



SECTION VI: ELITE PROGRAM

I. Program Description

A. Purpose

The Elite Program’s purpose is to provide developmental and competitive Trampoline, Tumbling, and Double-Mini opportunities and provide a pool of talented athletes for national and international competitions. The Trampoline & Tumbling Elite Committees (ECs) regulate the USA Gymnastics Elite Program.

B. Divisions

1. There are five divisions within the Elite Program: Youth 11-12, Youth 13-14, Junior, Intermediate, and Senior.
2. Athletes must meet the age requirements on 31 December in the year of competition to compete in their respective Elite division.
3. Elite divisions:

Divisions	Ages
Youth Elite	11-12
Youth Elite	13-14
Junior Elite	15-16
Intermediate Elite	17-21
Senior Elite	17 & Over

C. Mobility System

1. The term “mobility season” is defined as August 1 until December 31 of the following calendar year. (For example, an athlete who earns a mobility score in January 2020 will have until December 31 of 2021 to verify and compete at that level).
2. During the Elite mobility season, an elite athlete must verify his/her participation in the new level by competing in a USAG sanctioned competition at the newly approved level.
3. If an athlete does not verify participation in the new level within the elite mobility season, then the mobility loses its value.
4. In order to compete at the Elite level, an athlete must achieve the mobility score from Level 10 to Youth, Junior, or Intermediate Elite.
5. Coaches must submit a Mobility Request form ([Click here for form](#)) to the Elite Program Chair at ttmobility@usagym.org in order to move an athlete up from Level 10, Open or within the Elite levels. The Elite Program Chair must approve mobility before the athlete is eligible to compete at the higher level.
6. Athletes may not skip levels.
7. Athletes must meet the requirements in the qualification round at one of the designated mobility competitions as follows:

8. Mobility scores

a. Trampoline

Division	R1+R2 Total Score (excl. ToF)	R1+R2 Total Score (incl. ToF)
L10-YE 11/12 Female	57.7	83.2
L10-YE 11/12 Male	57.7	83.2
L10-YE 13/14 Female	58.2	84.7
L10-YE 13/14 Male	58.7	85.2
L10-Junior Female	59.2	86.7
L10-Junior Male	59.7	88.2
Open-Intermediate Female	59.2	86.7
Open-Intermediate Male	59.7	88.2
Open-Senior Female	61.2	89.7
Open-Senior Male	62.2	91.7
Junior-Senior Female	61.2	89.7
Junior-Senior Male	62.2	91.7
Intermediate-Senior Female	36.0 *	50.0 *
Intermediate-Senior Male	37.0 *	51.5 *

* IE 17-21 and SE will follow FIG SE rules, with only 1 routine to count

b. Tumbling

Division	R1+R2 D Score	R1+R2 Total Score
L10-YE 11/12 Female	7.1	41.1
L10-YE 11/12 Male	7.1	41.1
L10-YE 13/14 Female	7.2	41.2
L10-YE 13/14 Male	7.6	41.6
L10-Junior Female	7.2	41.2
L10-Junior Male	7.8	41.8
Open-Intermediate Female	7.2	41.2
Open-Intermediate Male	7.8	41.8
Open-Senior Female	7.8	41.8
Open-Senior Male	9.8	43.8
Junior-Senior Female	7.8	41.8
Junior-Senior Male	11.8	45.8 *
Intermediate-Senior Female	7.8	41.8
Intermediate-Senior Male	9.8	43.8

c. Double Mini

Division	R1+R2 D Score	R1+R2 Total Score
L10-YE 11/12 Female	7.6	44.0
L10-YE 11/12 Male	7.9	44.3
L10-YE 13/14 Female	8.8	45.2
L10-YE 13/14 Male	9.2	45.6
L10-Junior Female	9.6	46.0
L10-Junior Male	10.0	46.4
Open-Intermediate Female	9.6	46.0
Open-Intermediate Male	10.0	46.4
Open-Senior Female	10.8	47.2
Open-Senior Male	12.8	49.2
Junior-Senior Female	10.8	47.2
Junior-Senior Male	12.8	49.2
Intermediate 17-21-Senior Female	10.8	47.2
Intermediate 17-21-Senior Male	12.8	49.2

