

**2019 USA Gymnastics Championships
T&T Block Schedule**

TUESDAY, JULY 2

SESSION 1: Levels 9 & 10 Prelims 9:00am - 12:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B						
General Warmup 8:00am - 8:50am Judges Meeting 8:30am - 8:45am															
Flight 1A 9:00am	L9	10U G	8	L10	10U G	2	L9	15+G	9	L9	13-14 G	10	L10	13-14 G	8
				L10	10U B	1									
Flight 1B 9:30am	L9	10U B	4	L10	11-12 G	6	L9	15+G	10	L9	13-14 G	10	L10	13-14 G	8
Flight 1C 10:00am	L9	11-12 G	9	L10	11-12 G	6	L9	15+G	3	L9	13-14 G	10	L10	13-14 G	5
							L9	15+B	6				L10	13-14 B	4
Flight 1D 10:30am	L9	11-12 G	10	L10	11-12 B	7	L9	15+B	9	L9	13-14 B	9	L10	13-14 B	8
Flight 1E 11:00am	L9	11-12 G	4				L10	15+G	5	L9	13-14 B	8			
	L9	11-12 B	6				L10	15+B	7						
Flight 1F 11:30am	L9	11-12 B	10				L10	15+B	10						

SESSION 2: Levels 9 & 10 Prelims 1:30pm - 4:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B				
General Warmup 12:30pm - 1:20pm Judges Meeting 12:30pm - 1:15pm													
Flight 2A 1:30pm	L9	13-14 G	10	L10	13-14 G	7		L9	10U B	4	L9	10U G	4
								L9	11-12 B	5			
Flight 2B 2:00pm	L9	13-14 G	10	L10	13-14 G	8		L9	11-12 B	10	L10	11-12 G	9
Flight 2C 2:30pm	L9	13-14 G	10	L10	13-14 G	8		L9	11-12 G	10	L10	11-12 B	8
Flight 2D 3:00pm	L9	13-14 B	9	L10	13-14 B	7		L9	11-12 G	10			
Flight 2E 3:30pm	L9	13-14 B	8	L10	13-14 B	7		L9	11-12 G	10			

SESSION 3: Synchro 6:00pm - 9:00pm - Hy-Vee Hall C

	SY-A		SY-B			
General Warm-up 4:50pm - 5:50pm Judges Meeting 5:00pm - 5:45pm						
Flight 3A 6:00pm	L9	13+ G	9	L9	12U G	7
Flight 3B 6:30pm	L9	12U B	3	L10	15+ B	5
	L9	13+ B	2	L10	15+ G	4
	L10	14U B	3			
Flight 3C 7:00pm	L10	14U G	7	L10	15+ G	9
PRELIMS						
Flight 3D 7:30pm	YE	11-12 W	1	YE	11-12 M	3
	YE	13-14 W	6	YE	13-14 M	4
Flight 3E 8:00pm	JR	W	11	JR	M	5
				OE	W	4
Flight 3F 8:30pm	SR	W	7	OE	M	4
				SR	M	6
Awards 9:15pm						

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WEDNESDAY, JULY 3

SESSION 4: Levels 9 & 10 Prelims 9:00am - 12:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B						
General Warmup 8:00am - 8:50am Judges Meeting 8:30am - 8:45am															
Flight 4A 9:00am	L9	15+G	8	L10	15+G	9	L9	10U B	1	L9	15+B	8	L10	15+B	7
							L9	11-12 B	5						
Flight 4B 9:30am	L9	15+G	8	L10	15+G	9	L9	11-12 G	10	L9	15+B	8	L10	15+B	8
Flight 4C 10:00am	L9	15+G	8	L10	15+G	9	L9	13-14 G	7	L9	15+B	7	L10	15+B	8
Flight 4D 10:30am	L9	15+G	8	L10	15+G	9	L9	13-14 B	3				L10	15+B	8
Flight 4E 11:00am	L9	15+G	8	L10	15+G	9	L10	11-12 G	4				L10	15+B	7
							L10	13-14 B	3						
Flight 4F 11:30am	L9	15+G	7	L10	15+G	8	L10	13-14 G	5						

SESSION 5: Levels Levels 9 & 10 Prelims 1:30pm - 4:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B				
General Warmup 12:30pm - 1:20pm Judges Meeting 12:30pm - 1:15pm													
Flight 5A 1:30pm	L9	15+B	8	L10	15+B	10		L9	15+G	8	L10	15+G	10
Flight 5B 2:00pm	L9	15+B	8	L10	15+B	10		L9	15+G	9	L10	15+G	10
Flight 5C 2:30pm	L9	15+B	7	L10	15+B	10		L9	15+G	9	L10	15+G	11
Flight 5D 3:00pm				L10	15+B	10		L9	15+G	9	L10	15+G	11
Flight 5E 3:30pm											L10	15+G	10

