



JO HANDBOOK FOR COACHES AND JUDGES
ADDITIONAL CHANGES and ERRATA FOR 2019 SEASON

CURRENT TEXT	REVISED TEXT
Page 63, Purpose of Group	
<ul style="list-style-type: none"> A gymnastics club may enter more than one team; however, at least 50% of the group must be different members. 	<ul style="list-style-type: none"> A gymnastics club may enter more than one team; however, at least 50% of the group must be different members. An athlete may only compete maximum in 2 different groups (from the same club) per competition.
JUNIOR OLYMPIC TABLE OF ADDITIONAL DIFFICULTIES FOR LEVELS 3-6, Beginners and Intermediate Group ONLY	
	See updated Table with changes
Page 44, Apparatus combinations (AC)	
<ul style="list-style-type: none"> Combinations of each Apparatus Combination must be made with a different Base each time (no repetition of the Base. Exception: <ol style="list-style-type: none"> AC with medium/ large Throw ↗ and Catch from medium/ large throw ↓ - Max. 2 times per routine each- for levels 7-8 AC with roll over a minimum of 2 large body segments 000 ; small throw and catch of 2 unlocked clubs ⇔ , transmission without the help of the hands with at least 2 different body parts (not the hands) ∞ , Boomerang throw of the ribbon ↶ - Max. 2 times per routine each- for level 8 	<ul style="list-style-type: none"> Combinations of each Apparatus Combination must be made with a different Base each time (no repetition of the Base. Exceptions: <ol style="list-style-type: none"> AC with medium/ large Throw ↗ and Catch from medium/ large throw ↓ - Max. 2 times per routine each- for levels 7-8 AC with roll (ball, hoop, clubs, ribbon) over a minimum of 2 large body segments 000, 000 ; small throw and catch of 2 unlocked clubs ⇔ , transmission without the help of the hands with at least 2 different body parts (not the hands) ∞ , boomerang throw of the ribbon ↶ - Max. 2 times per routine each- for level 8
Page 7, Body Difficulty	
<p>“Note: Neutral Difficulties may not substitute the opposite leg/side requirement. For example, if a neutral difficulty is used in the floor routine (e.g.: ring jump with two feet, etc.), the remaining number of difficulties must be executed 50% on the opposite leg/side. Maximum 1 neutral difficulty is</p>	<p>“Note: Neutral Difficulties may not substitute the opposite leg/side requirement. For example, if a neutral difficulty is used in the floor routine (e.g.: ring jump with two feet, etc.), the remaining number of difficulties must be executed 50% on the opposite leg/side. Maximum 1 neutral difficulty is allowed per routine.” (Levels 3-6)</p>

allowed per routine.”	only)
Page 36, Summary Table of Non-Fundamental Apparatus Technical Group Valid for All Apparatus	
<ul style="list-style-type: none"> • Transmission of the apparatus around any part of the body or under the leg(s) 	<ul style="list-style-type: none"> • Transmission of the apparatus around any part of the body or under the leg(s) <p>Note: Transmission without the help of the hands with at least 2 different body parts. “” is the base/ symbol</p>
Page 45, Table of Criteria for Apparatus Combinations	
<p> Transmission without the help of the hands with at least 2 different body parts. Note: “Handling” is the base for this criteria. Cannot be combine with criteria)</p>	Delete