9. Elite mobility requirements
 - a. Athletes who wish to mobilize to the Elite division or within the Elite divisions must achieve the mobility requirements at the following meets in order to mobilize:
 - i. An invitational meet approved by USAG as an Elite Mobility meet
 - ii. Regional Championships
 - iii. Elite Challenge
 - iv. USA Gymnastics Championships
 - b. Movement from Youth Elite to Junior Elite, and from Junior Elite to Intermediate Elite is based on athlete age and does not have a mobility requirement.
 - c. Mobility request must be submitted a minimum of 72 hours prior to beginning of competition at the next competitive event for athletes who have obtained a new mobility score within the elite levels and wish to move to the next level.
10. Downward mobility
 - a. Under certain circumstances, an athlete may move down a level from SE to Intermediate or Open.
 - i. Downward mobility may only occur through the invitational season, not during championship season.
 - ii. Coach must submit a formal written request to the Elite Committee Chair.
 - iii. The Elite Committee Chair must approve the request.
 - iv. Downward mobility will only be granted for extenuating circumstances, for example significant injury or hardship. This must be addressed in the application.
 - v. Should an athlete wish to return to their original level after competing in the lower level, they are required to re-mobilize.
 - vi. Athletes that compete at a new level and then drop down to a previous level without the permission of the State chair or Elite Chair will have to remobilize and all previous results at the higher level will be null and void.
 - b. For movement from Elite to Level 10 or Open, see Section V, I.D.11.
 - c. Results will be nullified for any athlete who competes at a lower level without approval.

D. Rules for Competition

The rules used in the Elite Competition are the FIG rules with special requirements based on the developmental needs of the USAG Trampoline & Tumbling Program. The current FIG Code of Points and the U.S. Elite T&T Special Requirements may be found online at their respective sites: <http://www.fig-gymnastics.com> and <https://usagym.org>.

II. Elite Qualification to USA Gymnastics Championships

A. Qualification Procedures

- “Senior National Team” refers to Senior National Team members only.
- “Junior National Team” refers to Junior National Team members only.
- “National Team” refers to both Senior and Junior National Team members.

All athletes competing at the Elite level are eligible to enter USA Gymnastics Championships provided they have met the following criteria:

1. Competitors must compete in at least two (2) USAG Trampoline & Tumbling sanctioned eligibility competitions, in addition to the qualifiers designated by the Program Committee, during the current competition season, which begins on August 1 of each year.
2. Athletes who are injured or unable to compete may salute in order to gain eligibility at the sanction competitions prior to USA Gymnastics Championships. All competition fees must be paid, the athlete is not eligible for awards, but should show in the competition results.
3. State Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use State Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete must use State Championships solely as an eligibility competition or a qualification competition.
4. Regional Championships may be used as an eligibility competition for all Elite level athletes. Athletes who use Regional Championships as an eligibility competition may not also have their scores used as qualification scores to the USA Gymnastics Championships. An elite athlete must use Regional Championships solely as an eligibility competition or a qualification competition.
5. The athlete’s personal coach must submit competition results to the State Chairman to determine eligibility for qualification to USA Gymnastics Championships or Stars & Stripes Championships.
6. Competitors must compete in only one (1) division per discipline. For example, an athlete can compete as a Senior Elite in Trampoline and an Intermediate Elite in Tumbling but never as a Senior Elite AND an Intermediate Elite in Tumbling.
7. Entries to USA Gymnastics Championships must be at the same level at which the athlete qualified at the last competition he/she attended. For example, if an athlete qualified as a Junior Elite in the first competition, but competed as a Senior Elite in the next competition and did not reach the total score, the athlete is not qualified to enter the USA Gymnastics Championships as a Senior Elite.
8. Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.
 - a. State Championships
 - b. Regional Championships
 - c. Elite Challenge
9. The competitors must qualify at the State Championships or Regional Championships for the state/region in which the competitor’s club is a member. Athletes with extenuating circumstances may apply to compete in another state or region. The petition must be sent to the Regional Chair, and will be voted upon

by the Regional Chair, Relevant Committee (Development or Elite) Chair and Athlete Representative. All rules and/or directives of the replacement competition must be abided by.

