

**2019 USA Gymnastics Championships
T&T SCHEDULE**

Subject to Change
Updated 6/18/2019

| Sunday, June 30, 2019 | | | |
|-------------------------------|-----------------|---|-------------------------------------|
| 8:00 AM | 12:00 PM | T&T Category 1 Tumbling Course | Meeting Room 319-320 |
| 12:30 PM | 4:30 PM | T&T Category 1 Double Mini Course | Meeting Room 319-320 |
| 5:00 PM | 9:00 PM | T&T Category 1 Trampoline Course | Meeting Room 319-320 |
| Monday, July 01, 2019 | | | |
| 9:00 AM | 8:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 9:00 AM | 11:00 AM | T&T Technical Committee Meeting | Meeting Room 319-320 |
| 11:30 AM | 12:30 PM | Education: Chelsea - JO Round table New quad suggestions | Meeting Room 319-320 |
| 11:30 AM | 4:00 PM | Hy-Vee Hall Credential Entrance Open - Access Code E | Hy-Vee Hall B (Credential Entrance) |
| 12:00 PM | 5:50 PM | Level 9, 10 & Synchro Assigned Training | Hy-Vee Hall C |
| 3:30 PM | 7:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code F | Hy-Vee Hall B (Credential Entrance) |
| 5:30 PM | 7:30 PM | Synchro Training | Hy-Vee Hall C |
| 8:00 PM | 8:30 PM | Coaches Orientation Meeting (MANDATORY) | Meeting Room 303-307 |
| 8:30 PM | 9:00 PM | T&T Break Out Coaches Meeting | Meeting Room 303-307 |
| Tuesday, July 02, 2019 | | | |
| 7:30 AM | 7:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:15 PM | Hy-Vee Hall Credential Entrance Open - Access Code G | Hy-Vee Hall B (Credential Entrance) |
| 8:00 AM | 9:00 PM | T&T Audience Doors Open | Hy-Vee Hall C |
| 8:00 AM | 8:50 AM | Session 1 General Warm-up | |
| 8:30 AM | 8:45 AM | Session 1 Judges Meeting | Meeting Room 319-320 |
| 9:00 AM | 12:00 PM | Session 1 Level 9 &10 | |
| 12:15 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code H | Hy-Vee Hall B (Credential Entrance) |
| 12:30 PM | 6:30 PM | Arena Credential Entrance Open - Access Code C | Arena (Credential Entrance) |
| 12:30 PM | 1:20 PM | Session 2 General Warm-up | |
| 12:30 PM | 1:15 PM | Session 2 Judges Meeting | Meeting Room 319-320 |
| 1:30 PM | 6:00 PM | T&T Youth Elite, Open Elite, Junior and Seniors - Open Training | Wells Fargo Arena |
| 1:30 PM | 4:00 PM | Session 2 Level 9 &10 | |
| 4:00 PM | 4:30 PM | Education: Becky Brown - TBD | Meeting Room 319-320 |
| 4:45 PM | 8:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code I | Hy-Vee Hall B (Credential Entrance) |
| 4:50 PM | 5:50 PM | Session 3 Warm-Up | |
| 5:00 PM | 5:45 PM | Session 3 Judges Meeting | Meeting Room 319-320 |
| 6:00 PM | 9:00 PM | Session 3 Level 9/10 Synchro & Elite Synchro Prelims | |
| 9:15 PM | 9:30 PM | Session 3 Awards (Level 9/10 Synchro) | Meeting Room 303-307 |
| 9:45 PM | 12:00 AM | JO Committee Meeting | Hilton Hotel - Element |

