judges are deleted and the three remaining marks are added together to give the gymnast’s execution score for the pass \((E+E+E)\). *(Wherever possible at FIG events, depending on hardware and software components, the median deduction of the 5 execution judges is taken as the deduction per element, then the sum of the median deductions [including median of additional deductions] is subtracted from the maximum mark and tripled to give the gymnast’s execution score for a routine)*

18.2.6 Evaluation of the score for difficulty

18.2.6.1 The Difficulty Judges calculate the difficulty of the pass as per §15, §16 and §18.1 and enter it on the competition card. Evaluation of the gymnasts’ total score for a pass:

18.2.7.1 Each pass is scored separately and a total of execution plus difficulty is calculated for each pass.

18.2.7.2 The recorders will calculate the total score by adding together the three E marks (execution) plus D mark (difficulty) minus penalties as per §6.4, §6.6 and 12.2. All scores will be rounded to 3 (three) decimal places. Such rounding will only be made in respect of the gymnast’s total score for a pass. The Chief Recorder must verify the total score on the list of results. The Chair of Judges Panel is responsible for determining the validity of the final scores.

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**C. THE JUDGES’ PANEL**

**19. THE JUDGES’ PANEL**

19.1 Composition:

19.1.1 Chair of Judges Panel 1
19.1.2 Judges for Execution (nos. 1-5) 5
19.1.3 Judges for Difficulty (nos. 6 & 7) 2
19.1.4 Total 8

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Composition: Prior approval of the judging panel must be obtained from the Elite Program Committee if unable to meet the minimum requirements.

<table>
<thead>
<tr>
<th>National Event</th>
<th>Sanction Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair of Judges Panel</td>
<td>1 FIG</td>
</tr>
<tr>
<td>Judges for Execution (nos.1-5)</td>
<td>5 FIG</td>
</tr>
<tr>
<td>Judges for Difficulty (nos. 6 &amp; 7)</td>
<td>2 FIG</td>
</tr>
<tr>
<td>Total</td>
<td>8</td>
</tr>
</tbody>
</table>

19.2 Judges nos. 1-7 must sit separately, 5 (five) meters from the side of the Double Mini-Trampoline.

19.3 If a Judge fails to carry out his duties in a satisfactory manner he must be replaced. This decision will be made by the Superior Jury. Where there is no Superior Jury, the decision is taken by the Chair of Judges Panel. As per Reg. 7.8.1 of TR, Section 1 and §11.2 of CoP.

19.3.1 If an Execution Judge is replaced, the Chair of Judges Panel may decide that his previous marks will be replaced by the average of the remaining marks (see §18.2.4).

20. DUTIES OF THE CHAIR OF JUDGES PANEL

20.1 Control of the facilities.
20.2 Organize the Judges’ conference and the trial scoring, per Reg. 7.9 of TR, Sec 1.

Reg. 7.9 TR, Section 1 These are as follows:
- To ensure that all the requirements for judging a competition are satisfied
- To preside over the Superior Jury
- To issue a warning to any person acting in any judging capacity who is considered to be unsatisfactory or to have broken his oath, such warning to be given following a decision of the Superior Jury
- To deal with the replacement of any person, acting in a judging capacity, following a decision of the Superior Jury
- To record the circumstances under which any person has been warned or replaced
- To direct, with the assistance of the TC members, the instructional meeting and the judges’ briefing preceding the competitions.

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To supervise the drawing of lots for the selection of judges in the different competitions and at the different apparatus
To ensure that all requirements with respect to the conduct of judging personnel, coaches, gymnasts and officials are observed

20.3 Place and supervise all Judges, spotters and recorders.
20.4 Direct the competition.
20.5 Convene the Competition Jury
20.6 Decide if a second attempt should be allowed (see §5.4).
20.7 Decide about a gymnast’s dress (see §6).
20.8 Decide whether any assistance given by a spotter was necessary per Reg. 5.3 of TR, Section 4
Reg 5.4 of TR, Section 4
A spotter mat may only be used by the gymnast’s own spotter and only on the side of the Double Mini-Trampoline opposite the judges’ panel. The Dimensions of this mat must adhere to the FIG Norms.

20.9 Declare the maximum mark in the case of an interrupted pass, as per §16
20.10 Inform the Execution Judges of additional deductions, as per §21.3.2.2-21.3.2.5 & §21.4.
20.11 Decide if a Judge fails to show his mark immediately (see §18.2.4).
20.12 Decide about penalties as per §6.4, §6.6 and §12.2 and inform the Chief Recorder.
20.13 Supervise and control all scores, calculations and the final results and interfere if he recognizes obvious calculation errors concerning execution or difficulty scores.
20.14* Decide before the end of a round, when approached by an official representative of a federation or a Judge, about obvious errors in the calculation of difficulty or numerical errors concerning execution scores (see Part II, 1 A).

