



SECTION VI: ELITE PROGRAM

I. Program Description

A. Purpose

The Elite Program's purpose is to provide developmental and competitive Trampoline, Tumbling, and Double-Mini opportunities and provide a pool of talented athletes for national and international competitions. The Trampoline & Tumbling Elite Committees (ECs) regulate the USA Gymnastics Elite Program.

B. Divisions

1. There are five divisions within the Elite Program: Youth 11-12, Youth 13-14, Junior, Intermediate, and Senior.
2. Athletes must meet the age requirements on 31 December in the year of competition to compete in their respective Elite division.
3. Elite divisions:

Divisions	Ages
Youth Elite	11-12
Youth Elite	13-14
Junior Elite	15-16
Intermediate Elite	17-21
Senior Elite	17 & Over

C. Mobility System

1. Goals of the mobility system:
 - a. To increase access to elite mobility opportunities; while
 - b. Maintaining the quality and prestige of the elite program; and
 - c. Ensuring the development of the Team USA pipeline for high performance at international events.
2. The mobility system has two parts:
 - a. Athletes must demonstrate proficiency in the previous level.
 - b. Submission of required skill / pass performed with proficiency.
 - After both steps have been achieved, apply for mobility by registering in meet reservation to participate in a mobility sanction.
 - Once registration is complete, a mobility request form and link to submit videos, results and details will be sent from ttmobility@usagym.org.
3. The following levels can be mobilized from -> to:
 - a. Level 10 -> Youth Elite
 - b. Level 10 -> Junior Elite
 - c. Level 10 -> Intermediate Elite
 - d. Level 10 -> Senior Elite
 - e. Open -> Intermediate Elite
 - f. Open -> Senior Elite
 - g. Junior Elite -> Senior Elite

h. Intermediate Elite -> Senior Elite

4. Exceptions

- a. Junior & Senior National Team athletes may automatically advance to Senior Elite in their National Team discipline(s), provided they are age-eligible (min. 17 years old in the calendar year).
- b. Athletes with medical reasons or other extenuating circumstances may apply to ttmobiity@usagym.org for mobility outside of the usual window.
- c. Elite athletes seeking reinstatement may apply for mobility outside of the usual window.
- d. For the 2022 calendar year (through to December 31, 2022), mobility will be accepted either through the previous method or this new process.

5. Qualification

- a. Athletes must meet the requirements in the qualification round two times at any two USAG sanctioned competitions with State and Regional Championships minimum panels. These competitions must take place over more than one weekend.
- b. Qualification scores
 - Athletes must have achieved the qualification score to nationals in the level they are currently competing (Section VI, II.A.10).
 - Movement from Youth Elite to Junior Elite, and from Junior Elite to Intermediate Elite is based on athlete age and does not have a mobility requirement.

6. Mobility

- a. The term “mobility window” is defined as July 1 until December 31. During the mobility window, an athlete must submit required skill / passes through the mobility process, along with results from the previous competitive season showing proficiency.
- b. Videos can be filmed any timed during the calendar year. They must be date and time stamped. However, videos can only be submitted during the mobility window.
- c. Athletes must complete the mobility table for the level they are aiming to mobilize into (for example, a Level 10 11-12 athlete wanting to mobilize into YE 13-14 for the next year, will do the YE 13-14 mobility table).

7. Mobility Submission

- a. Mobility must be submitted by the 31st of each month (July-December), and results will be provided by the 15th of the following month.
- b. Trampoline Elite Mobility Skills
 - You must complete one option from every line in the table
 - Skills separated by a comma are a sequence and must be performed together.
 - Drills to flat back (FB) may be done onto a throw mat.
 - Skills to back must be done alone (not preceded by another skill). Skills to feet can be accompanied by a back tuck or barani before.
 - Level 10-> Youth Elite 11-12 M

1)	700o (FB)
2)	700< (FB)
3)	801o
4)	801<
5)	30/, 42o (FB)
6)	30/, 53/
7)	800o
8)	800<

• Level 10 -> Youth Elite 11-12 F

1)	700o (FB)
2)	700< (FB)
3)	801o
4)	801<
5)	30/, 42o (FB)
6)	30/, 53/
7)	800o
8)	800<

• Level 10 -> Youth Elite 13-14 M

1a)	702o (FB)	or	720o (FB)
1b)	702< (FB)		720< (FB)
2a)	803o	or	821o
2b)	803<		821<
3a)	710o (FB)	or	811o
3b)	710< (FB)		811<
4)	801<, 800o, 801o, 800<		

