



**ATHLETE & COACH SELECTION PROCEDURES
2013 TRAMPOLINE & TUMBLING WORLD CHAMPIONSHIPS
November 7-10, 2013 – Sofia, Bulgaria**

I. SELECTION SYSTEM

A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:

1. Citizenship:

Athletes must be U.S. citizens and at the time of selection hold a current passport valid through June, 2014. Each qualifying event has its own citizenship rules which take precedence for that event. Eligibility rules may be found in the 2013 Trampoline & Tumbling Rules and Policies (www.usagym.org).

2. Minimum International Federation (IF) standards for participation (if any):

- a. The minimum age requirement will follow FIG statutes. Athletes must be 17 years old as of Dec. 31, 2013.
- b. Athletes named to the team must hold a valid FIG license.

3. Other requirements (if any):

- a. Must be a member in good standing of USA Gymnastics.
- b. Athletes must meet the Senior Elite mobility requirements to compete as a senior. Senior Elite mobility requirements are posted at www.usagym.org.

B. Provide a brief summary outlining how an athlete is selected as a to the 2013 World Championships Team (include maximum team size).

Per the FIG Technical Regulations, the 2013 World Championships team will be comprised of a maximum of five women and five men (four competing athletes and an alternate) for the disciplines of Individual Trampoline, Tumbling and Double-mini. Two women's pairs and two men's pairs for Synchronized Trampoline will be chosen from among the respective men's and women's individual trampoline teams.

1. Individual Trampoline, Tumbling and Double Mini-Trampoline
The first two senior women and two senior men in rank order according to the World Championships Selection Points System following the Stars & Stripes Cup will be directly qualified to the World Championships Team. Up to three additional athletes may be named in each of these disciplines.

2. Men's and women's synchronized trampoline pairs must be members of the men's or women's individual trampoline team.

C. Qualifying Events:

1. Provide the event names, dates and location of all trials, events and/or camps to be used as part of the selection process.
 - a. U.S. Elite Challenge – May 2-5, 2013 Frisco, TX
 - b. U.S. Elite Championships – July 3-6, 2013 Kansas City, MO
 - c. Stars & Stripes Cup – August 29-September 1, 2013, TBD
2. Provide event names, dates, locations and description of how athletes qualify for any "preliminary or qualifying" events or procedures that are prerequisites to attend any of the events listed above in C. 1 (if any).
 - a. To qualify to compete at the U.S. Elite Challenge and Stars & Stripes Cup athletes must meet mobility requirements to compete as a senior elite (see I.A.3.b.)
 - b. To compete at the U. S. Championships athletes must meet qualification requirements as stated in the 2013 Trampoline & Tumbling Rules & Policies. www.usagym.org.
3. Provide the event name, dates and locations of additional trials that will be used to determine "start positions" (if any).

USA Gymnastics National Team Training Center, Huntsville, TX
October 28- November 3, 2013

D. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become World Championships team members.

1. Athletes will earn points based on their highest finish at two of the three qualifying events (see table below).
2. In order to receive World Championships Selection Points at any of the three selection events, athletes must:
 - a. Trampoline
 - i. Perform 20 skills in the preliminaries
 - ii. Men must perform a minimum of a 15.0 degree of difficulty in the optional routine in the preliminaries.
 - iii. Women must perform a minimum of a 13.0 degree of difficulty in the optional routine in the preliminaries.
 - b. Tumbling
 - i. Men must perform a minimum of a 16.3 degree of difficulty over 2 passes in the preliminaries.
 - ii. Women must perform a minimum of a 10.6 degree of difficulty over 2 passes in preliminaries.

- c. Double mini-trampoline
 - i. Men must perform a minimum of a 14.8 degree of difficulty in the preliminaries.
 - iii. Women must perform a minimum of a 11.6 degree of difficulty in preliminaries.
- d. Synchronized Trampoline
 - i. Men's and women's synchronized trampoline pairs will be comprised of athletes named to the individual trampoline team.

2. World Championships Selection Points System

- a. Athletes with the highest combined points total based on their highest finish at two of the three qualifying events will automatically be named to the World Championships team for that discipline.
- b. In case of a tie, the ranking will be determined by the following criteria:
 - i. The highest total score from the Stars & Stripes Cup will determine the highest ranked athlete.
 - ii. If there is still a tie, the highest total degree of difficulty from the preliminaries at the Stars & Stripes Cup will determine the highest ranked athlete.

Place in Final Results	U.S. Elite Challenge	U.S. Elite Championships	Stars & Stripes Cup
1	10	12	12
2	8	10	10
3	6	8	8
4	4	6	6
5	2	4	4
6	1	3	3
7		2	2
8		1	1

- 4. The remainder of the team members in each discipline will be named by the Selection Committee as outlined in Section II.B.1
- 5. Final line-up determinations, including designation of the alternate(s), will take place at the training camp which takes place immediately before departure to the World Championships on October 28- November 3 at the USA Gymnastics National Team Training Center.

E. Selection Committee

Name	Title
Susan Jacobson	Trampoline & Tumbling Program Director
Megan Gearhart	Elite Program Committee Chair
Justen Millerbernd	Elite Program Committee Tumbling/Double Mini Coaches Representative
Dmitri Poliaroush	Elite Program Committee Trampoline Coaches Representative
Karl Heger	Athlete Representative

II. DISCRETIONARY SELECTION (if applicable)

A. Provide rationale for utilizing discretionary selection (if any):
Trampoline and Tumbling is a subjectively judged event. It is difficult to make selection decisions based solely on the rank order.

B. List the discretionary criteria and explain how it will be used:

1. In addition to the two athletes in each discipline automatically qualified to the World Championships team based on the World Championships Selection Points System the Selection Committee may select up to three additional athletes, including an alternate, to the individual trampoline, tumbling and double-mini trampoline teams. The alternate may compete if a team member is withdrawn from the competition.

