

Power TeamGym Level HUGs,1 and 2

9:00am Open Stretch in Warm Up Area Aurora GymFest on Floor 15 min
 9:05am Coaches Meeting
 9:20am Timed Warmups

Rotation times	TUMBLING	VAULT	MINI TRAMP	FLOOR EXERCISE
9:20	GymTrix Fusion	Fliptastic Blaze	Stars Fresh Princesses	Charlot-Emerald Short Cakes
9:24	Fliptastic Sparks	GymTrix Fusion	Fliptastic Blaze	Stars Fresh Princesses
9:29	Fallbrook Dynatmites	Fliptastic Sparks	GymTrix Fusion	Fliptastic Blaze
9:32	Berks East Dynamite	Fallbrook Dynatmites	Fliptastic Sparks	GymTrix Fusion
9:36	Fallbrook Heartbreakers	Berks East Dynamite	Fallbrook Dynatmites	Fliptastic Sparks
9:40	GymTrix Ion	Fallbrook Heartbreakers	Berks East Dynamite	Fallbrook Dynatmites
9:44	Charlot-Emerald Short Cakes	GymTrix Ion	Fallbrook Heartbreakers	Berks East Dynamite
9:48	Stars Fresh Princesses	Charlot-Emerald Short Cakes	GymTrix Ion	Fallbrook Heartbreakers
9:52	Fliptastic Blaze	Stars Fresh Princesses	Charlot-Emerald Short Cakes	GymTrix Ion

March in Time: 10:10

Jump Event

GymTrix Fusion
 Fallbrook Dynatmites
 Fallbrook Heartbreakers
 Charlot-Emerald Short Cakes
 Fliptastic Blaze
 Fliptastic Sparks
 Berks East Dynamite
 GymTrix Ion
 Stars Fresh Princesses

Floor Event

Fliptastic Sparks
 Berks East Dynamite
 GymTrix Ion
 Stars Fresh Princesses
 GymTrix Fusion
 Fallbrook Dynatmites
 Fallbrook Heartbreakers
 Charlot-Emerald Short Cakes
 Fliptastic Blaze

March In Order

Charlot Emerald Short Cakes
 Fallbrook Dynatmites
 Fallbrook Heartbreakers
 GymTrix Fusion
 GymTrix Ion
 Fliptastic Blaze
 Fliptastic Sparks
 Berks East Dynamite
 Stars Fresh Princesses