• Level 10-> Youth Elite 13-14 F

1a)	702o (FB)	or	720o (FB)
1b)	702< (FB)		720< (FB)
2a)	803o	or	821o
2b)	803<		821<
3a)	710o (FB)	or	800/
3b)	710< (FB)		
4)	801<, 800o, 801o, 800<		

• Level 10 -> Junior Elite M

1)	803<, 800o, 803o	or	821<, 800o, 821o	or	821/, 800o, 821o
2)	801<, 811o, 801o, 800<				
3a)	730o (FB)	or	721/ (FB)	or	712< (FB)
3b)	730< (FB)				813<
4a)	30/, 800o (FB)				
4b)	30/, 901o				

• Level 10 -> Junior Elite F

1)	803<, 40/, 803o	or	821<, 40/, 821o	or	821/, 40/, 821o
2)	801<, 800o, 801o, 800<				
3a)	710o (FB)	or		or	710< (FB)
3b)	811o				811<
4a)	30/, 800o (FB)				
4b)	30/, 901o				

• Level 10/Open -> Intermediate Elite M

1)	803<, 800o, 803o	or	821<, 800o, 821o	or	821/, 800o, 821o
2)	801<, 811o, 801o, 800<				
3a)	730o (FB)	or	721/ (FB)	or	712< (FB)
3b)	730< (FB)				813<
4a)	30/, 800o (FB)				
4b)	30/, 901o				

- Level 10/Open -> Intermediate Elite F

1)	803<, 40/, 803o	or	821<, 40/, 821o	or	821/, 40/, 821o
2)	801<, 800o, 801o, 800<				
3a)	710o (FB)		or		710< (FB)
3b)	811o				811<
4a)	30/, 800o (FB)				
4b)	30/, 901o				

- Level 10/Open -> Senior Elite M

1)	803<, 811<, 803o, 811o				
2)	821<, 811<, 821o, 811o				
3)	801<, 831<		or		801<, 822/
4)	12001o, 811<				
5)	12001<				
6a)	702o (FB)		or		720o (FB)
6b)	702< (FB)		or		720< (FB)

- Level 10/Open -> Senior Elite F

1)	803< 811< 803o	or	821< 811< 821o	or	821/ 811< 821o
2)	730< (FB)		or		712o or 712< (FB)
3)	801<, 811o, 801o, 811<, 801<, 800/				
4a)	12001o	or	822/	or	823/
4b)			831<		
5a)	702o (FB)		or		720o (FB)
5b)	702< (FB)				720< (FB)

- Junior Elite/Intermediate Elite -> Senior Elite M

1)	803<, 811<, 803o, 811o				
2)	821<, 811<, 821o, 811o				
3)	801<, 831<		or		801<, 822/
4)	12001o, 811<				
5)	12001<				

- Junior Elite/Intermediate Elite -> Senior Elite F

1)	803< 811< 803o	or	821< 811< 821o	or	821/ 811< 821o
2)	730< (FB)		or		712o or 712< (FB)
3)	801<, 811o, 801o, 811<, 801<, 800/				
4a)	12001o	or	822/	or	823/
4b)			831<		

c. Tumbling Elite Mobility Skills

- You must complete every line in the table
- Skeleton pass is (^ F / ^ ^ F / or (F / ^ ^ ^ F / (F entry can also be replaced with ^ before /)

- Level 10-> Youth Elite 11-12 M

1)	Skeleton to layout, ^ F ^ ^ F ^			
2a)	Two passes, following elite rules, that hit		Min DD 7.1	
2b)	min. DD			

- Level 10 -> Youth Elite 11-12 F

1)	Skeleton to layout, ^ F ^ ^ F ^			
2a)	Two passes, following elite rules, that hit		Min DD 7.1	
2b)	min. DD			

- Level 10 -> Youth Elite 13-14 M

1)	Skeleton to double dismount, ^ F ^ ^ F ^			
2a)	Two passes, following elite rules, that hit		Min DD 7.6	
2b)	min. DD			

- Level 10-> Youth Elite 13-14 F

1)	Skeleton to layout, ^ F ^ ^ F ^	
2a)	Two passes, following elite rules, that hit	2a)
2b)	min. DD	2b)

- Level 10 -> Junior Elite M

1)	Power hurdle skeleton to double dismount, ^ F ^ ^ F ^	
2a)	Two passes, following elite rules, that hit	Min DD 7.8
2b)	min. DD	

