



Event Schedule

Unless otherwise noted, all activities are at the Merrell Center. Awards will follow each session.

Wednesday, June 19th

3:00pm *Equipment Familiarization Power TeamGym Level 1 and 2 and 3 (stretching area opens at 2:45)*

4:00pm *JO Acrobatics and Tumbling Training (Stretching Area Opens at 3:45pm)*

5:15pm Opening Ceremonies Rehearsal (All Participants and Coaches)

6:30pm Opening Ceremonies

*March In, Performances by Showcase, La Jolla and GymTrix, Group Finale

Thursday, June 20th

9:00am JO Acrobatics and Tumbling Youth Open Stretch

9:15am JO Acrobatics and Tumbling Youth Competition

10:30am JO Acrobatics and Tumbling Junior Open Stretch

10:45am JO Acrobatics and Tumbling Junior Competition

12:00noon *Equipment Familiarization Power TeamGym Level 8 (Stretching Area Opens at 11:45)*

12:45pm Power TeamGym Levels 1 2 3 Warm up. GymRoots GymFest Performance

1:55pm Power TeamGym Levels 1 2 3 Competition March In, GymRoots GymFest Performance

3:30pm *Equipment Familiarization Power TeamGym Level 7 and 9 (Stretching Area Opens at 3:15)*

4:30pm Gym for Life Open Stretch

4:45pm Gym for Life Warmup

5:30pm Gym for Life Challenge March In

Friday, June 21th

8:45am Power TeamGym Levels 7 and 9 Warmup

10:00am Power TeamGym Levels 7 and 9 Competition March In

11:15am *Equipment Familiarization Power TeamGym Level 5 and 6 (Stretching Area Opens at 11:00)*

12:15pm *Equipment Familiarization Power TeamGym Level 4 (Stretching Area Opens at 12:00)*

1:15pm GymFest Warmup (Stretching Area Opens at 1:00)

2:00pm GymFest Showtime

4:00pm Power TeamGym Level 8 Warmup

5:10pm Power TeamGym Level 8 Competition March In

7:00pm Coaches' Social

Saturday, June 22th

8:45am Power TeamGym Level 4 Warmup, Upsidedowners GymFest Performance

9:55am Power TeamGym Level 4 Competition March In

11:30am Power TeamGym Level 5 and 6 Warmup, Aurora Kids GymFest Performance

12:45pm Power TeamGym Level 5 and 6 Competition March In

5:00pm Closing Party at Waterpark