

# T&T R&P Modifications due to COVID-19

Applicable to the 2020-2021 competition season

Updated 3/3/2021



Section	Page	Original Rule	Modified Rule
3	4	Regional Championships is required for Level 5-10 to be eligible to attend the Stars & Stripes Championships and/or the USA Gymnastics Championships.	<p>For Regional Championships held before the applicable registration deadline, event participation is required for Level 5-10 to be eligible to attend the Stars &amp; Stripes Championships and/or the USA Gymnastics Championships.</p> <p>For Regional Championships held after the applicable registration deadline, the State/Region will decide whether event participation is required for Level 5-10 to be eligible to attend the Stars &amp; Stripes Championships and/or the USA Gymnastics Championships (in addition to the standard 2022 process), for athletes who take part in 2021 national events. This could be:</p> <ul style="list-style-type: none"> <li>• Requiring event registration for 2021 national events OR</li> <li>• Requiring event participation for 2022 national events OR</li> <li>• No event participation requirement</li> </ul> <p>This information must be listed in each event technical packet and on the USA Gym website.</p>
3	4	The Regional Championships should be held in a different part of the region each year to make it more accessible, unless voted by the Regional Administrative Committee.	The Regional Championships should be held in a different part of the region each year, or virtually, or a hybrid model, unless voted by the Regional Administrative Committee. It is recommended that at least one virtual session is offered.
3	5	Regional Championships must be held between State Championships and the close of USA Gymnastics Championships registrations. They must be approved by the Program Director.	Regional Championships may be held at any time between March 1 and September 30, 2021.

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3	10	The State Championships should be held in a different part of the state each year to make it more accessible, unless voted by the State Administrative Committee.	The State Championships should be held in a different part of the state each year, or virtually, or a hybrid model, unless voted by the State Administrative Committee. It is recommended that at least one virtual session is offered.
3	10	State Championships must be held prior to Regional Championships and must be approved by the Regional Chair.	State Championships may be held at any time between March 1 and September 30, 2021.
3	11	JumpStart Testing must be held between State Championships and May 31 of each year.	JumpStart Testing must be held between March 1 and May 31, 2021.
5	3	Mobility scores ( <i>listed in R&amp;P</i> )	Mobility scores for all TUM and DMT competitions ( <b>in-person and virtual</b> ) and in-person TRA competitions are as listed in the R&P. Mobility scores for TRA virtual competitions, encompassing 3 E scores + 1 D score - Penalties (not including HD score): <ul style="list-style-type: none"> <li>• Level 4-8: 23.40 (guideline only)</li> <li>• Level 8-&gt;9: 51.00</li> <li>• Level 9-&gt;10: 52.10</li> </ul>
5	4	Athletes must compete at both State and Regional Championships. Competitors must hit the qualification scores at either of their respective State or Regional Championships.	Athletes must compete at both State and Regional Championships. Competitors must hit the qualification scores at any sanctioned 2020-2021 season competition (either virtual or in-person).

