I. PROGRAM DESCRIPTION

A. Purpose
The Trampoline and Tumbling Elite Program Committee (TEPC) regulates the USA Gymnastics Elite Program. The Elite Program is designed to provide developmental and competitive Trampoline, Tumbling, and Double-Mini opportunities and provide a pool of talented athletes for national and international competitions.

B. Divisions
1. There are five divisions within the Elite Program: Youth 11-12, Youth 13-14, Junior, Open, and Senior.
2. Athletes must meet the age requirements in the year of competition to compete in their respective Elite Division.

<table>
<thead>
<tr>
<th>Divisions</th>
<th>Ages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Elite</td>
<td>11-12</td>
</tr>
<tr>
<td>Youth Elite</td>
<td>13-14</td>
</tr>
<tr>
<td>Junior Elite</td>
<td>15-16</td>
</tr>
<tr>
<td>Open Elite</td>
<td>17 &amp; Over</td>
</tr>
<tr>
<td>Senior Elite</td>
<td>17 &amp; Over</td>
</tr>
</tbody>
</table>

C. Mobility System
*Current mobility scores will expire 1.1.2017
1. In order to compete at the Elite level, an athlete must achieve the mobility score from Level 10 to Youth, Junior, or Open Elite.
2. Coaches must submit a Mobility Request Form (Click here for form) to the Elite Program Chair at ttmobility@usagym.org in order to move an athlete up from Level 10 or within the Elite levels. The Elite Program Chair must approve mobility before the athlete is eligible to compete at the higher level.
3. Athletes may NOT skip levels.
4. Mobility Scores –
   a. For junior and open elite trampoline mobilizing to senior elite the mobility scores are based on the degree of difficulty and time of flight from the qualification round.
   b. For level 10 trampoline into youth, junior, and open the mobility scores are based on the degree of difficulty of the 2nd routine in the qualification round.
   c. For double mini and tumbling the mobility scores are based on the combined degree of difficulty of the two passes from the qualification round.

<table>
<thead>
<tr>
<th>Division</th>
<th>Trampoline 1st Routine</th>
<th>Trampoline 2nd Routine</th>
<th>Tumbling 2 passes</th>
<th>Double Mini 2 passes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 10 to Youth Men</td>
<td>8.5</td>
<td>7.1</td>
<td>9.2</td>
<td></td>
</tr>
<tr>
<td>Level 10 to Youth Women</td>
<td>8.5</td>
<td>7.1</td>
<td>9.2</td>
<td></td>
</tr>
<tr>
<td>Level 10 to Junior Men</td>
<td>10.0</td>
<td>7.1</td>
<td>10.4</td>
<td></td>
</tr>
<tr>
<td>Level 10 to Junior Women</td>
<td>9.5</td>
<td>7.1</td>
<td>10.4</td>
<td></td>
</tr>
<tr>
<td>Level 10 to Open Men</td>
<td>10.0</td>
<td>7.1</td>
<td>10.4</td>
<td></td>
</tr>
<tr>
<td>Level 10 to Open Women</td>
<td>9.5</td>
<td>7.1</td>
<td>10.4</td>
<td></td>
</tr>
<tr>
<td>Junior to Senior Men</td>
<td>TOF – 16.0</td>
<td>13.0</td>
<td>7.5</td>
<td>14.0</td>
</tr>
<tr>
<td>Junior to Senior Women</td>
<td>TOF – 15.0</td>
<td>11.5</td>
<td>7.5</td>
<td>11.2</td>
</tr>
<tr>
<td>Open to Senior Men</td>
<td>TOF – 16.0</td>
<td>13.0</td>
<td>7.5</td>
<td>14.0</td>
</tr>
<tr>
<td>Open to Senior Women</td>
<td>TOF – 15.0</td>
<td>11.5</td>
<td>7.5</td>
<td>11.2</td>
</tr>
</tbody>
</table>

