



SECTION VI: ELITE PROGRAM

I. PROGRAM DESCRIPTION

A. Purpose

The Trampoline and Tumbling Elite Program Committee (TEPC) regulates the USA Gymnastics Elite Program. The Elite Program is designed to provide developmental and competitive Trampoline, Tumbling, and Double-Mini opportunities and provide a pool of talented athletes for national and international competitions.

B. Divisions

1. There are five divisions within the Elite Program: Youth 11-12, Youth 13-14, Junior, Open, and Senior.
2. Athletes must meet the age requirements in the year of competition to compete in their respective Elite Division.

ELITE DIVISIONS

Divisions	Ages
Youth Elite	11-12
Youth Elite	13-14
Junior Elite	15-16
Open Elite	17 & Over
Senior Elite	17 & Over

C. Mobility System

1. The term “mobility season” is defined as August 1 until December 31 of the following calendar year.
2. During the Elite mobility season, an elite athlete must verify his/her participation in the new level by competing in a USA Gymnastics sanctioned competition at the newly approved level.
3. If an athlete does not verify participation in the new level within the elite mobility season, then the mobility loses its value.
4. In order to compete at the Elite level, an athlete must achieve the mobility score from Level 10 to Youth, Junior, or Open Elite.
5. Coaches must submit a Mobility Request Form ([Click here for form](#)) to the Elite Program Chair at ttmobility@usagym.org in order to move an athlete

up from Level 10 or within the Elite levels. The Elite Program Chair must approve mobility before the athlete is eligible to compete at the higher level.

6. Athletes may NOT skip levels.

7. Mobility Scores –

- a. For junior and open elite trampoline mobilizing to senior elite the mobility scores are based on a combination of the total E score of the first voluntary routine and the degree of difficulty of the second voluntary in the qualification round.
- b. For level 10 trampoline into youth, junior, and open the mobility scores are based on a combination of the total E score of the first voluntary routine and the degree of difficulty of the second voluntary in the qualification round.
- c. For double mini and tumbling the mobility scores are based on the combined degree of difficulty of the two passes from the qualification round.

Division	Trampoline 1st Routine E-Score	Trampoline 2nd Routine DD	Tumbling 2 passes DD	Double Mini 2 passes DD
Level 10 to Youth Elite 11/12 Men	15.6	8.5	7.1	7.9
Level 10 to Youth Elite 13/14 Men	15.6	9.5	7.1	9.2
Level 10 to Youth Elite 11/12 Women	15.6	8.5	7.1	7.6
Level 10 to Youth Elite 13/14 Women	15.6	9.0	7.1	8.8
Level 10 to Junior Elite Men	15.6	10.5	7.3	10.0
Level 10 to Junior Elite Women	15.6	10.0	7.1	9.6
Level 10 to Open Elite Men	15.6	10.5	7.3	10.0
Level 10 to Open Elite Women	15.6	10.0	7.1	9.6
Junior Elite to Senior Elite Men	15.6	13.0	8.0	12.8
Junior Elite to Senior Elite Women	15.6	11.5	7.5	10.8
Open Elite to Senior Elite Men	15.6	13.0	8.0	12.8
Open Elite to Senior Elite Women	15.6	11.5	7.5	10.8

ELITE MOBILITY REQUIREMENTS

8. Athletes who wish to mobilize to the Elite Division or within the Elite Divisions, must achieve the mobility requirements at the following meets in order to mobilize:
 - a. The Program Office must approve invitational Mobility Meets. They must meet the required criteria and have judge's panels that are approved the Technical Chair.
 - b. Regional Championships
 - c. Elite Challenge
 - d. USA Gymnastics Championships
9. Movement from Youth Elite to Junior Elite, and from Junior Elite to Open Elite is based on athlete age and does not have a mobility requirement.
10. Mobility request must be submitted a minimum of 72 hours prior to beginning of competition at the next competitive event for athletes who have obtained a new mobility score within the elite levels and wish to move to the next level.

