



The National  
Gymnastics Foundation

# NATIONAL GYMNASTICS FOUNDATION MEN'S TRAINING SCHOLARSHIP APPLICATION

*Updated March 10, 2021*

## APPLICATION REQUIREMENTS & CRITERIA

### Purpose of The National Gymnastics Foundation

The National Gymnastics Foundation (“NGF”) provides opportunities for individual, corporate, foundation and government gifts and grants to support, nurture and steward the special programs and initiatives of USA Gymnastics (“USAG”) that build scholarship; develop grassroots model programming; strengthen international relationships through world education and competition; and address the mental and physical challenges presented by the sport. In partnership with USAG Men’s and Women’s Programs, opportunities in the sport of gymnastics are advanced by offering scholastic and training financial support to a full range of competitive USAG athlete members.

### Administering of Scholarship

The USAG Men’s Program will assist NGF with administering the scholarship.

### Eligibility Criteria

- Must be a U.S. citizen
- Must be an active USAG Men’s Program member in good standing
- Must meet at least one of the following criteria:
  - Elite Level competitor (actively competing in the Junior or Senior division at Winter Cup, US Championships, or National Qualifier)
  - Junior or Senior National Team member
  - World Championship/Olympic Team member

Acceptance of this scholarship could affect your NCAA eligibility, depending upon your individual situation. Please refer to the section on NCAA Eligibility for more information.

### Application deadline and requirements

Scholarships are awarded annually. The Men’s Training Scholarship Application must be *received* in the USAG office by May 15 of each year. In an Olympic year (2021, 2024, 2028), the application may be received by July 15.

Return packet to USA Gymnastics, Attn: Men’s Program, 1099 N. Meridian St., Ste 800, Indianapolis, IN 46204 or email packet to [MensNGFProgram@usagym.org](mailto:MensNGFProgram@usagym.org).

The application may be **TYPED or written legibly**. We want you to have the greatest possible chance of receiving a grant. A typed application will be easier for the Scholarship Committee to read.

Required documents to submit:

- Completed application.
- Statement of need. The statement should address financial need, work habits, character, and athletic participation.

A missing requirement could render your application packet ineligible for a scholarship award.

### **Where to send completed Training Scholarship Application Packet?**

Return to:

USA Gymnastics  
Attn: Men's Program  
1099 N. Meridian Street, Suite 800  
Indianapolis, IN 46204

You may also scan and email your application packet to: [MensNGFprogram@usagym.org](mailto:MensNGFprogram@usagym.org)

### **Amount of the Scholarship**

The size of the scholarship will vary, depending upon available funds and individual need.

### **Scholarship Decision**

A Scholarship Committee will choose the scholarship recipients. The Scholarship Committee currently consists of: a member of the Board of Directors of NGF, a member of the Men's Development Program Committee (serving as Chair of the Scholarship Committee), an athlete representative, the USAG Men's Program Vice President and the USAG Men's Program High Performance Director.

### **Recipient requirements**

Training scholarship recipients must:

1. Accept the scholarship in writing within four (4) weeks of notification of the award.
2. Use the scholarship for training expenses as defined below.
3. Be a USAG athlete member in good standing.

### **How Scholarship applications are evaluated**

Scholarship applications will be evaluated based on both competitive factors and financial need.

Evaluation of competitive factors will include the following:

- Past level of competitive performance and accomplishments
- Current level of competitive participation
- Competitive goals (short & long term)

## **NCAA Eligibility and Use Considerations**

NGF scholarships are recognized by the NCAA as counting against an individual institutions allowable number of grants in aide gymnastics scholarships. Accepting an NGF scholarship can affect an athlete's eligibility, particularly for athletes attending NCAA programs with varsity men's gymnastics programs. Athletes are encouraged to check directly with the NCAA regarding any questions on eligibility issues.