10. Athletes must meet the requirements in the qualification round at one of the qualification competitions as follows:

a. Trampoline

Division	R1+R2 Total Score (incl. ToF)
YE 11/12 Female	82.4
YE 11/12 Male	82.4
YE 13/14 Female	83.9
YE 13/14 Male	84.4
Junior Female	85.4
Junior Male	87.4
Intermediate Female	47.6 *
Intermediate Male	48.6 *
Senior Female	48.6 *
Senior Male	50.6 *

* IE 17-21 and SE will follow FIG SE rules, with only 1 routine to count

b. Tumbling

Division	R1+R2 Total Score
YE 11/12 Female	40.1
YE 11/12 Male	40.1
YE 13/14 Female	40.2
YE 13/14 Male	40.6
Junior Female	40.2
Junior Male	40.8
Intermediate Female	40.4
Intermediate Male	41.2
Senior Female	40.8
Senior Male	42.9

c. Double Mini

Division	R1+R2 Total Score
YE 11/12 Female	43.6
YE 11/12 Male	43.9
YE 13/14 Female	44.8
YE 13/14 Male	45.2
Junior Female	45.6
Junior Male	46.0
Intermediate Female	45.6
Intermediate Male	46.0
Senior Female	46.8
Senior Male	48.8

11. Elite Synchronized pairs must qualify as individual trampoline athletes and declare themselves as a synchronized pair by the USA Gymnastics Championships entry deadline.
12. Current Senior National and Junior National Team members do not have to qualify to the USA Gymnastics Championships in the event(s) in which they were

named to the team providing they comply with the eligibility requirements above. In other events, they must qualify using the established procedures.

- a. Junior National Team members who age out of Junior Elite in the year they are on the Junior National Team must qualify for USA Gymnastics Championships by one of the following methods:
 - i. Aging up to Open Elite and qualifying as an Open Elite
 - ii. Aging up to Open Elite, mobilizing to Senior Elite, and qualifying as a Senior Elite
 - iii. Mobilizing to Senior Elite and qualifying as a Senior Elite
 - b. Senior athletes having been named to the previous year's Junior National team must qualify through the established procedures.
13. National Team member qualification
- a. Current National Team members or invited non-National Team athletes who are participating at a National Team training camp, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team camp as substitution for the missed eligibility or qualification competition.
 - b. Current National Team members who are competing at a National Team assigned competition/event, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team assignment as substitution for the missed eligibility or qualification competition.
 - c. In all cases, this substitution must be approved by the Program Director prior to the National Team training camp or assigned event.

B. Petitions to USA Gymnastics Championships

1. Senior Elite: Only athletes who competed as a Senior Elite in the same event at the previous USA Gymnastics Championships will be allowed to petition to participate in the USA Gymnastics Championships.
2. Youth, Junior, Intermediate Elite: Only athletes who competed in the same event at the previous USA Gymnastics Championships will be allowed to petition to participate in the current USA Gymnastics Championships. Athletes who competed as Youth Elite last year can petition into Junior Elite if they have aged out of Youth Elite. Athletes who competed as Junior Elite last year can petition into Intermediate Elite if they have aged out of Junior Elite.
3. Senior, Intermediate, Junior and Youth Elite athletes are required to have placed either 1st, 2nd or 3rd, or the top fifty (50) percent, in the same discipline at the previous USA Gymnastics Championships, to be allowed to petition to participate in the current USA Gymnastics Championships.
4. The petition must be submitted electronically to the Program Director prior to the entry deadline. The petition must state the specific injury, illness or unusual circumstance, which prohibits the athlete from participating in the competitive process. In the case of a petition based upon an injury or illness, a signed and dated letter must accompany the petition from a physician on physician's letterhead that states the diagnosis, previous limitations, and clearance to compete in the USA Gymnastics Championships.