- Level 10 -> Junior Elite F

1)	Skeleton to double dismount, ^ F ^ ^ F ^	
2a)	Two passes, following elite rules, that hit	Min DD 7.2
2b)	min. DD	

- Level 10/Open -> Intermediate Elite M

1)	Power hurdle, 3 layout skeleton, double transition to a double dismount	
2a)	Two passes, following elite rules, that hit	Min DD 9.8
2b)	min. DD	

- Level 10/Open -> Intermediate Elite F

1)	Skeleton to double dismount, ^ F ^ ^ F ^	
2a)	Two passes, following elite rules, that hit	Min DD 7.2
2b)	min. DD	

- Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite M

1)	3 layout skeleton to double dismount, 2 different transitioning doubles	
2a)	Two passes, following elite rules, that hit	Min DD 11.8
2b)	min. DD	

- Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite F

1)	Skeleton to double dismount, ^ F ^ ^ F ^	
2a)	Two passes, following elite rules, that hit	Min DD 7.8
2b)	min. DD	

d. Double Mini Elite Mobility Skills

- Table 1

Mounting Skills			Spotter Skills		
All mounting skills must be landed without spotting assistance and must be succeeded by any salto dismount			All spotter skills must be landed without spotting assistance and must be succeeded by any salto dismount		
1)	Mounter 801o	A	1)	Spotter 800o	A
2)	Mounter 801<	B	2)	Spotter 800<	A
3)	Mounter 803o	B	3)	Spotter 801o	A
4)	Mounter 803<	C	4)	Spotter 801<	B
5)	Mounter 821o	C			
6)	Mounter 821<	C			
7)	Mounter 821/	D			

• Table 2

Forward Dismounting Skills			Backward Dismounting Skills		
All forward dismounting skills must be landed without spotting assistance or throw mat and must be preceded by any salto spotter element			All backward dismounting skills must be landed without spotting assistance or throw mat and must be preceded by any salto mounting or spotter element		
1)	Forward Dismount 803o	B	1)	Backward Dismount 800/	A
2)	Forward Dismount 803<	B	2)	Backward Dismount 811o	A
3)	Forward Dismount 821o	B	3)	Backward Dismount 820o	A
4)	Forward Dismount 821<	B	4)	Backward Dismount 811<	B
5)	Forward Dismount 821/	C	5)	Backward Dismount 820<	B
			6)	Backward Dismount 820/	C
			7)	Backward Dismount 802/	C
			8)	Backward Dismount 822o	C
			9)	Backward Dismount 831o	C
			10)	Backward Dismount 813o	C
			11)	Backward Dismount 822/	D
			12)	Backward Dismount 831<	D
			13)	Backward Dismount 813<	D
			14)	Backward Dismount 12000o	D

• Level 10-> Youth Elite 11-12 M

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 4 'A' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

• Level 10 -> Youth Elite 11-12 F

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 4 'A' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

• Level 10 -> Youth Elite 13-14 M

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 1x 'A' skill, 2x 'B' skills, and 1x 'C' skill
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

• Level 10-> Youth Elite 13-14 F

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 3x 'A' skills and 1x 'B' skill
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

• Level 10 -> Junior Elite M

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 2x 'B' skills and 2x 'C' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

- Level 10 -> Junior Elite F

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 2x 'A' skills and 2x 'B' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

- Level 10/Open -> Intermediate Elite M

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 2x 'B' skills and 2x 'C' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

- Level 10/Open -> Intermediate Elite F

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 2x 'A' skills and 2x 'B' skills
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

- Level 10/Open/Junior Elite/Intermediate Elite -> Senior Elite M

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 1x 'B' skill, 2x 'C' skills, and 1x 'D' skill
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

- Level 10/Open/Junior Elite/Intermediate Elite-> Senior Elite F

1a)	Two skills from table 1 (mounter and/or spotter skills)	Rows 1a-2b must include at least 1x 'A' skill, 2x 'B' skills, and 1x 'C' skill
1b)		
2a)	Two skills from table 2 (dismounting skills)	
2b)		

8. Mobility Assessment

- To mobilize to an Elite level, coaches must first register an athlete to the respective mobility intake window via meet reservation on USA Gymnastics website. Then they will receive further instructions from tmobility@usagym.org. The Elite Program Chair must approve mobility before the athlete is eligible to compete at the higher level.
- Mobility will receive a pass/fail assessment. All lines of the mobility must be completed for mobility to be achieved.
- Mobility will be assessed independently by a Judges Council member and a designated Elite level coach. Training will be conducted in how to judge mobility skills (particularly those that are drills rather than competitive elements), and all assessors must have taken this training.
- Equipment should meet the minimum standards set in the R&P, or be the equipment used for that athlete's day-to-day training. It may not provide any additional advantages to standard competition equipment (e.g. landing into a pit, additional matting) except where indicated.

