



USA Gymnastics for All Training Camp 2013.

The camp schedule may change based upon the number athletes and pro members at the camp, it is a tentative schedule, and may change. Any additions or changes to the schedule will be announced at the welcome meeting on Thursday evening.

We will be adding for Performance Gymnastics!

Please fly in to IAH Houston Intercontinental (Bush) Closer to camp!

Info about the camp:

- This is a great opportunity for our discipline, and for our athletes to train in one of the finest facilities in the Nation.
- This camp **is the most important** for Gymnastics for All! We have an opportunity to build culture, welcome in a new sport, see our new rules, plan our future, meet new people and have a great time!
- Lodging at the camp will place athletes with athletes, and coaches with coaches. When registration closes, I will be making a rooming list based upon those registered and paid. If there are roommate requests, please let me know, otherwise athletes will be placed with others from his/her gym when available.
- There will be plenty of down time for both athletes and coaches. Feel free to explore the area, but get permission from Gary (Camp Director) or Ron Jacobson prior to exploring, and always go with friends. T.V's don't work well, bring a book, and relax.
- The camp is home to many animals; horses, camels, many species of birds, and wildlife. Please do not approach any of them without prior approval!
- Parents are welcome to stay in town after drop-off; camp rules do not allow parents on-site due to safety concerns for our athletes. If you are not sure about your child staying alone, maybe next year will be a better option.
- Coaches are responsible for their team athletes! Please follow camp rules and regulation posted online, and onsite. Athlete will be required to be in their rooms by 10:00, lights out shortly after.
- We would like to come back and offer these opportunities for our athletes and coaches, the camp will not tolerate unacceptable behavior, and will not allow us back if the rules are not followed.
- Please find more information on our website about the National Team Training Center. <http://usagym.org/pages/women/pages/trainingcenter.html?prog=g>
- Go to the above site, athletes will need to bring the signed Training Center Waiver Form with them to camp.
- Please plan on attending our camp so that we may plan for our future, set goals, and build our program.

Thank you and see you at camp!

Ron Jacobson