21. DUTIES OF THE JUDGES FOR EXECUTION (NOS. 1-5)

21.1 Evaluate the execution in the range 0.0 to 0.5 points as per §21.3 and write down their deductions on the deduction sheets.
21.2 Subtract their deductions from the maximum mark indicated by the Chair of Judges Panel (see §16.4).
21.3 Deductions for execution:
21.3.1* lack of form, height and control in each element 0.1 - 0.5 pts
21.3.2 lack of stability after the dismount [a single deduction for the greater fault only
21.3.2.1 not standing still under in an upright position and showing stability for approximately 3 [three] seconds 0.1 - 0.3 pts
or make the following deductions on the instruction of the Chair of Judges Panel:
21.3.2.2 after landing, touching the DMT or landing zone/area with one or both hands 0.5
21.3.2.3 after landing, touching with or falling to the knees, hands & knees, front, back or seat on the landing area 1.0
21.3.2.4 assistance from a spotter after landing 1.0

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21.3.2.5 after landing in the landing area, leaving the landing area, or touching outside the landing area or touching the floor with any part of the body or falling against the DMT

21.4 Make the following additional deductions on the instruction of the CJP:

21.4.1* landing inside zone B (see Part II – Guide to Judging)

21.4.2* landing inside zone C (see Part II – Guide to Judging)

21.4.3 stepping out from zone A to zone B or C or from zone B to C

In no case should the landing deductions exceed 1.0 pt

21.4.4 Not initiating the first element within 20 seconds after the signal given by the Chair of Judges Panel, as per §13.2

21.4.5 Talking to or giving any form of signal to a gymnast by their own spotters or coach during the pass, for each occurrence

21.4.6 For touching the penalty zone in the centre of the DMT while performing a mount, spotter or dismount element (with exception on the “take off” of the mounting jump or mounting element), for each occurrence (the end markers on the ends of the DMT are not penalty zones)

21.4.7 For touching anything other than the bed during a pass

21.5 Display their execution mark

22. DUTIES OF THE DIFFICULTY JUDGES (NOS. 6 & 7)

22.1 Collect the competition cards from the Chief Recorder at least 2 (two) hours prior to the start of the competition.

22.2 Check the elements and difficulty values entered on the competition cards.

22.3 Determine and record all elements performed, and its difficulty value, on the competition card (according to the FIG numeric system).

22.3.1 Indicate, in public, if a gymnast executed other element/s than indicated on the competition card and write down any changes in the pass and record any repetitions.

22.4 Display the difficulty score.
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TUMBLING

Valid from 1.1.2014 – 12.31.2014

General Text from FIG Code of Points, FIG Rule references in Bold Italic, USA Exceptions/Additions to the FIG code listed in bold boxed format.

A. GENERAL

1. INDIVIDUAL COMPETITION

1.1 Tumbling competitions comprise 4 (four) voluntary passes with 8 (eight) elements in each pass.
  1.1.1 Tumbling is characterized by continuous speedy, rhythmic hand(s) to feet, and feet to feet, rotational jumping elements without hesitation or intermediate steps.
  1.1.2 A tumbling pass should be planned to demonstrate a variety of forward, backward and sideward elements. The pass should show good control, form, execution and maintenance of tempo.

1.2 Qualifying Round
  1.2.1 There are 2 (two) voluntary passes in the Qualifying Round with no repetition of elements allowed in either pass.
  1.2.1.1 Federations are free to prescribe a compulsory pass instead of the first pass or special requirements for the two voluntary passes for competitions under their authority.

1.2.2* The starting order for the Qualifying Round is decided by draw as per §1.2.2 in TRA CoP.

1.2.2* TRA CoP The starting order for the Qualifying Round is decided by a draw. The gymnasts will be divided into groups of no more than 16 (sixteen) per group, with each group performing their first and second routines prior to the next group starting the Qualifying Round.

1.3 Finals
  1.3.1 There are two (2) voluntary passes in the Individual Final with no repetition of elements allowed in either pass, and one (1) voluntary pass in the Team Final.
  1.3.2 The gymnasts with the 8 (eight) best scores from the Qualifying Round will go forward to the Final. Per TRA CoP 1.3.2.1

1.3.2.1* TRA CoP At FIG events only 2 (two) gymnasts and 1 (one) synchro pair per member federation may compete in the Final as per 4.3.1.2 TR, Section 4

Participation: Reg. 4.3.1.2 FIG TR, Section 4
- the top 8 gymnasts, maximum two per NF,
- the top 8 pairs, maximum one per NF and
- the top 5 teams (three gymnasts per team) from the Qualifying Round (second round for individuals, first round for teams) will go forward to the Finals. For Individual Finals: The starting order will be in the order of merit, with the gymnast with the lowest score from the Qualifying Round starting first and the best gymnast starting last. For FIG Team Finals: The starting order for the teams is also in order of merit, with the first gymnast from the team on 5th place going first, followed by the first gymnast from the team on 4th place etc., the NF will nominate the three athletes, competing.

The gymnasts start the Final with a score of zero.

See also Reg. 1 of the Technical Regulations Section 4.

1.3.3 The starting order for the Final will be in order of merit, the gymnast with the lowest score in the Qualifying Round going first. In the event of ties, Reg. 4.4.4 of the Technical Regulations (TR), Section 4.

Reg. 4.4.4 TR, Section 4

Tumbling

In case of a tie in points at any place in the Qualifying Round, the ranking will be determined by the following criteria:

- The gymnast with the higher sum of the E-scores of both passes prevails
- The gymnast with the higher E-score of the 2nd pass prevails

If there is still a tie, the tie will not be broken.

2. TEAM COMPETITION

2.1 Teams per 2.1 in TRA CoP

2.1 in TRA CoP A team comprises a minimum of 3 (three) and a maximum of 4 (four) gymnasts per event (men’s or women’s competition).

2.2 Every member of the team will perform 2 (two) voluntary passes as per §1.2.1 and 1 (one) voluntary pass as per §1.3.1.