D. Rules for Competition

The rules used in the Elite Competition are the FIG rules with special requirements based on the developmental needs of the USA Gymnastics Trampoline and Tumbling Program. The current FIG Code of Points and the U.S. Elite T&T Special Requirements may be found online at their respective sites: <http://www.fig-gymnastics.com> and <https://usagym.org>

II. ELITE QUALIFICATION TO USA GYMNASTICS CHAMPIONSHIPS

A. Qualification Procedures

All athletes competing at the Elite level are eligible to enter USA Gymnastics Championships provided they have met the following criteria:

1. Competitors must compete in at least two (2) USA Gymnastics Trampoline & Tumbling sanctioned eligibility competitions, in addition to the qualifiers designated by the Elite Program Committee, during the current competition season, which begins on August 1 of each year.
2. Athletes who are injured or unable to compete may salute in order to gain eligibility at the sanction competitions prior to USA Gymnastics Championships. All competition fees must be paid, the athlete is not eligible for awards, but should show in the competition results.
3. State Championships may be used as an eligibility competition for all Elite level athletes. State Championships that are used as an eligibility

- competition may not also use those scores as qualification scores to the USA Gymnastics Championships. An elite athlete must use State Championships solely as an eligibility competition or a qualification competition.
4. Regional Championships may be used as an eligibility competition for all Elite level athletes. Regional Championship that are used as an eligibility competition may not also use those scores as qualification scores to the USA Gymnastics Championships. An elite athlete must use Regional Championships solely as an eligibility competition or a qualification competition.
 5. The athletes' personal coach must submit competition results to the State Chairman to determine eligibility.
 6. Competitors must compete in only one (1) division per discipline. For example, an athlete can compete as a Senior Elite in Trampoline and a Junior Elite in Tumbling but never as a Senior Elite AND a Junior Elite in Tumbling.
 7. Entries to USA Gymnastics Championships must be at the same level at which the athlete qualified at the last competition he/she attended. For example, if an athlete qualified as a Junior Elite in the first competition, but competed as a Senior Elite in the next competition and did not reach the difficulty score, the athlete is not qualified to enter the USA Gymnastics Championships as a Senior Elite.
 8. Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.
 - a. State Championships
 - b. Regional Championships
 - c. Elite Challenge
 9. Athletes are required to complete all passes in the qualification round at one of the qualification competitions as follows:
 - a. Trampoline: 10 skill compulsory and 10 skill optional routines.
 - b. Double Mini: Two 2 skill passes
 - c. Tumbling: Two 8 skill passes
 10. Athletes must meet the requirements in the qualification round at one of the qualification competitions as follows:

**USA GYMNASTICS CHAMPIONSHIPS
ELITE QUALIFICATION DIFFICULTY REQUIREMENTS**

Division	Trampoline ^{1st} Voluntary E-Score	Trampoline 2 nd Voluntary DD	Tumbling 2 Passes DD	Double Mini 2 Passes DD
YE 11/12 Men	15.6	8.5	7.1	7.9
YE 13/14 Men	15.6	9.5	7.1	9.2
YE 11/12 Women	15.6	8.5	7.1	7.6
YE 13/14 Women	15.6	9.0	7.1	8.8
Junior Men	15.6	10.5	7.3	10.0
Junior Women	15.6	10.0	7.1	9.6
Open Men	15.6	10.5	7.3	10.0
Open Women	15.6	10.0	7.1	9.6
Senior Men	15.6	13.0	8.0	12.8
Senior Women	15.6	11.5	7.5	10.8

11. Elite Synchronized pairs must qualify as individual trampoline athletes and declare themselves as a synchronized pair by the USA Gymnastics Championships entry deadline.
12. Current National and Junior National Team members do not have to qualify to the USA Gymnastics Championships in the event(s) in which they were named to the team providing they comply with the eligibility requirements above. In other events, they must qualify using the established procedures.
13. National Team Member Qualification
 - a. Current National Team members or invited non-National Team athletes who are participating at a National Team training camp, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team camp as substitution for the missed eligibility or qualification competition.
 - b. Current National Team members who are competing at a National Team assigned competition/event, which conflicts with a USA Gymnastics Championships eligibility or qualification competition, may use their attendance at that National Team assignment as substitution for the missed eligibility or qualification competition.
 - c. In all cases, this substitution must be approved by the Program Director prior to the National Team training camp or assigned event.

