

## Video Submission for Mobility

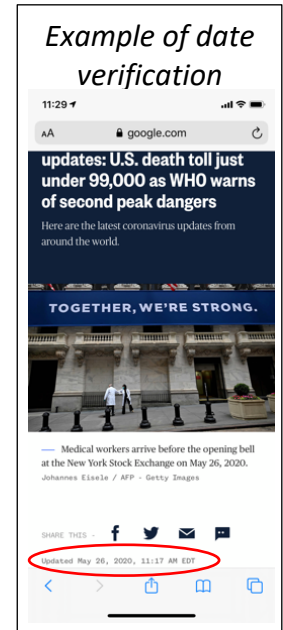
Athletes looking to mobilize into Elite, within the Elite levels, or from JO Level 8 upwards may submit a video to be judged for mobility.

This process may also be utilized for the following processes:

- Verification of participation in a new Elite level
- Retaining participation in an existing Elite level (for those who otherwise would not have competed within the two year window).

### Video Requirements

- Must provide date verification – done by showing on camera a dated news article from that day on another device. (example shown on right).
- The date should be within the relevant intake window.
- Filmed from as close to a normal judges' position as possible and cameraperson must be static.
  - Trampoline – from the side of trampoline, must capture the bed and athlete at all times (camera should not move up and down).
  - Tumbling / Double Mini – within 15' of floor/runup and approx. 2/3 down the length, video to pan and follow the athlete.
- Double Mini – landing zones must be marked, and the video must include a tape-measured verification the measurements. (Landing zones are not essential for Tumbling).
- Filmed in a minimum of 1080 pixels / 30 frames per second (this setting is available on most current phones)
- Include one of each routine or pass, complete from salute to salute, with no cuts.
- Submitted via online link (dropbox, google form etc.) or to the following location: <https://www.dropbox.com/request/YN4ri05wuVXp1laZhEMg>. E-mail / text submission will not be accepted as it will lower the video quality.
- Routines will only be judged upon full submission including correct video, completed form and payment. A confirmation e-mail will be sent upon successful submission.



We recognize that some gyms may not have the space to meet all requirements – in this case a solution must be mutually agreed upon at least 2 days prior to submission deadline. The Meet Referee will contact you regarding this.

Payment of \$30 per submission will be required to cover judges' payments and processing.

There will initially be three intake windows:

- Routines performed between September 1-October 1 – submission due October 1 (Elite mobility only)
- Routines performed between October 1-November 1 – submission due November 1 (Elite and JO mobility)
- Routines performed between November 1-December 1 – submission due December 1 (Elite and JO mobility)

All submissions must be received by the close of each submission window. One submission per athlete per discipline per intake window.

Routines will be judged remotely by qualified panels and results provided within two weeks of the due date. Judges' decision is final.

Upon successful achievement of a mobility score, the standard mobility request process will apply. It remains the responsibility of the coach / gym to apply for mobility.

### JO Virtual Mobility

Due to difficulty in obtaining accurate HD score from a video, the following virtual mobility scores will be used, encompassing 3 E scores + 1 D score, - Penalties (but not including an HD score):

- Level 4-8: 23.40 (guideline only)
- Level 8->9: 51.00
- Level 9->10: 52.10

### Hints, Tips and Clarifications

Following the conclusion of the first window, the Technical Committee provided some feedback on some easily avoidable errors. Please take note of this feedback to ensure that your video submission can be judged effectively.

- Apparel requirements are the same as those of a live meet. Notably, jewelry and watches must be removed and hair must be secured close to the head otherwise a 0.2 penalty will be taken.
- Video clips should be named as 1<sup>st</sup> routine and 2<sup>nd</sup> routine as they would be performed in a live competition. If the routine listed does not meet the requirements expected in that routine, a 2.0 penalty will be taken per missing requirement.
- Coaches may not actively coach an athlete during their routine. Signaling the athlete while competing draws a 0.9 penalty in DMT and Tumbling and a 0.6 penalty in Trampoline
- DMT – the requirement to show the measurement of the landing area zones is important to ensure that the correct penalties are taken. The landing area zones should be clearly seen in the video clips. Depending on the degree to which this is unclear, judges will either use their best judgement to determine the penalty, or will be unable to judge the pass.