Criterion used by the Selection Committee, listed by importance

- Routine performance: "hit" percentage; and prior first pass/second pass scoring potential
- Degree of Difficulty and Time of Flight
- Recent domestic and international performance
- Experience, type, frequency and level of domestic and international competitions
- World Championships Selection Points System
- Demonstrated professional attitude and ability to positively contribute to the team dynamic

C. Discretionary Selection Committee

1. Provide the name of the committee(s) that will be responsible for discretionary selection.

See I.E.

2. Provide a complete list of the members of the committee(s), their titles and their NGB role that qualifies them to serve in this capacity.

See I.E.

III. REMOVAL OF ATHLETES

At the World Championship training camp prior to the 2013 World Championships, all team members must arrive fit and demonstrate athletic proficiency and mental readiness in order to maintain their position on the 2013 World Championship Team. An athlete, whose lack of competitive readiness or physical fitness, demonstrates a serious impediment to perform at the highest level may be reviewed at the camp by Selection Committee. Athletes who earned their position on the World Championships team based on the World Championships Selection Points system may be removed (see below) or moved to the position of alternate.

- A. An athlete or coach who is selected to the 2013 World Championships Team by USA Gymnastics may be removed for any of the following reasons, as determined by USA Gymnastics.
 - 1. Voluntary withdrawal. The athlete or coach must submit a written letter to the President of USA Gymnastics.
 - 2. Injury or illness which inhibits peak performance as certified by a USA Gymnastics physician (or medical staff). If an athlete refuses verification of their illness or injury by a USA Gymnastics physician (or medical staff), their injury will be assumed to be disabling, and they may be removed.
 - 3. Violation of the USA Gymnastics Code of Ethical Conduct (Attachment A), USA Gymnastics National Team Agreement (Attachment B) of the Trampoline and Tumbling Responsibility Manual. (Attachment C).
 - 4. An athlete may be removed from the 2013 World Championships Team at any time for violation of IOC, WADA, FIG, USADA and/or USOC anti-doping protocol, policies and procedures. In such instances, the adjudication process will be managed through the United States Anti-Doping Agency.
 - 5. Lack of performance in training which inhibits peak performance at the 2013 World Championships.
 - 6. Failure to attend the training camp prior to the 2013 World Championships.
 - 7. Removal may only occur by action of the President of USA Gymnastics after consultation with the Program Director and the athlete representative and an interview with the coach or the athlete and his/her coach. Any decision to remove an athlete is subject to review through USA Gymnastics Grievance Procedures. An athlete who may be removed from the Team pursuant to this provision has the right to a hearing per USA Gymnastics Bylaws (Article 10).

IV. REPLACEMENT OF ATHLETES

- A. Describe the process by which the replacement pool of athletes will be identified:

If a member of the 2013 World Championships Team is unable to travel to Bulgaria for any reason, the Selection Committee will determine if an additional athlete will be invited.

See Section II.B.

- B. Describe how the replacement athlete(s) will be selected, should a vacancy occur:

After appointment to the 2013 World Championships Team:

See Section II.B.

- C. Identify the group or committee that will be responsible for making athlete replacement determinations:

1. Group or committee who determines the replacement pool:

Selection Committee

2. Group or committee who determines a replacement to the team:

After appointment to the 2013 World Championships Team:

Selection Committee

V. SELECTION OF COACHES

- A. The minimum eligibility requirements for a coach to be considered for selection to the 2013 World Championships team are:
- USA Gymnastics Professional member in good standing
 - Attendance at required meetings.
- B. Based on the number of credentials available to the team, coaches will be selected as follows:
1. Individual Trampoline/Synchronized Trampoline: One head coach, one assistant head coach. A third coach may be named as necessary.
 2. Tumbling: One Head Coach, one assistant head coach. A third coach may be named as necessary.
 3. Double Mini-Trampoline: One head coach, one assistant head coach. A third coach may be named as necessary.
- C. The Selection Committee will select the World Championships coaches following the determination of the World Championships team at the conclusion of the Stars and Stripes Cup.
- D. Criteria to be considered in selecting the World Championships coaches include:
1. International Experience
 2. Compliance with the USA Gymnastics Code of Ethical Conduct and Trampoline and Tumbling Responsibilities Manual.
 3. Proven leadership ability
 4. Rapport with athletes
 5. Technical knowledge
- E. A coach may be removed from the 2013 World Championships Team delegation if he she violates the USA Gymnastics Code of Ethical Conduct or the Trampoline and Tumbling Responsibilities Manual. Any decision to remove a coach is subject to review through USA Gymnastics Grievance Procedures per the USA Gymnastics Bylaws (Article 10).

VI. SUPPORTING DOCUMENTS

USA Gymnastics will retain all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the conclusion of the 2013 World Championships.

VII. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of selection on the 2013 World Championship Team and are included as attachments:

USA Gymnastics Code of Ethical Conduct (Attachment A)
National Team Agreement (Attachment B)
Trampoline and Tumbling Responsibilities Manual (Attachment C)

VIII. PUBLICITY/DISTRIBUTION OF PROCEDURES

The approved 2013 World Championships Selection Procedures (complete and unaltered) will be posted by USA Gymnastics at www.usagym.org. These procedures will be posted as soon as possible, but not more than five business days following notice of approval by USA Gymnastics Board of Directors.

IX. DATE OF ATHLETE SELECTION

The World Championships team will be named at the conclusion of the Stars and Stripes Cup in September, 2013. Final line-up determination will be made at the final training camp immediately prior to departure for the World Championships.

X. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or competition:

USA Gymnastics National Team Training Center, Huntsville, TX
October 28- November 3, 2013

XI. ANTI-DOPING REQUIREMENTS

Athletes must adhere to all WADA, IF, and USADA anti-doping protocols, policies and procedures. This includes participation in out of competition testing as required by the WADA, IF, and USADA Rules.

XII. DEVELOPMENT OF SELECTION PROCEDURES

These Selection Procedures have been reviewed and recommended by the Elite Program Committee.