B. Petitions to USA Gymnastics Championships

1. Senior Elite: Only athletes who competed as a Senior Elite in the same event at the previous USA Gymnastics Championships will be allowed to petition to participate in the USA Gymnastics Championships.
2. Youth, Junior, Open Elite: Only athletes who competed in the same event at the previous USA Gymnastics Championships will be allowed to petition to participate in the current USA Gymnastics Championships. Athletes who competed as Youth Elite last year can petition into Junior Elite if they have aged out of Youth Elite. Athletes who competed as Junior Elite last year can petition into Open Elite if they have aged out of Junior Elite.
3. Senior, Open, Junior and Youth Elite athletes are required to have placed 1st, 2nd or 3rd, or the top fifty (50) percent, in the same discipline at the previous USA Gymnastics Championships, to be allowed to petition to participate in the current USA Gymnastics Championships.
4. The petition must be submitted electronically to the Program Director prior to the entry deadline. The petition must state the specific injury, illness or unusual circumstance, which prohibits the athlete from participating in the competitive process. In the case of a petition based upon an injury or illness, a signed and dated letter must accompany the petition from a physician on physician's letterhead that states the diagnosis, previous limitations, and clearance to compete in the USA Gymnastics Championships.
5. The Chair of the Elite Program Committee (TEPC) and the Trampoline & Tumbling Program Director decides petitions. Petitions will be considered as expeditiously as possible. The decision of the TEPC Chair and the Program Director is final.
6. Qualification events and trial events may have different petition requirements. Please refer to the event selection procedures for exact requirements.
7. The petitioner and his/her coach will be immediately notified, once a decision has been reached.

III. NATIONAL TEAM PROGRAM

The National Team Program seeks to create a year-round competitive and educational support system for coaches and athletes. [Click here](#) for the National Team Selection procedures.

IV. REINSTATEMENT

Former USA Gymnastics athletes may be reinstated to the Elite Level.

A. Reinstatement to the Elite Levels for athletes that have been out for less than two full competitive cycles:

1. Athletes do not need to do reinstatement they may enter the competition at the level previously competed prior to the injury.

B. Reinstatement to the Elite Levels for athletes that have been out for more than two full competitive cycles:

1. The athlete must submit an [Elite Athlete Reinstatement Form](#) with all requested documentation to the current Elite Committee Chair.
2. After receiving acknowledgement that the current Elite Committee Chair has received the Elite Athlete Reinstatement Form, the athlete may register to participate in a USA Gymnastics Sanctioned events at one level lower than their previous level.
3. The athlete must perform, be scored, and demonstrate readiness on routines that meet the current minimum requirements to mobilize to the Youth, Junior, Open, and Senior Elite level at a USA Gymnastics Sanctioned event.

V. Selection Committee

The Selection Committee (SC) is a three-member voting body.

Trampoline	Tumbling	Double Mini Trampoline
Elite Committee Chair *	Elite Committee Chair *	Elite Committee Chair *
National Trampoline Head Coach OR Junior National Trampoline Coach	National Tumbling Head Coach	National DMT Head Coach
Athletes' Representative	Athletes' Representative	Athletes' Representative
High Performance Coordinator (voice, no vote) **	High Performance Coordinator (voice, no vote) **	High Performance Coordinator (voice, no vote) **
National Trampoline Head Coach OR Junior National Trampoline Coach (voice, no vote) ***		

* The Elite Committee Chair will serve as the SC Chair.

** The High Performance Coordinator will present any background information relevant to selection (verbal or written report).

*** The Trampoline National Coaches will work together as part of the Selection Committee, but will only have 1 vote between them.

Conflict of Interest

In the event that a SC member is currently affiliated with any athlete or coach in consideration for a Team, or is unable to fulfill the obligations of the SC for any reason, a replacement will be named in the following order:

- Chair of the Program Committee
- Program Director
- Additional replacement member(s) named by the SC Chair, with preference given to:
 - Members of the SC for other T&T disciplines
 - International experts (athlete / coach / judge with world-level competition or judging experience)

Should the National Head Coach be replaced due to a conflict of interest, they will retain the right to present a selection recommendation (complete with reasoning), and answer questions from the SC, after which time they will be required to leave the selection meeting.