2.3 System of scoring per §2.3.1 in TRA CoP.

2.3.1 TRA CoP The team score for each routine will be the sum of the 3 (three) highest scores obtained by the members of the team in each routine.

2.3.1.1 At World Championships: see §2.3.1.1 in TRA CoP and Reg. 4.3.3.2 of TR, Section 4.
2.3.1.1 TRA Cop At World Championships: At World Championships the 5 (five) highest placed teams in the Qualifying Round qualify for the Team Final. In the Team Final all 3 (three) scores will count. The teams start the Final with a score of zero and per Reg. 4.3.2.2 of TR, Section 4. These competitions determine the World Champions. Participation:
- the top 8 gymnasts, maximum two per NF,
- the top 5 teams (three gymnasts per team ) from the Qualifying Round (2 passes) will go forward to the Finals.

Starting order for individual and team Finals as per Reg. 4.3.1.2

Finals
These competitions determine the World Champions.
Participation:
- the top 8 gymnasts, maximum two per NF,
- the top 8 pairs, maximum one per NF and
- the top 5 teams (three gymnasts per team ) from the Qualifying Round (second round for individuals, first round for teams) will go forward to the Finals. For score from the Qualifying Round starting first and the best gymnast starting last. For Team Finals: The starting order for the teams is also in order of merit, with the first gymnast from the team on 5th place going first, followed by the first gymnast from the team on 4th place etc., the NF will nominate the three athletes, competing Reg. 4.3.2.1 for their team in the Final (at least one hour prior to the Team Final) without any change to the order in which they have competed in the Qualifying Round.

The classification for the Individual Finals is determined by the highest final score of the Final routine.
The classification for the synchronised finals is determined by the highest final score in the final routine.
The classification for the Team Finals is determined by the sum of the 3 (three) total scores obtained by the 3 (three) members of the team in the Final routines.

Tumbling
Qualifying Round
The Qualifying Round is the basis for qualification to the following Finals:

- Men’s Individual
- Women’s Individual
- Men’s Team
- Women’s Team  Maximum four men and four women per NF may participate. Starting order see Reg. 4.3.1.1.1 and 4.3.1.1.2  The Qualifying Round will be conducted as per COP § 1.2. The individual classification is made by adding the total scores from the two passes in the Qualifying Round. The team classification is made as follows: The total team score will be the sum of the three highest total scores obtained by the members of the team in the first pass plus the sum of their three highest total scores in the second pass. Finals These competitions determine the World Champions. Participation:

- the top 8 gymnasts, maximum two per NF,
- the top 5 teams (three gymnasts per team ) from the Qualifying Round [2 passes] will go forward to the Finals. Starting order for individual and team Finals as per Reg. 4.3.1.2  The classification for the Individual Finals is determined by adding the total scores from the two passes in the Finals. In case of a tie in points at any place, the tie is not broken. The classification for the Team Finals is determined by the sum of the three total scores obtained by the three members of the team in the final pass.

The classification for the Individual Finals is determined by adding the total scores from the two passes in the Finals. In case of a tie in points at any place, the tie is not broken. The classification for the Team Finals is determined by the sum of the three total scores obtained by the three members of the team in the final pass.


4. WINNERS

4.1 The winner is the gymnast or team with the highest number of points obtained in the Final.

4.1.1 At the U.S. Gymnastics National Championships the winner shall be the gymnast with the highest number of points obtained in the Qualifying Round and Final cumulatively.

4.2 At FIG Sanctioned Events Medals and places will be awarded according to Reg.10.3 of TR, Section 1.

Reg. 10.3 TR, Section 1 The following awards are given to the first 8 teams and to the first 8 in the All-Around competitions and in the Apparatus Finals:

1st rank  1 gold medal and 1 diploma
2nd rank  1 silver medal and 1 diploma
3rd rank  1 bronze medal and 1 diploma
4th to 8th rank  1 diploma
On the podium, awards will only be presented to the medal winners, except for Competition II (8 gymnasts on the podium). Diplomas for positions 4 through 8 will be presented to the respective gymnasts.

A gymnast or a team who is absent with unjustified reason will be disqualified.

In team competitions, each gymnast receives the awards mentioned above, including the reserve gymnast provided that he/she has competed for the team. The same award will also be presented to the coach at the same time.

For all the open FIG competitions: if there are less than 4 participating federations, no medals are given. A prize is given instead.

In addition to the above, all the accredited gymnasts, coaches, judges and officials receive a souvenir plaque and a diploma from the LOC.

5. PASSES

5.1 Each pass consists of 8 (eight) elements.
5.2 The first and second passes of the Qualifying Round must be performed without repetition of an element in either of the passes as per §15.1.
5.3 The passes in the Final must be performed without repetition of an element in either of the passes as per §15.2.
5.4 In the Final a gymnast may repeat elements or a pass performed in the Qualifying Round.
5.5 At FIG events, in addition to §1.2, 1.3.1 and 5.1-5.4 special requirements must be fulfilled in the voluntary passes:

5.5.1 First pass in the Qualifying Round (Salto Pass):
   5.5.1.1 No element may contain more than 180° of twist each. Any violation will result in the difficulty of those elements not being counted.