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5	4	The competitors must qualify at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances may apply to compete in another state or region. The petition must be sent to the Regional Chair, and will be voted upon by the Regional Chair, Relevant Committee (Development or Elite) Chair and USA Gymnastics Athlete Representative. All rules and/or directives of the replacement competition must be abided by.	The competitors must <b>compete</b> at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances (including COVID concerns) may apply to compete in another state or region. The request must be sent to the athlete's home State or Region Chair. The Chair may approve this outright – any request not approved in this manner must be voted upon by the athlete's home State or Region Committee, including an Athlete Representative. All rules and/or directives of the replacement competition must be abided by.																				
5	5	Stars & Stripes Championships qualifying scores <i>(listed in R&amp;P)</i>	Stars & Stripes Championships qualifying scores for in-person competitions are as listed in the R&P. Stars & Stripes Championships qualifying scores for virtual competitions: <table border="1"> <thead> <tr> <th>Level</th> <th>TUM</th> <th>DMT</th> <th>TRA</th> </tr> </thead> <tbody> <tr> <td>5</td> <td>52.2</td> <td>55.2</td> <td>21.0</td> </tr> <tr> <td>6</td> <td>48.6</td> <td>55.2</td> <td>21.0</td> </tr> <tr> <td>7</td> <td>48.6</td> <td>55.2</td> <td>21.0</td> </tr> </tbody> </table>	Level	TUM	DMT	TRA	5	52.2	55.2	21.0	6	48.6	55.2	21.0	7	48.6	55.2	21.0				
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5	5	USA Gymnastics Championships qualifying scores <i>(listed in R&amp;P)</i>	USA Gymnastics Championships qualifying scores for in-person competitions are as listed in the R&P. USA Gymnastics Championships qualifying scores for virtual competitions: <table border="1"> <thead> <tr> <th>Level</th> <th>TUM</th> <th>DMT</th> <th>TRA</th> <th>SYN</th> </tr> </thead> <tbody> <tr> <td>8</td> <td>52.0</td> <td>57.0</td> <td>50.0</td> <td>N/A</td> </tr> <tr> <td>9</td> <td>53.5</td> <td>58.0</td> <td>51.0</td> <td>Ind.</td> </tr> <tr> <td>10</td> <td>54.6</td> <td>58.8</td> <td>53.5</td> <td>Ind.</td> </tr> </tbody> </table>	Level	TUM	DMT	TRA	SYN	8	52.0	57.0	50.0	N/A	9	53.5	58.0	51.0	Ind.	10	54.6	58.8	53.5	Ind.
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6	4	<p>Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.</p> <p>a. State Championships b. Regional Championships c. Elite Challenge</p>	<p>Athletes must <b>compete</b> at two (2) of the three (3) qualification competitions as determined by the Elite Committee. If less than three competitions are offered prior to the close of registrations for USA Gym Champs, the athlete must compete at one (1) of the offered qualification competitions.</p> <ul style="list-style-type: none"> <li>• State Championships</li> <li>• Regional Championships</li> <li>• Elite Challenge</li> </ul> <p><b>Competitors must hit the qualification scores at any sanctioned 2020-2021 season competition (either virtual or in-person).</b></p>
6	4	<p>The competitors must qualify at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances may apply to compete in another state or region. The petition must be sent to the Regional Chair, and will be voted upon by the Regional Chair, Relevant Committee (Development or Elite) Chair and USA Gymnastics Athlete Representative. All rules and/or directives of the replacement competition must be abided by.</p>	<p>The competitors must compete at the State Championships or Regional Championships for the state/region in which the competitor's club is a member. Athletes with extenuating circumstances (including COVID concerns) may apply to compete in another state or region. The request must be sent to the athlete's home State or Region Chair. The Chair may approve this outright – any request not approved in this manner must be voted upon by the athlete's home State or Region Committee, including an Athlete Representative. All rules and/or directives of the replacement competition must be abided by.</p>

