

2017 Men's National Coaches Workshop

November 9 - 12

United States Olympic Training Center

The 2017 USA Gymnastics Men's National Coaches Workshop will be held November 9 - 12, at the United States Olympic Training Center in Colorado Springs, Colorado. The Men's National Coaches Workshop is the premier educational event for the men's program and will once again be held in conjunction with the Future Stars National Championships. The workshop will feature lectures, technical presentations, hands-on coaches' sessions with Future Stars participants, and viewing of the Future Stars National Championships. Presenters include special guest coaches, sports science personnel, Junior National Coaching Staff members, National Team coaches and USOC staff. Make plans to attend now!

Site: U.S. Olympic Training Center
1 Olympic Plaza
Colorado Springs, CO 80909

Workshop Director: Dennis McIntyre
Vice President of Men's Program

For More Information: Phone: 317/237-5050, Men's Program
Email: lmendel@usagym.org

NEW FOR 2017 - Safe Sport Course Requirement (U110)

ALL coaches, judges and staff attending the Coaches Workshop or Future Stars National Championships must complete the U110 SafeSport course in order to be able to participate on the USOTC complex. This is also a new requirement to hold a professional membership with USA Gymnastics. To see additional information regarding this and to begin taking the free course, click here: <https://usagym.org/pages/education/courses/U110/>. Once completed, you can download a Safe Sport certificate. Do this and keep on file. Feel free to email a copy to Lisa Mendel in case any questions should arise with USA Gymnastics or the USOC.

Registration Fee:

- **USA Gymnastics Members and on-site registrations:** \$150
Must be a CURRENT Professional Member at time of registration.
- **On-site registrations:** \$200
- **Olympic Training Center Housing & Meals (optnl.)** \$180

Coaches who qualify an Athlete to the 2017 Future Stars Championships (one coach per athlete):

No Fee, but must register

Coaches who want housing at the USOTC must register for the Coaches Workshop even if the coach has qualified an athlete to the Future Stars Championships. Coaches who have qualified an athlete to the Future Stars Championships (1 coach per athlete), will have their Coaches Workshop registration fee refunded upon verification of regional results. If a club sends more than one (1) coach per athlete, the extra coach must pay the Coaches Workshop registration fee per above plus the housing fee if housing is requested.

Olympic Training Center Housing & Meals: \$180.

Housing, meals and Colorado Springs round trip airport transfer (Colorado Springs Airport only) is available for \$180, which will cover housing from Thursday November 9 through the Sunday November 12 departure. No housing or USOTC check-in is available prior to November 9 and check out is required by 9:00 AM on November 12. The charge for housing at the Olympic Training Center is a flat fee of \$180 regardless of arrival or departure date. Housing is limited and will be filled on a first come, first serve basis. Only coaches who have registered for the Workshop are permitted to stay at the Training Center. Only USA Gymnastics Professional Members will be allowed USOTC housing. No Future Stars athletes will be allowed USOTC housing.

If registering for the Coaches Workshop and USOTC housing is not available on-line, then housing is full. If you would like to be placed on a wait list, please send an email with the request to Lisa Mendel at lmendel@usagym.org.

Registration Process

ONLINE REGISTRATION WILL OPEN ON MONDAY SEPTEMBER 4.

All participating coaches must register through the on-line process for the Coaches Workshop. Workshop Registration is also required in order to be eligible for housing at the Olympic Training Center. Any coach registered for the Coaches Workshop who qualifies an athlete to the Future Stars Championships will have the Coaches Workshop registration fee refunded after verification of the Regional Future Stars results – one coach's complimentary registration per athlete.

How to register for the 2017 Men's National Coach's Workshop if you are a Professional Member or Club Admin:

- Log into your USA Gymnastics Club or Membership record
- Click on **CLUB ADMINISTRATION** on the left side of page
- On the drop down, click on **GROUP PROCESSING**
- In the middle of the page, click **REGISTER FOR A CAMP OR TOPS EVENT** in the drop down
- In the next drop down, click **M412: MEN'S USA GYMNASTICS NATIONAL COACHES CONFERENCE**
- Look for your name or the names of the coaches you would like to register on the list and choose the options you would like to register for
- Click **SUBMIT** - From here, it will take you to the payment site

U.S. Olympic Training Center E-Forms

U.S. Olympic Training Center forms will be emailed to each participant to complete. The forms will come directly from the U.S.O.T.C. Please watch for the email, including checking your spam folder. If you have not been to the Olympic Training Center in 2017, you are required to submit the e-forms in order to participate in the Men's National Coaches Workshop. **Be sure that the email address provided in your USA Gymnastics Member Profile is correct, as this will be the email used for all event communication and to send your USOTC forms.**

Transportation:

If you receive USOTC housing, transportation will be provided to and from the Colorado Springs Airport. To be included in airport transportation, email your flight information (arrival/departure date/time, airline, & flight number) to Lisa Mendel at lmendel@usagym.org by **Thursday October 26**. If your itinerary is not received by that time, you will have to provide your own transportation to the U.S. Olympic Training Center. **When making flight arrangements, please note that NO USOTC transportation is provided after 10:00 p.m.**

Host Hotel:

DoubleTree by Hilton Colorado Springs
1775 E. Cheyenne Mountain Blvd.
Colorado Springs, CO 80906
\$123 + 10.25%tx / night
Book thru NTS: www.ntssportstravel.com or call 888/603-8747

2017 Men's National Coaches Workshop & Future Stars National Championships

Competition & Workshop Schedule

(Tentative & subject to change based on entry numbers)

Thursday 11/9

1:00 p.m. – 7:00 p.m.	Open Training for Future Stars Participants - Sports Center
6:00 p.m.	Thursday Workshop Session I
7:00 p.m.	Technical Meeting for Future Stars Coaches - Sports Center

Friday 11/10

Tentative & subject to change based on entry numbers.

Future Stars Session I: 10-Year Old Division

8:00 a.m. to 8:25 a.m.	Open Warm-up
8:25 a.m. to 9:55 a.m.	Timed Warm-up
9:55 a.m.	Assemble & March in
10:00 a.m.	Competition Begins
1:15 p.m.	Awards

Future Stars Session II: 11-Year Old Division

2:00 p.m. to 2:25 p.m.	Open Warm-up
2:25 p.m. to 3:55 p.m.	Timed Warm-up
3:55 p.m.	Assemble & March in
4:00 p.m.	Competition Begins
6:00 p.m.	Awards

Future Stars Session III: 12 & 13-Year Old Division

6:30 p.m. to 7:45 p.m.	Open Warm-up
7:45 p.m.	Assemble & March in
8:00 p.m.	Competition Begins
9:30 p.m.	Awards

Note: Friday Workshop Sessions will be held during warm up times of each session.

Saturday 11/11

Workshop for Coaches, Parents & Athletes – *Topic & exact schedule will be posted at a later date*

9:00 a.m. to 12:00 p.m.	Saturday Workshop Session I
2:00 p.m. to 5:00 p.m.	Saturday Workshop Session II
5:00 p.m.	<i>Workshop ends for parents and athletes</i>
6:30 p.m. to 9:00 p.m.	Saturday Workshop Session III – Coaches Only

Sunday 11/12

Workshop for Coaches – *Topic & exact schedule will be posted at a later date*

8:00 a.m. to 11:00 a.m.	Sunday Workshop Session I
11:00 a.m.	Workshop ends