Name	Title
Megan Gearhart	Elite Program Committee Chair
Justen Millerbernd	Elite Program Committee Tumbling/Double Mini Coaches Representative
Dmitri Poliaroush	Elite Program Committee Trampoline Coaches Representative
Karl Heger	Athlete Representative

XIII. BYLAWS AND GRIEVANCE PROCEDURES

The USA Gymnastics Bylaws and Grievance Procedures can be found:

www.usagym.org



XIV. INTERNATIONAL DISCLAIMER

These procedures are based on IOC and/or FIG rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC and/or FIG rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest information available to USA Gymnastics. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the alteration or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the president of USA Gymnastics.

XV. SIGNATURES

I certify that I have read and approved the Athlete Selection Procedures for the 2013 World Championships Team.

Position	Print Name	Signature	Date
USA Gymnastics President/CEO	Steve Penny		3/6/2013
Trampoline & Tumbling Program Director	Susan Jacobson		3/6/2013
Athlete Representative	Karl Heger	Via e-mail	3/6/2013

Each athlete and coach participating in the process for selecting the 2013 World Championships Team as outlined in these selection procedures has carefully reviewed, understands and agrees to the terms of the selection procedures. That understanding and agreement is reflected by the signature of the athlete and coach below.

Athlete member

Date

Parent signature if athlete is 18 years or younger

Date

Coach

Date

Attachment A - USA Gymnastics Code of Ethical Conduct

I. Introduction

The mission of USA Gymnastics is to encourage participation and the pursuit of excellence in all aspects of gymnastics. USA Gymnastics grants the privilege of membership to individuals and organizations committed to that mission. USA Gymnastics may, therefore, withdraw the privilege of membership or discipline a member where USA Gymnastics determines that an individual or organization's conduct is inconsistent with the mission of USA Gymnastics or the best interest of the sport and those who participate in it.

To better serve the interests of those who participate in gymnastics, USA Gymnastics has adopted the Code which follows. This Code is not intended to establish a set of rules that will, by inclusion or exclusion, prescribe the appropriate behavior for members in every aspect of their participation in the sport. Rather, the Code offers general principles to guide the conduct, and the judicious appraisal of conduct, of all USA Gymnastics members (individuals, organizations and clubs/businesses, which are collectively referred to as "Members" and individually as a "Member") in situations that have ethical implications.

This Code cannot further ethical conduct in the sport of gymnastics; that can only come from the personal commitment of the participants in the sport to behave ethically. This Code is offered instead to guide and to affirm the commitment of all Members to safeguard the best interests of the sport by acting ethically at all times.

II. Elements of the Code

A. Participant Relationships.

Members of USA Gymnastics are charged with the responsibility for contributing to an environment that makes participation in the sport a positive and rewarding experience. To achieve that result, each professional and club/business Member has a special obligation to make decisions based on the best interest of the athlete. It is inconsistent with this obligation for any Member to:

1. Fail to follow the safety guidelines established by USA Gymnastics, or otherwise knowingly subject a participant to unreasonable physical or emotional risk.
2. Engage in conduct that is unfair including, in particular, attempting to injure, disable or intentionally interfere with the preparation of a competitor.
3. Engage in conduct toward another participant in the sport that is abusive. USA Gymnastics recognizes that the process for training and motivating athletes varies with each coach and each athlete, but it is nevertheless incumbent on everyone involved in the sport to support the development and use of motivational and training methods that avoid conduct that is, or is likely to be perceived as being, abusive.

4. Attempt to intimidate, embarrass or improperly influence any individual responsible for judging or administering a competition.

B. Non-Discrimination.

Any USA Gymnastics activity or event should be open to any Member properly qualified under the rules of that activity or event. It is inconsistent with this obligation for any Member to:

1. Restrict the ability of a Member to qualify for or participate in competition because of the Member's association with a particular organization or individual or because of that Member's race, sex, creed, sexual orientation, age, national origin or mental or physical disability.
2. Discriminate in the provision of resources or opportunities to any Member or prospective Member on the basis of race, sex, creed, sexual orientation, age, national origin or mental or physical disability.

C. Participation.

Every Member participating in a USA Gymnastics activity or event has an obligation to participate to the best of his/her abilities. It is inconsistent with this obligation for any Member to:

1. Knowingly participate as a judge, coach, athlete or administrator in any activity or event where that judge, coach, athlete or administrator is inadequately prepared, unable to participate or fails to participate to the best of his or her ability.
2. Engage in behavior that is so disorderly or inappropriate as to interfere with the orderly conduct of the activity or other Members' participation in, or enjoyment of, the activity or event.

D. Commitment to Integrity.

A Member of USA Gymnastics has a responsibility to uphold the integrity of the sport of gymnastics and the rules and regulations that govern it, and to act honestly, openly, fairly and competently. It is inconsistent with this obligation for any Member to:

1. Knowingly misrepresent the policies or actions of USA Gymnastics or its authorized representatives.
2. Act on behalf of USA Gymnastics or a Member without appropriate authorization.
3. Alter, falsify, or omit any information, record or document to intentionally make a false or exaggerated claim or statement or to mislead.

4. Fail to resort in the first instance to the established procedures for challenging a competitive result, contesting a team selection decision, complaining about the conduct of another Member, or attempting to alter or reverse a policy adopted by USA Gymnastics.
5. Breach the duty to maintain appropriately established confidences of USA Gymnastics or any Member.
6. Knowingly make false certifications on membership or event sanction applications or otherwise regarding the involvement of any person permanently ineligible for USA Gymnastics membership, or any person who is listed on a federal or state sex-offender registry, with regard to club/business, event, or advertised activities.
7. Engage in business practices directed toward another Member that are determined by a court, or other similar adjudicatory body, to be unethical, illegal or a breach of contract.
8. Incur expenses in furtherance of USA Gymnastics' business that are unreasonable, unnecessary, or unsubstantiated.
9. Fail to avoid both actual and perceived conflicts of interest in the conduct of business.
10. Participate in the deliberation or decision-making process about any issue for which the Member has a direct financial interest, unless full disclosure of that interest and meaningful consent is obtained prior to participation.