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6	5	Athletes must meet the requirements in the qualification round at one of the qualification competitions as follows: <i>(listed in R&amp;P)</i>	<p>Athletes must meet the requirements in the qualification round at an in-person qualification competition as listed in R&amp;P, OR at a virtual qualification competition as follows <b>(based on 3x E scores)</b>:</p> <ul style="list-style-type: none"> <li>Trampoline <table border="1"> <thead> <tr> <th>Division</th> <th>R1+R2 Total Score (excl. ToF)</th> <th>Skills Completed</th> </tr> </thead> <tbody> <tr><td>YE 11/12 Female</td><td>52.9</td><td>20</td></tr> <tr><td>YE 11/12 Male</td><td>52.9</td><td>20</td></tr> <tr><td>YE 13/14 Female</td><td>53.4</td><td>20</td></tr> <tr><td>YE 13/14 Male</td><td>53.9</td><td>20</td></tr> <tr><td>Open Female</td><td>54.4</td><td>20</td></tr> <tr><td>Open Male</td><td>54.9</td><td>20</td></tr> <tr><td>Junior Female</td><td>54.4</td><td>20</td></tr> <tr><td>Junior Male</td><td>54.9</td><td>20</td></tr> <tr><td>Senior Female</td><td>57.9</td><td>20</td></tr> <tr><td>Senior Male</td><td>61.4</td><td>20</td></tr> </tbody> </table> </li> <li>Tumbling <table border="1"> <thead> <tr> <th>Division</th> <th>R1+R2 Total Score</th> <th>Skills Completed</th> </tr> </thead> <tbody> <tr><td>YE 11/12 Female</td><td>56.9</td><td>16</td></tr> <tr><td>YE 11/12 Male</td><td>56.9</td><td>16</td></tr> <tr><td>YE 13/14 Female</td><td>57</td><td>16</td></tr> <tr><td>YE 13/14 Male</td><td>57.4</td><td>16</td></tr> <tr><td>Open Female</td><td>57</td><td>16</td></tr> <tr><td>Open Male</td><td>57.6</td><td>16</td></tr> <tr><td>Junior Female</td><td>57</td><td>16</td></tr> <tr><td>Junior Male</td><td>57.6</td><td>16</td></tr> <tr><td>Senior Female</td><td>57.6</td><td>16</td></tr> <tr><td>Senior Male</td><td>59.3</td><td>16</td></tr> </tbody> </table> </li> <li>Double mini <table border="1"> <thead> <tr> <th>Division</th> <th>R1+R2 Total Score</th> <th>Skills Completed</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td></tr> </tbody> </table> </li> </ul>	Division	R1+R2 Total Score (excl. ToF)	Skills Completed	YE 11/12 Female	52.9	20	YE 11/12 Male	52.9	20	YE 13/14 Female	53.4	20	YE 13/14 Male	53.9	20	Open Female	54.4	20	Open Male	54.9	20	Junior Female	54.4	20	Junior Male	54.9	20	Senior Female	57.9	20	Senior Male	61.4	20	Division	R1+R2 Total Score	Skills Completed	YE 11/12 Female	56.9	16	YE 11/12 Male	56.9	16	YE 13/14 Female	57	16	YE 13/14 Male	57.4	16	Open Female	57	16	Open Male	57.6	16	Junior Female	57	16	Junior Male	57.6	16	Senior Female	57.6	16	Senior Male	59.3	16	Division	R1+R2 Total Score	Skills Completed			
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7	8	I. Judging Panels Development Program Competitions Tables 2 and 3	If a Meet Director is unable to seat full panels per the R&P, they may apply to the TC for consideration for smaller panels to be accepted.

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9	5	Level 5-10 athletes are mandated to attend State Championships as a requirement for entering in the Stars & Stripes Championships and/or the USA Gymnastics Championships.	<p>For State Championships held before the applicable registration deadline, event participation is required for Level 5-10 to be eligible to attend the Stars &amp; Stripes Championships and/or the USA Gymnastics Championships.</p> <p>For State Championships held after the applicable registration deadline, the State/Region will decide whether event participation is required for Level 5-10 to be eligible to attend the Stars &amp; Stripes Championships and/or the USA Gymnastics Championships (in addition to the standard process), for athletes who take part in 2021 national events. This could be:</p> <ul style="list-style-type: none"> <li>• Requiring event registration for 2021 national events OR</li> <li>• Requiring event participation for 2022 national events OR</li> <li>• No event participation requirement</li> </ul> <p>This information must be listed in each event technical packet and on the USA Gym website.</p>
9	5	An athlete's respective State Championships provides the first of two score qualifying opportunities for levels 5-10 to the Stars & Stripes Championships and the USA Gymnastics Championships.	Competitors must hit the qualification scores Stars & Stripes Championships and/or the USA Gymnastics Championships at any sanctioned 2020-2021 season competition (either virtual or in-person).
9	5	State Championships are recommended to be conducted prior to Regional Championships. The appropriate Regional Chair must approve in writing any deviation from these dates.	State Championships may be held at any time between March 1 and September 30, 2021.

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9	6	Regional Championships may not serve as an athlete's eligibility requirement for Levels 5-10 towards the Stars & Stripes Championships and/or the USA Gymnastics Championships, however for Youth, Junior, Open, and Senior Elite athlete it may be used as an eligibility competition if it is not being used as a qualifier.	Regional Championships may serve as an athlete's eligibility requirement towards the Stars & Stripes Championships and/or the USA Gymnastics Championships.



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9	8	Any USA Gymnastics Trampoline & Tumbling sanctioned competition may serve as an eligibility competition. (Exception: Levels 5-10 may not use State or Regional Championships and Youth, Junior, Open, and Senior Elite may not use National Invitational competitions as eligibility competitions)	Any USA Gymnastics Trampoline & Tumbling sanctioned competition may serve as an eligibility competition.