5. The Elite Committee Chair, Program Director and Athlete Selection Representative will decide petitions. Petitions will be considered as expeditiously as possible. The decision of the Elite Committee Chair, Program Director and Athlete Selection Representative is final.
6. Qualification events and trial events may have different petition requirements. Please refer to the event selection procedures for exact requirements.
7. The petitioner and his/her coach will be immediately notified once a decision has been reached.

III. National Team Program

1. The National Team program seeks to create a year-round competitive and educational support system for coaches and athletes. [Click here](#) for the National Team Selection procedures.

IV. Reinstatement

Former USAG athletes may be reinstated to the Elite Level.

1. Reinstatement to the Elite levels for athletes that have been out for less than two full competitive cycles:
 - a. Athletes do not need to reinstate. They may enter the competition at the level previously competed prior to the injury or time off.
2. Reinstatement to the Elite levels for athletes that have been out for more than two full competitive cycles:
 - a. The athlete must submit an [Elite Athlete Reinstatement form](#) with all requested documentation to the current Elite Committee Chair.
 - b. After receiving acknowledgement that the current Elite Committee Chair has received the Elite Athlete Reinstatement form, the athlete may register to participate in a USAG sanctioned event at one level lower than their previous level
 - c. The athlete must perform, be scored, and demonstrate readiness on routines that meet the current minimum requirements to mobilize to the Youth, Junior, Intermediate, or Senior Elite level at a USAG sanctioned event.

V. Elite Program Awards

Awarded annually at the USA Gymnastics Championships.

1. Trampoline & Tumbling Coach of the Year
 - a. This award is decided upon by athlete achievements throughout the competitive season, across Trampoline, Tumbling and Double Mini disciplines.

- b. This award will be presented at the USA Gymnastics Championships Senior Elite session.
- 2. Milton B. Davis & George Nissen: Trampoline Coach of the Year
 - a. This award is presented to the elite trampoline coach of the year. This award is named in honor of Coach Milton B. Davis & Trampoline Pioneer George Nissen.
 - b. Trampoline Coach of the Year will be decided on by athlete achievements throughout the competitive season.
- 3. James A. Rozanas Tumbling Coach of the Year
 - a. This award is presented to the elite tumbling coach of the year. This award is named in honor of James A. Rozanas, whose outstanding principles of competition, good sportsmanship and high morals set the standard and expectation of excellence for the tumbling community.
 - b. Tumbling Coach of the Year will be decided on by athlete achievements throughout the competitive season.
- 4. Bob Bollinger Double Mini Coach of the Year
 - a. The award is presented to the Double Mini Coach of the year. This award is named in honor of Bob Bollinger, whose career was defined by performance and demeanor of outstanding principles.
 - b. Double Mini Coach of the Year will be decided on by athlete achievements throughout the competitive season.
- 5. Trampoline Athlete of the Year
 - a. Trampoline Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
- 6. Tumbling Athlete of the Year
 - a. Tumbling Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
- 7. Double Mini Athlete of the Year
 - a. Double Mini Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
- 8. Star Service Award
 - a. This award is given annually by the USA Gymnastics Trampoline & Tumbling Program Committee
 - b. It is given in recognition to the individual whose selfless dedication to the sport and community of Trampoline & Tumbling creates the environment of growth and excellence. His or her service and stewardship exemplifies the volunteerism that is indispensable to the USAG Trampoline & Tumbling membership.
 - c. This is awarded at the USA Gymnastics Championships or the Stars and Stripes Championships; whichever is most appropriate for the individual named.

9. Sportsperson of the Year
 - a. The Sportsperson of the Year awards is given to the athlete whose performance that year most embodies the spirit of sportsmanship and achievement – an athlete exhibiting the strongest positive voice of the discipline.
 - b. All senior elite T&T athletes competing at that year's USA Gymnastics Championships will be eligible to cast a ballot for this award.
 - c. USAG will solicit nominations with a deadline identified prior to USA Gymnastics Championships each year.
 - d. This award will be presented at the USA Gymnastics Championships Senior Elite Session.