E. Communication.

Members of USA Gymnastics have a duty to communicate honestly and openly with USA Gymnastics and Members. It is inconsistent with this obligation for any Member to:

1. Misrepresent competitive achievements, professional qualifications, education, experience, eligibility, criminal record or affiliations.
2. Knowingly disseminate false or misleading information about another Member.
3. Misrepresent actions taken or not taken in an effort to show compliance with USA Gymnastics' policies or procedures.
4. Withhold from athletes information or resources likely to enhance the athletes' enjoyment of the sport or reduce their risk of injury or illness.
5. Fail to consult with or inform fully the athlete or the athlete's parents about opportunities made available to the athlete involving competitions, commercial activities or recognition.

6. Misrepresent the nature or extent of an injury in order to decline an invitation to participate in or withdraw from a competition, training camp or other similar activity.
7. Misrepresent the nature or extent of an injury in order to participate in (or cause an athlete to participate in) a competition, training camp or other similar activity when such participation is inconsistent with the appropriate medical response to the injury.

This section applies to all forms of communication, including social media.

F. Alcohol and Drug Abuse.

Members of USA Gymnastics must ensure that the sport is conducted in an environment free of drug or alcohol abuse. It is inconsistent with this obligation for any Member to:

1. Use or provide to a third party any drug proscribed by applicable federal, state or municipal law.
2. Assist or condone any competing athlete's use of a drug banned by the International Olympic Committee, United States Olympic Committee, Federation Internationale de Gymnastique, World Anti-Doping Agency, United States Anti-Doping Agency, USA Gymnastics, or National Collegiate Athletic Association, or, in the case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by any of those organizations.
3. Provide alcohol to, or condone the use of alcohol by, minors; abuse alcohol in the presence of athletes or at USA Gymnastics' activities; or consume alcoholic beverages while a minor.

G. Criminal Conduct.

Members of USA Gymnastics are expected to comply with all applicable criminal codes. This obligation is violated by any Member who:

1. Has been listed on any State or Federal sexual offender list or registry.
2. Has been declared a sex offender in any applicable State or Federal jurisdiction.
3. Has been convicted of or has entered a plea of guilty or no contest to a criminal charge or indictment directly or indirectly involving or relating to sexual misconduct, child abuse, or conduct that is a violation of a law or regulation specifically designed to protect minors.

Depending on the nature of the crime, this obligation may be violated by any Member who has been convicted of or has entered a plea of guilty or no contest to any felony charge or indictment involving conduct other than that specifically described above.

H. Sexual Misconduct.

Members of USA Gymnastics are expected to promote a safe environment for participants, coaches, officials, volunteers and staff in all gymnastics disciplines, which includes an environment free from sexual misconduct. It is inconsistent with this obligation for any Member to:

1. Solicit or engage in sexual relations with any minor.
2. Engage in any behavior that utilizes the influence of a professional Member's position as coach, judge, official or administrator to encourage sexual relations with an athlete or participant.
3. Engage in sexual harassment by making unwelcome advances, requests for sexual favors or other verbal or physical conduct of a sexual nature where such conduct creates an intimidating, hostile or offensive environment.

I. Sexual Relationships.

Professional Members of USA Gymnastics must protect the integrity of the sport and the interests of the athletes they serve by avoiding sexual relationships with athletes except where the capacity and quality of the athlete's consent to enter that relationship is beyond question.

III. Enforcement of Code

Compliance with this Code depends primarily upon understanding and voluntary compliance, secondarily upon reinforcement by peers, and, when necessary, upon enforcement through disciplinary action.

Any Member ('Complainant') who believes that another Member of USA Gymnastics has failed to meet such Member's obligations under this Code is, under all but the most egregious circumstances, encouraged to first address that concern directly to that Member. If that action does not result in a satisfactory resolution, the Complainant may file a written complaint with the President, program director or other appropriate staff member of USA Gymnastics. That complaint must be signed and state specifically the nature of the alleged misconduct. Upon review of the complaint and, where appropriate, additional discussions with the Complainant and/or Member who is the subject of the complaint, the President may:

1. Determine that the complaint does not merit further action,
2. Counsel the Member who is the subject of the complaint and record both the complaint and the nature of the counseling in the Member's permanent record,
3. Refer the complaint, as appropriate, to the state or regional chairs/committees or affiliated organization, or
4. Process the complaint under Article 9 and/or 10 of USA Gymnastics' Bylaws.

**Attachment B - USA Gymnastics
2013 NATIONAL TEAM
FUNDING AND SUPPORT AGREEMENT**

This Agreement is entered into between USA GYMNASTICS (USA Gym), a not-for-profit corporation designated by the United States Olympic Committee (USOC) as the national governing body for the sport of gymnastics in the United States and

_____ (referred to as "I," "me," or "you" throughout), an athlete member of USA Gym who has been selected to the USA Gym's National Team.

Recitals

1. In order to meet its obligation as the national governing body for the sport of gymnastics (including fielding teams to represent the United States in international competition), USA Gym selects, trains and funds National Teams. As part of that process, USA Gym desires to provide to me, as a member of its National Team (the "Team"), various forms of support designed to assist me in my training and competitive efforts.
2. I am a member in good standing of USA Gym whose performance in USA Gym competitions qualifies me for the Team, and I desire to be a member of the Team. As a member of the Team, I am willing to devote my best efforts to use the support provided by USA Gym to develop my full potential as a gymnast.

Now, therefore, USA Gym and I agree as follows:

I. Athlete's Obligations

In consideration for the support provided by USA Gym to me as a member of the Team, I agree to be bound by each of the following:

1. General Responsibilities. I recognize that as a member of the Team, I am serving as a representative of the thousands of gymnasts participating in gymnastics throughout the United States who are members of USA Gym, and I will conduct myself accordingly. I accept the responsibility, therefore, to comply at all times with USA Gym's Code of Ethics (a copy of which is attached to this Agreement as Exhibit A) so long as the provisions or application of that Code of Ethics is not inconsistent with or superceded by the standards established by the Ted Stevens Olympic and Amateur Sports Act or the policies of the United States Olympic Committee.
2. Testing. I will participate in all required physical and psychological testing conducted by USA Gym.
3. Competition. Recognizing the critically important role played by USA Gym's events in generating the funds necessary to support the Team, I will use my best efforts to participate in those national or international competitions and exhibitions to which I am invited or assigned by USA Gym. Notwithstanding the foregoing, I will not be obligated to participate in any competition or event if I am not medically fit to do so, or if such participation would create a risk of injury based on an existing condition. Further, USA Gym will consult with me before determining the competitions to which I will be assigned.

