Building Blocks – Development Approach to Preschool Rhythmic Gymnastics
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Written by Joni Spata and Tracey Callahan Molnar this book is designed to help sell a Rhythmic Program to Gym Owners and Parents. It also includes information for getting the program started, teaching classes and keeping interest.

Beginner Ballet for Rhythmic Gymnastics
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Disc 2: Official Compulsory Routine DVD for Levels 3-5 and Beginner Group. Includes a Video Glossary of basic body and apparatus elements, a demonstration of each routine with the music, and a slow motion version of each routine with textual cues for the required elements. This is an invaluable teaching aid for both the gymnast and coach. For anyone new to rhythmic gymnastics, this is the entry point into learning rhythmic routines. Best used after completing the Level 1-2 Training materials.

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