9. During the Elite mobility season, an elite athlete must compete in their new level at a USAG sanctioned competition in the competitive season (USAG membership season) following their mobility window. If they do not complete this, then the mobility loses its value.

10. Downward mobility

- Under certain circumstances, an athlete may move down a level from SE to Intermediate or Open.
 - Downward mobility may only occur through the invitational season, not during championship season.
 - Coach must submit a formal written request to the Elite Committee Chair.
 - The Elite Committee Chair must approve the request.

- Downward mobility will only be granted for extenuating circumstances, for example significant injury or hardship. This must be addressed in the application.
 - Should an athlete wish to return to their original level after competing in the lower level, they are required to re-mobilize.
 - Athletes who compete at a new level and then drop down to a previous level without the permission of the State chair or Elite Chair will have to remobilize and all previous results at the higher level will be null and void.
- b. For movement from Elite to Level 10 or Open, see Section V, I.D.11.

D. Rules for Competition

The rules used in the Elite Competition are the FIG rules with special requirements based on the developmental needs of the USAG Trampoline & Tumbling Program. The current FIG Code of Points and the U.S. Elite T&T Special Requirements may be found online at their respective sites:

<http://www.fig-gymnastics.com> and <https://usagym.org>.

II. Elite Qualification to USA Gymnastics Championships

A. Qualification Procedures

- “Senior National Team” refers to Senior National Team members only.
- “Junior National Team” refers to Junior National Team members only.
- “National Team” refers to both Senior and Junior National Team members.

All athletes competing at the Elite level are eligible to enter USA Gymnastics Championships provided they have met the following criteria:

1. Competitors must compete in at least two (2) USAG Trampoline & Tumbling sanctioned eligibility competitions, in addition to the qualifiers designated by the Program Committee, during the current competition season, which begins on August 1 of each year.
2. Athletes who are injured or unable to compete may salute in order to gain eligibility at the sanction competitions prior to USA Gymnastics Championships. All competition fees must be paid, the athlete is not eligible for awards, but should show in the competition results.
3. State Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use State Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete must use State Championships solely as an eligibility competition or a qualification competition.
4. Regional Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use Regional Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete must use Regional Championships solely as an eligibility competition or a qualification competition.
5. The athlete’s personal coach must submit competition results to the State Chairman to determine eligibility for qualification to USA Gymnastics Championships or Stars & Stripes Championships.
6. Competitors must compete in only one (1) division per discipline. For example, an athlete can compete as a Senior Elite in Trampoline and an Intermediate Elite in Tumbling but never as a Senior Elite AND an Intermediate Elite in Tumbling.
7. Entries to USA Gymnastics Championships must be at the same level at which the athlete qualified at the last competition he/she attended. For example, if an athlete qualified as a Junior Elite in the first competition, but competed as a Senior Elite in the next competition and did not reach the total score, the athlete is not qualified to enter the USA Gymnastics Championships as a Senior Elite.

8. Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.
 - a. State Championships
 - b. Regional Championships
 - c. Elite Challenge
9. The competitors must qualify at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances may apply to compete in another state or region. The petition must be sent to the Regional Chair, and will be voted upon by the Regional Chair, relevant committee (Development or Elite) Chair and Athlete Representative. All rules and/or directives of the replacement competition must be abided by.
10. Athletes must meet the requirements in the qualification round at one of the qualification competitions as follows:

a. Trampoline

Division	R1+R2 Total Score (incl. ToF)
YE 11/12 Female	82.6
YE 11/12 Male	82.6
YE 13/14 Female	84.1
YE 13/14 Male	84.6
Junior Female	85.6
Junior Male	87.6
Intermediate Female	47.8 *
Intermediate Male	48.8 *
Senior Female	48.8 *
Senior Male	50.8 *