YOUTH ELITE (11-13)
1st Pass in the Qualifying Round: A minimum of 5 somersaults, one of which must be a double somersault and must be performed as the last (8th) skill. All skills may be performed with or without twist. Any violation of the pass requirements will result in a 1.0 deduction from the judge’s execution scores. If the final (8th) skill is not a double somersault the difficulty will not be counted.

JUNIOR (14-17) & OPEN (17+) ELITE
1st Pass in the Qualifying Round: A minimum of 5 somersaults, one of which must be a double somersault and must be performed as the last (8th) skill. All skills may be performed with or without twist. Any violation of the pass requirements will result in a 1.0 deduction from the judge’s execution scores. If the final (8th) skill is not a double somersault the difficulty will not be counted.
SENIOR
A minimum of one (1) double somersault which must be the last (8th) skill and an additional 3 somersaults with no more than 180° of twist in each.

5.5.2 Second pass in the Qualifying Round (Twisting Pass):
5.5.2.1 A minimum of 2 (two) somersaults with at least 360° of twist in each. Each violation will result in a deduction of 1.0 point from each of the Execution Judges on the instruction of the Chair of Judges Panel (see §21.4.5).
5.5.2.2 The 8th element will not be counted for difficulty if it is not a twisting element (at least 360 of twist).

YOUTH ELITE (11-13)
2nd Pass in the Qualifying Round: A minimum of 5 somersaults, one of which must be a) double somersault and b) one somersault that must contain 360° or more of twist. Sections a) and b) can be combined to satisfy the requirement. Any violation of the pass requirements will result in a 1.0 deduction from the judges execution scores. If the final (8th) skill is not a double somersault the difficulty will not be counted.

JUNIOR (14-17) & OPEN (17+) ELITE
2nd Pass in the Qualifying Round: A minimum of 5 somersaults, one of which must be a) double somersault and b) one somersault that must contain 360° or more of twist. Requirements a) and b) can be combined to satisfy the requirements. Any violation of the pass requirements will result in a 1.0 deduction from the judges execution scores. If the final (8th) skill is not a double somersault the difficulty will not be counted.

SENIOR
The 8th element must be a double somersault with a minimum of 360° of twist. Violation of this rule will result in a deduction of 1.0 point from each of the Execution Judges on the instruction of the Chair of Judges Panel. An additional 2 (two) somersaults with or without twist must be performed.

5.5.3 Final: 2 (two) free passes in individual final and 1 (one) free pass in the team final.

. YOUTH ELITE (11-13)
There shall be one (1) pass in the final. A minimum of 5 somersaults, one of which must be a double somersault and must be performed as the last (8th) skill. All skills may be performed with or without twist. Any violation of the pass requirements will result in a 1.0 deduction from the judge’s execution scores. If the final (8th) skill is not a double somersault the difficulty will not be counted.

. JUNIOR (14-17) & OPEN (17+) ELITE
There shall be two passes in the finals with the same requirements as the qualifying round.
5.6 Passes comprising less than 3 (three) elements will score zero.

5.7 A tumbling pass must move in one direction only; however, a single element in the reverse direction is allowed at the end of the pass (8th element).

5.8 All completed passes must end with a somersault as per §17.4.

5.9 If the last element is not performed in the reverse direction, then it must take off from the tumbling track and land in the landing area, otherwise there will be a deduction of 0.2 points by each Execution Judge (see §21.4.6).

5.10 Second attempts at passes are not allowed.

5.10.1 If a gymnast is obviously disturbed in a pass (faulty equipment or substantial external influence or the like), the Chair of Judges Panel may allow another attempt. A gymnast’s clothing cannot be classed as ‘equipment’.

5.10.2 Spectator noise, applause and the like would not normally constitute a disturbance.

6. DRESS FOR GYMNASTS *

6.1 Male gymnasts

§ Sleeveless or short sleeved leotard

Gym shorts with an inseam of no longer than 5”

§ White shoes and/or white foot covering may be worn

• All hair should be secured close to the head. Loose hair is at the gymnast’s own risk. It can cause safety problems and may result in an interruption

6.2 Female gymnasts

*Part II - Guide to Judging

§ Leotard or unitard with or without sleeves (must be skin tight)

§ Long tights may be worn (must be skin tight and be the same color as the leotard)

§ Any other “dress” which is not skin tight is not allowed

§ For reasons of safety, covering the face or the head is not allowed

§ White shoes and/or white foot covering may be worn

• All hair should be secured close to the head. Loose hair is at the gymnast’s own risk. It can cause safety problems and may result in an interruption

6.3 As per 6.3 TRA CoP

6.3 TRA CoP The wearing of jewelry or watches is not permitted during the competition. Rings without gemstones may be worn if they are taped. Bandages or support pieces must not be in colored and must be of a beige color, or flesh tones.

6.4 As per 6.4 TRA CoP

6.4 TRA CoP Any violation of §6.1, 6.2 and 6.3 may result in a penalty of 0.1 points, which will be deducted from the total score of any of the routines where the violation occurs. This decision is made by the Chair of Judges Panel.

6.5 Teams
At FIG events members of a team must wear uniform dress. Failing to do so may result in disqualification of the team from the team event. This decision is made by the Chair of Judges Panel.

6.6 National emblem or Federation emblem as per 6.6 TRA CoP

At FIG events national identification or emblem has to be worn, (this must adhere to the FIG Rules for Clothing & Publicity) otherwise there will be a penalty of 0.2 points, which will be deducted from the total score of any of the routines where the violation occurred. This decision is made by the Chair of Judges Panel.