Responsibilities

The SC shall:

- Be responsible for selecting all athletes to the National Team, Junior National

- Team, and EDP Team.
- Make athlete selections for specific Team USA international competitions, including World Championships, World Age Group Competitions, World Games, Pan American Games, Youth Olympic Games and Olympic Games.
 - Work within the relevant approved selection procedures.
 - Work with the T&T Elite Committee to select and assign delegation coaches and other officials.
 - Report to the T&T Program Director.

SC meetings will be held in person where possible. Where this is not possible (due to budget, time or availability constraints), audio or video conferencing technology may be utilized.

VI. Elite Program Awards

Awarded annually at the USA Gymnastics Championships.

1. Trampoline & Tumbling Coach of the Year
 - a. This award is decided upon by athlete achievements throughout the competitive season, across Trampoline, Tumbling and Double Mini disciplines.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite session.
2. James A. Rozanas Tumbling Coach of the Year
 - a. This award is presented to the elite tumbling coach of the year. This award is named in honor of James A. Rozanas, whose outstanding principles of competition, good sportsmanship and high morals set the standard and expectation of excellence for the tumbling community.
 - b. Tumbling Coach of the Year will be decided on by athlete achievements throughout the competitive season.
3. Milton B. Davis & George Nissen: Trampoline Coach of the Year
 - a. This award is presented to the elite trampoline coach of the year. This award is named in honor of Coach Milton B. Davis & Trampoline Pioneer George Nissen.
 - b. Trampoline Coach of the Year will be decided on by athlete achievements throughout the competitive season.
4. Bob Bollinger Double Mini Coach of the Year

- a. The award is presented to the Double Mini Coach of the year. This award is named in honor of Bob Bollinger, whose career was defined by performance and demeanor of outstanding principles.
 - b. Double Mini Coach of the Year will be decided on by athlete achievements throughout the competitive season.
5. Trampoline and Tumbling Club of the Year
 - a. The Trampoline and Tumbling Club of the Year award is given to the organization that creates a T&T program of excellence, which is exemplary of athlete development, athlete advancement and athlete retention. The gym ownership and coaching staff presents a standard of dedication to the athletes, good sportsmanship, competitive success, high morals, and a passion for the sport that is reflected in national team involvement and leadership.
 - b. The national office will solicit nominations with a deadline identified prior to USA Gymnastics Championships each year.
 - c. Each registered and attending club at that year's USA Gymnastics Championships will be eligible to cast a ballot for this award.
6. Trampoline Athlete of the Year
 - a. Trampoline Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
7. Tumbling Athlete of the Year
 - a. Tumbling Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
8. Double Mini Athlete of the Year
 - a. Double Mini Athlete of the Year will be decided on by athlete achievements throughout the competitive season.
 - b. This award will be presented at the USA Gymnastics Championships Senior Elite Session.
9. Star Service Award
 - a. This award is given when deemed appropriate by the USA Gymnastics Trampoline and Tumbling Program Committee
 - b. It is given in recognition to the individual whose selfless dedication to the sport and community of Trampoline and Tumbling creates the environment of growth and excellence. His or her service and stewardship exemplifies the volunteerism that is indispensable to the USA Gymnastics Trampoline and Tumbling membership.

- c. This is awarded at the USA Gymnastics Championships or the Stars and Stripes Championships; whichever is most appropriate for the individual named.
10. Sportsperson of the Year
- a. The Sportsperson of the Year awards is given to the athlete whose performance that year most embodies the spirit of sportsmanship and achievement – an athlete exhibiting the strongest positive voice of the discipline.
 - b. All senior elite T&T athletes competing at that year’s USA Gymnastics Championships will be eligible to cast a ballot for this award.
 - c. The national office will solicit nominations with a deadline identified prior to USA Gymnastics Championships each year.