* IE 17-21 and SE will follow FIG SE rules, with only 1 routine to count

b. Tumbling

Division	R1+R2 Total Score
YE 11/12 Female	40.1
YE 11/12 Male	40.1
YE 13/14 Female	40.2
YE 13/14 Male	41.1
Junior Female	40.2
Junior Male	40.8
Intermediate Female	41.0
Intermediate Male	41.2
Senior Female	41.2
Senior Male	43.9

c. Double Mini

Division	R1+R2 Total Score
YE 11/12 Female	43.6
YE 11/12 Male	43.9
YE 13/14 Female	45.0
YE 13/14 Male	45.4
Junior Female	45.8

Junior Male	46.2
Intermediate Female	45.8
Intermediate Male	46.2
Senior Female	47.0
Senior Male	49.0

11. Elite Synchronized pairs must qualify as individual trampoline athletes and declare themselves as a synchronized pair by the USA Gymnastics Championships entry deadline.
12. Athletes placing first in their division at their Regional Championships and having met all eligibility requirements will qualify to USA Gymnastics Championships regardless of whether they have achieved the qualification score.
13. Current Senior National and Junior National Team members do not have to qualify to the USA Gymnastics Championships in the event(s) in which they were named to the team providing they comply with the eligibility requirements above. In other events, they must qualify using the established procedures.
 - a. Junior National Team members who age out of Junior Elite in the year they are on the Junior National Team must qualify for USA Gymnastics Championships by one of the following methods:
 - Aging up to Intermediate Elite and qualifying as an Intermediate Elite
 - Aging up to Intermediate Elite, mobilizing to Senior Elite, and qualifying as a Senior Elite
 - Mobilizing to Senior Elite and qualifying as a Senior Elite
 - b. Senior athletes having been named to the previous year's Junior National team must qualify through the established procedures.
14. National Team member qualification
 - a. Current National Team members or invited non-National Team athletes who are participating at a National Team training camp, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team camp as substitution for the missed eligibility or qualification competition.
 - b. Current National Team members who are competing at a National Team assigned competition/event, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team assignment as substitution for the missed eligibility or qualification competition.
 - c. In all cases, this substitution must be approved by the Program Director prior to the National Team training camp or assigned event.
15. Intermediate and Senior Elite Session Qualification
 - a. 12 trampoline athletes per gender, and 10 tumbling / double mini athletes per gender qualify into the Premier qualification sessions – a maximum total of 64.
 - Qualification via:
 - Senior National Team members qualify automatically
 - The remaining spots filled using each athlete's best qualification score from Winter Classic and Elite Challenge (IE and SE both eligible)
 - If there are 3 or fewer athletes per gender/discipline (IE/SE combined) entered who did not qualify through the bullets above (decided at the entry deadline), those athletes will also be added to the Premier sessions.
 - Scratches:
 - Scratches made between the entry deadline and late entry deadline: the next ranked athlete(s) will be moved into the Premier session, and if there are then 3 or fewer athletes remaining, the process in II.A.15.a.i.bullet 3 will apply.
 - Scratches made between the late entry deadline and one week prior to competition: the next ranked athlete(s) will be moved into the Premier

session, however if there are then 3 or fewer athletes remaining, no further movements will take place.

- Scratches made between one week prior to competition and 24 hours before competition: the next ranked athlete(s) will be offered the choice to move or remain in the afternoon session. no further movements will take place.
- Scratches made 24 hours or less before competition: no further replacements will take place.

- b. Senior Elite finals will take place in a Premier session. Intermediate Elite finals will take place in a non-Premier session.