6.7 Spotters and Coaches

Track-suit and gym shoes or equivalent.

7. COMPETITION CARDS

7.1 Each pass, with difficulty rating, must be written down on the competition card.

7.1.1 At FIG events, only the FIG symbols may be used to describe the elements written on the competition card, otherwise the card will not be accepted.

7.2 The competition card must be handed in at the time and place specified by the organizing committee, otherwise the gymnast may not be allowed to start. The Chief Recorder is responsible for ensuring that they are given to the Difficulty Judges at least 2 (two) hours before the competition starts.

Failure to turn in a competition card completely filled out with the correct elements and difficulty values by the specified time and place will result in a 0.2 deduction from the difficulty score from the first pass (Qualifying Round & Finals).

8. TUMBLING EQUIPMENT

8.1 See FIG Norms for Trampoline, Tumbling and Double Mini-Trampoline.

In addition, see also USA Gymnastics Equipment Specifications.

9. SAFETY REQUIREMENTS

9.1 Reg. 5.2 of TR, Section 4. The interior height of the hall must be at least 5 meters also Reg. 4.11.2 and 4.11.6 TR, Section 1.

Trampoline Gymnastics each hall must be equipped as described for the competition hall in Reg. 4.11.2. All equipment must be of the same brand as in the competition hall.

9.1.1 A gymnast may have 1 (one) spotter (coach).
10. RECORDERS & SECRETARIAT

10.1 As per 10 in TRA CoP.

10 TRA CoP At FIG events an approved computer program must be used for recording and printing the results.

10.2 At all FIG and international events, a complete copy of the results must be sent to the Secretary General of the FIG.

10.3 Duties of the Chief Recorder:

10.3.1 Collect and distribute the competition cards as per §7.2 and make the draw for the starting order (see also §1.2.2 & 1.3.3).

10.3.2 Supervise the recorders.

10.3.3 Determine the starting order for each routine and the respective warm up groups.

10.3.4 Record the scores for execution, and difficulty as well as all penalties.

10.3.5 Scrutinize and control the calculations on the score sheets.

10.3.6 Ensure that all Judges’ scores, penalties and the total score for a routine are displayed.

10.3.7 Produce a complete list of the results giving at least the total mark, score for difficulty, and total penalty for each routine, the position and the overall total score.

11. SUPERIOR JURY AND JURY OF APPEAL

11.1 Reg. 7.8.1 and 7.8.3 of TR, Section 1.

Reg 7.8.1 of TR, Section 1 This consists of the TC President and the members of the TCs without voting right to the Athletes’ representative. The specific tasks of each member are defined by the TC concerned.

The functions of the Superior Jury are:

- To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
- Where there is a grave error of judgement on the part of one, or several, judges to take such action as they consider necessary.
- Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- Following the unsatisfactory result of any warning, to remove and replace any judging personnel.
- Take the final decision about inquiries as per Reg. 8.4.

The guidelines for the use of IRCOS and the Duties for Superior Jury and Supervisors are developed by the EC and applicable at the Olympic Games, World Championships and other official FIG competitions by EC decision.

Jury of appeal- shall consist of the meet referee, highest ranking committee member highest ranking judge free of conflict of interest.
11.2 In Tumbling, a Superior Jury functions at World Championships, World Games and World Cups.

B. COMPETITION PROCEDURE

12. WARMING UP

12.1 All equipment must be of the same brand as in the competition hall.

Reg. 4.11.6 c of TR, Section 1
Trampoline Gymnastics each hall must be equipped as described for the competition hall.
All equipment must be of the same brand as in the competition hall.

12.1 in TRA CoP of TR, Section 1
The equipment selected for the competition must be placed in the competition hall at least 2 (two) hours prior to the start of the competition to enable the gymnasts to warm up on the competition apparatus.

Qualifying Round and Finals
An assigned warm up the day before is recommended and may be provided at the discretion of the meet director.

A minimum of one of the following options must be provided for the warm up period:

1st Option
1 hour general warm up the day of the competition for every 4-5 flights.

2nd Option
Assigned warm up period the day before the qualifying round and a 15-minute warm up period before each individual flight.

3rd Option
A warm up gym adjacent to the competition arena, where each flight will be given warm up prior to each flight.

12.2 Immediately prior to the Qualifying Round and the Individual Finals each gymnast will be allowed 2 (two) passes warm-up on the competition apparatus. At FIG Events, there will be 1 (one) warm-up pass before the Team Final. In the event that a gymnast abuses the right to warm-up, the Chair
of Judges Panel may instruct the Chief Recorder to deduct a penalty of 0.3 points from the total score of the following pass (see §20.13)

12.2.1 Warming up on the competition equipment during the actual competition may be eliminated if equivalent equipment is provided in an adjacent hall of at least 5 meters in height.

13. START OF A PASS

13.1 Each gymnast will start on the signal given by the Chair of Judges Panel.
13.2 After the signal has been given (as per §13.1), the gymnast must initiate the first element within 20 seconds, otherwise a penalty deduction of 0.1 points will be made by each of the Execution Judges on the instruction of the Chair of Judges Panel (see §21.4.1). If this time limit is exceeded as a result of faulty equipment or other substantial cause, no deduction will be applied. This decision is made by the Chair of Judges Panel.
13.3 A springboard may be used only to initiate the first element. It may be placed anywhere on the tumbling track or the run-up.
13.4 Whether using a springboard or not, the first element must land on the tumbling track, though it may be initiated on the run-up.

