

World Gymnaestrada

Philosophy



World Gymnaestrada

5.1 The World Gymnaestrada is the sole world-wide Gymnastics for All event officially organised by the FIG. It includes performances from all areas of Gymnastics FOR All, with the exclusion of competitions



The World Gymnaestrada

The objectives of the World Gymnaestrada includes:

- Advertising the value and diversity of Gymnastics for All
- Encouraging the spread of Gymnastics for All worldwide
- Providing incentives for meaningful work within National Federations
- Inspiring enjoyment in exercise and encouraging personal activity



World Gymnaestrada

- Demonstrating the possibilities of different conceptions and diffusing ideas about them
- Presenting the most recent findings and developments in Gymnastics for All
- Assisting in the general and technical education of Coaches
- Bringing together gymnasts from the four corners of the globe as a contribution towards the friendship of nations
- Presenting Gymnastics for All to a wider public



The World Gymnaestrada

- History

- 1939 1st Stockholm Lingiad
- ?? 2nd Stockholm Lingiad
- At the "FIG general assembly 1949" a suggestion of FIG organising an international gymnastics festival.
- At the "FIG general assembly 1950" an "international gymnastics festival" "Gymnaestrada" was included in the official FIG schedule of events.
- 1953 The 1st Gymnaestrada, Rotterdam, NED.



The World Gymnaestrada



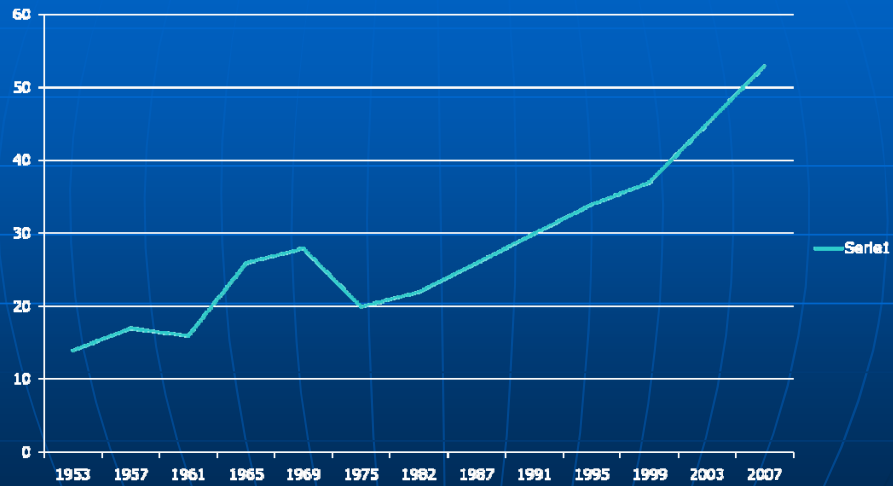
- 1953 Rotterdam NED
- 1957 Zagreb CRO
- 1961 Stuttgart GER
- 1965 Wien AUT
- 1969 Basel SUI
- 1975 Berlin GER
- 1982 Zürich SUI
- 1987 Herning DEN
- 1991 Amsterdam NED
- 1995 Berlin GER
- 1999 Göteborg SWE
- 2003 Lisboa POR
- 2007 Dornbirn AUT
- 2011 Lausanne SUI

The World Gymnaestrada

■ 1953 Rotterdam	NED	5.000
■ 1957 Zagreb	CRO	6.000
■ 1961 Stuttgart	GER	10.000
■ 1965 Wien	AUT	15.600
■ 1969 Basel	SUI	9.600
■ 1975 Berlin	GER	10.500
■ 1982 Zürich	SUI	14.200
■ 1987 Herning	DEN	17.300
■ 1991 Amsterdam	NED	18.400
■ 1995 Berlin	GER	19.200
■ 1999 Göteborg	SWE	20.800
■ 2003 Lisboa	POR	22.000
■ 2007 Dornbirn	AUT	21.096



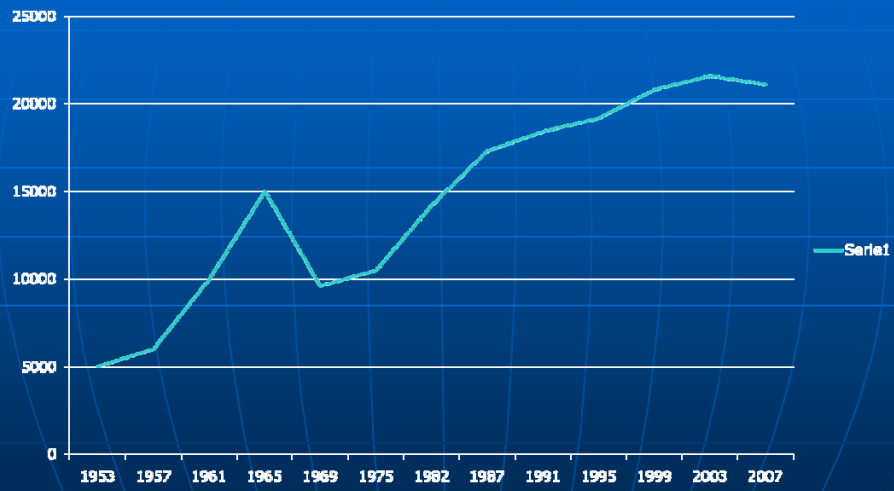
The World Gymnaestrada



The World Gymnaestrada

■ 1953 Rotterdam	NED	14
■ 1957 Zagreb	CRO	17
■ 1961 Stuttgart	GER	16
■ 1965 Wien	AUT	26
■ 1969 Basel	SUI	28
■ 1975 Berlin	GER	20
■ 1982 Zürich	SUI	22
■ 1987 Herning	DEN	26
■ 1991 Amsterdam	NED	30
■ 1995 Berlin	GER	34
■ 1999 Göteborg	SWE	37
■ 2003 Lisboa	POR	45
■ 2007 Dornbirn	AUT	53





The World Gymnaestrada

World Gymnaestrada – the official FIG world event within GfA including:

- *Presentations from the entire field of GfA*
 - *Exercises with and without apparatus*
 - *All age groups*
 - *Particular target groups*

- *Non-competitive presentations*



The World Gymnaestrada Program





The World Gymnaestrada Program

Opening Ceremony

Closing Ceremony



The World Gymnaestrada Program

- Group Performance
- Large Group performances
- City Performances



The World Gymnaestrada Program

- National evening
- FIG Gala



The World Gymnaestrada Program

- Instructors Forum



The World Gymnaestrada

