Virtual Competition Event

The 2020 Future Star Nationals will be held as a virtual event. Video submissions are open to any age eligible athlete using the USAG approved virtual platform. Awards will be published on the USA Gymnastics website after all evaluations have been completed following the conclusion of the event. Athletes may submit any event(s) based upon the current version of the Future Star Manual and Technical Sequence requirements.

Entry Requirements

Entry Cost: $35 per athlete regardless of number of events submitted. Athletes are not required to submit all events. Trampoline is not required for submission. An athlete may submit only one best routine on each event.

Submission Dates: Videos may be uploaded starting September 30, 2020 via Flyp10 App. No videos will be accepted after November 30, 2020.

Entry Forms: Participating athletes must register through the Meet Reservation system. A release for video publication must be emailed to Lisa Mendel at lmendel@usagym.org prior to video submission. See form below.

Age Requirements: Age groups for the 2020 Future Star Nationals are 10, 11, and 12 years. An athlete’s competition age is determined by his age on December 31, 2020.

Uniform Requirements: A competition shirt must be worn for all events. Long pants and socks are required on Pommel-less horse, Rings, Parallel Bars, Parallel Bar Strength, and Horizontal Bar. Competition shorts may be worn on Vault, Floor Exercise, and Flexibility.

Video Guidelines

Virtual Platform: Once an athlete is registered and their entry forms are received by USAG, they will be sent instructions for uploading their videos using the virtual platform. Record videos in high definition with your phone or tablet. The athlete’s full body should be visible throughout the entire video as close as possible to the camera.

Camera angles: All videos submitted must be shot from approved angles for each event. Examples of the camera angles are shown below:
• Floor Exercise – Shoot perpendicular to side of diagonal tumbling direction.

• Pommel-less horse – Shoot from 45 degree angle to side of horse with tape lines over holes visible and front of athlete’s body facing the camera.

• Rings – Shoot from 45 degree angle with front of athlete’s body facing the camera.

• Vault – Shoot from side/back of horse perpendicular to the landing area. Run, hurdle and vault must all be recorded.

• Parallel Bars – Shoot from side perpendicular to the Parallel Bars.

• Parallel Bar Strength - Shoot from side perpendicular to the Parallel Bars.
• Horizontal Bar - Shoot from side perpendicular to the Horizontal Bar.

• Flexibility – Shoot on floor area with gymnast facing camera.

**Equipment Guidelines**

*Floor Exercise:* Exercise performed on a 40x40 floor. No extra matting is allowed.
*Pommel-less Horse:* FIG Regulation horse at any height with tape covering pommel holes.
*Rings:* FIG Regulation ring tower with additional landing or safety mats allowed on regulation floor surface or pit with mats at floor surface or higher. Landing will not be judged.
Vault: FIG Regulation vault table with additional landing or safety mats allowed on regulation floor surface or pit with mats at floor surface or higher. Landing will not be judged.
Parallel Bars: FIG regulation Parallel Bars at any height.
Parallel Bar Strength: FIG regulation Parallel Bars at any height.
Horizontal Bar: FIG Regulation bar over floor surface or pit with additional matting at floor surface or higher. Landing will not be judged.
Flexibility: Any matted floor area.

Evaluation Guidelines

Judging Panels: A judging panel will be assigned to each age group consisting of one Junior National Coaching Staff member and one NGJA official. JONAL’s will be assigned to oversee each panel. One JNCS staff will each judge Flexibility and Parallel Bar Strength.

Judging Guidelines: Judges will evaluate each routine and assign awards on first view, as in a live competition, unless there is a technical issue with the video. There will be no award for stick bonus. Landings will not be judged on events (V, R, HB) where pit landings are allowed. No submissions will be accepted for Trampoline. Results will be compiled on the USAG approved virtual platform and athletes will have access to their own performance evaluations and feedback from the judging panels.

Results

Scoring: Judges will score the routine and provide a result within range of a few tenths of deviation either way, given they are judging via video and their view may be limited. Scores will be viewable only by the individual athlete or coach via the virtual platform when they are logged in.

Awards: The Junior National Coaching Staff members will assign award categories and recommendations for each athlete will be made including feedback for improvement. There will be no ranking of athletes or determination of a national development team. Awards will be published on the USA Gymnastics website.

Results: Routines submitted will be processed from November 21st to December 6th. Results will be finalized before January 1st.
2020 Virtual Future Stars National Championships
Publicity and Television Waiver

PLEASE READ THE FOLLOWING CAREFULLY BEFORE SIGNING.

In consideration for the permission to participate in this competition, I agree to be bound by the following paragraph:

I or my representative is submitting a recording of my routines for the 2020 Virtual Future Stars National Championships (the “Event”) and in exchange for participating in the Event, I (or, if I am under 18 years of age, my parent/guardian) grant USA Gymnastics permission to share my video submission(s) with judges and coaching staff for evaluation. USA Gymnastics may use said recording in advertising, marketing or promoting USA Gymnastics or its events and programs. USA Gymnastics may not use my performance for the express or implied endorsement of any third party’s products or services. All permissions granted by me shall be irrevocable and effective in perpetuity and throughout the world, and apply to USA Gymnastics and its assigns, contractors, sub-licensees, distributors, successors and agents. I have read and understand this release, and it is binding upon me and my heirs, legal representatives and assigns.

________________________________________
Printed Name of Gymnast

________________________________________  __________
Signature of Gymnast                      Date

If the gymnast is under the age of 18:

As the legal parent and/or guardian for ____________________________, I hereby verify that I fully understand and accept the above conditions for permitting my child to participate in this event.

________________________________________  __________
Signature of Parent/Guardian                Date