14. REQUIRED POSITIONS DURING AN ELEMENT *

14.1 As per §14.1-14.7 in TRA CoP.
14.1 In all positions, the feet and legs should be kept together and the feet and toes pointed.
14.2 Depending on the requirements of the movement, the body should be either, tucked, piked or straight.
14.3 In the tucked and piked positions the thighs should be close to the upper body except in the twisting phase of multiple somersaults (see §14.7).
14.4 In the tucked position the hands should touch the legs below the knees except in the twisting phase of multiple somersaults (see §14.7).
14.5 The arms should be straight and held close to the body whenever possible.
14.6 The following defines the minimum requirements for a particular body shape:

14.6.1 Straight position: The angle between the upper body and thighs must be greater than 135°.
14.6.2 Pike position: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be greater than 135°.
14.6.3 Tuck position: The angle between the upper body and thighs must be equal to or less than 135° and the angle between the thighs and the lower legs must be equal to or less than 135°.

14.7 In multiple somersaults with twists, the tuck and pike position may be modified during the twisting phase (puck and pike twisting positions).
14.8 Any backward, non-twisting, single somersault, executed at shoulder height or below, regardless of position, will be considered and evaluated as a whipback.
15. REPETITION OF ELEMENTS *

15.1 With the exception of flic-flacs, whipbacks and round-offs no element may be repeated during the 2 (two) passes of the Qualifying Round as per §1.2.1 and 5.2, otherwise the difficulty of the repeated element will not be counted (see also §15.5 below).

15.2 In the Final passes the same element may not be repeated, with the exception of flic-flacs, whipbacks and round-offs, otherwise the difficulty of the repeated element will not be counted (see also §15.5 below).

15.3 Elements having the same amount of rotation but performed in the tucked, piked and straight positions are considered to be different elements and not repetitions.

15.3.1 The tucked and tucked positions are considered to be the same position.

15.4 Multiple somersaults (720° or more) having the same number of twists and somersaults will not be considered a repetition if the twist is located in different phases (see Part II: 1.A).

15.5 Somersaults will not be considered as repetitions if they are preceded by a different element.

16. INTERRUPTIONS OF A PASS

16.1 A pass will be considered interrupted if the gymnast:

16.1.1 Is touched by a spotter.
16.2 Takes intermediate steps or stops.
16.3 Falls to the track/zone/area during a pass.
16.4 Touches any part outside the outer lines of the tumbling track with any part of the body.
16.5 Touches the tumbling track with any part of the body other than hands or feet.
16.6 Performs movement without rotation round the lateral and dorso-ventral axis of the body.

16.2 No credit will be given for the element in which the interruption occurs.

16.3 A gymnast will be judged only on the number of elements completed on the feet on the tumbling track or the landing area. Note: any element with a take-off initiated from the landing zone/area will not be counted.

16.4 The Chair of Judges Panel will decide the maximum mark.

17. TERMINATION OF THE PASS *

17.1 Each pass must end on both feet on the track or the landing area, otherwise the last element will not be counted.

Interpretation: 17 - Interruption / Termination of the routine / pass Landing on both feet means the sole of the feet. If a gymnast touches the bed / track / zone / area with his feet during landing, but never shows a recognizable landing preparation and falls to face, knees, hands and knees, front or back in the same movement, the element will not be counted. There will be no extra deduction for the fall.
17.2 After the last element, the gymnasts must stand upright and show stability for approximately 3 (three) seconds; otherwise they will receive a deduction (see §21.3.2).

17.3 The last element must be performed from the tumbling track to the landing area except at FIG Events in the case of an element in the reverse direction as per §5.7. A failure to observe §17.3 will result in a deduction of 0.2 points by each Execution Judge (see §21.4.8).

17.4 All completed passes (8 elements) must end with a somersault, otherwise there will be a deduction of 1.0 points by each of the Execution Judges (see §21.4.3).

17.5 For additional elements, a deduction of 1.0 point (total) will be made by each of the Execution Judges (see §21.4.4).

18. SCORING

Two types of mark are used, 'D' type mark, which is the total of the degree of difficulty in one pass and 'E' type mark, which is the total given by an Execution Judge in one pass. The total score for a pass is based on one D mark plus three E marks.

18.1* Degree of difficulty in principle is the amount of difficulty obtained in a single element during a pass is open, but for Youth/Junior competitions it is limited to 4.3 points. Elements with higher difficulty can be performed but will get the limited difficulty value of 4.3 points. The difficulty of each element is calculated on the following basis:

18.1.1 Only elements terminating on the feet will be evaluated.

18.1.2 Cartwheels have no difficulty value

18.1.3 Aerials, flic-flacs, round-offs and front hand-springs 0.2 pts
Whipbacks (tempo salto) 0.3 pts

18.1.4 Single somersaults:
18.1.4.1 Each somersault (360°) 0.5 pts
18.1.4.2 Single somersaults done in the pike or straight position, without twist, will receive a bonus of 0.1 pts

18.1.5 Twisting in somersaults:
• 1/2 twist (180°) 0.1 pts
• Each 1/2 twist more than 1 (one) twist (360°) 0.2 pts
• Each 1/2 twist more than 2 (two) twists (720°) 0.3 pts
• Each 1/2 twist more than 3 (three) twists (1080°) 0.4 pts
• In triple somersault, each 1/2 twist (up to 360°) 0.3 pts
• In triple somersault, each 1/2 twist more than 1 (one) twist 0.3 pts

18.1.6 Multiple somersaults - with or without twist
18.1.6.1 Double somersaults performed in the piked position will receive a bonus of 0.1 points and triple somersaults in the piked position will receive a bonus of 0.2 points
18.1.6.2 Double somersaults performed in the straight position will receive a bonus of 0.2 points and triple somersaults in the straight position will receive a bonus of 0.4 points.
18.1.6.3 In double somersaults the value of the element, including any twist, any bonus for position will be doubled.