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| Wednesday, July 03, 2019 | | | |
|---------------------------------|-----------------|---|-------------------------------------|
| 7:30 AM | 7:00 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:00 PM | Hy-Vee Hall Credential Entrance Open - Access Code J | Hy-Vee Hall B (Credential Entrance) |
| 8:00 AM | 7:30 PM | T&T Audience Doors Open | Hy-Vee Hall C |
| 8:00 AM | 8:50 AM | Session 4 General Warm-up | |
| 8:30 AM | 8:00 PM | Arena Credential Entrance Open - Access Code C | Arena (Credential Entrance) |
| 8:30 AM | 8:45 AM | Session 4 Judges Meeting | Meeting Room 319-320 |
| 9:00 AM | 5:00 PM | T&T Youth Elite, Open Elite, Junior and Seniors - Open Training | Wells Fargo Arena |
| 9:00 AM | 12:00 PM | Session 4 Level 9 &10 | |
| 12:00 PM | 12:30 PM | Education: Dian Nissen - TBD | Meeting Room 319-320 |
| 12:15 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code K | Hy-Vee Hall B (Credential Entrance) |
| 12:30 PM | 1:20 PM | Session 5 General Warm-up | |
| 12:30 PM | 1:15 PM | Session 5 Judges Meeting | Meeting Room 319-320 |
| 1:30 PM | 4:00 PM | Session 5 Level 9 &10 | |
| 4:00 PM | 4:30 PM | Education: Nuno Merino - Progressions for doubles | Meeting Room 319-320 |
| 4:00 PM | 5:00 PM | T&T Leader Level Meeting | |
| 4:35 PM | 9:10 PM | Hy-Vee Hall Credential Entrance Open - Access Code L | Hy-Vee Hall B (Credential Entrance) |
| 4:50 PM | 5:50 PM | Session 6 General Warm-up | |
| 5:00 PM | 5:45 PM | Session 6 Judges Meeting | Meeting Room 319-320 |
| 6:00 PM | 7:30 PM | Session 6 Synchro Elite Finals | |
| 7:45 PM | 8:00 PM | Session 6 Awards | Meeting Room 303-307 |
| 9:00 PM | 12:00 AM | Elite Committee Meetings | Hilton Hotel - Element |
| Thursday, July 04, 2019 | | | |
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:00 PM | Hy-Vee Hall Credential Entrance Open - Access Code M | Hy-Vee Hall B (Credential Entrance) |
| 8:00 AM | 4:30 PM | T&T Audience Doors Open | Hy-Vee Hall C |
| 8:00 AM | 8:50 AM | Session 7 General Warm Up | |
| 8:30 AM | 8:45 AM | Session 7 Judges Meeting | Meeting Room 319-320 |
| 8:45 AM | 12:00 PM | Arena Credential Entrance Open - Access Code C | Arena (Credential Entrance) |
| 9:00 AM | 12:00 PM | Athlete Wellness Parent & Coach Educational Seminar | Grand Ballroom |
| 9:00 AM | 12:00 PM | Session 7 Level 9 &10 Finals | |
| 10:00 AM | 12:00 PM | T&T Senior Elite Open Training | Wells Fargo Arena |
| 12:05 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code N | Hy-Vee Hall B (Credential Entrance) |
| 12:15 PM | 12:45 PM | Session 7 Awards | Meeting Room 303-307 |
| 12:20 PM | 1:20 PM | Session 8 General Warm Up | |
| 12:30 PM | 1:15 PM | Session 8 Judges Meeting | Meeting Room 319-320 |
| 1:30 PM | 4:30 PM | Session 8 Level YE/JR/OE Prelims | |
| 4:15 PM | 4:45 PM | Education: Chelsea Rainer - TBD | Meeting Room 319-320 |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 5:00 PM | 8:30 PM | T&T Sr. Elite Warm-up 1 hour prior to flight | Hy-Vee Hall C |
| 5:00 PM | 5:45 PM | T&T Judges Meetings | Meeting Room 319-320 |
| 5:15 PM | 8:45 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 8:40 PM | Senior Elite Combined Session Acro Session H - 13-19 & Sr. Elite (Groups - Balance, Pairs - Dynamic) Rhythmic - Sr. Groups (5 Balls) Rhythmic - Sr. AA Prelims and Event Finals (Hoop & Ball) 10 Athletes T&T Session 9 - Sr. Elite DM/TU/TR Prelims | |
| 9:30 PM | 12:00 AM | WAGC Selection Committee Meeting | Hilton Hotel - Element |