B. Petitions to USA Gymnastics Championships

1. The following athletes will be eligible to petition to USA Gymnastics Championships:
 - a. Athletes who competed in the same level in the same discipline at the previous USA Gymnastics Championships.
 - b. Athletes who competed in a lower level in the same discipline at the previous USA Gymnastics Championships, but aged into their current level (for example, YE 13-14 to JE; JE to IE). In this case, a video verification must be included with the petition, showing proficiency at the new level.
2. Athletes who competed in a lower level in the same discipline at the previous USA Gymnastics Championships, where mobility is required to compete in their current level (for example, IE to SE). are not eligible to petition to USA Gymnastics Championships.
3. Senior, Intermediate, Junior and Youth Elite athletes are required to have placed either 1st, 2nd or 3rd, or the top fifty (50) percent, in the same discipline at the previous USA Gymnastics Championships, to be allowed to petition to participate in the current USA Gymnastics Championships.
4. The petition must be submitted in writing to the T&T Program Director using the [official form](#) as soon as possible after the athlete determines his/her inability to compete, and prior to the entry deadline. Petitions received after the entry deadline will be rejected. Athletes may not enter USA Gymnastics Championships until the petition is accepted (please allow up to 5 business days). Entry to USA Gymnastics Championships will be at the price point and conditions applicable when the entry is accepted.
5. The petition must state the specific injury, illness or unusual circumstance, which prohibits the athlete from competing in the qualifying event(s) (a salute is not considered competing for this purpose, however a substandard performance is considered competing). In the case of a petition based upon an injury or illness, a signed and dated letter must accompany the petition from a physician on physician's letterhead that states the diagnosis, previous limitations, and clearance to compete in the USA Gymnastics Championships.
6. A \$25.00 non-refundable administrative fee must accompany the petition.
7. The Elite Committee Chair, Program Director and Athlete Selection Representative will decide petitions. Petitions will be considered as expeditiously as possible. The decision of the Elite Committee Chair, Program Director and Athlete Selection Representative is final.
8. Qualification events and trial events may have different petition requirements. Please refer to the event selection procedures for exact requirements.
9. The petitioner and his/her coach will be immediately notified once a decision has been reached.

III. National Team Program

1. The National Team program seeks to create a year-round competitive and educational support system for coaches and athletes. [Click here](#) for the National Team selection procedures.

IV. Reinstatement

Former USAG athletes may be reinstated to the Elite Level.

1. Reinstatement to the Elite levels for athletes that have been out for less than two full competitive cycles:
 - a. Athletes do not need to reinstate. They may enter the competition at the level previously competed prior to the injury or time off.
2. Reinstatement to the Elite levels for athletes that have been out for more than two full competitive cycles:
 - a. The athlete must submit an [Elite Athlete Reinstatement form](#) with all requested documentation to the current Elite Committee Chair.
 - b. After receiving acknowledgement that the current Elite Committee Chair has received the Elite Athlete Reinstatement form, the athlete may register to participate in a USAG sanctioned event at one level lower than their previous level.
 - c. Having competed in the lower level for at least two sanctioned competitions, a reinstated athlete may apply to mobilize to their original level (see section VI).

V. Elite Program Awards

Awarded annually at the USA Gymnastics Championships.

1. Milton B. Davis & George Nissen: Trampoline Coach of the Year
 - a. This award is presented to the elite trampoline coach of the year. This award is named in honor of Coach Milton B. Davis & Trampoline Pioneer George Nissen.
 - b. Trampoline Coach of the Year will be decided on by athlete achievements throughout the competitive season.
 - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
2. James A. Rozanas Tumbling Coach of the Year
 - a. This award is presented to the elite tumbling coach of the year. This award is named in honor of James A. Rozanas, whose outstanding principles of competition, good sportsmanship and high morals set the standard and expectation of excellence for the tumbling community.
 - b. Tumbling Coach of the Year will be decided on by athlete achievements throughout the competitive season.
 - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
3. Bob Bollinger Double Mini Coach of the Year
 - a. The award is presented to the Double Mini Coach of the year. This award is named in honor of Bob Bollinger, whose career was defined by performance and demeanor of outstanding principles.
 - b. Double Mini Coach of the Year will be decided on by athlete achievements throughout the competitive season.
 - c. This award will be presented at the USA Gymnastics Championships Senior Elite session.
4. Trampoline Athlete of the Year
 - a. Trampoline Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
5. Tumbling Athlete of the Year

- a. Tumbling Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
6. Double Mini Athlete of the Year
- a. Double Mini Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
7. Star Service Award
- a. This award is given annually by the USA Gymnastics Trampoline & Tumbling Program Committee
 - b. It is given in recognition to the individual whose selfless dedication to the sport and community of Trampoline & Tumbling creates the environment of growth and excellence. His or her service and stewardship exemplifies the volunteerism that is indispensable to the USAG Trampoline & Tumbling membership.
 - c. This is awarded at the USA Gymnastics Championships or the Stars and Stripes Championships; whichever is most appropriate for the individual named.
8. Sportsperson of the Year
- a. The Sportsperson of the Year award is given to the Senior Elite athlete whose performance that year most embodies the spirit of sportsmanship and achievement – an athlete exhibiting the strongest positive voice of the discipline.
 - b. All elite T&T athletes competing at that year’s USA Gymnastics Championships will be eligible to cast a ballot for this award.
 - c. USAG will solicit nominations with a deadline identified prior to USA Gymnastics Championships each year.
 - d. This award will be presented at the USA Gymnastics Championships Senior Elite Session.