18.1.6.4 In triple somersaults the value of the element, including any twist, any bonus for position will be tripled.

18.2 Method of scoring
18.2.1 The evaluation of execution and difficulty is done in 10ths of a point.
18.2.2 Judges must write their deductions independently of one another.
18.2.3 When signaled by the Chair of Judges Panel, the marks of the Execution Judges must be displayed simultaneously.
18.2.4 If any of the Execution Judges fails to display their marks when signaled by the Chair of Judges Panel, the average of the other marks will be taken for the missing mark(s). *(Wherever possible at FIG events, depending on hardware and software components, if any of the Execution Judges fails to enter all deductions for each performed elements [including the additional deductions], the average of the other deduction per element will be taken for the missing deduction(s)]. This decision is made by the Chair of Judges Panel.

18.2.5 Evaluation of the score for execution:
18.2.5.1 The deductions for poor execution as per §21.3 and additional deductions on the instruction of the CJP as per §21.4 are subtracted from the maximum mark (see §16.4 and exception in §5.5).
18.2.5.2 For all passes the Judges will add 2.0 points to their score so as to show a mark out of 10 (exception: see §5.5).
18.2.5.3 The highest and lowest marks of the Execution Judges are deleted and the three remaining marks are added together to give the gymnast’s execution score for the pass [E+E+E]. *(Wherever possible at FIG events, depending on hardware and software components, the median deduction of the 5 execution judges is taken as the deduction per element, then the sum of the median deductions [including median of additional deductions] is subtracted from the maximum mark and tripled to give the gymnast’s execution score for a routine).*

18.2.6 Evaluation of the score for difficulty:
18.2.6.1 The Difficulty Judges calculate the difficulty of the voluntary passes as per §5.3, §15, §16 and §18.1-18.1.5.

18.2.7 Evaluation of the gymnasts’ total score for a pass:
18.2.7.1 Each pass is scored separately and a total of execution plus difficulty is calculated for each voluntary pass.
18.2.7.2 The recorders will calculate the total score by adding together the three E marks (execution) plus the D mark (difficulty) minus penalties as per §6.4, §6.6 and 12.2.

18.2.8 All scores will be rounded to 3 (three) decimal places. *(When software allows, but not less than 2 [two] decimal places).* Such rounding will only be made in respect of the gymnasts’ total score for a pass.
18.2.9 The Chief Recorder must verify the total score on the list of results.
18.2.10 The Chair of Judges Panel is responsible for determining the validity of the final scores.

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C. THE JUDGES’ PANEL

19. THE JUDGES’ PANEL

19.1 Composition:
19.1.1 Chair of Judges Panel 1
19.1.2 Judges for Execution (nos.1-5) 5
19.1.3 Judges for Difficulty (nos. 6 & 7) 2
19.1.4 Total 8

<table>
<thead>
<tr>
<th>National Events</th>
<th>Sanction Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chair of Judges Panel</td>
<td>1 FIG 1 Cat.1 or FIG</td>
</tr>
<tr>
<td>Judges for Execution (nos.1-5)</td>
<td>5 FIG 3 Cat.2 or 1/FIG</td>
</tr>
<tr>
<td>Judges for Difficulty (nos. 6 &amp; 7)</td>
<td>2 FIG 2 Cat.1/FIGorCJP</td>
</tr>
<tr>
<td>Total</td>
<td>8 5</td>
</tr>
</tbody>
</table>

Composition: Prior approval of the judging panel must be obtained from the Elite Program Committee if unable to meet the minimum requirements.

19.2 Judges nos. 1-7 must sit separately, at least 5 (five) meters from the side of the tumbling track, with the judges tables positioned starting from meter 16 of the tumbling track.

19.3 If a Judge fails to carry out his duties in a satisfactory manner he must be replaced. This decision will be made by the Superior Jury. Where there is no Superior Jury, the decision is taken by the Chair of Judges Panel. Reg. 7.8.1 of TR, Section 1 and §11.2 of CoP.

Reg 7.8.1 of TR, Section 1 This consists of the TC President and the members of the TCs without voting right to the Athletes’ representative. The specific tasks of each member are defined by the TC concerned.

The functions of the Superior Jury are:

- To supervise the competition and to deal with any breaches of discipline or any extraordinary circumstances affecting the conduct of the competition.
- Where there is a grave error of judgement on the part of one, or several, judges to take such action as they consider necessary.
- Continually, to review the scores awarded by the judges and to issue a warning to any judge whose work is considered to be unsatisfactory or showing partiality.
- Following the unsatisfactory result of any warning, to remove and replace any judging personnel.
- Take the final decision about inquiries as per Reg. 8.4.
The guidelines for the use of IRCOS and the Duties for Superior Jury and Supervisors are developed by the EC and applicable at the Olympic Games, World Championships and other official FIG competitions by EC decision.

