

Power TeamGym Level 1, 2, 3

12:45pm Open Stretch in Warm Up Area

12:50pm Coaches Meeting

1:00pm Timed Warmups

Rotation times	TUMBLING	VAULT	MINI TRAMP	FLOOR EXERCISE
1:00	Berks East Gym Genies	Showcase Purple Frosting	GymTrix Velocity	Fliptastic Blaze
1:04	Fliptastic Sparks	Berks East Gym Genies	Showcase Purple Frosting	GymTrix Velocity
1:08	Showcase Purple Panthers	Fliptastic Sparks	Berks East Gym Genies	Showcase Purple Frosting
1:12	Berks East Gym Pandas	Showcase Purple Panthers	Fliptastic Sparks	Berks East Gym Genies
1:16	GymTrix Fusion	Berks East Gym Pandas	Showcase Purple Panthers	Fliptastic Sparks
1:20	Classic NC Victory	GymTrix Fusion	Berks East Gym Pandas	Showcase Purple Panthers
1:24	Aurora Kids	Classic NC Victory	GymTrix Fusion	Berks East Gym Pandas
1:28	Classic NC Synergy	Aurora Kids	Classic NC Victory	GymTrix Fusion
1:32	Fliptastic Blaze	Classic NC Synergy	Aurora Kids	Classic NC Victory
1:36	GymTrix Velocity	Fliptastic Blaze	Classic NC Synergy	Aurora Kids
1:40	Showcase Purple Frosting	GymTrix Velocity	Fliptastic Blaze	Classic NC Synergy

March in Time: 1:55

Jump Event

Berks East Gym Genies (1)	GymTrix Fusion (2)
Fliptastic Sparks (1)	Classic NC Synergy (3)
Showcase Purple Panthers (2)	Fliptastic Blaze (3)
Berks East Gym Pandas (2)	GymTrix Velocity (3)
Aurora Midnight Lights (3)	Showcase Purple Frosting (3)
Classic NC Victory (2)	Berks East Gym Genies (1)
GymTrix fusion (2)	Fliptastic Sparks (1)
Classic NC Synergy (3)	Showcase Purple Panthers (2)
Fliptastic Blaze (3)	Berks East Gym Pandas (2)
GymTrix Velocity (3)	Aurora Midlight Lights (3)
Showcase Purple Frosting (3)	Classic NC Victory (2)

Floor Event

March In Order

Aurora Kids Midnight Lights (3)
 Berks East Gym Genies (1)
 Berks East Gym Pandas (2)
 Classic NC Synergy (3)
 Classic NC Victory (2)
 Fliptastic Blaze (3)
 Fliptastic Sparks (1)
 GymTrix Fusion (2)
 GymTrix Velocity (3)
 Showcase Purple Frosting (3)
 Showcase Purple Panthers (2)

Thursday