When I accept an invitation to compete in an event as a member of the Team, I will make every effort to perform to the best of my ability. I will participate for the full duration of the event unless I am excused by the Head of Delegation or Program Director. I also acknowledge that I understand that my participation in gymnastics competitions, exhibitions, and/or events that are not sanctioned by USA Gym or the International Gymnastics Federation (FIG) may jeopardize my eligibility to participate in competitions sanctioned by the FIG.

4. Other Team Selection. During the course of this Agreement, I recognize that I may have the opportunity to qualify for teams selected by USA Gym to compete in such international events as the Olympic Games, World Championships, Pan American Games and World University Games. I acknowledge that these teams are selected in accordance with written selection procedures which will be published in USA Gym publications and/or web-site and provided to me as a member of the Team. I further acknowledge my obligations to make myself familiar with and to be bound by those selection procedures.
5. Banned Substances. I will not use any chemicals, drugs or other banned substances, or violate policies and procedures established by the United States Anti-Doping Agency (USADA), the FIG, the IOC, the USOC, or the World Anti-Doping Agency (WADA). I acknowledge that the list of banned substances, policies and procedures may change during the course of this Agreement and that I have an obligation to stay informed about changes communicated to me by any of the aforementioned organizations. I further agree to submit to periodic unannounced drug tests as required by WADA, USADA, the USOC, IOC or the FIG. *USADA website: www.usantidoping.org.*
6. Eligibility. I will maintain my eligibility to compete in national and international gymnastics competition under the eligibility rules established by USA Gym or FIG. I understand, however, that the eligibility rules of USA Gym or FIG may not be consistent with the eligibility requirements of high school or collegiate athletic associations, and I accept full responsibility for keeping myself informed about, and to the extent I desire, in compliance with the eligibility requirements of those athletic associations.
7. Use of my Image. I grant to USA Gym the non-exclusive right to use, license, assign, sell or otherwise use my name, image, likeness, voice or performance as a member of the Team for the purpose of:
 - a. Promoting the sport of gymnastics, my achievements as a gymnast, and the work of USA Gym,
 - b. Promoting events sponsored or sanctioned by USA Gym, provided, however, that this right shall not extend to events in which I am not scheduled to participate or events having a title or presenting sponsor that is a competitor of a company with which I have an endorsement relationship,
 - c. Producing educational or safety materials,
 - d. Producing television broadcasts, recordings or other factual accounts of the performance of the Team and its members,

- e. Raising funds for USA Gym through the sale of merchandise (including photographs, posters, and prints) featuring images of the Team or any images or collection of images featuring three or more members of the Team, or
- f. Allowing a company to identify itself as a national sponsor or official supplier of USA Gym in advertising or promotions approved by USA Gym. This grant is subject to the following conditions:
 - (1) such advertising or promotion incorporates a minimum of three (3) athletes of the same sex in an advertisement or promotion that is clearly team-themed and does not suggest that I have a relationship with the sponsor; or
 - (2) each athlete whose name, picture, image or performance is used provides his or her written consent.

In any instance where USA Gym raises funds through the sale of merchandise featuring my image pursuant to subsection 7(e) above, I will be compensated under mutually agreed upon terms. Whenever requesting my participation in a promotional activity, USA Gym will identify the financial terms (if any) associated with my participation, and commits to make sure that all funds made available by a sponsor to pay for athlete/coach appearances will be used only for that purpose.

- 8. Sponsors. This agreement does not limit my ability to enter into a commercial relationship with a third party, including third parties who are competitors of USA Gym's sponsors or suppliers. I recognize, however, the important role played by the sponsors of USA Gym, USA Gym events and the Team in helping to fund and promote the Team and my participation on the Team. Accordingly, when I am presented with a commercial opportunity I will, where I conclude in my sole discretion that to do so will not jeopardize that opportunity, give to an existing USA Gym sponsor in the same product category the right, and a reasonable period of time within which to exercise the right, to match the terms and conditions of any offer made to me by a competitor of that sponsor. I understand that I am not permitted to convey to my sponsors any marketing rights associated with USA Gym or the Team. By way of example, I am not permitted to wear Team apparel or refer to my membership on the Team in advertising and promotions conducted by sponsors who are not sponsors of USA Gym. USA Gym has provided to me as Exhibit B to this Agreement a list of USA Gym's sponsors and suppliers.
- 9. Promotion of the Team. Consistent with my training and competition schedule, I recognize that all of us involved in USA Gym and the Team have an obligation to make a good-faith effort to participate in activities designed to teach gymnastics skills or promote the sport of gymnastics, the work of USA Gym, the Team, and USA Gym events. Such activities may include, but are not limited to, Team meetings, national and regional congresses, clinics, seminars, promotional appearances on behalf of USA Gym events and programs and sessions with members of the media.
- 10. Appearance. I will meet all prescribed guidelines for appearance whenever appearing or traveling as a member of the Team. I understand that those guidelines may also obligate me to wear certain types of competition, training and leisure apparel when appearing as a member of the Team, including opening and closing ceremonies of a competition. Those guidelines do not, however, limit my ability to use the competition shoes/socks, grips and wrist supports or other medical braces of my choice.

