

## Rhythmic Xcel – GROUP Apparatus – Levels A & B

3 Body Elements with Handling (1 Pivot, 1 Balance, 1 Jump/Leap); 1 Exchange; 1  
Interaction/Collaboration: 1 Additional Body Element, Exchange, Interaction/Collaboration

List the Requirements in the order they occur in the routine.

Level A – JO and FIG .1 skills      Level B – FIG .1 and .2 skills

GROUP NAME		Level:	Apparatus:	
REQUIREMENT	HANDLING	VALUE	FAULTS	SCORE
1.		10		
2.		10		
3.		10		
4.		10		
5.		10		
6.		10		
<b>XCEL CATEGORIES</b>				
General Body Execution	Posture Form and Execution (arms/hands, legs/feet, head)	10		
Apparatus Handling	Basic technique Variety of handling Execution (arms, planes, trajectories)	10		
Group Execution	Synchronization Formations Group Unity	10		
Overall Impression	Musicality Expression Mastery Crowd Appeal	10		
<b>FINAL SCORE</b>		<b>100</b>		

Judge's Signature \_\_\_\_\_