An NGF scholarship, in many cases, can be used by athletes attending a university with a varsity gymnastics program; however, scholarship applicants who are planning to attend an institution with a varsity men's gymnastics program **MUST** discuss the ramifications of using an NGF scholarship with the coach of that institution before acceptance of the NGF scholarship.

NGF training scholarships must be used by the athlete recipient to cover his documented training expenses or living costs that contribute to an athlete's ability to train properly, which may include, but are not limited to the following:

- Club training fees
- Equipment costs (grips, tape, etc.)
- Travel costs (fuel, general automobile maintenance to be able to attend training)
- Living expenses (rent, groceries, etc.)
- Health services (nutritionist, sports psych, athletic training, chiropractor, supplements, etc.)

Recipients are expected to keep receipts/documentation of expenditures for up to one year, and must provide to NGF and USAG, if required.

NGF scholarship funds may not be used by the athlete's institution as budget relief in the instance where the athlete may not accept the scholarship due to NCAA program limits.

### **Ineligibility**

Athletes meeting the following criteria are ineligible to receive a Men's NGF Training Scholarship:

- Athletes who are members of the USOPTC Men's Resident Program
- Athletes who are receiving a full athletic scholarship from a NCAA institution

**Additional Note:** Only one scholarship will be awarded to an athlete in the same year. An athlete may not receive any other NGF assistance in a calendar year (i.e., academic scholarship) unless approved by the NGF and the Scholarship Committee in extenuating circumstances.

### **Who to contact with questions:**

Questions may be addressed to USAG's Men's Program at (317) 829-5664 or email [MensNGFprogram@usagym.org](mailto:MensNGFprogram@usagym.org).



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**THE NATIONAL GYMNASTICS FOUNDATION  
MEN'S TRAINING SCHOLARSHIP APPLICATION**

*Updated March 10, 2021*

**DUE JULY 15, 2021**

*This application and the following must be in the USA Gymnastics office ON or BEFORE July 15.*

- Statement of need. The statement should address financial need, work habits, character, and athletic participation.

Return to:

USA Gymnastics  
Attn: Men's Program  
1099 N. Meridian Street, Suite 800  
Indianapolis, IN 46204

or email to: [MensNGFprogram@usagym.org](mailto:MensNGFprogram@usagym.org)

**Applicant Information**

USAG #: \_\_\_\_\_ Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

1. Income Information for the next 12 months.

*PLEASE NOTE: If awarded this scholarship, you may be asked to submit your most recent tax forms to verify your income information. \*If you leave a blank, it is in your best interest to explain why in the space provided (attach extra pages if necessary). Please explain special circumstances, such as more than one student in college, excessive medical bills, or any other situations that would help the panel understand your financial need.*

Athlete Salary/Wages \_\_\_\_\_

Scholarships \_\_\_\_\_

Sponsorship \_\_\_\_\_

Other Income \_\_\_\_\_

Total Income \_\_\_\_\_

2. Training Facility – Please provide the following information regarding your training facility

Name \_\_\_\_\_

Address \_\_\_\_\_

Coaches Name \_\_\_\_\_

Coaches Email \_\_\_\_\_

Coaches Phone \_\_\_\_\_

3. Expense Information Per Calendar Year

*Please explain details in the allotted space.*

Training Expense \_\_\_\_\_

Competition Expense \_\_\_\_\_

Housing/Board \_\_\_\_\_

Other (explain) \_\_\_\_\_

Total Expenses \_\_\_\_\_

4. What are your gymnastics participation accomplishments?  
(Outline your accomplishment in the sport, past and present.)

5. Please list your highest level of competitive participation, program you competed for and rank for the last three years. (i.e. U.S. Championships, National Qualifier, Development Program National Championships, etc.)

6. What are your athletic goals? (For this coming year and for the next five years.)

Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_  
(if under 18 years)

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Do not write below this line -- For office use only

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Date received: \_\_\_\_\_ Action taken: \_\_\_\_\_  
Amount awarded: \_\_\_\_\_ Date action taken: \_\_\_\_\_