11. Travel. I will have in my possession a valid and current passport and be prepared to notify USA Gym of the passport number and place and date of issue. I will also maintain current passport style photos for use by USA Gym in applying for visas. I agree to meet all travel schedules set for me when traveling as a member of the Team, and understand that I may only change travel arrangements with the approval of USA Gym. I agree to be personally responsible for any additional cost resulting from changes to the travel arrangements made for me without the prior approval of USA Gym.
12. Medical Attention. I give my consent to USA Gym to provide, through a medical staff of its choice, customary medical care and athletic training, transportation and emergency medical services as warranted in the course of my participation as a member of the Team.
13. Retirement or Inability to Compete. I will notify USA Gym promptly if I decide to retire from the Team, or if I suffer any injury or illness which may prevent me from fulfilling my responsibilities as a member of the Team. In the event of such injury or illness, I agree to submit to all reasonable requests for examination or evaluation by medical personnel retained by USA Gym.
14. Waiver and Release. I AM FULLY AWARE OF AND APPRECIATE THE RISKS, INCLUDING THE RISK OF CATASTROPHIC INJURY, PARALYSIS, AND EVEN DEATH AS WELL AS OTHER DAMAGES AND LOSSES, ASSOCIATED WITH PARTICIPATING IN GYMNASTICS. I FURTHER AGREE THAT USA Gym, AND ITS SPONSORS, SUPPLIERS, EMPLOYEES, AGENTS, OFFICERS, AND DIRECTORS (the "Released Parties") SHALL NOT BE LIABLE FOR ANY LOSS OR DAMAGES OCCURRING AS A RESULT OF MY PARTICIPATION IN GYMNASTICS, UNLESS THAT LOSS OR DAMAGE RESULTS DIRECTLY FROM THE WILLFUL OR WANTON CONDUCT OF THE RELEASED PARTIES.

II. USA Gym Obligations

In consideration for my agreement to be bound by the terms and conditions of Section I of this Agreement, I understand that USA Gym agrees to do each of the following for me:

1. Membership. USA Gym will provide me with a USA Gym team membership, including all insurance coverage and benefits associated with that membership as identified in Exhibit C.
2. Training. USA Gym's staff and/or clinicians will be available to work with me and my coach to establish a training program designed to assist me in my development as a gymnast. This assistance will include types and amounts of assistance as agreed upon by USA Gym and my coach. In addition, USA Gym will pay for the travel, lodging and meal expense associated with my participation in USA Gym training camps (if any) which I am required to attend.
3. Apparel. USA Gym will provide me with Team apparel if and when I am invited or assigned by USA Gym to participate in national or international competitions and exhibitions.
4. Funding. I will be eligible to participate in (and, where appropriate, have my coach and club participate in) those funding programs described in Exhibit D.
5. Competition. USA Gym will arrange for my participation in national competitions, international competitions and exhibitions subject to program policy, the availability of funding, other competitions, and the discretion of USA Gym,.
6. Travel. USA Gym will be responsible for all normal travel and meal and housing expenses directly associated with my participation in training camps, competitions, exhibitions and promotional appearances, if any, where such participation is at the request of USA Gym and as a member of the Team.
7. Health Counseling and Referral. As part of its commitment to maintaining the health of the members of the Team, USA Gym will have a trainer, nutritionist, sports psychologist and Team doctor available to assist the Team. In addition, USA Gym will assist me by identifying medical experts in other specialties or geographic locations with whom I might consult.
8. Representation. USA Gym has established and funds an Athletes' Council. That Council is charged under USA Gym's Bylaws with soliciting athlete input on pending policies and decisions and communicating to USA Gym the views of the Athletes on those issues. As a member of the Team, I am eligible to both serve on and elect representatives to the Athletes' Council.
9. Communication. USA Gym will give me the right to call the USA Gym national office without charge to me. In addition, USA Gym will provide me with copies of relevant selection procedures, information concerning my opportunities to participate in competitions or training and minutes from meetings of the Athletes' Council.

10. Public Relations. USA Gym will help to publicize my participation as a member of the Team by creating a special biography and individual file photograph of me for distribution to the media, and by issuing press releases to newspapers in geographic areas identified by me concerning my performance as a member of the Team.

III. Other Terms of the Agreement

1. Term. This Agreement is effective from the date of the Athlete's/Parent's Signature to the conclusion of the the next re-ranking competition.
2. Suspension or Dismissal from the Team. I understand that any conduct by me which constitutes a significant material violation of any obligations under USA Gym's Code of Ethics may result in my suspension or dismissal from the Team and the termination of all benefits associated with my membership on the Team. No termination or suspension may be imposed, however, except by application of the procedures identified in Article 9 of USA Gym's Bylaws.
3. Other Sanctions. For matters which do not involve a significant material breach of my obligations under the Code of Ethics, I understand that USA Gym may respond to my failure to meet my obligations under this Agreement by imposing a sanction (including, for example, withholding all or part of any support or assistance outlined in Exhibit D) other than suspension or dismissal from the Team.

Before imposing any sanction under this Section III.3 , I understand that USA Gym will: a) provide me with written notification of the specific conduct which is the basis for withholding the support, b) identify the exact nature of the proposed sanction, c) give me an opportunity to be heard and d) inform me of the actions which must be taken by me (if any) to avoid the sanction. If I wish to challenge a decision by USA Gym to impose a sanction in this manner, I understand that I must follow the grievance process identified in Article 10 of USA Gym's Bylaws.

4. Dispute Resolution. All disputes arising out of or connected with this Agreement are subject to resolution exclusively through the procedures set forth in USA Gym's Bylaws, and/or, if appropriate, through the grievance procedures of the USOC.

5. Governing Law. This Agreement is governed by the laws of the State of Indiana.

The signatures of the parties below indicate their willingness to be bound by the terms of this Agreement.

Circle Appropriate Discipline: Men Women Rhythmic
 Trampoline & Tumbling Acrobatic Gymnastics

Printed Name of ATHLETE _____

Signature of ATHLETE _____ Date _____

Athlete Social Security Number _____

If athlete is under the age of 18:

As the legal parent and/or guardian for _____, I do hereby verify that I fully understand and accept each of the conditions for permitting my child to participate as a USA Gym National Team member.