ELITE MOBILITY REQUIREMENTS

5. Athletes who wish to mobilize to the Elite Division or within the Elite Divisions, must achieve the mobility requirements at the following meets in order to mobilize:
   a. Invitational Mobility Meets who meet criteria and have judges panels that are approved by Technical Chair.
   b. Regional Championships
   c. Winter Classic
   d. Elite Challenge
   e. USA Gymnastics Championships

6. Movement from Youth Elite to Junior Elite, and from Junior Elite to Open Elite is based on athlete age and does not have a mobility requirement.
D. Rules for Competition
The rules used in the Elite Competition are the FIG rules with special requirements based on the developmental needs of the USA Gymnastics Trampoline and Tumbling Program. The current FIG Code of Points and the U.S. Elite T&T Special Requirements may be found online at their respective sites: http://www.fig-gymnastics.com and https://usagym.org

II. ELITE QUALIFICATION TO USA GYMNASTICS CHAMPIONSHIPS

A. Qualification Procedures
All athletes competing at the Elite level are eligible to enter USA Gymnastics Championships provided they have met the following criteria:

1. Competitors must compete in at least two (2) USA Gymnastics Trampoline & Tumbling sanctioned eligibility competitions, in addition to the qualifiers designated by the Elite Program Committee, during the current competition season, which begins on August 1 of each year.

2. Athletes who are injured or unable to compete may salute in order to gain eligibility at the sanction competitions prior to USA Gymnastics Championships. All competition fees must be paid, the athlete is not eligible for awards, but should show in the competition results.

3. State Championships may be used as an eligibility competition for all Elite level athletes. State Championships that are used as an eligibility competition may not also use those scores as qualification scores to the USA Gymnastics Championships. An elite athlete must use State Championships solely as an eligibility competition or a qualification competition.

4. Regional Championships may be used as an eligibility competition for all Elite level athletes. Regional Championship that are used as and eligibility competition may not also use those scores as qualification scores to the USA Gymnastics Championships. An elite athlete must use Regional Championships solely as an eligibility competition or a qualification competition.

5. The athletes’ personal coach must submit competition results to the State Chairman to determine eligibility.

6. Competitors must compete in only one (1) division per discipline. For example, an athlete can compete as a Senior Elite in Trampoline and a Junior Elite in Tumbling but never as a Senior Elite AND a Junior Elite in Tumbling.

7. Entries to USA Gymnastics Championships must be at the same level at which the athlete qualified at the last competition he/she attended. For
example, if an athlete qualified as a Junior Elite in the first competition, but competed as a Senior Elite in the next competition and did not reach the difficulty score, the athlete is not qualified to enter the USA Gymnastics Championships as a Senior Elite.

8. Athletes must compete at two (2) of the three (3) qualification competitions as determined by the Elite Committee.
   a. State Championships
   b. Regional Championships
   c. Elite Challenge

9. Athletes are required to complete all passes in the qualification round at one of the qualification competitions as follows:
   a. Trampoline: 10 skill compulsory and 10 skill optional routines.
   b. Double Mini: Two 2 skill passes
   c. Tumbling: Two 8 skill passes

10. Athletes must meet the difficulty requirements in the qualification round at one of the qualification competitions as follows:

<table>
<thead>
<tr>
<th>Division</th>
<th>Trampoline 2nd Routine</th>
<th>Tumbling 2 Passes</th>
<th>Double Mini 2 Passes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Men</td>
<td>9.0</td>
<td>6.6</td>
<td>8.4</td>
</tr>
<tr>
<td>Youth Women</td>
<td>8.3</td>
<td>6.1</td>
<td>7.5</td>
</tr>
<tr>
<td>Junior Men</td>
<td>10.0</td>
<td>7.3</td>
<td>9.6</td>
</tr>
<tr>
<td>Junior Women</td>
<td>9.0</td>
<td>6.1</td>
<td>8.0</td>
</tr>
<tr>
<td>Open Men</td>
<td>10.0</td>
<td>7.3</td>
<td>9.6</td>
</tr>
<tr>
<td>Open Women</td>
<td>9.0</td>
<td>6.1</td>
<td>8.0</td>
</tr>
<tr>
<td>Senior Men</td>
<td>12.0</td>
<td>9.5</td>
<td>11.4</td>
</tr>
<tr>
<td>Senior Women</td>
<td>10.5</td>
<td>8.0</td>
<td>10.0</td>
</tr>
</tbody>
</table>

11. Elite Synchronized pairs must qualify as individual trampoline athletes and declare themselves as a synchronized pair by the USA Gymnastics Championships entry deadline.