19.3.1 If an Execution Judge is replaced, the Chair of Judges Panel may decide that his previous marks will be replaced by the average of the remaining marks (see §18.2.4).

20. DUTIES OF THE CHAIR OF JUDGES PANEL

20.1 Control of the facilities.
20.2 Organize the Judges’ conference and the trial scoring
Reg. 7.9 of TR, Sec 1.
These are as follows:
To ensure that all the requirements for judging a competition are satisfied
To preside over the Superior Jury
To issue a warning to any person acting in any judging capacity who is considered to be unsatisfactory or to have broken his oath, such warning to be given following a decision of the Superior Jury
To deal with the replacement of any person, acting in a judging capacity, following a decision of the Superior Jury
To record the circumstances under which any person has been warned or replaced
To direct, with the assistance of the TC members, the instructional meeting and the judges’ briefing preceding the competitions.
To supervise the drawing of lots for the selection of judges in the different competitions and at the different apparatus
To ensure that all requirements with respect to the conduct of judging personnel, coaches, gymnasts and officials are observed

20.3 Place and supervise all Judges, spotters and recorders.
20.4 Direct the competition.
20.5 Convene the Competition Jury.
20.6 Decide if a second attempt should be allowed (see §5.10).
20.7 Decide about the gymnast’s dress (see §6).
20.8 Inform the Execution Judges of deductions for the voluntary passes (see §5.5).
20.9 Decide whether any assistance given by a spotter was necessary see Reg. 5.2 of TR, Section 4 A gymnast may have one spotter (coach).
20.10 Declare the maximum mark in the case of an interrupted pass (see §16).
20.11 Inform the Execution Judges of additional deductions (as per §21.3.2.2-21.3.2.5 & 21.4)
20.12 Decide if a Judge fails to show his score immediately (see §18.2.4).
20.13 Decide about penalties as per §6.4, §6.6 and §12.2 and inform the Chief Recorder.
20.14 Supervise and control all scores, calculations and the final results and interfere if he recognizes obvious calculation errors concerning execution or difficulty scores.
20.15* Decide before the end of a round, when approached by an official representative of a federation or a Judge, about obvious errors in the calculation of difficulty or numerical errors concerning execution scores.

21. DUTIES OF THE JUDGES FOR EXECUTION (NOS. 1-5)

21.1 Evaluate the execution in the range 0.0 to 0.5 points (as per §21.3) and write down their deductions on the deduction sheets.

21.2 Subtract their deductions from the maximum mark indicated by the Chair of Judges Panel (as per §16.4).

21.3 Deductions for execution

21.3.1* Lack of form, control, height and rhythm in each element 0.1-0.5 pts

21.3.2* Lack of stability after a complete pass [8 elements], a single deduction for the greater fault only:

21.3.2.1 Inability to stand still in an upright position and show stability for approximately 3 [three] seconds 0.1-0.3 pts

or make the following deductions on the instruction of the Chair of Judges Panel

21.3.2.2 After landing, touching the track or landing zone/area with one or both hands 0.5 pts

21.3.2.3 After landing, touching or falling to the knees with hands & knees, front, back or seat on the track or landing area 1.0 pt

21.3.2.4 Assistance from a spotter after landing 1.0 pt

21.3.2.5 After landing in the landing area or on the track, leaving the landing area or the track, touching outside the landing area, or touching the floor with any part of the body 1.0 pt

21.4 Make the following additional deductions on the instruction of the Chair of Judges Panel:

21.4.1 Landing outside the outer lines of the track or landing zone 0.5 pts

21.4.2 After landing, stepping out of the landing zone to the landing area or the track 0.1 pts

In no case should the landing deductions exceed 1.0 pt

21.4.3 Not initiating the first element within 20 seconds after the signal given by the Chair of Judges Panel, as per §13.2 0.1 pts

21.4.4 Talking to or giving any form of signal to a gymnast by their own spotter, or coach, for each occurrence 0.3 pts

21.4.5 Failing to end a completed pass with a somersault, as per §17.4 1.0 pt

21.4.6 Additional elements as per §17.5 1.0 pt

21.4.7 Failing to comply with the special requirements for a pass, as per §5.5.1, 5.5.2 and 5.5.3, for each occurrence 1.0 pt

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21.4.8 Ending a completed pass on the tumbling track as per §17.3. 0.2 pts
21.5 Display their execution mark.

22. DUTIES OF THE JUDGES FOR DIFFICULTY (NOS. 6 & 7)

22.1 Collect the competition cards from the Chief Recorder at least 2 (two) hours prior to the start of the competition.
22.2 Check the elements and difficulty values entered on the competition cards.
22.3 Determine and record all elements performed, and its difficulty value, on the competition card (according to the FIG numeric system).
22.3.1 Indicate, in public, if a gymnast executed other element/s than indicated on the competition card and write down any changes in the pass and record any repetitions.

**If there is a change to the competition card, a red flag will be raised to indicate a change to the written competition card.**

22.4 Display the difficulty score.
22.5 Advise the Chair of Judges Panel of additional elements as per §17.6.
22.6 Advise the Chair of Judges Panel of any violation of the special requirements in voluntary passes as per §5.5.1, §5.5.2 and/or §5.5.3.

Rule References: TRA CoP : FIG 1-1 TRA CoP 2013 -16
TR : FIG Technical Regulations 2014