Video Submission for Elite Mobility

Athletes looking to mobilize into Elite or within the Elite levels may submit a video to be judged for mobility.

Video requirements:
- Must provide date verification – done by showing on camera a dated news article from that day on another device. (example shown on right).
- The date should be within the relevant intake window.
- Filmed from as close to a normal judges’ position as possible and cameraperson must be static.
  - Trampoline – from the side of trampoline, must capture the bed and athlete at all times (camera should not move up and down).
  - Tumbling / Double Mini – within 15’ of floor/runup and approx. 2/3 down the length, video to pan and follow the athlete.
- Double Mini – landing zones must be marked, and the video must include a tape-measured verification the measurements. (Landing zones are not essential for Tumbling).
- Filmed in a minimum of 1080 pixels / 30 frames per second (this setting is available on most current phones)
- Include one of each routine or pass, complete from salute to salute, with no cuts.
- Submitted via online link (dropbox, google form etc.) or to the following location: https://www.dropbox.com/request/YN4ri05wuVXp1laZhEMg. E-mail / text submission will not be accepted as it will lower the video quality.
- Routines will only be judged upon full submission including correct video, completed form and payment. A confirmation e-mail will be sent upon successful submission.

We recognize that some gyms may not have the space to meet all requirements – in this case a solution must be mutually agreed upon at least 2 days prior to submission deadline. The Meet Referee will contact you regarding this.

Payment of $30 per submission will be required to cover judges’ payments and processing.

There will initially be three intake windows:
- Routines performed between September 1-October 1 – submission due October 1
- Routines performed between October 1-November 1 – submission due November 1
- Routines performed between November 1-December 1 – submission due December 1
All submissions must be received by the close of each submission window. One submission per athlete per discipline per intake window.

Routines will be judged remotely by qualified panels and results provided within two weeks of the due date. Judges’ decision is final.

Upon successful achievement of a mobility score, the standard mobility request process will apply. It remains the responsibility of the coach / gym to apply for mobility.