Pink Invitational

Virtual Test Event Recap

Pre-meet setup

Be aware of your gym's internet situation. While every gym is different, it is recommended that you should have a minimum of 25 mbps download speeds and 7-10 mbps upload speeds to be able to participate in a virtual meet. ADDITIONALLY, it is suggested that all other access to your WIFI be limited so as not to compete for bandwidth during your meet. This may be as simple as temporarily changing your WIFI password so that no one else can log in except those devices that are required to run the meet. This needs to be tested well in advance so changes can be made with your provider if necessary. When testing, make sure you connect all of the devices you plan to connect for the meet when doing your test. Have volunteers off-site on the test because what you see in the gym is not necessarily what viewers will see. (i.e. you may see everything fine in the gym, but off-site viewers may see glitchy video)

DO NOT ASSUME YOU HAVE THE LATEST ZOOM VERSION AS YOU ARE PREPARING FOR YOUR MEET. MAKE SURE EVERYONE PARTICIPATING HAS UPDATED TO THE LATEST VERSION OF ZOOM THE DAY OF THE MEET. WE CANNOT STRESS THIS ENOUGH.

The meet Zoom session will ONLY include participating gym cameras and monitors, judges, Meet Directors/Coordinators, and any other mission critical viewers. It would NOT include parents/spectators. (see below)

Decide on how the meet will be scored. If you are using ProScore, there is a separate process to set up the judges' iPads so they can submit scores. There are other scoring tools out there, this is the decision of the meet host.

Camera and internet tests should be done well before the meet to ensure that everything is set. Required camera views are indicated in the USAG Virtual Competition Playbook.

Suggested devices

1. Camera device to film your gymnasts competing. You can use the same camera for all 4 events. Most common camera devices are an iPad or GoPro. You'll need to use something that can connect to the Zoom meeting.
2. Camera device to video all routines in case of technical difficulties. This can be as simple as an iPhone, or another iPad. Routines can then be texted to the judges if the internet goes down. It was noted that possibly the easiest option is an iPad, and if a video needs to be sent then the routine can be played back on

the iPad and facetimed to the judges. (i.e. sometimes the routine video is too long to text) All participating gyms should have necessary phone numbers to contact judges.

3. Device to monitor the meet. This device would join the Zoom meeting and be used to communicate and monitor the meet. Most commonly a laptop/computer or iPad. This probably is not necessary for smaller gyms that will only have one squad competing at a time.
4. Each participating gym is responsible for live streaming the event to spectators if they choose. Most commonly this would be another iPad, or an in-gym camera setup you already use in your gym. This is not a requirement. Individual gyms could choose whether they would charge for parents to view the livestream (i.e. admission fee). This livestream CANNOT be public (Facebook Live, Youtube) due to SafeSport issues. Most commonly, this would be another Zoom session.
5. It has been suggested that each participating gym somehow show the competition going on elsewhere in the gym, via projection on a screen or on TV screen(s). This is so the gymnasts can have more of a "competition" feel. This is not a requirement.
6. The only REQUIRED devices are the Zoom competition camera and a device to video all routines in case of technical difficulties.

Getting started

Participants need to know how to pin users so they can pin the competing gym to get full screen viewing and keep it there. Normally zoom picks up whomever is talking or making noise. The pin keeps the event camera as the "active" camera regardless of sound. Pinning is done to keep the event camera from closing when there is noise somewhere else. So regardless of who the speaker is or where the noise is, the event camera will stay pinned on your screen.

Participants should rename themselves in Zoom so that meet directors/coordinators know who they are. For example:

- AJS Pancott Competition Camera
- AJS Pancott MD - Joe Smith (MD – Meet Director)
- Judge Judy Jones
- USAG Mary Malone
- Etc (or come up with your own naming standards)

Breakout rooms cannot be set up until the meeting has been started. Meeting host would start the meeting ahead of time and create the number of breakout rooms needed.

Participants need to be able to join breakout rooms. Event host needs to be sure that "Let participants choose room" is checked when setting up breakout rooms for the meeting so that participants can move freely between breakout rooms.

One breakout room is set up for each event. Rename the breakout rooms to the appropriate name. In a regular meet, there should also be a breakout room set up for Judges. Additionally, if you will be doing awards, there should be a breakout room set up for that as well. In this case, you would have 6 breakout rooms (vault, bars, beam, floor, judges' room, awards).

As previously stated, participants in the virtual Zoom meet should be limited to only competing gyms, judges, meet directors/coordinators.

Open Gym

When participants enter the Zoom meeting, they are in the "Open Gym". When participants are competing, they are in the appropriate breakout room.

Each meet host determines where timed warmups are done. They can be in the Open Gym, or in the competition breakout room. There are pros and cons to each. If they are done in the Open Gym, then it's easier for Meet Directors to keep track of everyone. Once people move to the breakout rooms, you can't see them in the Open Gym. You have to move in and out of breakout rooms to see what's going on. It can be confusing for Meet Directors to know where everyone is, especially in continuous rotation (i.e. everyone keeps rotating when they're done and never goes back to the Open Gym). My personal feeling is that timed warmups should be done together in the Open Gym area. Host gyms should experiment with what they think works best.

Each meet location is ultimately responsible for timing their warmups and routines.

Breakout rooms and competition

One breakout room (competition room) for each event. All routines are judged in the breakout rooms.

Judges should stay in their event breakout room for the duration of the meet unless an official break is announced.

Meet hosts and judges should confer before the meet to determine how scores will be flashed. Judges can just announce them, they can flash a white board or piece of paper with the score, etc. Participating gyms can then decide how they want to "flash" scores in their gym. Just a verbal announcement, use score flashers to flash, etc. The same goes for start values.

**** If you do not have at least version 5.3 of Zoom, you will not be able to use breakout rooms. Make sure your version is up to date. ***

General Information

Host gyms should take into account scheduling concerns. Many gyms have recreational and other programs going on all weekend and can't shut the gym down to compete all weekend. Scheduling may need to be very flexible (i.e. some gyms will want to compete all of their girls in the same session or the least number of sessions possible).

USAG has relaxed R&P to allow recreational and regular business to go on while the girls in your gym are competing, as long as these activities do not interfere with the girls on their events.

Due to weird scheduling, regular awards may not be possible. Perhaps participation awards could be given instead. Keep in mind that awards may need to be shipped, so that will affect your meet costs. For Pink, we will likely go with branded certificates that can be printed at each participating gym.

When viewing the competition in Zoom, you can set your view such that non-video participants do not appear. It just cleans up your screen a bit. You can always see who is participating by look at the Participants list.

Start your own Zoom meeting and invite participants. Play around with navigation, pinning, renaming things, chatting, etc. Get familiar with it if that's what you will plan to use!

Instead of participating in a full virtual meet, some gyms are sanctioning their own in-house meet and going that route. This is usually due to schedule or space concerns, or issues they may have in their gym with WIFI or whatever. While not optimal (the girls are just competing against themselves) it's still a way for them to participate and get scores!