SESSION 6: Synchro Elite Finals 6:00pm - 7:30pm - Hy-Vee Hall C

	SY-A		SY-B			
General Warm-up 4:50pm - 5:50pm Judges Meeting 5:00pm - 5:45pm						
FINALS						
Flight 6A 6:00pm	YE	11-12 W	1	YE	11-12 M	3
	YE	13-14 W	6	YE	13-14 M	4
Flight 6B 6:30pm	JR	W	8	JR	M	5
				OE	W	4
Flight 6C 7:00pm	SR	W	7	OE	M	4
				SR	M	6
Awards 7:45pm						

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THURSDAY, JULY 4

SESSION 7: LEVELS 9 & 10 Finals 9:00am - 12:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B						
General Warm-up 8:00 am - 8:50 am Judges Meeting 8:30am - 8:45am															
Flight 7A 9:00am	L9	10U G	8	L10	10U G	2	L10	15+G	5	L9	11-12 G	8	L10	11-12 G	8
Flight 7B 9:20am	L9	10U B	4	L10	10U B	1	L10	15+B	8	L9	11-12 B	8	L10	11-12 B	8
Flight 7C 9:40am	L9	11-12 G	8	L10	11-12 G	8	L9	15+G	8				L9	10U G	4
Flight 7D 10:00am	L9	11-12 B	8	L10	11-12 B	7	L9	15+B	8	L9	10U B	4			
Flight 7E 10:20am	L9	13-14 G	8	L10	13-14 G	8	L9	13-14 B	3	L9	15+G	8	L10	15+G	8
							L10	13-14 B	3						
Flight 7F 10:40am	L9	13-14 B	8	L10	13-14 B	8	L9	10U B	1	L9	15+B	8	L10	15+B	8
							L9	13-14 G	7						
Flight 7G 11:00am	L9	15+G	8	L10	15+G	8	L9	11-12 G	8	L9	13-14 G	8	L10	13-14 G	8
Flight 7H 11:20am	L9	15+B	8	L10	15+B	8	L9	11-12 B	5	L9	13-14 B	8	L10	13-14 B	8
							L10	11-12 G	4						
Flight 7I 11:40am							L10	13-14 G	5						
Awards 12:15pm															

SESSION 8: YE, OE & JR Prelims 1:30pm - 4:30pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B						
General Warm-up 12:20 pm - 1:20 pm Judges Meeting 12:30pm - 1:15pm															
Flight 8A 1:30pm	OE	W	11	OE	M	10	JR	W	10	YE	13-14 M	7			
										YE	11-12 M	2			
Flight 8B 2:00pm	YE	11-12 W	9	YE	13-14 W	10	JR	M	8	JR	W	11			
Flight 8C 2:30pm	YE	13-14 M	8	YE	13-14 W	10	OE	M	6	JR	M	9			
Flight 8D 3:00pm	YE	13-14 M	3	YE	13-14 W	4	OE	W	1	JR	M	10			
	JR	W	4	YE	11-12 M	6	YE	11-12 W	2						
Flight 8E 3:30pm	JR	W	10	YE	11-12 M	3	YE	13-14 W	9				OE	M	5
				JR	M	7							OE	W	2
													YE	11-12 W	2
Flight 8F 4:00pm	JR	W	10	JR	M	11	YE	11-12 M	2				YE	13-14 W	10
							YE	13-14 M	2						

SESSION 9: Sr Elite Prelims 6:00pm - 8:45pm - Wells Fargo Arena

	TR				TU		DM			
Warm-up 1 hour prior to flight in Hy-Vee Hall C Judges Meeting 5:00pm - 5:45pm										
Flight 9A 6:06pm	SR	M	4		SR	M	3	SR	W	2
Flight 9B 6:38pm	SR	M	4		SR	M	2	SR	W	3
Flight 9C 7:10pm	SR	M	4		SR	M	2	SR	W	3
Flight 9D 7:40pm	SR	M	5		SR	M	2	SR	W	2
Flight 9E 8:09pm	SR	M	5		SR	M	2	SR	W	2

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FRIDAY, JULY 5

SESSION 10: YE, OE & JR Finals 9:00am - 11:30pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B					
General Warm-up 7:50 am - 8:50 am Judges Meeting 8:30am - 8:45am														
Flight 10A 9:00am	OE	W	8	OE	M	8	JR	W	8	YE	13-14 M	7		
										YE	11-12 M	2		
Flight 10B 9:30am	YE	11-12 W	8	YE	13-14 W	8	JR	M	8	JR	W	8		
Flight 10C 10:00am	YE	13-14 M	8	YE	11-12 M	8	OE	M	6	JR	M	8		
							OE	W	1					
Flight 10D 10:30am	JR	W	8	JR	M	8	YE	13-14 W	8				OE	M
													OE	W
													YE	11-12 W
Flight 10E 11:00am							YE	11-12 W	2				YE	13-14 W
							YE	11-12 M	2					
							YE	13-14 M	2					
Awards 11:45pm														

