To: Men’s Gymnastics Community  
From: Kevin Mazeika, Men’s National Team Coordinator and Dusty Ritter, Junior Olympic Program Coordinator  
Date: September 21, 2012  
Re: 2012 – 2016 “Future Stars” Program Update #2

This document will serve as the clarifications/changes document for the 2012 Future Stars Program (Junior Developmental Team Program). The Future Stars Program description can be found in the Junior National Team Program text. The Junior National Team program is included as part of the 2013 - 2016 Age Group Competition Program Manual. Technical Sequence descriptions can be found in the 2012 – 2016 Junior Olympic Age Group Program manual along with any published Junior Olympic Program updates.

Additions to the Future Stars Update #1 will appear in bold and have 3 asterisks preceding it.

General:

1. 10 year olds will use the 10 years old Future Stars routines listed in the 2012 – 2016 National Team Program Manual.

2. ***11, 12, & 13 year olds will use the Technical Sequences for the 11-14 Age Group from the Technical Sequences Manual for the 2012-2016 Age Group program along with official updates.

3. 9 year olds will be allowed to compete in the 10 year old division at Regional Future Stars to qualify to the FS National Championship. 9 year olds who qualify will be allowed to compete at the FS National Championship in the 10 year old division.

4. 9 year olds will not be allowed to advance to compete optionally in Level 8 regardless of score.

5. Only 10 year olds will be allowed to advance to Level 8 competition if they achieve the minimum score set by the National Coaching Staff. This score and the qualifying score to advance to the National Future Stars Championship will be published on or about September 1, 2012.

6. Trampoline scores as well as Strength and Flexibility will be used along with the Technical Sequences to determine ranking and selection to the Junior National Development Team at the 2012 FS National Championship. At the Regional level, Trampoline must be demonstrated, but scores will not be used to qualify to the FS National Championship.
7. ***The qualifying score for an athlete to advance from Regional Future Stars to the National Future Stars Championships will be 66.50. This is an All-Around score that includes the 6 competitive events, plus flexibility and strength scores. Trampoline must be demonstrated, but not included in the final AA score.

8. ***The final ranking and determination of athletes advancing to the National Future Stars Championships from the Technical Sequences scores will be approved by the Junior National Coaching Staff (JNCS) member presiding in each Region. In the absence of a JNCS representative the Regional Chairmen will make the final determination for advancement.

9. ***The score for a 10 year-old athlete to receive an exemption to compete as a Level 8 (11-12) in the 2012-13 competition season has not been determined. Due to the fact that this is the first year the new routines will be competed, there is not a basis from which to determine a qualifying score. Therefore, at the end of the National Future Stars Championships, the Junior National Coaching Staff will meet to determine any athlete(s) who may receive the Level 8 exemption.

Parallel Bars

1. ***A “Hand on Hand” spot for the giant in the Parallel Bar 11-14 Technical Sequence will be allowed for the 2012 Future Star Program for ages 10-13.

Horizontal Bar

1. Bonus for the 10 years old High Bar Technical Sequence is omitted in the National Team Manual. The (+0.1) Bonus elements for the High Bar routine are:
   
   o *In part #2. Hollow body, efficient extension and lift with upper back to top of bar, finish in HS support head neutral*
   o *In part #6. Hollow body, efficient turnover finish in straight HS support, head neutral*
   o *In part #10. Stretch (hang) through bottom, distinct lift off bar. For layout, body hollow then stretched (slight arch allowed). Both the tucked and layout flyaway are eligible for bonus.*