



TRAMPOLINE & TUMBLING RULES & POLICIES

Section I: USA Gymnastics Overview

Purpose, Mission, Code of Ethical Conduct, Membership Types, Residency, Foreign Athletes

Section II: Operating Code

T&T Committee Structure, Terms, Elections

Section III: State and Region Procedures

Procedures for State and Region Association Activities, Positions, Responsibilities

Section IV: Sanction & Competition Procedures

Obtaining a Sanction, Types of Competitions, Facility Specification, Equipment Specifications

Section V: Junior Olympic Program

Rules for Divisions, Qualifications, Mobility

Section VI: Elite Program

Rules for Divisions, Qualification, Mobility, JR/SR National Team, Elite Reinstatement

Section VII: Education and Certification - Judges

Judges Education, Certification Requirements and Process

Section VIII: Education and Certification - Coaches

Coaches Education, Certification Requirements and Process

Section IX: Competition Guidelines

Rules and Guidelines for Each Competition Type

Section X: Program Directory