



## Event Schedule

**Unless otherwise noted, all activities are in the Esmeralda Ballroom. Awards will follow each session in the Valencia Ballroom**

### **Wednesday, June 27<sup>th</sup>**

2:00pm Equipment Familiarization Power TeamGym Level HUGS, 1 and 2 (Stretching Area opens at 1:45)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

3:00pm Acrobatics and Tumbling Training (Stretching Area Opens at 2:45)

\*Electric Ave (all teams) and Varsity, each squad will have 15 minutes on the competition floor

4:00pm Equipment Familiarization Power TeamGym Level 3 (Stretching Area Opens at 3:45)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

5:15pm Opening Ceremonies Rehearsal (All Participants and Coaches)

6:30pm Opening Ceremonies

### **Thursday, June 28<sup>th</sup>**

8:15am Acrobatics and Tumbling Training (Stretching Area Opens at 8:00am)

\*La Jolla, Westbend and Berks East, each squad will have 15 minutes on the competition floor

9:00am Power TeamGym Levels HUGs, 1 & 2 Warm up

10:10am Power TeamGym Levels HUGs, 1 & 2 Competition March In

12:00noon Equipment Familiarization Power TeamGym Level 4 (Stretching Area Opens at 11:45)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

1:00pm Equipment Familiarization Power TeamGym Levels 5 and 6 (Stretching Area Opens at 12:45)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

2:15 pm Power TeamGym Level 3 Warmup

3:25 pm Power TeamGym Level 3 Competition March In

7:00pm Glow Party (Crystal Ballroom)

## **Friday, June 29th**

8:00am Power TeamGym Level 4 Warmup

9:00am Power TeamGym Level 4 Competition March In

10:30am Equipment Familiarization Power TeamGym Level 7 Open Female and Level 9

(Stretching Area Opens at 10:15)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

11:45am Equipment Familiarization Power TeamGym Level 8 and Level 7 Open Male

(Stretching Area Opens at 11:30)

\*Each squad will have a designated five-minute time on floor, other areas will be shared

1:45pm Power TeamGym Levels 5 and 6 Warmup

3:00pm Power TeamGym Levels 5 and 6 Competition March In

5:00pm GymFest Warmup/Open Stretch (Gym Closed for Rehearsal)

\*Each group will have 5 minutes on the main floor for rehearsal

6:30 GymFest Showtime

8:00pm Coaches' Social

## **Saturday, June 30th**

8:00am Power TeamGym Level 7 Open Female and Level 9 Warmup

9:15am Power TeamGym Level 7 Open Female and Level 9 Competition March In

11:30am Power TeamGym Level 7 Open Male and Level 8 Warm Up

12:25pm Power TeamGym Level 7 Open Male and Level 8 Competition March In

1:30pm Acrobatics and Tumbling Youth Open Stretch

1:45pm Acrobatics and Tumbling Youth Competition

3:15pm Acrobatics and Tumbling Junior/Senior Open Stretch

3:45pm Acrobatics and Tumbling Junior/Senior Competition

5:45pm Gym for Life Challenge Open Stretch

\*Each group will have 5 minutes on the main floor for rehearsal

6:45 Showtime

8:00pm Movie Pool Party