

All line items below are effective as the date listed on the right column and do take precedence over any other previous version of each respective line item

TOPIC	LOCATION	CHANGE DESCRIPTION		EFFECTIVE DATE	
Level 7 Tumbling	Page 20	b	Coach Choice Front Option A	from stand facing forward – run 2 or 3 steps hurdle – execute a minimum of <b>3 skills</b> in the forward direction to include at least one salto in at least a pike position. Last athlete will stick hold, finish and salute.	3/1/22
			Coach Choice Front Option B *SV 2.6	from stand facing forward – run 2 or 3 steps hurdle – execute <b>3 skills</b> in the forward direction to include at least one salto in at least a pike position. The last skill is <b>not</b> required to be a salto. Last athlete will stick hold, finish and salute.	
Level 8 Tumbling	Page 21	b	Coach Choice Front Option A	from stand facing forward – run 2 or 3 steps hurdle – execute a minimum of <b>3 skills</b> in the forward direction to include at least one salto in at least a layout position or ½ twist. Last athlete will stick hold, finish and salute.	3/1/22
			Coach Choice Front Option B *SV 2.6	from stand facing forward – run 2 or 3 steps hurdle – execute <b>3 skills</b> in the forward direction to include at least one salto in at least a layout position. The last skill is <b>not</b> required to be a salto. Last athlete will stick hold, finish and salute.	

<p>Level 1-5 Vault</p>	<p><b>Page 22</b></p>	<p>(b) Vault  Athletes execute at least one vault in a continuous streaming fashion with the last person sticking the landing and holding for two seconds. Each preceding athlete must begin their run no later than the previous athlete making contact with the springboard, tramp board, power incline or mini-tramp. Exception: If the last athlete is doing a unique intensification, he/she may choose to start after the previous athlete has finished.  Levels 1-5 may use choose to use a springboard, tramp board or power incline. Level 6-10 must use a mini tramp.</p>	<p><b>3/27/22</b></p>
<p>Power TeamGym Nationals Qualifying Scores</p>	<p><b>Page 9</b></p>	<p>Section 2.08 Qualifying Procedure  Currently, there is one qualifying score required to qualify for nationals per level. There will be additional qualifying scores added for state, regional, and international events. The qualifying scores (to be acquired during a regular season USAG sanctioned event) for USA Gymnastics for All, Power TeamGym, National Championships are as follows:</p> <ul style="list-style-type: none"> <li>• ☑ Levels 1 – 2: bronze award or higher</li> <li>• ☑ Levels 3 – 5: 15 or higher</li> <li>• ☑ Levels 6 – 8: 24 or higher</li> <li>• ☑ Levels 9 – 10: 25 or higher</li> <li>• *the qualifying score may be lowered by the Power TeamGym National Committee by notification on the USAG website</li> </ul> <p>*** For the 2021-2022 Power TeamGym season, there will be no qualifying score to attend Nationals. However, any club planning on participating in Nationals must attend a minimum of 1 sanctioned Power TeamGym competition prior to the event.</p>	<p><b>3/27/22</b></p>

<p>Level 9 Tumbling</p>	<p><b>Page 20 &amp; Level 9 jump Sheet</b></p>	<ul style="list-style-type: none"> <li>➤ Difficulty <ul style="list-style-type: none"> <li>o All difficulty is determined from Article VIII Appendices.</li> <li>o The difficulty of each series is not limited</li> <li>o The series difficulty value is calculated from the 2 highest different elements.</li> <li>o Level 9 is allowed up to 7.0 in difficulty value. Level 10 is open.</li> <li>o The values of body position (shape) and twist are added to each basic element value to determine total value per element.</li> <li>o A break in the series will void the value for the rest of the pass after the break.</li> <li>o In the event a skill is not landed feet first, the element will be valued at zero.</li> </ul> </li> </ul>	<p><b>4/26/22</b></p>
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