Printed Name of
PARENT or GUARDIAN _____

Signature of
PARENT OR GUARDIAN _____ Date _____

USA GYMNASTICS

By _____ Date _____
President

NATIONAL TEAM & DELEGATION RESPONSIBILITIES MANUAL

This manual includes the duties and responsibilities of the USA Trampoline & Tumbling official delegation to international competitions.

International competitions are a great opportunity for each of us to contribute to our sport. Our performance in various roles is highly visible to organizing committees and international observers and is critical to our overall impression. This manual will provide a list of duties and responsibilities that will allow us all to be prepared for the opportunity of a lifetime.

When competing as a team, understand that conformance with every aspect of these guidelines is essential to show team unity and achieve team goals. In order to compete successfully at the international level minimum standards are required. These requirements are outlined in this manual.

All athletes, coaches, and support staff must either alter their usual schedules prior to arrival or be prepared to function within these parameters so that all athletes feel they are preparing as a team. This will provide the system necessary for each individual to assume their responsibility and fully support the team concept.

It is **mandatory** for all team members and their coaches to sign the agreement which will indicate that he/she agrees to all aspects of the Trampoline & Tumbling Delegation Responsibilities Manual. This applies to the coaches who are designated as the Head or Assistant Coaches, as well as the personal coaches who are members of the delegation. Failure to do so could result in dismissal from duties at the event and/or ineligibility for consideration for any further involvement with the team

We owe our best effort to the American people, to our sport, to each other and, most of all, to ourselves. Let us all eagerly welcome and rise to the challenge.

GENERAL RESPONSIBILITIES

As a member of the USA Team, compliance with the guidelines established in this manual will be expected of **ALL MEMBERS for the full duration of training camps, competitions, or other activities sponsored by USA Gymnastics**. The national office will make every effort in arranging your transportation and housing needs. When traveling internationally, living environments, food, and competitive arenas are sometimes quite different than those to which we are accustomed. Please be prepared to accept these differences and make your best effort to adapt to the circumstances.

While we recognize that individuality is an important aspect of our culture, personal agendas and individual needs must become secondary to our team goals. Everyone included in our delegation is compelled to conduct his or herself in the most professional dignified manner for the duration of the event. Our mission is to represent our country, our sport and ourselves at the highest level possible. These events should be considered as an honor and a responsibility. Please understand that adherence to this manual is a requirement of all delegation members. Should any delegation member be dismissed or expelled because of non-compliance to the manual, they also may lose funding and benefits associated with team memberships.

Friends and families can provide a distraction for the team members. Therefore, all visitation with parents will be designated by the Team Leader based upon the best interest of the team. When a team member is not qualified to team finals, or individual finals, he/she still must adhere to the daily schedule and all team rules. Any distraction from the duties and responsibility of the team could be detrimental to the ultimate success.

ATHLETES

As a member of the USA Team, each athlete will be expected to assume the following responsibilities when representing the USA or at training camp. These responsibilities should be considered prior to your acceptance and/or qualification to the team. You are a selected representative of USA Gymnastics and your behavior must, at all times, be that of a member of the USA delegation. Non-compliance of these requirements can result in dismissal from the team and removal of all credentials and privileges associated with the team.

As a member of the USA Team, I will:

1. attend **ALL** training sessions and demonstrate a willingness to successfully complete assignments.
2. get adequate rest/prompt lights out - phone calls should be made prior to lights out.
3. attend all team meals.
4. absolutely refrain from any drugs, tobacco products or alcohol.
5. immediately report any medical problems to Team Leader who will inform the necessary personnel.
6. condition properly and follow-up with all rehabilitation to maximize performance.
7. communicate with, respect and support the designated coaches at all times.
8. be under the jurisdiction of the assigned coaches and/or the Team Leader. I understand that my personal coach is in attendance as a member of the support team.
9. respect and support my teammates, support staff and host country.
10. remember that hazing of any type is not tolerated.
11. be prompt and attentive when addressed by the Head Coach.
12. be responsible for items necessary for training and the competition. (I.e. Pre - wrap, tape, etc.)
13. be prepared for a "mock" meet or **verification** at any time. I understand training alterations due to injury or illness will be communicated by the Head Coach prior to workout.
14. follow the daily schedule determined by the Head Coach/Team Leader.
15. at no time allow anyone to be in my room other than my assigned roommate(s). I understand that this includes, but is not limited to, parents, coaches, friends, other team members, other members of the delegation or athletes from another country. I understand that medical personnel or the Team Leader may enter my room, but only if accompanied by an observer.
16. show respect for my roommate(s). I will keep my personal items in my area of the room, observe lights out, make sure my phone calls do not interrupt sleep or quiet time and be patient with differences of opinion.

17. have all the required apparel with me, in good condition and properly fitted. I understand that undergarments must not be visible during training or competition.
18. know and execute with excellence the National Team warm up.
19. remain a part of the team and adhere to the team schedule until dismissed by the Team Leader.
20. bring my journal to all camps and competitions. The Head Coach/Team Leader may review the journal at any time.

Signed _____ Date _____

If under 18 years of age, a parent/guardian must also sign:

Parent Signature _____ Date _____

Head Coach

This individual was selected based upon his/her ability to lead the team on the competitive floor. His/her ability to assume the following list of responsibilities will, in large part, determine the overall success of the team. The actual on-floor coaching will be solely the Head Coach's responsibility. His/her responsibility as a personal coach must become secondary when the individual assumes this new role.