SESSION 11: LEVEL 8 1:30pm - 4:30pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B				
General Warm-up 12:30 pm - 1:20 pm Judges Meeting 12:30pm - 1:15pm													
Flight 11A 1:30pm	L8	10U B	6		L8	10U G	7	L8	13-14 G	10	L8	11-12 B	7
Flight 11B 2:00pm	L8	15+ G	8		L8	10U G	7	L8	13-14 G	11	L8	11-12 B	8
Flight 11C 2:30pm	L8	15+ G	9		L8	11-12 G	9	L8	13-14 G	11	L8	13-14 B	9
Flight 11D 3:00pm	L8	15+ G	9		L8	11-12 G	9	L8	13-14 G	11	L8	13-14 B	9
Flight 11E 3:30pm	L8	15+ B	8		L8	11-12 G	9	L8	13-14 G	10			
Flight 11F 4:00pm					L8	11-12 G	9	L8	13-14 G	10			
Awards 4:45pm													

SESSION 12: Sr Elite Prelims 6:00pm - 8:45pm Wells Fargo Arena

	TR				TU		DM			
Warm-up 1 hour prior to flight in Hy-Vee Hall C Judges Meeting 5:00pm - 5:45pm										
Flight 12A 6:05pm	SR	W	3		SR	W	2	SR	M	3
Flight 12B 6:37pm	SR	W	3		SR	W	2	SR	M	3
Flight 12C 7:09pm	SR	W	3		SR	W	2	SR	M	3
Flight 12D 7:38pm	SR	W	3		SR	W	3	SR	M	3
Flight 12E 8:06pm	SR	W	3					SR	M	4

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SATURDAY, JULY 6

SESSION 13: Level 8 9:00am - 12:00pm - Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B			
General Warm-up 8:00 am - 8:50 am Judges Meeting 8:30am - 8:45am												
Flight 13A 9:00am	L8	13-14 G	9	L8	10U G	6	L8	11-12 B	9	L8	11-12 G	8
Flight 13B 9:30am	L8	13-14 G	9	L8	10U G	6	L8	11-12 B	7	L8	11-12 G	8
								10U B	3			
Flight 13C 10:00am	L8	13-14 G	10	L8	13-14 B	7	L8	15+B	9	L8	11-12 G	8
Flight 13D 10:30am	L8	13-14 G	10	L8	13-14 B	6	L8	15+G	9	L8	11-12 G	9
Flight 13E 11:00am	L8	13-14 G	9	L8	11-12 B	7	L8	15+G	9	L8	11-12 G	8
Flight 13F 11:30am	L8	13-14 G	9	L8	11-12 B	6	L8	15+G	8	L8	11-12 G	8
Awards 12:15pm												

SESSION 14: Level 8 1:30pm - 4:00pm Hy-Vee Hall C

	TR - A		TR - B		TU - A		DM - A		DM - B				
General Warm-up 12:30 pm - 1:20 pm Judges Meeting 12:30pm - 1:15pm													
Flight 14A 1:30pm	L8	11-12 G	8		L8	13-14 B	8	L8	15+G	7	L8	10U G	8
Flight 14B 2:00pm	L8	11-12 G	8		L8	13-14 G	8	L8	15+G	7	L8	10U G	9
Flight 14C 2:30pm	L8	11-12 G	9		L8	13-14 G	8	L8	15+G	8	L8	10U B	5
Flight 14D 3:00pm	L8	11-12 G	8		L8	13-14 G	8	L8	15+G	8	L8	15+B	6
Flight 14E 3:30pm	L8	11-12 G	8		L8	13-14 G	7	L8	15+G	7	L8	15+B	6
Awards 4:15pm													

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SESSION 15: Sr Elite Finals 6:00pm - 9:30pm Wells Fargo Arena

	TR - A				TU - A		DM - A			
Warm-up 1 hour prior to flight in Hy-Vee Hall C Judges Meeting 5:00pm - 5:45pm										
Flight 15A 6:05pm					SR	W	4	SR	M	4
Flight 15B 6:40pm					SR	W	4	SR	M	4
Flight 15C 7:15pm	SR	W	8		SR	M	4			
Flight 15D 7:53pm					SR	M	4	SR	W	4
Flight 15E 8:26pm	SR	M	8					SR	W	4
Awards 9:10pm										