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| Friday, July 05, 2019 | | | |
|------------------------------|-----------------|--|-------------------------------------|
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:35 AM | 12:00 PM | Hy-Vee Hall Credential Entrance Open - Access Code O | Hy-Vee Hall B (Credential Entrance) |
| 7:50 AM | 8:50 AM | Session 10 General Warm-up | |
| 8:00 AM | 4:30 PM | T&T Audience Doors Open | Hy-Vee Hall C |
| 8:30 AM | 8:45 AM | Session 10 Judges Meeting | Meeting Room 319-320 |
| 8:45 AM | 12:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 9:00 AM | 11:30 AM | Session 10 Trampoline and Tumbling Scholarship Announcement Level YE/Jr/OE Finals | |
| 10:00 AM | 12:00 PM | T&T Senior Open Training | Wells Fargo Arena |
| 11:00 AM | 11:15 AM | Junior National Team Selection | |
| 11:45 AM | 12:00 PM | Session 10 Awards | Meeting Room 303-307 |
| 11:45 AM | 12:15 PM | Education: Steve Gluckstein - Routine construction and progressions | Meeting Room 319-320 |
| 12:15 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code P | Hy-Vee Hall B (Credential Entrance) |
| 12:30 PM | 1:20 PM | Session 11 General Warm-up | |
| 12:30 PM | 1:15 PM | Session 11 Judges Meeting | Meeting Room 319-320 |
| 1:30 PM | 4:30 PM | Session 11 Level 8 | |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 4:45 PM | 5:15 PM | Session 11 Awards | Meeting Room 303-307 |
| 5:00 PM | 8:30 PM | T&T Sr. Elite Warm-up 1 hour prior to flight | Hy-Vee Hall C |
| 5:00 PM | 5:45 PM | T&T Judges Meetings | Meeting Room 319-320 |
| 5:15 PM | 8:45 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 8:45 PM | Senior Elite Combined Session Acro Session K - 13-19 & Sr. Elite (Groups - Dynamic, Pairs - Balance) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. AA Prelims & Event Finals (Clubs & Ribbon) - 10 athletes T&T Session 12 - Sr. Elite DM/TU/TR Prelim Rhythmic - Event Finals Awards | |
| 8:45 PM | 9:15 PM | Pan Am Games Selection Committee Meeting | Meeting Room 319-320 |
| 9:30 PM | 12:00 AM | Spain Selection Committee Meeting | Hilton Hotel - Element |

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Updated 6/18/2019

| Saturday, July 06, 2019 | | | |
|--------------------------------|-----------------|--|-------------------------------------|
| 7:30 AM | 5:30 PM | Registration Office Open | Hy-Vee Hall B (Registration) |
| 7:45 AM | 12:00 PM | Hy-Vee Hall Credential Entrance Open - Access Code Q | Hy-Vee Hall B (Credential Entrance) |
| 8:00 AM | 4:00 PM | T&T Audience Doors Open | Hy-Vee Hall C |
| 8:00 AM | 8:50 AM | Session 13 General Warm-up | |
| 8:30 AM | 8:45 AM | Session 13 Judges Meeting | Meeting Room 319-320 |
| 9:00 AM | 12:00 PM | Session 13 Level 8 | |
| 9:45 AM | 12:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 10:00 AM | 12:00 PM | T&T Seniors Open Training | Wells Fargo Arena |
| 12:15 PM | 4:30 PM | Hy-Vee Hall Credential Entrance Open - Access Code R | Hy-Vee Hall B (Credential Entrance) |
| 12:15 PM | 12:45 PM | Session 13 Awards | Meeting Room 303-307 |
| 12:30 PM | 1:20 PM | Session 14 General Warm-up | |
| 12:30 PM | 1:15 PM | Session 14 Judges Meeting | Meeting Room 319-320 |
| 1:30 PM | 4:00 PM | Session 14 Level 8 | |
| 4:15 PM | 9:15 PM | Arena Credential Entrance Open - Access Code A | Arena (Credential Entrance) |
| 4:15 PM | 4:30 PM | Session 14 Awards | Meeting Room 303-307 |
| 5:00 PM | 8:30 PM | T&T Sr. Elite Warm-up 1 hour prior to flight | Hy-Vee Hall C |
| 5:00 PM | 5:45 PM | T&T Judges Meetings | Meeting Room 319-320 |
| 5:15 PM | 9:30 PM | Wells Fargo Arena Audience Doors Open | Wells Fargo Arena |
| 6:00 PM | 9:30 PM | Senior Elite Combined Session Acro Session N - 13-19 & Sr. Elite (Combined) Rhythmic - Sr. Group (3 Ropes, 2 Balls) Rhythmic - Sr. Elite AA Finals (Clubs & Ribbon) T&T Session 16 - Sr. Elite TR, TU, DM Finals Awards Ceremony | |
| 9:00 PM | 9:15 PM | National Team Selection Meeting | Arena T&T Judges Room |
| Sunday, July 07, 2019 | | | |
| 9:00 AM | 11:30 AM | Trampoline and Tumbling National Team Meeting | Meeting Room 319-320 |
| 12:00 PM | 7:00 PM | T&T Program Committee Meeting | Hilton Hotel - Element |