

JO HANDBOOK FOR COACHES AND JUDGES
ADDITIONAL CHANGES and ERRATA FOR 2019 SEASON

CURRENT TEXT	REVISED TEXT
<p>Page 63, Purpose of Group</p> <ul style="list-style-type: none"> A gymnastics club may enter more than one team; however, at least 50% of the group must be different members. 	<ul style="list-style-type: none"> A gymnastics club may enter more than one team; however, at least 50% of the group must be different members. An athlete may only compete maximum in 2 different groups (from the same club) per competition.
<p>JUNIOR OLYMPIC TABLE OF ADDITIONAL DIFFICULTIES FOR LEVELS 3-6, Beginners and Intermediate Group ONLY</p>	<p>See updated Table with changes</p>
<p>Page 44, Apparatus combinations (AC)</p> <ul style="list-style-type: none"> Combinations of each Apparatus Combination must be made with a different Base each time (no repetition of the Base. Exception: <ol style="list-style-type: none"> AC with medium/ large Throw ↗ and Catch from medium/ large throw ↓ - Max. 2 times per routine each- for levels 7-8 AC with roll over a minimum of 2 large body segments 000 ; small throw and catch of 2 unlocked clubs ⇔ , transmission without the help of the hands with at least 2 different body parts (not the hands) ∞ , Boomerang throw of the ribbon ↗ - Max. 2 times per routine each- for level 8 	<ul style="list-style-type: none"> Combinations of each Apparatus Combination must be made with a different Base each time (no repetition of the Base. <u>Exceptions:</u> <ol style="list-style-type: none"> AC with medium/ large Throw ↗ and Catch from medium/ large throw ↓ - Max. 2 times per routine each- for levels 7-8 AC with roll (ball, hoop, clubs, ribbon) over a minimum of 2 large body segments 000, 000 ; small throw and catch of 2 unlocked clubs ⇔ , transmission without the help of the hands with at least 2 different body parts (not the hands) ∞ , boomerang throw of the ribbon ↗ - Max. 2 times per routine each- for level 8