12. Current National Team members do not have to qualify to the USA Gymnastics Championships in the event(s) in which they were named to the team providing they comply with the eligibility requirements above. In other events, they must qualify using the established procedures.

13. Current National Team members who are participating at a National Team assignment whose schedule conflicts with a USA Gymnastics
Championships eligibility or qualification event may use that National Team assignment as substitution for the missed eligibility or qualification event. This substitution must be approved by the Program Director prior to the National Team Event.

B. Petitions to USA Gymnastics Championships
1. Senior Elite: Only athletes who competed as a Senior Elite in the same event at the previous USA Gymnastics Championships will be allowed to petition to participate in the USA Gymnastics Championships.
2. Youth, Junior, or Open Elite: Only athletes who placed 1st, 2nd, or 3rd as a Youth, Junior, or Open in the same event at the previous USA Gymnastics Championships or who were in the top fifty (50) percent of Youth, Junior, or Open Elite will be allowed to petition to participate in the current USA Gymnastics Championships. Athletes who competed as Youth Elite last year can petition into Junior Elite if they have aged out of Youth Elite. Athletes who competed as Junior Elite last year can petition into Open Elite if they have aged out of Junior Elite.
3. The petition must be submitted electronically to the Program Director prior to the entry deadline. The petition must state the specific injury, illness or unusual circumstance, which prohibits the athlete from participating in the competitive process. In the case of a petition based upon an injury or illness, a signed and dated letter must accompany the petition from a physician on physician’s letterhead that states the diagnosis, previous limitations, and clearance to compete in the USA Gymnastics Championships.
4. The Chair of the Elite Program Committee (TEPC) and the Trampoline & Tumbling Program Director decides petitions. Petitions will be considered as expeditiously as possible. The decision of the TEPC Chair and the Program Director is final.
5. Qualification events and trial events may have different petition requirements. Please refer to the event selection procedures for exact requirements.
6. The petitioner and his/her coach will be immediately notified, once a decision has been reached.

III. NATIONAL TEAM PROGRAM
The National Team Program seeks to create a year-round competitive and educational support system for coaches and athletes. Click here for the National Team Selection procedures.

IV. REINSTATMENT/INSTATEMENT
Former USA Gymnastics athletes may be reinstated to the Elite Level and athletes coming from a similar sport may be instated to the Elite Level.

A. Reinstatement to the Elite Levels for athletes that have been out for less than two full competitive cycles:
   1. Athletes do not need to do reinstatement then may enter the competition at the level previously competed prior to the injury.

B. Reinstatement to the Elite Levels for athletes that have been out for more than two full competitive cycles:
   1. The athlete must submit an Elite Athlete Reinstatement Form with all requested documentation to the current Elite Committee Chair.
   2. After receiving acknowledgement that the current Elite Committee Chair has received the Elite Athlete Reinstatement Form, the athlete may register to participate in a USA Gymnastics Sanctioned events at one level lower than their previous level.
   3. The athlete must perform, be scored, and demonstrate readiness on routines that meet the current minimum requirements to mobilize to the Youth, Junior, Open, and Senior Elite level at a USA Gymnastics Sanctioned event.

C. Instatement of an athlete:
   1. For athletes coming to Trampoline & Tumbling from a similar sport.
   2. The athlete must submit an Elite Athlete Instatement Form and a time stamped video to the current Elite Committee Chair for instatement.