



Evaluation Clarifications for  
Junior Elite Technical Sequences  
2022 Men's Development Program National Championships  
April 18, 2022

The purpose of this document is to provide evaluation clarification and updates for the Junior Elite Technical Sequence routines for the year 2022.

This year marked the first year of the L9 14-15 Technical Sequence routine program. Because of its inaugural use, coaches and officials are discovering multiple interpretations of the writing and areas where writing must be clarified. The L10 16-19 Technical Sequences have two clarifications, while the L8 12-13 Technical Sequences have none at this time.

As these clarifications are being dispersed to the community in close proximity to 2022 Men's Development Program National Championships, every consideration was made for athletes and coaches already training the routines in a particular manner. Thus, no major skill changes or structural modifications have been permitted. In some areas, added circles or giants have been allowed to the benefit of athlete preparation.

These clarifications or language changes are temporary and only for use at the 2022 MDPN and 2022 U.S. Classic. Official language and updates to the manual will follow at a later date.

In some of the clarifications below, video links have been included to demonstrate sequence structure and skills only. They should not be considered examples for performance criteria cited in the JE Technical Sequence Manual.

#### L8 12- 13 Technical Sequence Updates and Clarifications

1. NONE

#### L9 14-15 Technical Sequence Updates and Clarifications

1. Pommel Horse L9 14-15
  - a. Row 1 clarification = Optional preliminary swing at the start of the routine
    - i. From the jump, a swing in the opposite direction of the first undercut forward is permitted at the start of the routine.
    - ii. A gymnast is also permitted to jump directly into the first undercut leg forward as written.

- b. Rows 4-6 clarification = Front support is the starting and finishing position for all circling skills.
    - i. After the flairs in Row 3 are complete, the gymnast must do two full circles which finish in front support, and then begin the side travel on the third circle.
    - ii. The side travel finishes in front support (not rear support). From this front support, the gymnast must do two full circles in the downhill position, then, begin the  $\frac{1}{4}$  turn on the third circle. From the moment the hand touches the leather after the side travel, there are four hand placements on the leather before the  $\frac{1}{4}$  turn begins.
    - iii. After  $\frac{1}{4}$  turn is complete, the gymnast will now be in front support facing the horse longitudinally. The athlete must now do two full loops and finish in front support, before the final  $\frac{1}{4}$  turn begins.
    - iv. The  $\frac{1}{4}$  turn into half circle dismount can begin at the end of the 2<sup>nd</sup> loop without skew deduction for turning early.
    - v. Video clarification
      - 1. <https://www.dropbox.com/s/wnfjxldlhci93nc/PH%20L9%2014-15.MOV?dl=0>
    - vi. Language
      - 1. Row 4: Two circles to circle with side travel to end (finish in front support)
      - 2. Row 5: Two circles to circle with  $\frac{1}{4}$  turn to two forward loops on end (finish in front support)
      - 3. Row 6: Circle with  $\frac{1}{4}$  turn uphill to handstand dismount
  - c. No deduction will be taken in rows 4-6 for one added circle or loop. A deduction will be taken for missing circles or loops. The gymnast has the option to do two or three circles or loops in rows 4-6.
2. Rings L9 14-15
- a. Row 5 clarification = Back bail
    - i. By clarifying the language, the routine moves from the straddle press handstand directly into a back giant type bail directly to a high dislocate through handstand to open tuck double flyaway. There is no front giant bail or high inlocate in this routine.
3. High Bar L9 14-15
- a. Row 3-5 clarification = blind change during the 2<sup>nd</sup> giant
    - i. Only one full giant is allowed between the hop  $\frac{1}{2}$  to HS and the blind change.
    - ii. Language
      - 1. Row 3: one backward giant
      - 2. Row 4: eliminate
      - 3. Row 5: one backward giant swing with blind change to handstand
  - b. Row 7-8 clarification = immediate early pirouette during the 2<sup>nd</sup> giant
    - i. The early pirouette to handstand begins while the gymnast is performing the 2<sup>nd</sup> giant in Row 7.

ii. Language

1. Row 7: one forward giant
2. Row 8: one forward giant with early pirouette to handstand

iii. Video clarification

1. <https://www.dropbox.com/s/gz8kmpctw8rv9vj/HB%20L9%2014-15.MOV?dl=0>

- c. No deduction will be taken in rows 3-5 and 7-8 for one added giant. A deduction will be taken for missing giants. The gymnast has the option to do one or two giants in the rows specified in this clarification document.

L10 16-19 Technical Sequence Updates and Clarifications

1. Pommel Horse L10 16-19

- a. Row 1 clarification = Optional preliminary swing at start of the routine
  - i. From the jump, a swing in the opposite direction of the first undercut forward is permitted at the start of the routine.
  - ii. A gymnast is also permitted to jump directly into the first undercut leg forward as written.

2. Rings L10 16-19

- a. Row 3 clarification = straddle planche with momentary hold
  - i. The 'Planche' in Row 3 is a straddle planche
  - ii. A legs together planche is allowed