As a Head Coach for the USA Team, I will:

1. be responsible for all coaching decisions that must be made on the competition floor.
2. know all FIG Technical Regulations and communicate those to all support staff.
3. know all competition details and specifications and communicate those to all support staff.
4. address the team formally before and after practice.
5. lead, motivate, inspire, and provide an example for all athletes and support team.
6. keep the line of communication open with every team and support team member.
7. designate duties to the Assistant Coaches and personal coaches as necessary and as soon as possible
 - Team warm-up
 - Auxiliary equipment
 - Apparel checks
 - Preparation of Competition Cards
8. be responsible for the accuracy of competition cards.
9. act as coach during training and all team competitions.
10. act as coach during all "simulated competitive training" in the official training halls.
11. attend all coaches'/team meetings.
12. outline the training plan (duration and content) for the team competitions and training camps.
13. be on time and in proper attire for all team functions.
14. present a positive image at all times, especially when in public or dealing with the media/sponsors.
15. remain focused on my duties.
16. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____

Assistant Coach

This individual was selected based upon his/her ability to assist the head coach on the competitive floor. His/her ability to assume the following list of responsibilities will contribute to the overall success of the team. The actual on-floor coaching will be solely the Head Coach's responsibility. The Assistant Coach(es) responsibilities as a personal coach must become secondary when the individual assumes this new role.

As an Assistant Coach for the USA Team, I will:

1. be responsible for supporting and following all coaching decisions that must be made on the competition floor by the Head Coach.
2. know all FIG Technical Regulations.
3. know all competition details and specifications.
4. be present when the Head Coach addresses the team formally before and after practice.
5. lead, motivate, inspire, and provide an example for all athletes.
6. keep the line of communication open with every team and support team member.
7. perform all duties as assigned by the Head Coach.
8. act as coach as specified by the Head Coach during training and all team competitions and during all "simulated competitive training" in the official training halls.
9. attend all coaches'/team meetings.
10. be on time and in proper attire for all team functions.
11. present a positive image at all times, especially when in public or dealing with the media/sponsors.
12. remain focused on my duties.
13. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____

PERSONAL COACHES

The personal coach (one) of each athlete will be invited, if approved by the Sr. Program Director, to participate in all major competitions. It is believed that the coach deserves this recognition and has earned the right to experience these events with his/her athletes. Each personal coach is responsible for the conduct of their athlete(s). This includes their physical, mental and emotional performances. USA Gymnastics will make every effort to obtain a credential for each of the coaches involved. If there are not enough credentials for all coaches, the Senior Director of the Trampoline & Tumbling Program will determine who will receive the credential. We strongly recommend that only one coach per club travel with the delegation. While we recognize that it is possible two coaches are necessary to develop high level athletes, proper training in the final stage will allow the athlete to function optimally with one coach.

As a personal coach of a member of the USA Team, I will:

1. support the decisions and be responsive to the Team Leader and/or Head Coach.
2. manage my athlete(s) according to the established team policies.
3. voice all concerns within the coaches/team meetings.
4. refrain from any conversations or activities which could be construed as inappropriate or divisive.
5. not voice concerns, selection/competition results or other information from training/preparation or selection camps to non-national team members via phone, email or other method.
6. attend all coaches/team meetings.
7. attend all training sessions.
8. adhere to daily schedule of activities as outlined by the Head Coach or Team Leader.
9. be on time and in proper attire for all team functions.
10. respect, communicate with and support all members of the delegation.
11. understand that each member's role and all decisions are made in the best interest of the USA Team.
12. present a positive image at all times especially, when in public or dealing with the media/sponsors.
13. remain focused on my duties.
14. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____

MEDICAL STAFF

A trainer and/or doctor is sometimes included in the delegation. These individuals will provide a full range of support for the athletes, coaches and other staff.

As a member of the medical staff for the USA Team, I will:

1. attend all training/competition sessions, unless dismissed by the Team Leader/Head of Delegation.
2. be positive in all conversations with the athletes.
3. attend to all physical needs of the athletes.
4. provide treatments for injury or maintenance in a timely manner.
5. report all treatments to the Head Coach and Team Leader on a daily basis.
6. report all suspected injuries or illnesses to the Team Leader/Head of Delegation immediately.
7. be responsible for all medical supplies.
8. be responsible for medical and emergency contact for all locations.
9. carry contact numbers at all times.
10. secure water for the athletes for training/competition, if necessary.
11. maintain confidentiality.
12. inform and counsel athletes regarding the drug testing regulations.
13. be responsible for Consent to Treatment and Medical forms.
14. keep a log of a athletes treated.
15. complete an incident report for all injuries.
16. present a positive image at all times, especially when in public or dealing with the media/sponsors.
17. remain focused on my duties.
18. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____

JUDGES

As a judge for the USA Team, I will:

1. attend all meetings and events as required by the FIG.
2. when requested and if possible, be available to the Head Coaches, Assistant Coaches or Personal Coaches for consultation
3. judge "mock" meets or verification meets when requested by the Head Coach.
4. be aware that my first responsibility is to the team.
5. represent the USA to the best of my ability.
6. be on time and in proper attire for all meetings and assignments.
7. present a positive image at all times, especially when in public or dealing with the media/sponsors.
8. remain focused on my duties.
9. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____

TEAM LEADER/HEAD OF DELEGATION

As the Team Leader/Head of Delegation for the USA Team, I will:

1. know all FIG Technical Regulations and communicate those to all support staff.
2. know all competition details and specifications and communicate those to all support staff.
3. coordinate transportation for all team and support team.
4. assign all housing arrangements.
5. coordinate and supervise all administrative personnel.
6. act as liaison with the Organizing Committee for all team responsibilities.
7. coordinate processing and accreditation.
8. be responsible for the conduct of all team and support team members.
9. advise the Head Coach, Assistant Coaches and Personal Coach(es) of any medical concerns as soon as possible after the report from the trainer or doctor.
10. be responsible for compliance of all parties with the Selection Procedures, USAG Code of Ethics, and the USOC Code of Conduct.
11. take appropriate action toward any team member who violates any of the above including, if necessary, removing any member of the team or the delegation for non-compliance with the duties listed in this manual. I understand that the removal of any member must be approved by the President of USA Gymnastics.
12. organize team meetings.
13. provide travel apparel and a detailed attire list for each trip.
14. be on time and in proper attire for all team functions.
15. present a positive image at all times, especially when in public or dealing with the media/sponsors.
16. remain focused on my duties.
17. refrain from inappropriate conduct, including, but not limited to, alcohol/drug abuse, confrontational behavior, public display of affection and swearing.

Signed _____ Date _____